

ST. LOUIS EAGLES

www.stleagleshockey.com



Eagles Spring Practices

Contact: Don Arias - St. Louis CSDHL Eagles Director

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RGA Goalie Instruction will occur on Monday and Wednesday Nights for the Eagles Program.

AA Rink = All American

U8 (2015&2016) Eagles CSDHL

Date	Teams	Time Start	Time End	Rink	Event
4/3/23	U8	5:10pm	6:10pm	Affton	Practice
4/4/23	U8	5:10pm	6:10pm	Affton	Practice
4/10/23	U8	5:00pm	6:00pm	Affton	Practice
4/11/23	U8	5:10pm	6:10pm	Affton	Practice
4/17/23	U8	5:00pm	6:00pm	Affton	Practice
4/18/23	U8	5:10pm	6:10pm	Affton	Practice
4/24/23	U8	5:00pm	6:00pm	Affton	Practice
4/25/23	U8	5:10pm	6:10pm	Affton	Practice
5/1/23	U8	5:00pm	6:00pm	Affton	Practice
5/2/23	U8	5:10pm	6:10pm	Affton	Practice
5/8/23	U8	5:00pm	6:00pm	Affton	Practice
5/9/23	U8	5:10pm	6:10pm	Affton	Practice
5/15/23	U8	5:00pm	6:00pm	Affton	Practice
5/16/23	U8	5:10pm	6:10pm	Affton	Practice
5/22/23	U8	5:00pm	6:00pm	Affton	Practice
5/23/23	U8	5:10pm	6:10pm	Affton	Practice

U9 (2014) Eagles CSDHL

Date	Teams	Time Start	Time End	Rink	Event
4/3/23	U9	6:20pm	7:20pm	Affton	Practice
4/4/23	U9	6:20pm	7:20pm	Affton	Practice
4/10/23	U9	6:10pm	7:10pm	Affton	Practice
4/11/23	U9	6:20pm	7:20pm	Affton	Practice
4/17/23	U9	6:10pm	7:10pm	Affton	Practice
4/18/23	U9	6:20pm	7:20pm	Affton	Practice
4/24/23	U9	6:10pm	7:10pm	Affton	Practice
4/25/23	U9	6:20pm	7:20pm	Affton	Practice
5/1/23	U9	6:10pm	7:10pm	Affton	Practice
5/2/23	U9	6:20pm	7:20pm	Affton	Practice
5/8/23	U9	6:10pm	7:10pm	Affton	Practice
5/9/23	U9	6:20pm	7:20pm	Affton	Practice
5/15/23	U9	6:10pm	7:10pm	Affton	Practice
5/16/23	U9	6:20pm	7:20pm	Affton	Practice
5/22/23	U9	6:10pm	7:10pm	Affton	Practice
5/23/23	U9	6:20pm	7:20pm	Affton	Practice

U10 (2013) Eagles CSDHL

Date	Teams	Time Start	Time End	Rink	Event
4/3/23	U10	7:30pm	8:30pm	Affton	Practice
4/4/23	U10	7:30pm	8:30pm	Affton	Practice
4/10/23	U10	7:20pm	8:20pm	Affton	Practice
4/11/23	U10	7:30pm	8:30pm	Affton	Practice
4/17/23	U10	7:20pm	8:20pm	Affton	Practice
4/18/23	U10	7:30pm	8:30pm	Affton	Practice
4/24/23	U10	7:20pm	8:20pm	Affton	Practice
4/25/23	U10	7:30pm	8:30pm	Affton	Practice
5/1/23	U10	7:20pm	8:20pm	Affton	Practice
5/2/23	U10	7:30pm	8:30pm	Affton	Practice

5/8/23	U10	7:20pm	8:20pm	Affton	Practice
5/9/23	U10	7:30pm	8:30pm	Affton	Practice
5/15/23	U10	7:20pm	8:20pm	Affton	Practice
5/16/23	U10	7:30pm	8:30pm	Affton	Practice
5/22/23	U10	7:20pm	8:20pm	Affton	Practice
5/23/23	U10	7:30pm	8:30pm	Affton	Practice

U11 (2012) Eagles CSDHL

Date	Teams	Time Start	Time End	Rink	Event
4/5/23	U11	5:10pm	6:10pm	Affton	Practice
4/6/23	U11	5:10pm	6:10pm	Affton	Practice
4/12/23	U11	5:10pm	6:10pm	Affton	Practice
4/13/23	U11	5:10pm	6:10pm	Affton	Practice
4/19/23	U11	5:10pm	6:10pm	Affton	Practice
4/20/23	U11	5:10pm	6:10pm	Affton	Practice
4/26/23	U11	5:10pm	6:10pm	Affton	Practice
4/27/23	U11	5:10pm	6:10pm	Affton	Practice
5/3/23	U11	5:10pm	6:10pm	Affton	Practice
5/4/23	U11	5:10pm	6:10pm	Affton	Practice
5/10/23	U11	5:10pm	6:10pm	Affton	Practice
5/11/23	U11	5:10pm	6:10pm	Affton	Practice
5/17/23	U11	5:10pm	6:10pm	Affton	Practice
5/18/23	U11	5:10pm	6:10pm	Affton	Practice
5/24/23	U11	5:10pm	6:10pm	Affton	Practice
5/25/23	U11	5:10pm	6:10pm	Affton	Practice

U12 (2011) Eagles CSDHL

Date	Teams	Time Start	Time End	Rink	Event
4/5/23	U12	6:20pm	7:20pm	Affton	Practice
4/6/23	U12	6:20pm	7:20pm	Affton	Practice
4/12/23	U12	6:20pm	7:20pm	Affton	Practice
4/13/23	U12	6:20pm	7:20pm	Affton	Practice
4/19/23	U12	6:20pm	7:20pm	Affton	Practice

4/20/23	U12	6:20pm	7:20pm	Affton	Practice
4/26/23	U12	6:20pm	7:20pm	Affton	Practice
4/27/23	U12	6:20pm	7:20pm	Affton	Practice
5/3/23	U12	6:20pm	7:20pm	Affton	Practice
5/4/23	U12	6:20pm	7:20pm	Affton	Practice
5/10/23	U12	6:20pm	7:20pm	Affton	Practice
5/11/23	U12	6:20pm	7:20pm	Affton	Practice
5/17/23	U12	6:20pm	7:20pm	Affton	Practice
5/18/23	U12	6:20pm	7:20pm	Affton	Practice
5/24/23	U12	6:20pm	7:20pm	Affton	Practice
5/25/23	U12	6:20pm	7:20pm	Affton	Practice

U13 (2010) Eagles CSDHL

Date	Teams	Time Start	Time End	Rink	Event
4/5/23	U13	7:30pm	8:30pm	Affton	Practice
4/6/23	U13	8:40pm	9:40pm	Affton	Practice
4/12/23	U13	7:30pm	8:30pm	Affton	Practice
4/13/23	U13	8:40pm	9:40pm	AA	Practice
4/19/23	U13	7:30pm	8:30pm	Affton	Practice
4/20/23	U13	8:40pm	9:40pm	AA	Practice
4/26/23	U13	7:30pm	8:30pm	Affton	Practice
4/27/23	U13	8:40pm	9:40pm	AA	Practice
5/3/23	U13	7:30pm	8:30pm	Affton	Practice
5/4/23	U13	8:40pm	9:40pm	AA	Practice
5/10/23	U13	7:30pm	8:30pm	Affton	Practice
5/11/23	U13	8:40pm	9:40pm	AA	Practice
5/17/23	U13	7:30pm	8:30pm	Affton	Practice
5/18/23	U13	8:40pm	9:40pm	AA	Practice
5/24/23	U13	7:30pm	8:30pm	Affton	Practice
5/25/23	U13	8:40pm	9:40pm	AA	Practice

U14 (2009) Eagles CSDHL

Date	Teams	Time Start	Time End	Rink	Event
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4/3/23	U14	8:40pm	9:40pm	Affton	Practice
4/4/23	U14	8:40pm	9:40pm	Affton	Practice
4/10/23	U14	8:30pm	9:30pm	Affton	Practice
4/11/23	U14	8:40pm	9:40pm	Affton	Practice
4/17/23	U14	8:30pm	9:30pm	Affton	Practice
4/18/23	U14	8:40pm	9:40pm	Affton	Practice
4/24/23	U14	8:30pm	9:30pm	Affton	Practice
4/25/23	U14	8:40pm	9:40pm	Affton	Practice
5/1/23	U14	8:30pm	9:30pm	Affton	Practice
5/2/23	U14	8:40pm	9:40pm	Affton	Practice
5/8/23	U14	8:30pm	9:30pm	Affton	Practice
5/9/23	U14	8:40pm	9:40pm	Affton	Practice
5/15/23	U14	8:30pm	9:30pm	Affton	Practice
5/16/23	U14	8:40pm	9:40pm	Affton	Practice
5/22/23	U14	8:30pm	9:30pm	Affton	Practice
5/23/23	U14	8:40pm	9:40pm	Affton	Practice