

RANCOCAS VALLEY SOCCER CLUB

COVID-19 Plan



Purpose – The purpose of this plan is to communicate to all coaches, players and parents the protocols/guidelines for safe play for our soccer club.

The plan has been developed based on the guidelines set forth by New Jersey Youth Soccer (NJYS), US Soccer, the CDC and State of New Jersey guidelines.

RVSC will follow all township, county and state directives and will be evolving the plan as more information becomes available and are able to expand our training.

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COVID-19 Plan



Phase 4: Traditional practices and competitions are able to resume. Contact practices and competitions are able to resume in outdoor settings – July 8

The following guidelines have been set for phase 4:

PRIOR TO THE START OF EACH SESSION

- Each player and coach should have no signs or symptoms of COVID-19 in the past 14 days and have no known exposure to someone that has been ill in 14 days.
- Players should have their temperatures checked at home prior to attending training and should not have a reading above 100.4°F; RVSC Staff will not be conducting temperature checks.
- Upon arrival to training, coaches or staff should ask each player if he/she is experiencing any signs or symptoms of COVID-19 (see CDC website) including, but not limited to, cough, shortness of breath, fever, chills, sore throat, new loss of taste or smell. If the player has any signs or symptoms of COVID-19, he/she should be sent home and instructed to contact his/her healthcare provider as soon as possible.
- Participants should use their own equipment and properly sanitize the equipment after every training session.
- Participants should use their own water bottle, towel and any other personal hygiene products.

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Phase 4: Traditional practices and competitions are able to resume. Contact practices and competitions are able to resume in outdoor settings – July 8

The following guidelines have been set for phase 4:

PRIOR TO THE START OF EACH SESSION

- Establish a cleaning schedule/protocol for equipment with the proper use of disinfectant before, during, and after training.
- Ensure participants are wearing appropriate (e.g. government required) personal protective equipment (gloves, mask, etc.) prior to and after training sessions
- While coaching can occur onsite, coaches must maintain physical distancing from participants.
- Attendance at training MUST BE TAKEN in order to have a record for contact tracing.
- Parents and spectators must adhere to social distancing guidelines.

RANCOCAS VALLEY SOCCER CLUB

COVID-19 Restart Plan



Phase 4: Traditional practices and competitions are able to resume. Contact practices and competitions are able to resume in outdoor settings – July 8

The following guidelines have been set for phase 4:

DURING EACH TRAINING SESSION/GAME

- While coaching can occur onsite, coaches must maintain physical distancing from participants.
- Wear a face mask during coaching.
- Players personal equipment should be placed in their designated location. Please do not mix player equipment.
- Players should avoid all physical contact with each other, including celebrations, handshakes, high 5's, etc.
- Players are encouraged to wash after training.

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COVID-19 Restart Plan



COVID-19 POSITIVE TEST ACTION PLAN

- Club Safety Officer (CSO) will be the point of contact for all communications in the event of player exposure.
- If a player, family member of a player, coach or any staff member has a positive test they must notify the CSO immediately via phone call and email.
- The CSO will notify the remaining members of the board immediately.
 - The CSO will designate board members to assist with phone calls to all members of that training group.
 - The CSO will also email all members of that training group to notify there was a positive test.

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COVID-19 Restart Plan



COVID-19 POSITIVE TEST ACTION PLAN

- Players from the training group should contact a health official and follow CDC guidelines for self-quarantining.
- The player with a positive test may not return to training for at least 14 days and must provide documentation from a health official that they are cleared to play.
- The players from the training group will not be allowed to return to training for 14 days and must not display any symptoms when they return.
- The player with a family member who has a positive test may not return to training for at least 14 days AFTER the family member has received a NEGATIVE test and providing they do not have any symptoms.

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CONTACTS

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