

2020 GATFXCCA Board Elections

President:

Matt Henson, Parkview (incumbent)



Inheriting the first Gwinnett County boys team state championship program in 2009, Coach Henson has built Parkview into a competitive program known most recently for its relays and sprinters who train on a 400m model. After finishing runners-up in 2017 at state, the Panther program went on a tear through New Balance Nationals all the way into the USATF Junior Olympic in 2018.

In 2019, Coach Henson and his program hosted 258 teams, 10,139 athletes and 1413 heats of competition at the Big Orange Jungle.

Some of the highlights of his program from the last three seasons are:

- 27 NSAF All-Americans
- 2 USATF All-Americans
- 3 USATF Junior Olympians
- 4 National Relay Championships
 - 2018 Swedish Medley (back to back; only 1 runner returned)
 - 2017 Swedish Medley (**NATIONAL RECORD**)
 - 2017 4x100m Relay
 - 2017 4x200m Relay
- 2019 Men's Pole Vault State Champion
 - 7A Men's State Record
 - GA #7 All-Time
- 2019 Women's Long Jump State Champion
 - Gwinnett #4 All-Time
 - GA #7 All-Time
- 2019 Men's 7A 5th Place State Meet
- 2019 Men's Region 7-7A Champions
 - Men's Region Runner of the Year
 - Men's Region Field Event Athlete of the Year
 - Region Coach of the Year
 - Gwinnett Field Event Athlete of the Year
 - Gwinnett Daily Post Field Event Athlete of the Year
 - Atlanta Track Club Pole Vault of the Year
- 2018 7A Men's State Track & Field Champions
 - 400m State Champion (7A state record; #4 GA All-Time)
 - 400m 4th place
 - 200m State Champion

- 4x100m Relay State Champions (back to back with 3 new runners)
- 4x400m Relay Runners-Up (with 2 returning runners)
- Brooks PR Invite 400m Dash
- 2017 7A Men's State Track & Field Runners-Up
- 2017 800m Medley National Runners-Up
- 2017 qualified 2 in the 400m, 2 in the 200m, 1 in the 100m

Juggling many hats, Coach Henson established the Parkview Express Track Club five seasons ago for his area youth schools, and currently serves as our president with the GATFXCCA advocating coaches' education and progressive improvement for track & cross country in our state.

I personally want to thank all who have continued to support our endeavor as we have grown into a nationally recognized coaches association. Along with continuing our current initiatives and programs, during our next two years we will include:

- Recruiting central for educating our coaches
- Contacts/information for all 45 post-secondary programs in our state
- Launch, with the partnership of other state TFXC associations, an All-American and Honorable Mention program for high school program
- Welcome, include and help the GISA members progress through their division

Vice President:

Cathi Monk, Pope (incumbent)



Treasurer:

Mike Beaudreau, Lanier (incumbent)



Secretary:



Travis Gower, Walton (incumbent)

GATFXCCA Secretary 2015 – Present
USATF Level I Certified
Nike Smoky Mountain Running Camp Co-Director

McEachern High School 2002 – 2008

- 2 Boys State Track & Field Team Championships (2007 & 2008)
- 2 All-Americans (Ben Hubers & William Wynne)
- Footlocker Finalist (Ben Hubers)

Walton High School 2008 - Present

- 2 Girls State Cross Country Championships (2010 & 2011)
- Girls State Track & Field Champions (2012)
- Boys Cross Country Champions (2019)
- 2 All-Americans (Tia Jones & Elasia Campbell)

I have been a part of the founding of the coaches association and continue to push for the betterment of the sports of cross country and track & field. I want to make sure coaches from across the state are represented in the growth of the sports, while focusing on opportunities for athletes.

7A Cross Country:



Jonathan Gambrell, Hillgrove

I began my coaching career at Allatoona HS, helping with cross country and distance track. I am currently the Head Cross Country Coach and Assistant Track coach at Hillgrove HS where I have been for the past 6 years. Overall, this is my 10th year coaching. I am a certified USATF Level 3 coach in Endurance along with an IAAF Academy certified coach in endurance. In my time at Hillgrove we have achieved the following:

Cobb County Team Champions: Boys 2018, Girls 2019
Team Area Champions: Boys 2017 & 2018, Girls 2019
GHSA Team State Champions: Girls 2019

With regards to the GATFXCCA, my biggest goal would be to help move the sport of XC and Track forward in our state. I believe that as a State, Georgia is on the rise as we are seeing more of our athletes compete at a National level. I think this is a testament to the quality of coaches we have in the State and the quality of kids we have as well. I feel that Georgia is behind in some areas and my goal would be to work with the coaches association to help the coaches' voices be heard to move the sport forward. I believe we as coaches know what is best for our athletes and I would hope to represent the voices of the coaches in our state.

7A Track & Field:



Nick Houstoulakis, Marietta (incumbent)

20 Years of Coaching Experience

2017-2019 GATFXCCA 7A Track & Field Representative

*Co-Chair Coaches Mentoring Program

7/09 -Present Head Varsity Track & Field Coach

Marietta High School (GA)

*2018 7-AAAAAAA Girls State Champions

*13 Region Championships

*8 Cobb County Championship

*8 Individual State Champions

*2014 & 2018 MDJ Cobb County T&F Coach of the Year

*2018 NFHS GA Girls Track Coach of the Year

*2016 Glazier Track Clinic (Atlanta) Presenter-8 sessions

*2019 GATFXCCA Coaches Clinic presenter

*07/2015- USATF Level 2 Certification (Sprints, Hurdles & Relays)

*12/2017- USATF Level 2 Certification (Endurance)

*09/2019- USATF Level 2 Certification (Jumps)

7/08 – 7/09 Assistant Varsity Boys Track & Field Coach

Marietta High School

Sprints and Relays Coach

8/04 – 7/08 Head Varsity Boys Track & Field Coach

Livonia Franklin High School (MI)

3/00 – 8/04 Assistant Varsity Boys Track & Field Coach

Livonia Franklin High School (MI)

Sprints, Relays and High Jump Coach

5A Cross Country:



Claud Spinks, Eagles Landing (incumbent)

5A Track & Field:



Jason Newton, McIntosh (incumbent)

3A Cross Country:



Sam Borg, North Hall (incumbent)

3A Track & Field:

No candidates

1A Private Cross Country:



Dan McCauley, Paideia (incumbent)



JP Weaver, Trinity Christian School

- 2008-2009: **Fayette Bolts** - Fayetteville
 - Founded the youth program, bringing back this sport to the youth community for the first time in eight years
- 2010-2011: **The Heritage School** - Newnan
 - Director of Track & Field (MS/HS)
- 2011-Current: **Trinity Christian School** - Sharpsburg.
 - 2012: Founded the TCS T&F program in the Spring
 - 2013: Inaugural T&F season (MS/HS), members of the GISA
 - 2013-Current: Host annual T&F home meets (now on campus); Also serve as the GAPPS Middle School Championship host for T&F.
 - 2014, 2016-2018: T&F Girls' GISA Region Champions, GISA Region Coach of the Year
 - 2015-2018: T&F GISA Region 1AAA Host (off campus); Boys' GISA Region Champions, GISA Region Coach of the Year
 - 2016: T&F Boys' GISA State Runner-up
 - 2016-2018: 7 individual state champions (boys'/girls') in T&F.

- 2018: New 13mm Spurtan B surface installed on campus.
- 2019: Inaugural T&F spring season as members of GHSA 1A-Private, representing Area 3 (Region 5); Girls' finished as runner up and the boys' finished in the top 3 at the Area 3 Championships; The boys' won the GHSA 1A-Private State Championship in the 4x100m, running the top 2 times in 2019. The boys' team finished 7th overall. Served as the Meet Director for Area 3 XC as the host school.
- Currently, 8 student athletes competing either at the NAIA or NCAA level in both XC/Track or in T&F who participated in our program; Since 2015, 15 student-athletes have signed a NLI to participate at the next level.
- 2018-Current: USTFCCA Member: Technical Coach Certification; TFA 404/405 classes in December
- GATFXCCA Member

My staff and I are so thankful for the GATFXCCA. Together we are thrilled for all the progress being witnessed with this wonderful association. More importantly, it's such a great opportunity to see our coaching community work together, which includes time well spent as a core group at the annual clinic in January. In the past, I had the opportunity to be heard by the GISA at our summer clinic roundtables, which included the options of implementing new ideas and action plans. Moving forward, it's a true honor to now participate in GHSA, we are extremely thankful to see our student-athletes represent this association in our state. It would be an honor to serve important GATFXCCA roles in representing 1A Private. Overall my passion carries over strong concepts in building a solid team foundation, which takes place both on and off the track. I am interested in assisting the association in the same ways, representing 1A Private, playing key parts in representing our state each December at the annual USTFCCA Convention, and continuing to build strong relationships with our in-state university and college coaches.

1A Private Track & Field:



Scott Neal, Tallulah Falls Schools (incumbent)

USATF Level II (S/H/R; Jumps; Endurance; Throws)
CSCS by NSCA

Tallulah Falls School 1999-Present

- Head T&F 20 yrs
 - Head XC 18 yrs
 - Athletic Director 13 yrs
 - Head Basketball Coach 2 yrs
- Albuquerque Academy 1987-1999
- Head T&F 8 yrs, Asst T&F 4 yrs
 - Head FB 2 yrs, Asst 9 yrs

Eldorado HS - Albuquerque, NM

- Asst T&F 3 yrs, Asst FB 2 yrs

GATFXCCA board member since 2015

Region 8A and Class A Athletic Director of the Year 2015

NMTCCCA President 1 yr (1999)

Section 6 T&F Coach of the Year 1997

NMHSCA and National Federation Interscholastic Association New Mexico Track and Field Coach of the Year 1997, 1995

The experience of coaching 35 years of track & field in two different states and 18 years of cross country coaching experience in GA, 13 years of directing the TFS athletic program, 29 years as a CSCS (certified strength and conditioning specialist with the National Strength & Conditioning Association), being a USATF instructor at various Level I schools, football and basketball coaching, and directing the NMTCCCA for one year, helps me to observe ideas and solutions from multiple points of view, to collaborate well with colleagues while seeing the big picture as well as an immediate need, and to further the association's mission to Represent, Advocate, Communicate, and Endorse excellence.

I hope to continue as a board member to help the GATFXCCA carry out its active RACE mission, to enhance our influence with the GHSA, to promote our association, to collaborate with peers for the betterment of our sports, and to specifically assist in the functional implementation of ideas - both old and new - to advance XC and T&F in GA.

JP Weaver, Trinity Christian School – see above

The following classifications are not up for election in 2020:

6A Cross Country:



Jimmy Sorrels, Carrollton (nomination to fill vacant seat)

My coaching career in public schools started in 1996 at Heard County High School. I moved to Hall County to work and coach at Davis Middle School. From 1999 to 2002, I coached middle school cross country, basketball, and track there. Then in 2002, Flowery Branch opened, and I was able to become the Head Cross Country Coach. In 2008, I took over the Head Track Coach job at Flowery Branch as well. In 2018, I spent one year at North Forsyth High School working as an assistant Cross-Country coach, assistant Basketball, and assistant Track Coach. In the spring of 2019, an opportunity opened for me to return home to Carrollton, Georgia. I am now the Head Cross Country Coach at Carrollton High School, assistant Basketball, and an assistant Track Coach

responsible for the distance program.

I've coached 17 teams to a Top 4 Finish (All State Trophies) in Cross Country and Track. This includes 5 State Team Runners' up and 4 State Championships. Also, regarding team performances, I've coached a combined total of 22 Region Team Championships in Boys' and Girls' Cross Country and Track and a combined total of 17 Region Team Runner-ups in Boys' and Girls' Cross country and Track. Some of the individuals that I've coached include 6 High School All-Americans, 20 individual Top Ten finishers in Cross Country (1 State Champion and 3 State Runner-up finishers), 13 individual State Track Champions and 2 runners-up, 43 top eight individual finishes at State Track Championships. In 2017, I received the Paul Koshewa Atlanta Track Club Award which recognized me for outstanding dedication to the sport of cross country.

I am seeking to be the 6A representative for GATFXCCA because I have been coaching long enough to witness some of the positive impact that our organization has made for our sports already in the State. I want to be a part of the continuation of progress for our sports. There is a lot of work still left to be done. I hope to see changes made in additional events being added to Track and Field on the State Level. I hope to see a workable cross-country schedule that favors the health of our athletes. I want to continue to look at the qualifying process of our athletes to State events. And of course, as additional concerns

continue to happen, I want to be a voice of reason and an advocate for what is best for the athletes in our sports.

6A Track & Field:



Patrick Parsons, Allatoona

4A Cross Country:

Vacant

4A Track & Field:

Vacant

2A Cross Country:



Will Wood, Jeff Davis

2A Track & Field:

Vacant

1A Public Cross Country:

Vacant

1A Public Track & Field:

Vacant

The following positions are appointed by the executive board:

Hall of Fame/Historian:



Andrew Hudson, Denmark

Youth/Summer/Club:



Eric Heintz, Atlanta Track Club

College:

Vacant

At-Large:

Vacant

At-Large:

Vacant