



2017 Mosinee Pride

FULL ICE

3 on 3 Fall Hockey



OCTOBER 20 - 22, 2017
(Friday-Sunday)

Squirt  **Peewee**  **Bantam**  **High School**

Fire and Ice 3 on 3 Hockey is the ultimate fast – paced game with up and down action that will help players get into peak condition and master offensive and defensive skills before regular season.

With 6 players per team and one goalie, skaters get maximum ice time in a challenging format that will develop skating skills, stamina and develop an understanding of how to use areas of the ice.

REGISTER

Full ice 3 on 3 format

- Two 15 min run time period
- Players will be divided to create equal strength teams
- Saturday games will start at 3:00 pm with the last game ending at 9:00 pm
- Sunday games will start at 12:00 pm and end at 4:50 pm
- Costs: \$15
- No checking or slap shots
- Goalies will be rotated among teams
- Squirts – high school eligible

Rules

1. Teams will wear rink-issued colored pinnies
2. No checking
3. Run time unless injury
4. One face off at the beginning of each period
5. Icing will not be called
6. Regular offsides will be called, resulting in a possession turnover
7. Goal scored will result in a change of possession
8. Scoring team must cycle to the red line before attacking the other team
9. 3 penalties for any one individual per game will result in a misconduct for that period and also the following period (it could include the following game)
10. Horn will sound every 1 ½ minutes for a line change
 - a. Players must remain on the bench until the last player on the ice reaches the bench
 - b. Players leaving early will be penalized by a change of possession

- 11.If goalie freezes the puck, attacking team must retreat to top of circle before they can attack the puck
- 12.No time outs or pulling the goalie
- 13.Penalty shot is awarded for penalties