



CONCUSSION TRAINING REQUIRED FOR PAFA PARENTS

PAFA is focused on creating a culture that is safe and supportive for youth athletes. To support this objective, PAFA is requiring at least one parent for each player to complete the on-line concussion training course provided by the U.S. Center for Disease Control and Prevention at the following address:

Link to required Heads Up Concussion training:

<https://www.cdc.gov/headsup/youthsports/training/index.html>

One parent is required to provide to their DA on the first day of practice the certificate showing he/she has completed the training, which covers how to recognize, respond and prevent concussions in youth. Please allow about 30 minutes to complete the training, and assure you are at a computer from which you can print your completion certificate.

We want to assure all possible measures are taken to assure the safety of our youth athletes, recognizing this is a shared objective and responsibility between our coaches and our families. If you have any questions, please contact your division District Administrator (please see the PAFA website for a listing of all DAs by division).
