

# THE RIPKEN EXPERIENCE – ABERDEEN, MD

## PRE-GAME WARM-UP GUIDELINES

### GENERAL GUIDELINES:

1. Respect all tournament facilities (clean up all trash and equipment)
2. Teams must warm-up/practice in designated areas only
3. **No infield/outfield is permitted on the game fields at any location**
4. Each team must make sure that the starting pitcher is ready by game time
5. Teams that do not follow these guidelines can be banned from practice areas
6. See a Ripken Baseball Tournament Official if any problems/conflicts arise

### THE RIPKEN EXPERIENCE – ABERDEEN, MD COMPLEX

There are 15 batting cages at the Aberdeen, MD complex and several practice areas that are to be shared by all tournament teams in the following manner:

- **Each team is permitted to use only 1 cage at a time before their game**
- Designated practice areas include:
  - o RIP Circle (synthetic turf circle near Fenway, Memorial, and Wrigley)
  - o Rectangular synthetic turf area near Pavilion
  - o Double A (dirt field)
  - o Rookie Field (dirt field)
- Teams may throw in the outfield or run along the warning track right before the game
- Pitchers are to warm-up in bullpen areas or along warning track only

### RIPKEN STADIUM

Teams that are warming up to play in Ripken Stadium are allowed to use the batting cages. There are two cages by RF and one cage behind LF.

- All teams must report to the game field **at least 20min. before game time**
- Teams may throw in the outfield or run along the warning track right before the game
- Pitchers are to warm-up along the warning track only

### OFF-SITE FIELDS (SATELLITE FIELDS)

This includes: Aberdeen High School, Harford Community College, Stancil Field, John Carroll School, Bel Air High School, Gilman School, St. Paul's School, Calvert Hall School, Towson University, and Essex Community College. There are limited practice areas at these facilities. Each team will be on their own to warm-up in an open area that is safe for everyone to throw and run. Please share the space, there may be other teams warming up at the same time.

**All other fields at each complex are off-limits – Do not go on them for any reason!**

- All teams must report to the game field at least **20 min. before game time**
- Teams may throw in the outfield or run along the warning track right before the game
- Pitchers are to warm-up along the warning track only

### Off-site fields with at least one batting cage include:

Stancil Field, Harford Community College, John Carroll School, Gilman School, St. Paul's School, Calvert Hall School, Towson University, Essex Community College