



Bare Hill Rowing Association, Inc.
Bromfield Acton-Boxborough Rowing

BHRA Swim Test

Participant instructions:

Completed Swim Test Card must be submitted before you will be allowed to row on the water. You can make arrangements through a local swim program or pool to have this test administered by a certified lifeguard or water safety instructor. Return this completed form to the BHRA Registrar.

Note: Some pools charge a fee for this test; please check before you go.

Swim Test Card

To be completed by a certified lifeguard or water safety instructor (Observer):

Name of Participant:

Name of Observer:

Title of Observer:

Name of Pool:

Phone Number of Pool:

Swim Test Certification:

I hereby certify that the above-named person can swim 100 yards in a competent manner and can tread water for at least five minutes.

Signature of Observer:

Date:
