

# Coaching Registration

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1. Coaching registration is required starting in the 2016 season. This registration will include a background check done at SAYFA's expense. It also develops an organized means to develop teams and communicate throughout the season.
2. To register, go to [www.sartellareayouthfootball.com](http://www.sartellareayouthfootball.com)
3. Click on either the register tab, or go directly to registration by clicking coach registration below the sponsor banner.



4. Using the register tab will bring you to the registration page where there are links to both the registration and the Coaches page.



5. The Coaches page will have links to various classes and videos we would like to you to review. You can find this page under the Resource Center Tab




6. Concussions are taken very seriously in our organization. All coaches are required to complete concussion training. This is a free course that takes about 30 minutes. Once completed, you will get a certificate that must be emailed to [sayfa56377@gmail.com](mailto:sayfa56377@gmail.com) or turned in prior to being part of any practice or games. If you have taken the course in the past, click on the link to see if your certificate is still valid. Your certificate is good for 3 years. If you have not taken it before or need to update, click on the CDC link to go to the class.

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THE OFFICIAL HOME OF



# SARTELL

AREA YOUTH FOOTBALL

- THIS IS A PAGE THAT WILL ALLOW OUR COACHES TO GET ALL THEIR INFORMATION IN ONE SPOT -

Click [HERE](#) to verify if your concussion training is up to date.

- Concussion in Youth Sports is a free, online course available to coaches, parents, and others helping to keep athletes safe from concussion. It features interviews with leading experts, dynamic graphics and interactive exercises, and compelling storytelling to help you recognize a concussion and know how to respond if you think that your athlete might have a concussion.
- Once you completed the online training and quiz, you can print out the certificate, making it easy to show your league or school that you are ready for the season. Please click here to start your training.  
[http://www.cdc.gov/concussion/HeadsUp/online\\_training.html](http://www.cdc.gov/concussion/HeadsUp/online_training.html)
- There are a number of videos SAYFA would like you to be familiar with prior to the season starting. They are provided by USA Football and are important to the safety and development of our young athletes.
  - [Helmet and Shoulder Pad Fitting](#) (2 Videos)
  - [Heads Up Tackling](#) (5 videos at bottom of page)
  - [Heads Up Blocking](#) (5 videos at bottom of page)

7. To further safety, we ask that all coaches watch the series of videos relating to equipment fitting, tackling and blocking. They are videos the coaches at the high school level are using and we have been asked to start with these practices now. Please view them prior to the season.