

Roadrunners SC
Competition Expectations for Select Program

U10-12

Top Division Offered in NISL/IWSL

Appropriate level tournaments in or out of area

NISL Cup (boys)

IYSA State Cup (U12 only for girls)

US Club Regional (U12)

Three team trainings per week

Two goal keeper trainings per week

U13-14

Premiership (NISL)/ Club Open (IWSL)

Out of state tournaments (2)

NISL Cup (boys)

IYSA State Cup (girls)

US Club Regional

***Foreign Trip at U13. Offered at U14.**

Three team trainings per week

Two goal keeper trainings per week

U15

Classic/Premiership (NISL)/ Club Open (IWSL)

Regional tournaments (2)

NISL Cup (boys)

IYSA State Cup (girls)

US Club Regional

***Foreign Trip offered.**

Three team trainings per week

Two goal keeper trainings per week

U16

Classic/Premiership (NISL)/ Club Open (IWSL)

Regional College Showcase (2)

College Assistance Program (CAP)

NISL Cup (boys)

IYSA State Cup (girls)

US Club Regional

***Foreign Trip offered**

Three team trainings per week

Two goal keeper trainings per week

U17-18

Classic/Premiership (NISL)/ Club Open (IWSL)

Regional College Showcase (2)

College Assistance Program (CAP)

NISL Cup (boys)

IYSA State Cup (girls)

US Club Regional

***Foreign Trip offered.**

Integrate with U20/U23 programs

Three team trainings per week

Two goal keeper trainings per week

***Not part of fees**