

# Tasha Allen

Milwaukee North Division High School 2006 – 2009  
High School Coach: Joseph Veriga  
Team Captain and MVP 2008, 2009  
Lettered 2007, 2008, 2009

Milwaukee City Conf Indoor Records  
2009 – 55m D (7.07), 400m D (58.05), 200m D (24.67)

Milwaukee City Conference Outdoor Records  
2009 – 100m D (11.36), 400m D (55.66), 200m D (23.53)

WIAA State Meet Records Set (Div I & Div II)  
2008 (Div II) – 100m D (11.99) & 200m D (24.79)  
2009 (Div I) – 100m D Prelims (11.76) & 400m D Prelims (55.19)

WIAA State Meet Championships (Div I & Div II)  
2007 (Div II) – Runner-up 100m D (12.86);  
3rd 200m D (25.59)  
2008 (Div II) – Champion 100m D (11.99) &  
200m D (24.79)  
2009 (Div I) – Champion 100m D (12.05), 200m D (24.36) & 400m D (57.22)

## Other Accolades

2007 – First season competing in track & field  
2007 – 2009 - Named WISTCA All-State Athlete 6 times  
2009 – WISTCA Female Athlete of the Year  
2009 – Senior Spotlight Meet Gold in the 100m D, 200m D & 400m Relay setting meet records in the 200m and relay  
2009 – USATF Junior Championships (Eugene, OR); 3rd 200m D; 4th 100m D  
Selected to compete for Team USA at the Pan American Junior Games (Port of Spain, Trinidad); Champion 400m Relay (44.09); Runner-up 200m (23.51)

College: Butler Community College (2010); New Mexico Junior College (2011/2012)  
2010 – NJCAA Indoor Championships: Champion 60m (7.58), 2nd 200m (24.59)  
2011 – NJCAA Outdoor Championships: Champion 400m Relay (44.99); 2nd 200m (23.35) & 1600m Relay (3:40.71); 3rd 100m (11.47)

2012 – NJCAA Indoor Championships: Champion 200m (24.21), 2nd 1600m Relay (3:53.06), 4th 60m (7.50)

USA Indoor Track & Field Championships; 60m (ran 7.53 to qualify for the meet)

NJCAA Outdoor Championships: Champion 400m Relay (44.87); 3rd 100m (11.37)

National Junior College leading time in the 200m (24.11)

Personal outdoor best at that time in the 200m (23.35) met the “B” standard for the U.S. Olympic Trials (Eugene, OR)

## Inducted 2015

