

Gary Frank

Omro High School 1981-1985

Team Captain & MVP: 1983, 1984 & 1985

Lettered: 1983, 1984 & 1985

High School Records

1983 – Shot Put (64' 11") & Discus (172' 4")

6-Time Eastern Conference Champion

1981, 1982 & 1983 – Shot Put and Discus

1983 – Conference Records in the Shot Put & Discus

WIAA State Meet Records Set (Division II)

1982 – Discus (172' 4")

1983 – Shot Put (61' 10 1/2")

WIAA State Meet Highlights (Division II)

1982 – Champion Shot Put (56' 4 1/2") & Discus (172' 4")

1983 – Champion Shot Put (66' 10 1/2") & Discus (167' 2")

Other Notes

1983 – 2nd Ranked High School Shot Putter in the USA

1983 – 2nd Place Golden West Invitational

College: Mississippi State University

School Records: Shot Put (67' 9 1/2") & Discus (182' 0")

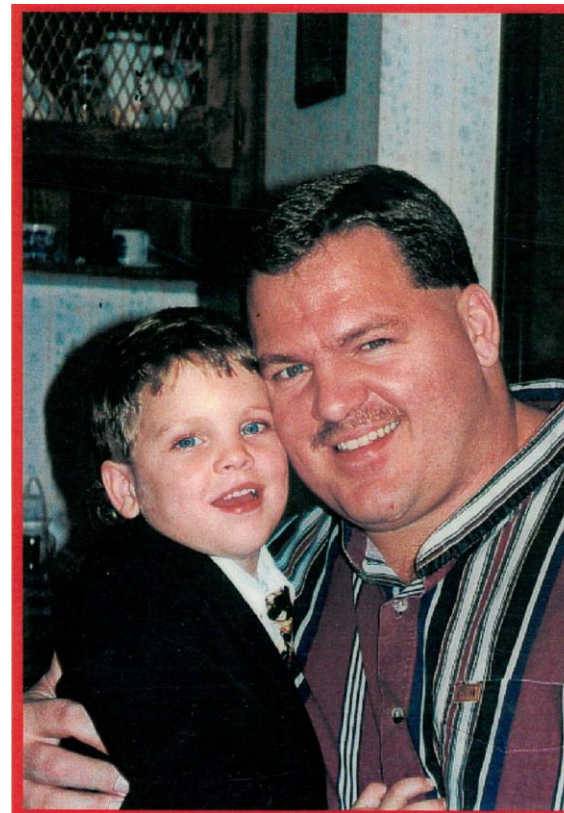
1986 – Indoor and Outdoor Conference Champion

1987 – Indoor and Outdoor Conference Champion

1987 – NCAA Division IA National Champion; Senior Award

Winner & Team MVP;

Silver Medal Winner at the U.S. Olympic Sports Festival



Inducted 1997