

Patty (Hein) Trimborn

Lake Mills High School 1972-1976

Coaches: Mary Ann Braunke, Barb and Bob Petruska

Four Year Letter Winner

MVP 1975, 1976

Outstanding Senior Track Athlete and School Athlete

School Records

80yd Low Hurdles (11.18), 110yd Low Hurdles (14.9), 100yd Dash (11.9)

Long Jump (17' 2 1/4"), 440yd Relay (50.7)

Conference Highlights

1973 – Champion 80yd Low Hurdles, 100yd Dash, 440yd Relay

1974 – Champion 80yd Low Hurdles, 100yd Dash, 440yd Relay

1975 – Champion 110yd LH, 100yd D, 440yd Relay, Long Jump

1976 – Champion 110yd LH, 100yd D, 440yd Relay, Long Jump

1973-1976 – Four Conference Team Championships

WIAA State Meet Records Set (Class B)

1973 – 80yd Low Hurdles (11.4)

1975 – 110yd Low Hurdles (15.5)

1976 – 110yd Low Hurdles (15.0)

WIAA Regional Meet (Class B)

10 Individual Championships

1975, 1976 – Regional Meet Team Champions

WIAA Sectional Meet (Class B)

10 Individual Championships

1973 – Runner-up Team

1976 - 3rd as a Team

WIAA State Meet Championships (Class B)

1973 – Champion 80yd Low Hurdles (11.4)

1974 – Champion 440yd Relay (50.7); 3rd 80yd Low Hurdles (11.18)

1975 – Champion 110yd LH (15.5), LJ (17' 2 1/4"), 440yd Relay (51.1)

1976 – Champion 110yd LH (15.0); 2nd 880yd Relay (1:48.7);
4th LJ (16' 8 3/4")

College: University of Wisconsin – La Crosse 1976-1978

UW-L Mitchell Fieldhouse Indoor Record, 70yd Hurdles (9.8)

Presently an Assistant Track Coach at Lake Mills High School; Boys & Girls Program 8 years.

Inducted 1997

