

## **Julie A. (Beck) Steinhoff**

**Tomah High School 1987-1990**

**Head Coach: Bruce Luebke**

**Throws Coach: Steve Justinger**

**Highlights**

**School Records**

1990 – Indoor Shot Put (46' 3"), Outdoor Shot Put (47' 5"),  
Discus (160' 10")

**WIAA State Meet Records Set (Class A)**

1990 – Shot Put (45' 11 3/4") & Discus (159' 4")

**Conference**

4 x Shot Put & Discus Champion

**WIAA Regionals (Class A)**

3 x Shot Put Champion

2 x Discus Champion

**WIAA Sectionals (Class A)**

3 x Shot Put Champion

3 x Discus Champion

**WIAA State Meet Championships (Class A)**

1987 – 5th Discus (119' 7")

1989 – Champion Shot Put (44' 3 1/4") & Discus (135' 1")

1990 – Shot Put (45' 11 3/4") & Discus (159' 4")

**Other**

1990 – Tomah Athlete of the Year

**College**

University of Oregon – 4 x All-American

North Dakota State University – 4 x All-American



**Inducted 2001**