

Heather (Murphy) Fitzloff

North Crawford High School 1989-1992

High School Coach: Shelly Biggin

MVP: 1989, 1990, 1991 & 1992

School Records

800m (2:17.60), 1600m (5:01.31), 3200m (11:26) &
1600m Relay (4:10.3)

Ridge & Valley Conference Team Champions

1990, 1991 & 1992

Ten-Time Individual Conference Champion

Nine-Time WIAA Regional Champion (Class C/Division III)

Eight-Time WIAA Sectional Champion (Class C/Division III)

2 WIAA State Meet Records Set (Division III)

1991 – 800m (2:17.60) & 1600m (5:01.31)

WIAA State Meet Championships (Class C/Division III)

1990 – Champion 800m (2:24.50); 3rd 1600m (5:24.79)

1991 – Champion 800m (2:17.60) & 1600m (5:01.31)

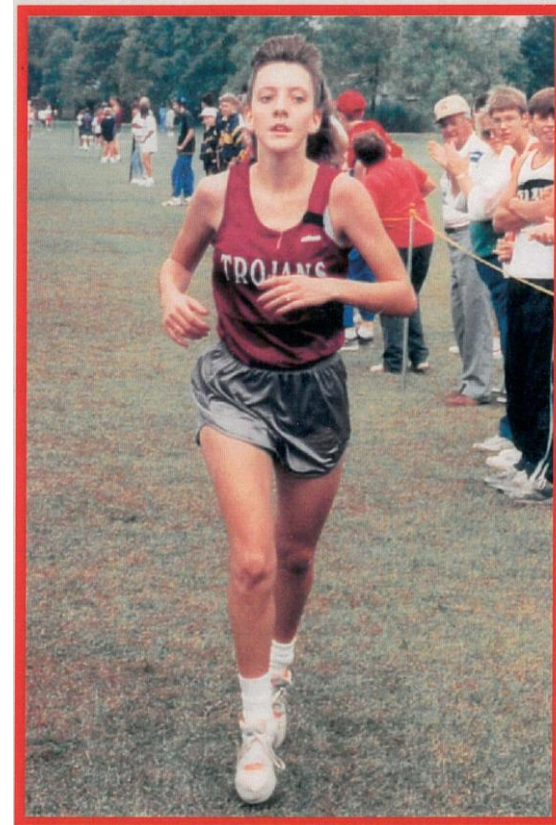
1992 – Champion 800m (2:18.49), 1600m (5:11.14) &
3200m (11:31.28)

1991 & 1992 – WIAA State Meet Team Champions

College: Illinois State University

4-Year Letter Winner: 1993, 1994, 1995 & 1996

5 Individual Conference Championships



Inducted 2002