

Coach Richard Fredrickson

Graduated Durand High School: 1957

High School Coach: Don Pierce

**High School Awards: MVP Senior Athlete and Captain in
Track & Football**

Colleges: University of Wisconsin – Stout 1963

Winona State University, Minnesota 1971

Coached 33 Years as Head Boys T & F Coach at Arcadia H.S.

6 Boys Conference Team Championships

17 WIAA Regional Team Championships (Division III)

13 WIAA Sectional Team Championships (Division III)

**Arcadia won both Regional and Sectional meets 13
consecutive years**

6 WIAA State Meet Team Championships (Division III)

1991, 1992, 1994, 1995, 1998 & 1999

1 WIAA State Meet Runner-Up (Division III)

2001

6 WISTCA District III Coach of the Year Awards:

1991, 1992, 1994, 1995, 1998 & 2002

Inducted 2003

