

## **Julie Paynter**

**Whitewater High School 1988-1991**

**Coaches: Dirk Seibold and Wendall Bean**

**Team Captain: 1989**

**School Records**

**300m Low Hurdles (44.95), 800m Relay (1:43.93) &  
1600m Relay (4:03.15)**

**WIAA State Meet Records Set (Class B)**

**1986 – 800m Relay (1:43.93)**

**1989 – 300m Low Hurdles (44.95)**

**Southern Lakes Conference Team Champions**

**1988 & 1989**

**Southern Lakes Conference Individual Championships**

**1986 – 300m Low Hurdles & 800m Relay**

**1987 – 300m Low Hurdles**

**1988 – 1600m Relay**

**1989 – 300m Low Hurdles, Long Jump & 1600m Relay**

**WIAA State Team Championships (Class B)**

**1986, 1988 & 1989**

**WIAA State Meet Championships (Class B)**

**1986 – Champion 800m Relay (1:43.93)**

**1987 – 2nd 800m Relay (1:46.77); 5th 1600m Relay  
(4:12.00); 6th 300m LH (47.77)**

**1988 – Champion 300m LH (44.95), 800m Relay (1:45.72) &  
1600m Relay (4:03.15)**

**1989 – Champion 800m Relay (1:47.20), 1600m Relay  
(4:06.88); 5th 300m LH (47.21)**

**College: University of Minnesota 1990-1994**

**Big Ten Championships**

**1990 – Pentathlon (12th)**

**1992 – 8th, 400m Hurdles, 400m Relay & 1600m Relay**

**Inducted 2003**

