

## Lisa Townsend-McKeown

Elk Mound High School 1990-1993

Coach: Jeff Mack

Most Valuable: 1990, 1991, 1992, 1993

School Records

High Jump (5' 10"), Long Jump (17' 6 1/2")

Triple Jump (36' 6"), 100m High Hurdles (15.43)

Conference Highlights

Four time Champion High Jump, Triple Jump, 100m High Hurdles

Three time Champion Long Jump

Records – High Jump (5' 8"), Triple Jump (36' 5"),

Long Jump (17' 6 1/2")

WIAA Regional (Class C/Division III)

Four time Champion High Jump, Triple Jump

Two time Champion Long Jump (2nd once)

One time Champion 100m High Hurdles

WIAA Sectional (Class C/Division III)

Four time Champion Triple Jump

Three time Champion High Jump

Two time Champion Long Jump (2nd once)

WIAA State Meet Championships (Class C/Division III)

1990 – 1st Triple Jump (35' 3"); 2nd High Jump (5' 4"); as Extra Qualifier)

1991 – 1st High Jump (5' 5"), Long Jump (16' 8");

2nd Triple Jump (34' 7 1/4")

1992 – 1st High Jump (5' 9"), Triple Jump (36' 1");

4th Long Jump (16' 4")

1993 – 1st High Jump (5' 8"), Triple Jump (35' 11 3/4");

3rd Long Jump (16' 10 3/4")

Fourth female in Wisconsin State Meet History to win three titles in two events

College: University of Wisconsin – Madison

Four time Varsity Letter Winner

Three time Academic All-Big Ten

Scored in four Big Ten Conference Meets

Tied for 5th on UW Top 10 Performers list

**Inducted 2004**

