

Michael Bennett

Milwaukee Tech High School 1994-1998

Head Coach Kenneth Williams and Assistant Coach Joe Sims

Team Captain 1998

Most Valuable Award 1997, 1998

High School Events/Best Performances (all School Records)

100m Dash (10.33 prelims), 200m Dash (20.68),

WIAA State Meet Records Set (Division I)

1997 – 100m Dash (10.55), 200m Dash (20.96)

2002 – 100m Dash (10.33 prelims), 200m Dash (20.68 prelims)

Conference Highlights

6 time Champion 100m Dash, 200m Dash (1995, 1997, 1998)

WIAA Regional Sectional Meets (Division I)

6 time Champion 100m Dash, 200m Dash (1995, 1997, 1998)

WIAA State Meet Championships (Division I)

1995 – Champion 200m Dash (21.88)

1997 – Champion 100m Dash (10.55), 200m Dash (20.96)

**1998 – Broke his state records in preliminaries of both sprints
(injury occurred during first finals race eliminating him
from further competition)**

Other

**1998 – High School Gatorade District Athlete of the Year and a
high school All-American in the 100m Dash and 200m Dash**

College: University of Wisconsin – Madison

Competed in Track & Field and Football

2000 – Big Ten Champion 100m Dash and 200m Dash

Invited to compete in the 200m Dash at the US Olympic Trials

Post-Collegiate

**After completing his tenure at UW-Madison, Michael was the
2001 first round draft pick of the Minnesota Vikings as a running
back. He ran for a total of 1,296 yards for the Vikings in 2002 and
was a Pro Bowl performer. Michael was also the first player in**

**NFL history to produce runs of 60 plus yards in three straight
games. He also played for the Kansas City Chiefs and currently
plays for the Tampa Bay Buccaneers.**

Inducted 2008

