

## **B.J. Tucker**

**Nicolet High School: 1997 – 1999**

**Head Coach: Dan Knoebel**

**Team Captain: 1998 & 1999**

**Most Valuable Award: 1998 & 1999**

**High School Events, Best Performances (all F.A.T.):**

**100m Dash (10.52), 200m Dash (20.7), 400m Relay (41.91)**

**School Records (Hand-Timed):**

**100m Dash (10.2), 200m Dash (20.7), 400m Relay (41.6) &  
800m Relay (1:27.8)**

**State Meet Times of Note:**

**1998 – Holds the 2nd fastest winning time in the 100m Dash, all  
Divisions**

**1999 – Holds the 2nd fastest winning time in the 400m  
Relay, all Divisions**

**Season Highlights:**

**1999 – Monona Grove Invitational – Nicolet Relay teams were  
named most valuable running athletes winning the 400m, 800m  
& 1600m Relays**

**Conference Highlights:**

**1998 & 1989 – 1st 100m Dash, 200m Dash & 400m Relay (all  
were Conference Records)**

**WIAA Regional/Sectional (Division I):**

**1998 – 1st the 100m Dash, 200m Dash & 400m Relay**

**1999 – 1st 100m Dash, 200m Dash & 3rd 400m Relay**

**WIAA State Meet (Division I):**

**1998 – 1st in the 100m Dash, 200m Dash & 400m Relay**

**1999 – 1st in the 100m Dash, 200m Dash & 400m Relay**

**College (University of Wisconsin-Madison):**

**2000- 2003: Member of the University of Wisconsin-Madison  
Football Team. As part of those teams was a member of the Big  
Ten Triple Crown Championship Team**

**Other:**

**2003 – Drafted by the Dallas Cowboys**

**Inducted 2009**

