## Joe Kapheim

Appleton East High School 1979, 1980, 1981

Coach: Joseph Perez

Captain and Most Valuable: 1980, 1981

**High School Events/Best Times/School Records** 

800m Run (1:51.79), 1600m Run (4:20.0)

400m Dash (49.2), 1600m Relay (3:21.9)

**WIAA State Meet Record Set (Class A)** 

1981 – 800m Run (1:51.79)

Highlights

Conference

1979 - 800m Champion

1980 & 1981 – 800m and 1600m Champion

WIAA Regional/Sectional (Class A)

1980 – Runner-Up 800m (1:55.5; did not qualify for State)

1981 - Champion 800m (1:53.3) & 1600m Relay

WIAA State Meet Championships (Class A)

1981 – Champion 800m (1:51.79 – state record still standing at time of HOF Induction; ran 1:52.6 in

prelims); 4th Place, 1600m Relay

College: University of Wisconsin – Madison

Attended UW-Madison on a full track scholarship

**Four-Time Letter Winner** 

**Big Ten Champion** 

**NCAA Division I Runner-Up** 

Three-Time NCAA Division I All-American

**USA Olympic Trials Qualifier** 

Named most valuable middle distance runner

Other

**Named High School All-American** 

1981 – Undefeated in all events including relays, except for a 4th place in State Finals of the 1600m Relay

## **Inductees Note**

"I share this award with my family, friends, teammates, and Coach Perez, all of whom helped not only in rack, but helped me become the man I am today."

## Inducted 2009

