

Ryan Truschinski

Marshall High School 1991-1993

Coach: Steve Beacom

Captain/Most Valuable Awards 1991, 1992, 1993

High School Events, Best Performances, *School Records

*400m D (48.34), *200m D (21.93), *1600m Relay (3:26.31)

55m D (6.4), 100m D (11.01)

Conference Championships

1991 – 100m Dash, 400m Dash

1992, 1993 – 200m Dash, 400m Dash

WIAA State Meet Record Set (Division III)

1993 – 400m Dash (49.00)

WIAA Regional/Sectional Meets (Division III)

1991 – Champion 100m Dash, 400m Dash

1992, 1993 – Champion 200m Dash, 400m Dash

WIAA State Meet Championships (Division III)

1991 – Champion 400m Dash (50.30); 8th, 100m Dash

1992 – Champion 400m Dash (50.37), 200m Dash (22.67)

1993 – Champion 400m Dash (49.00); 2nd 200m Dash (22.70)

WIAA State Team Champions

All-State Honors

1991, 1993 – 400m Dash

1992, 1993 – 200m Dash

College: University of Wisconsin – Madison 1993-1997

1995 – 46.19 in the 400m Dash at the Big Ten Outdoor

Championships; U of MN

Member of 4 Big Ten Indoor/Outdoor Track & Field

Championship Teams

Other

1990 – Was selected as the 800m Anchor for the American High Schools in Europe Meet, Olympic Stadium, Munich, Germany (DNC due to injury)

1991 – National Junior Olympic Track & Field Championships, University of North Carolina, 400m Dash, 5th Place (49.56)

1993 – Madison West Relays Indoor 55m Dash Champion; Monona Grove Invite 400m Dash (48.34), Deerfield Invite 200m Dash (21.93)

Inducted 2010

