

## Marcus Ver Duin

Howards Grove High School 1998-2002

Head Coach: Mike Schroeder

Sprint Coach: Andy Hansen

Team Most Valuable Award: 2001 & 2002

High School Best Performances; all are School Records

100m D (10.4), 200m Dash (21.6), 400m Dash (49.04) &  
400m Relay (44.0)

Conference Records

100m Dash (10.4), 200m Dash (22.22) & 400m Dash (50.34)

WIAA State Meet Records Set (Division III)

2000 - 100m Dash (10.78; prelims)

2002 - 200m Dash (21.89; finals)

Central Lakeshore Conference Highlights

1999 - 2001 Champion; 100m D, 200m D, 400m Relay (In 2000,  
broke 12 year old record in the 100m D; 10.4)

2002 - Champion; 100m D, 200m D, 400m D (In 2002, set  
conference records in the 200m D & 400m D)

18 WIAA Individual Regional/Sectional Championships  
(Division III)

1999 - 2001 Regional Champion; 100m D, 200m D

1999 - 2001 Sectional Champion; 100m D, 200m D

2002 Regional Champion; 100m D, 200m D, 400m D

2002 Sectional Champion; 100m D, 200m D, 400m D

WIAA State Meet Highlights (Division III)

1999 - 2002 Won 10 State Medals during four year span

2000 - Set 100m D State Meet Record in Prelims that still  
stands (10.78)

2002 - Set 200m D State Meet Record in Prelims and then broke  
his own record in Finals (21.89)

State Meet Team Champions setting a record winning total  
of 75 points

Other Notes:

2002 - Won every individual race competed in (55m, 100m, 200m  
& 400m)

1999 - 2002 Undefeated 100m & 200m at Conference, Regional &  
Sectional

100m time of 10.4 in 2000 ranks on the All-Time Wisconsin  
Best List

**Inducted 2014**

