

## **Shari (Hafenstein) Lemke**

**Waterloo High School 1983-1986**

**Coach: Doug Miller**

**Team Captain: 1986**

**Team MVP: 1984 & 1985**

### **High School Best Performances (All School Records)**

**1984 – 800m Run (2:19.4)**

**1985 – 400m Dash (58.84)**

**1986 – 100m HH (14.9), 300m LH (44.98) &  
1600m Relay (4:03.34)**

### **WIAA State Meet Records Set (Class C)**

**1986 – 300m Low Hurdles (44.98) & 1600m Relay (4:03.34)**

### **6-Time WIAA State Meet Champion & 1 Runner-Up (Class C)**

**1984 – 400m Dash (59.15) & 1600m Relay (4:10.39)**

**1985 – 400m Dash (58.84) & Runner-Up 300m LH (46.77)**

**1986 – 100m HH (15.66), 300m LH (44.98) &  
1600m Relay (4:03.34)**

### **Other Notes**

**1986 – Wisconsin Track & Field All-State Team with the # 1  
rank 300m LH (44.98)**

**High School Track & Field Honorable Mention All-American**

**Inducted 2014**

