

CROSS ICE HOCKEY Summer League



**Cross Ice Hockey is a game of speed.
Players skate & stickhandle quicker, pass &
shoot quicker, think & react quicker.
The play never stops.
The puck never stops.
The fun never stops.**

How is the game played?

The cross ice hockey game is played across the width in one zone. The first 15 minutes will be 3-on-3, the next 15 minutes 2-on-2 and the remaining time back to 3-on-3. There is no stoppage of play and no checking. This game encourages quick footwork, slick stick handling, and most important of all, quick thinking!

Is Cross Ice Hockey New?

Cross Ice hockey has been around for years in Europe, Canada and the Northern United States. The rapid pace and repetition allows skills to develop at a much faster pace as players are skating a length of ice that is 35 feet as opposed to 200 feet.

How can the Cross Ice summer league help supplement my players skills for the fall / winter season?

- >MORE touches of the puck per player
- >MORE shooting, passing and scoring opportunities
- >MORE quick changes in direction, improving skating skills
- >MORE action for goaltenders due to increased shooting
- >LESS stopping of play allowing for MORE game action and fun

**Atoms & Mites 6:15pm. Squirrels, PeeWees, Bantams either 7:30pm or 8:45pm
(Program will be slightly modified for new players Atom age 4-6)**

**Eight Wednesday, June 3rd-July 29th, 2009, no games July 1st
8 game season, no practices**

**Individual Registration = \$125, Team Registration \$725 in 1 payment
Approx. 6 Skaters plus 1 goalie on a team but no more than 9 on team**

Cross Ice Hockey League Summer 2009 Wednesday June 3rd-July 29th



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Player Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Birth date: _____ Home Phone: _____

Email: _____ Cell Phone: _____

Goalie? Yes No

Circle Division \$125 each: ATOM MITE SQUIRT PEEWEE BANTAM HS

Parents Names: _____

Interested in Helping Coach? Yes No

Full equipment required to participate. Please return your registration form to Ice Midwest, Attn. Pat Ferschweiler.
Please direct questions to: fersch14@hotmail.com

Make checks payable to: **Pepsi Ice Midwest** SEC #: _____

Credit card #: _____ Exp. Date: _____

Signature _____ Name on Card: _____

Pepsi Ice Midwest Skating Center Liability Release Waiver — By having registered the above person in the league, I as a parent or guardian of the participant agree to allow the individual named herein to participate in the aforementioned activity(s), and I further agree to indemnify, and hold the Pepsi Ice Midwest Skating Center, and all employees, instructors, volunteers and agents harmless from and against any and all liability for any personal injury, damage or loss of property by the aforementioned individual(s) arising out of, or in connection with, his / her participating in this activity.

Parent / Guardian Signature _____ Date _____

Pepsi Ice Midwest, 12140 W. 135th St. Overland Park, KS 66221, 913-851-1600