Troy Albany Hockey Association

8U Programs

www.troyalbanyouthhockey.com

Troy Albany Hockey Association is the largest hockey program in the Capital District, offering players ages 3 to 19 with a wide range of hockey programs from recreation to travel to AAA and Elite. TAHA consists of 3 programs with our mission; to offer the best hockey experience to each and every individual player.

LEARN TO SKATE

Learn to Skate is the first step in a player’s development and is for children (ages 3-8) who have never skated before, or who have limited skating experience. It focuses on basic skating skills and is designed to be fun and build confidence on the ice to provide the fundamentals to transition into the Learn to Play program. Learn to Skate is 1 session per week for 16 weeks, beginning in mid-October.

LEARN TO PLAY

The Learn to Play program is designed for young players who are looking to improve their skating and learn more about the game of hockey. Learn to Play focuses on skating and basic hockey skills. Players can choose to enroll in 1 or 2 days per week for 16 weeks starting in mid-October. It is run out of 2 rinks (Frear Park in Troy and Albany County Hockey Facility near the Albany Airport).

ADVANCED CROSS-ICE MITES (ACIM)

The Advanced Cross Ice Mites (ACIM) program is for players 8 years old and under that have solid skating skills and are ready for more advanced skating and hockey skills. Focus is on skating skills, stick handling, passing, shooting and cross-ice game play. The program is 3 days a week for 20 weeks, 2 are skills sessions and the other is cross-ice game play beginning in October. ACIM is run out of 2 rinks (Frear Park in Troy and Albany County Hockey Facility near the Albany Airport).

For more information contact:
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Register at:
http://tinyurl.com/TAHA2017