COMMIT FITNESS

Kettle Moraine ICE CENTER

2330 South Main Street P.O. Box 462 West Bend, WI 53095

COMMIT FITNESS

Boys High School Hockey Fall Warmup Camp

Camp Emphasis

- Puck Movement
- Offensive Zone Entries
- Defensive Zone Coverage
- Small Area Games
- Individual Footwork/Skating Skills
- Conditioning

Camp Schedule

September 5th, 7th, 12th, 14th, and 19th

Off Ice Workout @ 7:45pm-8:30pm

Led By Commit Fitness Owner Shay Klitzke

On Ice @ 8:45pm-9:45pm

Led by Ice Bears Coaches Brandon Bayer and Buster Hebda

Cost: $70 Includes On Ice and Workouts

Coaching Lineup

Brandon Bayer

- Former Captain – Concordia University NCAA DIII (2010-2014)
- 3-Time NCHA All-Academic Team (2011-2014)
- Wisconsin All State Defensemen (2008)

Buster Hebda

- Former Captain Concordia University NCAA DIII (2012-2016)
- Head Coach – West Bend Ice Bears (WIAA)
- Head Coach – Ozaukee Elite High School Summer Camp

Online Registration!

Register your skater at KettleMoraineIceCenter.com on the "2017 HS Warmup" link under the "KIMC Camps" tab or follow the link below.

https://kettlemoraineicecenter.sportngin.com/register/form/419167763