

## EMS MUSIC UPLOAD - FILE CONVERSION

This document is provided as a courtesy. Neither U.S. Figure Skating nor the LOC endorse any file conversion software.

If you are experiencing technical issues with your music file, please consult with your coach or music professional.

Questions? Email [EMSupport@usfigureskating.org](mailto:EMSupport@usfigureskating.org).

## CONVERTING YOUR CD TO MP3

If you are operating on a Windows PC, you will have access to Windows Media Player. Please refer to the two links before to convert your Standard Audio CD to an mp3 file.

Refer to 'Rip Settings' to confirm the file format is mp3 and audio quality is 192 Kbps

[WINDOWS 7](#)  
[WINDOWS 10](#)  
[MICROSOFT](#)

Default location for saved files is:  
c:\users\{users name}\music

## CONVERTING MUSIC IN ITUNES TO MP3

Click [HERE](#) for additional information on converting your music in iTunes. Refer to the section 'Convert songs that are already in your iTunes Library.'