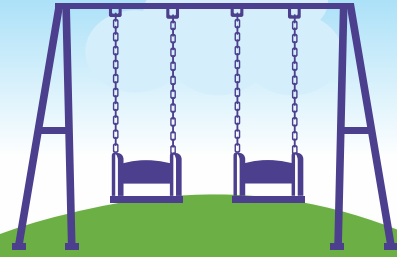




Salt Creek Park District

A Fun Place To Play



STEP OUT TO THE PARKS



FALL/WINTER 2018

HELPING TO
UNPLUG ILLINOIS



SALT CREEK RURAL PARK DISTRICT 27th ANNUAL 2-CLUB TURKEY SHOOT

**Saturday, November 4
Shotgun at Noon**

Ages 14 & Older

Join us for our 27th Annual 2-Club
"Turkey Shoot" Tournament!

We'll have chili to warm you up
after this fun event.

Prize winning turkeys will be awarded to
top finishers!

See page 24 for details.

October / **Entertainment**
Traditional live music, cuisine
cold Bavarian beer
24th Annual
Ektoberfest

Sunday October 1
1:00pm-4:00pm • Twin Lakes Tent
Featuring Dick Theml and the Alpiners
See page 36 for details.

SALT CREEK PARK DISTRICT

A Word from Our Director

Salt Creek Park District is a fantastic place to PLAY... I hope you had sometime this summer to join us at one of our many special events we hosted.

A huge "THANK YOU" goes out to all of our staff, volunteers and sponsors for your help in our seasonal events. We could never run our programs successfully without YOU and appreciate your continued support of our District!

Welcome our new Commissioners – Victoria West and Paul Nagel! We are excited to have these new residents on "Board" to help lead our district to new and exciting times. It is the goal of our Staff and Commissioners to work diligently to provide our community the best in its services.

This fall, we are looking forward to the renovation of the Aqua Driving Range at our Twin Lakes Golf Course. Bring your clubs and try out your swing...

If you live within the boundaries of Salt Creek, you can review the Reciprocal Agreements with our surrounding districts on page 42 and take advantage of more program offerings. We also have a partnership with Northwest Special Recreation Association, which provides specialized services for individuals with disabilities. Visit www.saltcreekpd.com and join our E-news family. You'll be sure to get the latest on programs and events throughout the year.

We're A Fun Place to Play!

Respectfully,
Diane Hilgers
Director of Parks & Recreation



From left to right: Victoria West, Paul Nagel, Michael Reiss, and Patrick McDonough.

TABLE OF CONTENTS

Park District Board & Staff	6
General Information	8-9
Rental Information.....	10
Preschool	11
Early Childhood	12
Youth Programs	13-15
Youth Athletics	16-18
Dance.....	19
Karate	20-21
Youth Trips	22
Special Events	23-25
Adult Athletics & Dance	26
Adult & Family Trips	27, 30
Fitness	28-29
Twin Lakes Rental Information	31
Twin Lakes Golf Course.....	32-33
Twin Lakes Golf Leagues & Classes	34-35
Patio Entertainment.....	36
Outdoor Activities	37
Sports Center.....	38-39
Registration	40
Forms.....	41
Reciprocal Agreements.....	42
Park Map.....	43

This year, Salt Creek Park District is following the lead of the Illinois Parks & Recreation Association and is highlighting the importance of parks and recreation in our resident's day-to-day lives.

With the proliferation of technology and social media sites that have connected us in new and profound ways, we think it is important for everyone to plan recreational time away from their devices and maintain their connection with our natural resources. The "Unplug Illinois" campaign, created by IPRA, helps frame this connection with the incorporation of statistics and best practices that will demonstrate the importance of recreational activity. Throughout this brochure, we will utilize these statistics as a way to help enlighten our residents and suggest activities that they can participate in through the Salt Creek Park District.





- 1** Tennis Courts
- 2** Playground
- 3** Clubhouse, Deck & Outdoor Tent
- 4** Driving Range
- 5** Sand Volleyball Courts
- 6** Fishing Piers
- 7** Pavilions
- 8** Boat Rentals
- 9** Nature Walk
- P** Parking Lots
- Waterways**
- Walking Path (1/4 mi.)**
- Walking Path (1 mi.)**
- (if walking around Donut Lake using the dashed yellow line to circle back, path is approx. 3/4 mi.)
- Golf Cart Path**
- Roadways**

EVENT CALENDAR

TEAR
OUT &
POST

AUGUST

	Date	Time	Page
Turtle Trek & Patio Entertainment	Friday, August 4	6:30pm-9:30pm	23, 36
Wine Tasting	Friday, August 11	7:00pm-8:30pm	23
Parents Night Out	Friday, August 11	6:30pm-10:00pm	14
Paint Night	Friday, August 18	6:30pm-8:30pm	23

SEPTEMBER

	Date	Time	Page
Beer Tasting	Friday, September 1	7:00pm-8:30pm	23
Parents Night Out	Friday, September 1	6:30pm-10:00pm	14
Paint Night	Friday, September 15	6:30pm-8:30pm	23
Pirate Kids	Wednesday, September 20	4:00pm-5:30pm	14

OCTOBER

	Date	Time	Page
Oktoberfest	Sunday, October 1	1:00pm-4:00pm	36
Harvest Hayride	Friday & Saturday, October 13 & 14	Various Times	23
Parents Night Out	Friday, October 20	6:30pm-10:00pm	14
Paint Night	Friday, October 20	6:30pm-8:30pm	23
Halloween Party	Wednesday, October 25	5:00pm-6:30pm	24

NOVEMBER

	Date	Time	Page
Turkey Shoot	Saturday, November 4	Shotgun @ 12:00pm	24
Princess & Super Hero Party	Friday, November 10	5:00pm-6:30pm	14
Parents Night Out	Friday, November 17	6:30pm-10:00pm	14
Paint Night	Friday, November 17	6:30pm-8:30pm	23
Craft Fair	Saturday, November 18	9:00am-2:00pm	24

DECEMBER

	Date	Time	Page
Santa's Mailbox	December 1-15	Anytime	24
Pet Pictures	Saturday, December 2	Various Times	24
Gingerbread House Decorating	Wednesday, December 6	5:00pm-6:30pm	14
Breakfast With Santa	Saturday, December 9	9:00am & 11:30am	24
Candy Cane Hunt	Wednesday, December 13	6:00pm-6:45pm	15
Parents Night Out	Friday, December 15	6:30pm-10:00pm	14
Paint Night	Friday, December 15	6:30pm-8:30pm	23

JANUARY

	Date	Time	Page
Chocolate Galore	Wednesday, January 3	5:00pm-6:00pm	15
Parents Night Out	Friday, January 19	6:30pm-10:00pm	14
Paint Night	Friday, January 19	6:30pm-8:30pm	23

FEBRUARY

	Date	Time	Page
Sweetheart Ball at Twin Lakes	Friday & Saturday, February 2 & 3	4:30pm & 7:00pm	25
Jr. Sweetheart Ball at Twin Lakes	Friday, February 9	4:30pm & 7:00pm	25
Parents Night Out	Friday, February 16	6:30pm-10:00pm	14
Paint Night	Friday, February 16	6:30pm-8:30pm	23
Star Wars Party	Wednesday, February 21	4:00pm-5:30pm	15

BOARD MEMBERS & STAFF

COMMISSIONERS

The commissioners are available to answer your questions or take your suggestions through the emails listed below.

Cliff Hall

President

chall@saltcreekpd.com

Ilene Seligmann

Vice-President

iwiesenmayer@saltcreekpd.com

Michael Reiss

Treasurer

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Walter Kleinfeldt

Secretary

wkleinfeldt@saltcreekpd.com

Patrick McDonough

Commissioner

pmcdonough@saltcreekpd.com

Paul Nagel

Commissioner

pnagel@saltcreekpd.com

Victoria West

Commissioner

vwest@saltcreekpd.com



From left to right: Diane Hilgers, Kelly Sisco, Jesse Tompkins, and Becky Golyzniak.

STAFF

Diane Hilgers

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Phyllis Newton

Administrative Assistant

pnewton@saltcreekpd.com

Join
us at
our Board
Meetings.

The Board of Commissioners encourages all residents to attend the Board Meetings for any comments or suggestions regarding the Salt Creek Rural Park District.

All board meetings are held at:
Rose Park Administrative Building
530 South Williams Avenue, Palatine

Meetings are held the second Tuesday of each month at 7:00pm.

THANK YOU TO ALL OF OUR SPONSORS:

7 Mile Cycles	Leaky Keg Brewing
Agio Italina Bistro	Lou Malnati's – Palatine
Ancel Glink	Loving Care Animal Hospital
Arlington Heights Ford	Medieval Times
Arlington Heights Park District	Metropolis Performing Arts Centre
Arlington Park Race Track	Midtown Athletic Club
Aurelio's Pizza	Mt. Prospect Park District
Baderbrau Brewery	Nelson Group Salon
Barone Spinal Care & Performance	North Star Benefits, LLC
Bentley's Corner Barkery	Oak Park Brewery
Body Werks Physical Therapy	Palatine Park District
Buehler YMCA	Play It Again Sports
Buehler YTri	Perfect Brewing Supply
Chicago Bears	PRP Wines
Chicago Blackhawks	Revolution Brewing Co.
Chicago White Sox	RoccoVino's
Chicago Wolves	Rolling Meadows Park District
Cooper's Hawk Winery	Runners High 'n Tri
Culver's	Salmon Shop
D'Vine Wine and Gifts	Salon Cienna
Dick's Sporting Goods	Savory Salads
Delta Sonic Car Wash	Schaumburg Boomers
Des Plaines Park District	Slice of Chicago
Dunkin' Donuts – Arlington Heights	Sports Authority
Edible Arrangements	Spunky Dunkers
Elite Soccer	Tap House Grill - Palatine
Eurofresh	The Buyer's Choice
Gameworks	The Grand at Twin Lakes
Gatsby's - Arlington Heights	The Improv
Hoffman Estates Park District	The Lions Club of Palatine
Jersey Mike's Subs	The Ram in Schaumburg
Kiwanis Club of Palatine	Tom Morrison
Knuerr Family	Vince's Italian Restaurant
Laugh Out Loud	What's Brewing? Supply - Palatine
Lavelle Law Ltd.	

SPECIAL PROGRAMS AT SALT CREEK PARK DISTRICT

Adventure Outings

Does your day camp need a place to play this summer? Are you looking for a great birthday idea? The Salt Creek Park District can help. At the Twin Lakes Recreation Area, we offer different packages which include golfing at the driving range and paddle boating.

If this sounds like something you would be interested in, call us at 847-934-6050 ext. 205.

Horseshoe League

Have fun and take part in the Twin Lakes Horseshoe League! Matches will be played on Tuesday and Thursday evenings at our horseshoe pit next to the tent, behind the clubhouse.

Contact John Hynek at johnhynek@comcast.net for more information.

Celebration/Memorial Program

You may make a contribution for a new tree or bench in one of the Salt Creek Park District's parks. Whether you are paying tribute to an individual, or honoring someone special in your life, this is a unique way to provide a long-lasting gift that will serve as a perpetual reminder of those people who have made your life special.

Call 847-934-6050 ext. 205 for information on packages available.



HELPING TO
UNPLUG ILLINOIS



GENERAL INFORMATION

OUR VALUE SYSTEM

1. To be stewards of natural resources and the environment and secure land for future generations.
2. Provide the opportunity for a high level of citizen participation through programs and services which are available to all and enhance their quality of life and community.
3. Fully utilize community volunteers, agencies, governments, private sector enterprises and individuals to jointly plan, develop and deliver the desired programs and services to our citizens.
4. Hire, develop, empower, support and retain an enthusiastic and competent staff that is dedicated to serving citizens' needs in a responsive, efficient, creative and flexible manner using reasonable, available resources.
5. Commit the necessary resources to provide safe and secure parks, facilities, programs and services to our citizens through stable, prudent financial management and comprehensive long-term planning.
6. Concentrate capital resources on repairing and improving existing parks and facilities to meet the physical standards expected by our citizens.

Salt Creek Park District Locations

Rose Park Administrative Office

530 South Williams Avenue
Palatine, IL 60074
847-259-6890
Monday-Friday, 8:30am-5pm
www.saltcreekpd.com

Twin Lakes Recreation Area

1200 East Twin Lakes Drive
Palatine, IL 60074
847-934-6050

Salt Creek Sports Center

Home of Hat Trick Hockey
647 Consumers Avenue
Palatine, IL 60074
847-394-8806
www.saltcreeksportscenter.com

Park Maintenance Building

142 Stonington Drive
Palatine, IL 60074
847-934-6050 x209

Park District Residents

Who is a Salt Creek Rural Park District resident?

If your place of residence falls within Park Boundaries, a portion of your (or your landlord's) real estate taxes goes to that park district. In exchange, you may receive a discounted price for Park District programs or use of facilities.

If you reside in an unincorporated area and pay no Park District taxes, you are considered a non-resident at all Park Districts. Your tax bill and your voter's registration card indicate which, if any, park district receives tax dollars from you.

The Salt Creek Park District encompasses the southeast corner of Palatine, a north central portion of Rolling Meadows and a small section in west central Arlington Heights. Please refer to the map on page 43 of this brochure.

Like us on Facebook.
Follow us on Twitter!



Northwest Special Recreation Association

NWSRA provides outstanding opportunities through recreation for people with disabilities. For more information, check out www.nwsra.org. Brochures may also be picked up at the Park District main office or at the NWSRA office at Park Central, 3000 W. Central Road in Rolling Meadows.

If you require assistance or need reasonable accommodation, please contact the office. NWSRA may be contacted at 847-392-2848 (voice), 847-392-2855 (TTY) or 847-392-2870 (fax).



PARK POLICIES & MORE

Park Policies

Playground Safety

A reminder to all parents: All Salt Creek Rural Park District playground areas are unsupervised. We hope that you and your children enjoy your play experience using the Salt Creek Rural Park District's parks.

Roller Blades/Scooters/Skateboards

Roller blades, skateboards and scooters are allowed on paved areas only. No rollerblades, skateboards or scooters are allowed on park district tennis courts, the wooden deck at Twin Lakes or in the nature areas.

Park Vandalism

Please report vandalism by calling the administrative offices at 847-259-6890.

Dog Ordinance

The Salt Creek Park District enforces the following rules in regards to dogs in the parks:

- Dogs must be on a leash no longer than 6 ft. and under control at all times.
- Owners are responsible for removal and sanitary disposal of any excrement deposited by the animal on park property.
- Due to Public Health Rules, only service animals are allowed on patio areas around the Twin Lakes Recreation Area clubhouse, deck or tent.
- During special events, only service animals will be allowed in the areas where food is served or consumed.
- No dogs allowed in the water.
- No dogs allowed in or around the playground



Drone Policy

The Salt Creek Park District recognizes the popularity of unmanned aircrafts or drones and the need for large open spaces for the operation of these devices. However, the park district has to be cognizant of the safety and privacy concerns of our residents.

In that respect, we ask that you please call our Rose Park Administrative Offices at 847-259-6890 for more information regarding our drone policy within our parks.

Additional Park District Information

Facility Rentals

Discovery a perfect place for you to host your anniversary, birthday, retirement, or other special occasion. See page 10 for our facility rental packages.

Interested in Instructing?

If you have a special hobby or talent you would like to share, the Salt Creek Park District is continually looking for new ideas and instructors to teach. Whether it is arts and crafts or athletics, we're open to ideas. Call the Park District at 847-259-6890.

Brochure Updates

Occasionally, updates are made to the brochure after it has been printed and distributed. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The District reserves the right to make any such adjustments and apologizes for any inconvenience these adjustments may cause.

News, News, & More News!

In an effort to be environmentally friendly, we are trying to use electronic resources as much as possible. Be a part of our digital family! We have a monthly E-Newsletter, email blasts and, of course, our **Facebook** and **Twitter** pages. Check out all the exciting programs and family events that we have available for you!

Please email us at info@saltcreekpd.com to be added to our digital address book. For more information on the Salt Creek Sports Center, visit www.saltcreeksportscenter.com. Please visit the Park District website www.saltcreekpd.com to view additional information regarding Park District activities.

In Appreciation

The Salt Creek Rural Park District would like to thank School District #15 for allowing the Park District to use the schools' facilities for recreational programming. Through the cooperation of this agency, the Park District was able to offer more youth and adult recreational programs. Thanks to the District and the administrators who make it possible for the Park District to advance its programs.

Celebration/Memorial Program

You may make a contribution for a new tree or bench in one of the Salt Creek Park District's parks. Whether you are paying tribute to an individual, or honoring someone special in your life, this is a unique way to provide a long-lasting gift that will serve as a perpetual reminder of those people who have made your life special. Call 847-934-6050 ext. 205 for information on packages available.

OUR MISSION

is to provide for the community a quality park and recreation system that is committed to excellence in service and facilities, as well as being sensitive to individuals and economics.

FACILITY RENTALS

PAVILION RENTALS

Rose Park, Grealish Park and South Park

Reservations and a rental fee are required to secure usage of any of the Park District's picnic pavilions. Pavilions are available for rent at the following parks: Patrick T. Grealish Park, South Park, and Rose Park. **A maximum of 40 people throughout the rental time is allowed.**

Fees are non-refundable once an application is processed. If a rental request is made two weeks prior to the rental date, only cash or charge will be accepted. **NO LIQUOR** is allowed in the park. Tents or volleyball nets cannot be erected anywhere in the park(s). **Carnival games or inflatables are not allowed.** Pavilion rentals are taken at Rose Park, 530 S. Williams Avenue. Renter must be present at all times during the rental or you will lose your deposit. Please refer to the application for Park Regulations.

Residents may reserve any pavilion over the phone for the 2018 season beginning on January 2. Non-residents may reserve a pavilion beginning February. A credit card number will be held for the deposit. It will only be charged if a violation of the rental agreement occurs.

PARK LOCATION	NR/R
Grealish: 1345 Joyce Ave, Palatine	\$130/\$65
Rose: 530 S. Williams Ave, Palatine	\$130/\$65
South: 2004 S. Theda Lane, Rolling Meadows	\$150/\$75

Portable restrooms available May through October.

TWIN LAKES CLUBHOUSE & TENT RENTAL

The Twin Lakes Clubhouse and tent rental information is located on page 31 under "Facility Rentals."



Whether you need space for team practices, a sporting event or corporate outing, the Salt Creek Sports Center is a great option! See page 38 for rental information.



2017-2018 PRESCHOOL



Preschool Philosophy

Our preschool curriculum is designed to give your child the tools and the experiences to grow and learn in a positive and safe environment. Our philosophy is to create an environment that stimulates all developmental areas of learning. Our preschool will provide a wide variety of learning experiences that will promote independence, decision-making and appreciation of the world around your preschooler.

Preschool Staff

Our preschool staff members are qualified, experienced teachers who pride themselves on creating a safe and warm learning environment. We maintain a ratio of one experienced teacher for every eight children.

Registration Information (2017-2018)

- Children must be the appropriate age by September 1, 2017.
- Children must be toilet trained. No pull-ups.
- A \$25 non-refundable deposit (will be applied towards first tuition payment).
- All classes are held at Rose Park, 530 S. Williams Avenue.
- School begins September 5 and 6.
- 10% off for each additional sibling.

Do you have a child who recently turned three?

And you are now looking for a preschool program for the rest of the school year?

The Salt Creek Park District Preschool has rolling admissions and accommodates new students throughout the course of the school year. Call us at 847-259-6890 to inquire about openings and pricing!



Preschool Year 2017-2018

Terrific Threes

Age: 3-4 yrs

This program is designed for a child's first experience in a structured school setting. Our program offers an opportunity for the child to develop social skills, cooperative play, and fine motor skills, sharing and listening to directions.

Location: Rose Park

Code	Options	Day	Time	Fee per Month
301100-01	2-day	Tu/Th	9-11:30am	\$115NR/\$105R
301100-02	3-day	M/W/F	9-11:30am	\$170NR/\$155R

Note: Children who turn 3 after September 1, 2017 and are potty trained, can join us immediately if spots are available. Please call our office at 847-259-6890 to arrange a visit to our preschool.

Pre-Kindergarten

Age: 4-5 yrs

The 4-year-old curriculum is designed to prepare your child with the readiness skills needed for entering kindergarten. This preparation will include an emphasis on cognitive skills, small motor skills, large motor skills, socialization, and cooperative play. Enrichment activities are structured to stimulate receptiveness to language, math, art, science and music.

Location: Rose Park

Code	Options	Day	Time	Fee per Month
301100-03	2-day	Tu/Th	12:30-3pm	\$115NR/\$105R
301100-04	3-day	M/W/F	12:30-3pm	\$170NR/\$155R
301100-05	4-day	M-Th	12:30-3pm	\$215NR/\$195R



EARLY CHILDHOOD

Enrichment Classes for Pre-Kindergarten

(2 Week Session)

Each two week session will focus on a specific theme. Different learning tools and techniques will propel students' curiosity and creativity. Participants must be currently enrolled in the Pre-Kindergarten program. **Students will need to bring a lunch daily.**

Session I - Alphabet Soup

Ages: 4-5 yrs

Prepare your preschoolers for kindergarten with this session that focuses on letter recognition and language featured in preschool books and games. This will help them demonstrate their knowledge of producing and recognizing their letters. The pre-kindergartener will create an alphabet craft.

Location: Rose Park

Code	Day	Date	Time	Fee
101150-01	W	11/8 & 11/15	10:30am-12:30pm	\$20NR/\$18R

Session II - So Cold, Snow Science

Ages: 4-5 yrs

Learn about different experiments and see all the cool things our world has to offer. We will perform educational experiments that will spark our student's curiosity.

Location: Rose Park

Code	Day	Date	Time	Fee
101150-02	W	1/17 & 1/24	10:30am-12:30pm	\$20NR/\$18R

Session III - Little Builders

Ages: 4-5 yrs

Does your child like building and construction trucks? If so, this class is for them! We will learn about different trucks and tools. We will also build and learn through imaginative play, music, art, games and large motor activities.

Code	Day	Date	Time	Fee
101150-03	W	2/21 & 2/28	10:30am-12:30pm	\$20NR/\$18R

Location: Rose Park



Lunch Bunch

Ages: 3-5 yrs

This program is exclusively for current preschool students looking for an extra hour of fun. Program consists of students eating lunch, story time and activities. Students bring their own lunch.

No class 10/9, 11/23, 12/19, 12/20, 3/29

Location: Rose Park

Code	Day	Date	Time	Fee
101152-01	M	10/2-12/18	11:30am-12:30pm	\$50
101152-02	M	2/5-4/23	11:30am-12:30pm	\$55
101152-03	Th	10/5-12/21	11:30am-12:30pm	\$55
101152-04	Th	2/8-4/26	11:30am-12:30pm	\$60

Arctic Animal Adventure

Ages: 3-5 yrs

Join our arctic friends for an adventure that includes a picnic. The preschoolers will be busy working on an animal craft, listening to a story and of course, the picnic! **Bring your favorite arctic stuffed animal and a lunch with a drink.**

Location: Rose Park

Code	Day	Date	Time	Fee
101125-01	Tu	12/19	10:30am-1pm	\$20NR/\$18R

Winter Wonderland

Ages 3-5 yrs

While using their imaginations, the preschoolers will discover a Winter Wonderland. The class will include a craft and activities. **Bring your favorite arctic stuffed animal and lunch with a drink.**

Location: Rose Park

Code	Day	Date	Time	Fee
101125-02	Th	1/4	10:30am-1pm	\$20NR/\$18R

Martial Arts & Tumbling

Ages: 3-5 yrs

Your child will develop coordination, increase flexibility and strength, gain motor skills, and have a great time learning an awesome combination of martial arts and tumbling skills in this class. Parents are strongly encouraged to attend with their child. For questions, call Master Jan Wood at 847-705-8714.

Location: JP Wood Martial Arts, 249 E Northwest Hwy, Palatine IL

Code	Day	Date	Time	Fee
103129-01	W	9/13-11/15	10:30-11:10am	\$68
103129-02	W	1/10-2/28	10:30-11:10am	\$54

YOUTH PROGRAMS

Kids Paint Night

Ages: 3+ yrs

You are provided with paint, brushes, easels, canvas and an art instructor to teach you step by step how to create a beautiful work of art. Ages 3-15 will also receive a 9"x 12" canvas, while ages 16+ receive a 12" x 16" canvas. Participants 5 and under must be accompanied by an adult.

Location: Twin Lakes Clubhouse

Code	Day	Date	Time	Fee
206705-04	F	3/30	6:30-7:30pm	\$18 (ages 3-15) \$25 (ages 16+)

Junior Light Saber Class

Ages: 5-12 yrs

Would you like to be a Jedi; member of the mystical knightly order in the Star Wars films, trained to guard peace and justice in the universe? Learn light saber forms, drills, skills, and much more! First time students will receive a light saber. Questions? Call GrandMaster Wood at 847-705-8714.

Location: JP Wood Martial Arts, 249 E Northwest Hwy, Palatine IL

Ages 5-7

Code	Day	Date	Time	Fee
103133-01	F	9/15-11/3	4:15-4:50pm	\$69
103133-02	F	1/12-3/2	4:15-4:50pm	\$69

Ages 7-12

Code	Day	Date*	Time	Fee
103133-03	Sa	9/16-11/4	11:30am-12:30pm	\$109
103133-04	Sa	1/20-3/10	11:30am-12:30pm	\$109

*10/28 class will be held at 10:30am

*2/17 and 2/24 class will be at 10:30am



Martial Arts & Tae Kwon Do Family Class

Ages: 7+ yrs

You'll train in kicking drills, footwork, self-defense, agility training, forms, sparring, and so much more! At the same time, you'll learn all-important life skills such as respect, focus, self-control, and discipline. As a first time student, you will receive your first evaluation and uniform for free. For questions, please call Grand Master Wood at 847-705-8714.

Location: JP Wood Martial Arts, 249 E Northwest Hwy, Palatine IL

Code	Day	Date	Time	Fee
103133-05	M	9/11-11/13	6:00-7:00pm	\$105
103133-06	Th	9/14-11/16	5:00-6:00pm	\$105
103133-07	M	1/15-3/5	6:00-7:00pm	\$105
103133-08	Th	1/18-3/8	5:00-6:00pm	\$105

Programming Workshop

Ages: 8-12 yrs

Dive into the world of programming and learn how to begin making your own interactive art, stories, games, and animations using Scratch, a programming language created just for kids by MIT. What will you and your partner create?

Location: Rolling Meadows Park District, 3705 Pheasant Drive, Rolling Meadows, IL

Code	Day	Date	Time	Fee
103336-01	Tu	9/19-10/10	6:00-7:15pm	85R/\$105NR

Fun-gineering

Ages: 7-12 yrs

Students work in team using LEGO simple machine kits to learn about structures and forces, levers, wheels and axles, pulleys and gears! Then, they will bring their machines to life while exploring motors and energy. **No Class 10/31.**

Location: Rolling Meadows Park District, 3705 Pheasant Drive, Rolling Meadows, IL

Code	Day	Date	Time	Fee
103336-02	Tu	10/17-11/7	6:00-7:15pm	85R/\$105NR



YOUTH PROGRAMS

Minecraft: A Networked Adventure

Ages: 7-12 yrs

TechStars grants you access to a PROPRIETARY Minecraft world you can't get on your own! Learn fundamentals of computer networking through this unique Minecraft experience that also allows you and your friends to work in multiplayer mode as you mine, craft and build together to survive. Working with a partner, use your skills to explore all the secrets the world has to offer, including a mysterious castle filled with challenges. No matter whether you are new to Minecraft or already love the program, this program is for you! **No Class 11/21.**

Location: Rolling Meadows Park District, 3705 Pheasant Drive, Rolling Meadows, IL

Code	Day	Date	Time	Fee
103336-03	Tu	11/7-12/12	6:00-7:15pm	85R/\$105NR

Parents Night Out

Ages: 5-12 yrs

Kids can have fun in a safe, enriching environment while parents go out for the evening. Each month a new theme will determine the activities, crafts, movie and snack. New friends are welcome and encouraged to join in the fun! Please bring a pillow and blanket for comfortable movie watching.

Location: Rose Park

Theme	Code	Day	Date	Time
Pajama Party	106125-01	F	9/1	6:30-10pm
Costume Party	106125-02	F	10/20	6:30-10pm
Indoor Camp Out	106125-03	F	11/17	6:30-10pm
Sports Night	106125-04	F	12/15	6:30-10pm
Ice Cream Social	106125-05	F	1/19	6:30-10pm
Valentines Day Party	106125-06	F	2/16	6:30-10pm

Fee: \$15/first child (\$10 each additional child)

Pirate Kids

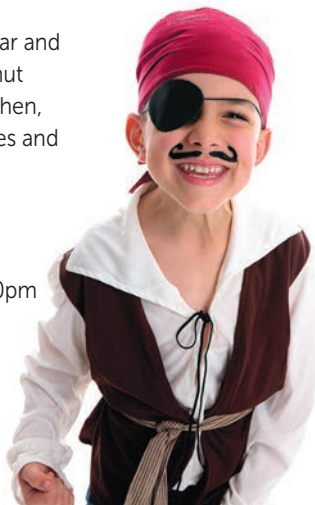
Ages: 4-10 yrs

Ahoy Mates! Wear your best pirate gear and get ready to build ships to sail on Donut Lake at Twin Lakes Recreation Area. Then, be prepared to play some pirate games and search for a pirate's lost treasure.

Location: Twin Lakes Tent

Code	Day	Date	Time
105100-01	W	9/20	4:00-5:30pm

Fee: \$12



Princess Party

Ages: 4-10 yrs

You are cordially invited to come dressed as your favorite princess to our royal party. We will have a grand feast of chicken nuggets and juice, play games, do a craft, dance and sing to our favorite songs. Don't miss this opportunity to be a princess for the night!

Location: Twin Lakes Clubhouse

Code	Day	Date	Time	Fee
105125-01	F	11/10	5:00-6:30pm	\$16



Superhero Party

Ages: 4-10 yrs

Become a superhero and take an epic adventure with all your friends. We will have a delicious dinner of chicken nuggets and juice, play games and do a craft. Don't miss out on the chance to come save the world with us!

Location: Twin Lakes Clubhouse

Code	Day	Date	Time	Fee
106200-03	F	11/10	5:00-6:30pm	\$16

Cookies With the Elves

Ages: 4-10 yrs

What's the Holiday Season without cookies? Santa's elves are eager to bake some cookies for Santa, and you can help. Each baker will take a bag of cookies home with the recipes. YUM!!

Location: Rose Park

Code	Day	Date	Time	Fee
106250-01	Th	12/7	3:00-4:30pm	\$16

Gingerbread House Decorating

Ages: 6-12 yrs

Kids, come and decorate your very own Gingerbread House! All the cookies, candy and frosting will be supplied. You just need to bring your imagination and we will supply the fun! Pre-registration required by 12/4.

Location: Twin Lakes Clubhouse

Code	Day	Date	Time	Fee
105275-01	W	12/6	5:00-6:00pm	\$15



YOUTH PROGRAMS



Candy Cane Hunt

Ages: 5-12 yrs

Bring your flashlight and join us for this program at Twin Lakes Recreation Area. Kids will hunt for their own candy canes in the dark and everyone will have a chance to win prizes! Kids need to bring their own flashlight and bag.

Register early! Must pre-register.

Location: Twin Lakes

*5-7 yrs. meet at Pavilion near playground

**8-12 yrs. meet at Pavilion near Route 53

Code	Ages	Day	Date	Time	Fee
105276-01	5-7*	W	12/13	6:00-6:45pm	\$5
105276-02	8-12**	W	12/13	6:00-6:45pm	\$5

Chocolate Galore

Ages: 4-10 yrs

Chocolate, chocolate and more chocolate! Kids, come and indulge yourself with this sweet treat. Cover marshmallows, pretzels, cookies and more. Each child will bring home a goodie bag full of their creations to enjoy later.

Location: Twin Lakes

Code	Day	Date	Time	Fee
105150-01	W	1/3	5:00-6:30pm	\$16

Mother Daughter Spa

Ages: 3-8 yrs

Mother's and daughters will enjoy an evening of pampering! Participants will experience a perfect lady-like evening by doing each others nails, make-up and giving one another facials; including having their hair done!

Location: Twin Lakes Pro Shop

Code	Day	Date	Time	Fee
105115-01	F	2/23	5:00-6:00pm	\$15/couple \$5 additional child
105115-02	F	2/23	6:30-7:30pm	\$15/couple \$5 additional child

Star Wars Party

Ages: 4-10 yrs

In a galaxy not so far away, a Star Wars training course was established. Complete a one-of-a-kind Star Wars themed training with many different activities and games.

Location: Twin Pro Shop

Code	Day	Date	Time	Fee
106200-01	W	2/28	4:00-5:30pm	\$12

Magic Class

Ages: 5-12 yrs

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks from the "Magic Team of Gary Kantor"! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. All materials are provided, and each child receives a magic kit to take home. Children are grouped by age and always learn tricks that are age-appropriate. Additionally, you can sign up for this class again and again since brand new tricks are always taught at each session!

Instructor: Magic Team of Gary Kantor

Location: Palatine Park District Community Center
250 E. Wood Street, Palatine, IL 60067

Code	Day	Date	Time	Fee
106150-01	M	8/21	4:00-4:55pm	\$20
106150-02	W	9/13	5:00-5:55pm	\$20
106150-03	F	11/3	6:45-7:40pm	\$20
106150-04	M	1/15	5:00-5:55pm	\$20
106150-05	Tu	3/13	6:45-7:40pm	\$20

Babysitting Course

Ages: 11-15 yrs

The purpose of this course is to provide participants with the information and skills necessary to provide safe and responsible care for children in the absence of parents or guardians. This training will help participants develop skills in five critical areas: leadership, safety and safe play, basic care, first aid and professionalism. Fee includes American Red Cross Babysitting book. Please bring a lunch.

Location: Rose Park 530 S. Williams Ave.

Code	Day	Date	Time	Fee
105002-01	Sa	9/16	9:30am-4:30pm	\$45

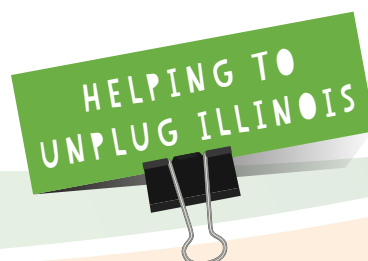
Home Alone

Ages: 9-11 yrs

Topics covered in this class include: coming home from school, how to deal with strangers, proper use of your house key, checking the house before entering, answering the door & telephone, and how to use the phone in an emergency.

Location: Rose Park, 530 S. Williams Ave.

Code	Day	Date	Time	Fee
105000-01	Sa	9/16	5:00pm-6:00pm	\$15



YOUTH ATHLETICS

Jr. Flag Football

Ages: 4-6 yrs

NEW!



This program will be taught the All Star way by simplifying the jobs of each position and having the players understand the importance of team work. Players will learn the main positions both offensively and defensively by having the opportunity to play them all! CONTACT IS MINIMAL, THERE WILL BE NO TACKLING! We will focus on the proper mechanics of running pass routes, receiving, line play, taking hand offs and throwing. Basic rules and in game know how will also be taught to prepare them for game play. This program allows players to learn the game without the risk of major injuries in our fun and safe environment. All of our programs focus on teamwork and sportsmanship. Equipment: Please bring a water bottle. *If indoor wear knee pads.

Location: Sports Center

Instructor: All Start Sports Instruction

Code	Day	Date	Time	Fee
103104-01	Tu	9/5-10/17	3:00-4:00pm	\$73
103104-02	Tu	11/7-12/19	3:00-4:00pm	\$73
103104-03	Tu	1/16-2/13	3:00-4:00pm	\$53
103104-04	Tu	2/20-3/20	3:00-4:00pm	\$53

Skills Flag Football

Ages: 6-10 yrs

NEW!

This program is designed to increase skill level and overall knowledge of the game. Speed and agility drills will be used to help with balance, lateral and linear movements, and explosiveness from a set stance. Footwork is balance is extremely important for every position on the field and will be worked on always! Quarterback, running back, line play and receiving will be focused on, as well as defensive tactics. Small sided games and competitions will take place where CONTACT IS MINIMAL, THERE WILL BE NO TACKLING! Equipment: Please bring a water bottle.

Location: Sports Center

Instructor: All Start Sports Instruction

Ages 6-8

Code	Day	Date	Time	Fee
103105-01	Tu	9/5-10/17	4:00-5:00pm	\$73
103105-02	Tu	11/7-12/19	4:00-5:00pm	\$73
103105-03	Tu	1/16-2/13	4:00-5:00pm	\$53
103105-04	Tu	2/20-3/20	4:00-5:00pm	\$53

Ages 8-10

Code	Day	Date	Time	Fee
103105-05	Tu	9/5-10/17	5:00-6:00pm	\$73
103105-06	Tu	11/7-12/19	5:00-6:00pm	\$73
103105-07	Tu	1/16-2/13	5:00-6:00pm	\$53
103105-08	Tu	2/20-3/20	5:00-6:00pm	\$53

All Star Super Sports Jr.

Ages: 3-6 yrs

NEW!

This is for the all-around athlete or for a child who wants to take a shot at different sports! Stay active and work on balance, motor skills and hand eye coordination all while learning the rules of baseball, football, floor hockey, soccer, basketball and more! We will focus on a new sport each class and work on basic rules and mechanics all while we play games that keep everyone moving. There's no reason to pick a sport when you can play them all!

No Class 11/22

Location: Sports Center

Instructor: All Start Sports Instruction

Ages 3-4

Code	Day	Date	Time	Fee
103106-01	W	9/6-10/18	9:00-9:45am	\$73
103106-02	W	11/1-12/20	9:00-9:45am	\$73
103106-03	W	1/17-2/14	9:00-9:45am	\$53
103106-04	W	2/21-3/21	9:00-9:45am	\$53

Ages 4-6

Code	Day	Date	Time	Fee
103106-05	W	9/6-10/18	9:45-10:45am	\$73
103106-06	W	11/1-12/20	9:45-10:45am	\$73
103106-07	W	1/17-2/14	9:45-10:45am	\$53
103106-08	W	2/21-3/21	9:45-10:45am	\$53

Jr. T-Ball

Ages: 3-6 yrs

NEW!

T-Ball can be a boring game if taught the wrong way! The All Star approach to baseball is one that will engage all players no matter their skill level. Our coaching technique will provide basic building blocks in a fun safe environment. We have created a system that keeps the players moving and learning even while in the dugout! Mechanics and hand eye coordination are the keys to early success. Players in this program will be more confident in this active class as we work on the proper mechanics of catching, throwing, fielding, base running and batting. This fun and exciting program will prepare each player for the level II, t-ball or coach pitch leagues. All of our programs are based on learning teamwork and sportsmanship. Equipment: Please bring a water bottle and glove.

Location: Sports Center

Instructor: All Start Sports Instruction

Ages 3-4

Code	Day	Date	Time	Fee
103101-01	W	9/6-10/18	10:45-11:30am	\$73

Ages 4-6

Code	Day	Date	Time	Fee
103101-02	W	9/6-10/18	11:30-12:30pm	\$73

Jr. Basketball

Ages: 3-6 yrs

NEW!

Our program is designed to teach the game of basketball at a basic level while making sure the players stay active and engaged the entire class! Fun basketball-like games will be played to teach the importance of each skill. Our foundation technique focuses on basic mechanics to build confidence then adding larger challenges as we progress. Footwork is an extremely important aspect of the game. We will work on dribbling with each hand, passing and shooting, and understanding basic offense and defense. All of our programs focus on teamwork and sportsmanship. Equipment: Please bring a water bottle. **No Class 11/22 & 11/23**

Location: Sports Center

Instructor: All Start Sports Instruction

Ages 3-4

Code	Day	Date	Time	Fee
103102-01	W	11/1-12/20	11:45am-12:30pm	\$73
103102-02	W	1/17-2/14	11:45am-12:30pm	\$53
103102-03	W	2/21-3/21	11:45am-12:30pm	\$53

Ages 4-6

Code	Day	Date	Time	Fee
103102-04	Th	9/7-10/19	3:00-4:00pm	\$73
103102-05	Th	11/2-12/21	3:00-4:00pm	\$73
103102-06	Th	1/11-2/8	3:00-4:00pm	\$53
103102-07	Th	2/22-3/22	3:00-4:00pm	\$53

Basketball Skills

Ages: 6-10 yrs

NEW!

The All Star Basketball trainers will focus on individual skills as well as team play. Each session will begin with speed and agility drills that will enhance each players ability to get up and down the court quickly, generate rapid change of direction, and creates explosion to the basket. These sessions will cover ball handling, proper shooting technique, footwork, and defensive/offensive strategies. Small sided competitions and game play will enable each player to focus and work on learned skills. Equipment: Please bring a water bottle.

No Class 11/23

Location: Sports Center

Instructor: All Start Sports Instruction

Ages 6-8

Code	Day	Date	Time	Fee
103103-01	Th	9/7-10/19	4:00-5:00pm	\$73
103103-02	Th	11/2-12/21	4:00-5:00pm	\$73
103103-03	Th	1/11-2/8	4:00-5:00pm	\$53
103103-04	Th	2/22-3/22	4:00-5:00pm	\$53

Ages 8-10

Code	Day	Date	Time	Fee
103103-05	Th	11/2-12/21	5:00-6:00pm	\$73
103103-06	Th	1/11-2/8	5:00-6:00pm	\$53
103103-07	Th	2/22-3/22	5:00-6:00pm	\$53

Jr. Floor Hockey

Ages: 4-6 yrs

NEW!

Learn the game before the skates go on! Players will learn the proper mechanics of stick handling, puck control, passing and shooting. Offensive and defensive strategies will also be covered all while keeping the players active and engaged. Our instructors will also focus on SAFETY and rules as contact is NOT allowed. All of our programs will focus on teamwork and sportsmanship. Equipment: Please bring a water bottle, shin guards, Bike helmet and any gloves to cover fingers.

Location: Sports Center

Instructor: All Start Sports Instruction

Code	Day	Date	Time	Fee
103107-01	W	1/17-2/14	10:45-11:45am	\$53

Archery (4 weeks)

Ages: 8+ yrs

Join Ken Walther, National Archery Association Level III Coach, to learn the exciting sport of archery. The class will cover safety, shooting, and equipment. Parents are encouraged to register and participate with their child. All equipment will be provided.

No Class: 10/31, 3/26

Intermediate I & II must have taken previous level or have instructor's permission.

Location: Birchwood Park Gym, 435 West Illinois, Palatine

Code	Level	Day	Date	Time	Fee
103250-01	Beginner	M	9/11-10/2	6:00-7:00pm	\$48
103250-02	Beginner	M	10/9-10/30	6:00-7:00pm	\$48
103250-03	Beginner	M	11/6-11/27	6:00-7:00pm	\$48
103250-04	Beginner	M	12/4-12/18	6:00-7:00pm	\$36
103250-05	Beginner	M	1/8-1/29	6:00-7:00pm	\$48
103250-06	Beginner	M	2/5-2/26	6:00-7:00pm	\$48
103250-07	Beginner	M	3/5-3/19	6:00-7:00pm	\$36
103250-08	Interm. I	M	9/11-10/2	7:00-8:00pm	\$48
103250-09	Interm. I	M	10/9-10/30	7:00-8:00pm	\$48
103250-10	Interm. I	M	11/6-11/27	7:00-8:00pm	\$48
103250-11	Interm. I	M	12/4-12/18	7:00-8:00pm	\$36
103250-12	Interm. I	M	1/8-1/29	7:00-8:00pm	\$48
103250-13	Interm. I	M	2/5-2/26	7:00-8:00pm	\$48
103250-14	Interm. I	M	3/5-3/19	7:00-8:00pm	\$36
103250-15	Interm. II	M	9/11-10/2	8:00-9:00pm	\$44
103250-16	Interm. II	M	10/9-10/30	8:00-9:00pm	\$44
103250-17	Interm. II	M	11/6-11/27	8:00-9:00pm	\$44
103250-18	Interm. II	M	12/4-12/18	8:00-9:00pm	\$36
103250-19	Interm. II	M	1/8-1/29	8:00-9:00pm	\$48
103250-20	Interm. II	M	2/5-2/26	8:00-9:00pm	\$48
103250-21	Interm. II	M	3/5-3/19	8:00-9:00pm	\$36

YOUTH ATHLETICS

Elite Soccer: Skills Academy (K-2nd Grade)

This player development program is guided by Elite Soccer's professional and nationally licensed coaching staff and assists players to reach their potential in a fun-filled and challenging environment.

The curriculum emphasizes technique training that strengthens dribbling, passing, shooting, ball control, decision-making and creativity. For more details about this program, please visit www.elitesoccer.net or call Eric Love at 847-445-1919.



Elite Soccer – 3 Year Old Pre K Soccer (6 Weeks)

Ages: 3-5 yrs

This program introduces players to soccer through dribbling and coordination and body movement activities in a fun-filled environment. Games and practice activities promote soccer skills and overall athletic development.

Location: Rose Park

Code	Day	Date	Time	Fee
103128-01	Th	9/14-10/19	3:15-4:00pm	\$52

Elite Indoor Soccer (6 Weeks)

Ages: 4-8 yrs

We will go over the basic skills of dribbling, passing, shooting, goal tending, and positions. There will be a weekly progression on the technical aspects of the game.

Location: Salt Creek Sports Center

Code	Ages	Day	Date	Time	Fee
103126-01	4-5	Th	1/4 – 2/8	4:15-5:00pm	\$52
103126-02	6-8	Th	1/4 – 2/8	5:00-5:45pm	\$52

Dodgeball (6 Weeks)

Ages: 8-12 yrs

One of your favorite gym games is coming to Salt Creek Park District! We will be playing variations of dodgeball every week. Come learn teamwork, strategy and skill and have some fun!

Location: Rose Park Field

Code	Day	Date	Time	Fee
103127-01	M	9/11-10/16	4:30-5:15pm	\$30

Little Dribblers Basketball (6 and 4 week sessions)

Ages: 4-8 yrs

They dribble, they shoot, they score! This program will prepare and introduce your children to the game of basketball and work to develop skills in order to move to a higher level of learning. Basic skills of dribbling, passing, shooting, and defense will be taught. Games will also be played to show the importance of teamwork.

Location: Salt Creek Sports Center

Code	Ages	Day	Date	Time	Fee
103150-01	4-5	Tu	9/12-10/17	4:15-5:00pm	\$42
103150-02	6-8	Tu	9/12-10/17	5:00-5:45pm	\$42
103150-03	4-5	Tu	11/7-11/28	4:15-5:00pm	\$28
103150-04	6-8	Tu	11/7-11/28	5:00-5:45pm	\$28
103150-05	4-5	Tu	1/9-2/13	4:15-5:00pm	\$42
103150-06	6-8	Tu	1/9-2/13	5:00-5:45pm	\$42

Youth Volleyball Clinic (6 and 4 week sessions)

Ages: 8-12 yrs

Children will learn the fundamentals of volleyball including passing, setting, and hitting. Teamwork, participation and good sportsmanship are our top priorities! **No class 11/23**

Location: Salt Creek Sports Center

Code	Ages	Day	Date	Time	Fee
103277-01	8-11	Th	9/14-10/19	4:15-5:00pm	\$42
103277-03	12-15	Th	9/14-10/19	5:00-5:45pm	\$42
103277-02	8-11	Th	11/9-12/7	4:15-5:00pm	\$28
103277-04	12-15	Th	11/9-12/7	5:00-5:45pm	\$28

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YOUTH DANCE

SPRING DANCE STARTS FEBRUARY 5.

All spring session classes will perform in our Spring Recital. The Spring Recital will be at the end of May. **Participants will be measured for costumes on the first day of class in February. Costumes will be an additional fee due by February 15.** Register for Fall/Spring Sessions together and receive \$10 off.

No class during Spring Break, March 27 & 29, 2018.

All students must wear appropriate dance clothing for class. Ballet/ Tap: leotard, tights, pink ballet shoes, black tap shoes. Hip-Hop: comfortable clothes, clean gym shoes. Ages are only a guideline for new students – instructor will place participants after the first class.

MONDAY DANCE CLASSES

Preschool Ballet/Tap

Ages: 4-5

Ballet, and Tap techniques are taught through fun songs and exercises. Students also work on performing skills, body awareness and coordination.

Location: Twin Lakes Multipurpose Room

Code	Day	Date	Time	Fee
103330-03	M	9/11-12/11	4:00-4:45pm	\$80
103330-04	M	2/5-5/21	4:00-4:45pm	\$80

Ballet/Tap I

Ages: 5-6

Students will build upon ballet and tap techniques with more advanced movement patterns while incorporating performance techniques. Positions, flexibility and performance skills will be taught.

Location: Twin Lakes Multipurpose Room

Code	Day	Date	Time	Fee
103330-05	M	9/11-12/11	4:45-5:30pm	\$80
103330-06	M	2/5-5/21	4:45-5:30pm	\$80

Ballet/Tap II

Ages: 7-8

Students will build in both ballet and tap techniques with more advanced movement patterns and across the floor combinations. Positions, flexibility and performance skills will be taught.

Location: Twin Lakes Multipurpose Room

Code	Day	Date	Time	Fee
103330-07	M	9/11-12/11	5:30-6:15pm	\$80
103330-08	M	2/5-5/21	5:30-6:15pm	\$80

WEDNESDAY DANCE CLASSES

Boys Hip-Hop/Tumbling

Ages: 6-10

This BOYS ONLY class will teach Hip-Hop dance techniques such as break dancing and isolations, while also practicing tumbling basics. Students will work on confidence, body awareness, coordination and style.

Location: Twin Lakes Multipurpose Room

Code	Day	Date	Time	Fee
103330-26	W	9/13-12/13	4:00-4:45pm	\$80
103330-27	W	2/7-5/23	4:00-4:45pm	\$80

Girls Hip-Hop/Tumbling

Ages: 6-10

This GIRLS ONLY class will teach Hip-Hop dance techniques such as break dancing and isolations, while also practicing tumbling basics. Students will work on confidence, body awareness, coordination and style.

Location: Twin Lakes Multipurpose Room

Code	Day	Date	Time	Fee
103330-28	W	9/13-12/13	4:45-5:30pm	\$80
103330-29	W	2/7-5/23	4:45-5:30pm	\$80

Teen Hip-Hop/Tumbling

Ages: 11-15

This energetic class infuses the latest styles of street dancing, break-ing, popping and locking.

Location: Twin Lakes Multipurpose Room

Code	Day	Date	Time	Fee
103330-15	W	9/13-12/13	5:30-6:15pm	\$80
103330-16	W	2/7-5/23	5:30-6:15pm	\$80



KARATE PROGRAMS

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, Us National Coach and President of the US National Karate Federation.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.

LEVEL	CODE	LEVEL	CODE
Beginner/No experience	BEG/NE	Blue	BL
Continuer (one or more sessions)	CON	Orange	OR
Intermediate (instructor permission)	INT	Yellow	YL
Advanced (instructor permission)	ADV	Purple	PU
Novice (one or more sessions)	NOV	Green	GN
White	WH	Black	BK
Red	RD	Brown	BN
Stripes-Orange	S-T		

Pre-Karate

Ages: 4-7 yrs

In our Pre-Karate Safety classes, young children develop flexibility strength and coordination in fun yet disciplined activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve.

Location: Birchwood Center, 435 W. Illinois, Palatine

(15 weeks-Fall / 12 weeks-Winter)

Code	Level	Day	Date	Time	Fee
109100-01	BEG	W	9/6-12/13	4:00pm-4:45pm	\$154
109100-02	CON/NOV	W	9/6-12/13	4:00pm-4:45pm	\$154
109100-03	BEG	W	1/3-3/21	4:00pm-4:45pm	\$126
109100-04	CON/NOV	W	1/3-3/21	4:00pm-4:45pm	\$126

Location: Frontier Park, 1933 N. Kennicott, Arlington Heights

(15 weeks-Fall / 12 weeks-Winter) No class 11/23

Code	Level	Day	Date	Time	Fee
109100-05	BEG/NE	Th	9/7-12/21	4:00-4:45pm	\$154
109100-06	CON (1+ session)	Th	9/7-12/21	4:55-5:40pm	\$154
109100-07	ADV (Inst. Perm.)	Th	9/7-12/21	5:45-6:30pm	\$154
109100-08	BEG/NE	Th	1/4-3/22	4:00-4:45pm	\$126
109100-09	CON (1+ session)	Th	1/4-3/22	4:55-5:40pm	\$126
109100-10	ADV (Inst. Perm.)	Th	1/4-3/22	5:45-6:30pm	\$126

Location: Heritage Park, 506 W. Victoria Lane, Arlington Heights

(15 weeks-Fall / 12 weeks-Winter) No class 11/24

Code	Level	Day	Date	Time	Fee
109100-11	BEG/CON	F	9/8-12/22	4:30pm-5:15pm	\$154
109100-12	INT	F	9/8-12/22	5:20pm-6:05pm	\$154
109100-13	BEG/NOV	F	1/5-3/23	4:30pm-5:15pm	\$126
109100-14	INT	F	1/5-3/23	5:20pm-6:05pm	\$126

Youth Karate

Ages: 8-14 yrs

ISKC's Youth karate classes will put children in touch with their bodies and offers a good mix of strength training, with cardiovascular and flexibility exercises. Children increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of confirming to the class rules.

Location: Birchwood Center, 435 W. Illinois, Palatine

(15 weeks-Fall / 11-12 weeks-Winter)

Code	Level	Day	Date	Time	Fee
109125-01	BEG/CON (WH)	Tu	9/5-12/12	4:00-5:00pm	\$154
109125-02	NOV (RD-BL)	Tu	9/5-12/12	5:00-6:00pm	\$154
109125-03	INT (GN-PU)	Tu	9/5-12/12	5:00-6:00pm	\$154
109125-04	BEG/CONT (WH-RD)	W	9/6-12/13	5:00-6:00pm	\$154
109125-05	INT/ADV (OR & UP) Ages 6-14 yrs	W	9/6-12/13	5:00-6:00pm	\$154
109125-06	BEG/CON (WH)	Tu	1/9-3/20	4:00-5:00pm	\$116
109125-07	NOV (RD-BL)	Tu	1/9-3/20	5:00-6:00pm	\$116
109125-08	INT (GN-PU)	Tu	1/9-3/20	5:00-6:00pm	\$116
109125-09	BEG/CONT (WH-RD)	W	1/3-3/21	5:00-6:00pm	\$126
109125-10	INT/ADV (OR & UP)	W	1/3-3/21	5:00-6:00pm	\$126



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KARATE PROGRAMS



Location: Frontier Park, 1933 N. Kennicott, Arlington Heights
(15 weeks-Fall / 12 weeks-Winter) No class 11/23

Code	Level	Day	Date	Time	Fee
109125-11	BEG/CONT (WH-RD)	Th	9/7-12/21	4:00-4:55pm	\$154
109125-12	NOV (OR-BL)	Th	9/7-12/21	5:00-5:55pm	\$154
109125-13	INT/ADV (GN-BK)	Th	9/7-12/21	6:00-7:25pm	\$203
109125-14	BEG/CONT (WH)	Sa	9/9-12/16	9:00-10:00am	\$154
109125-15	NOV (WH w/stripes-OR)	Sa	9/9-12/16	10:10-11:10am	\$154
109125-16	INT (YELLOW-PU)	Sa	9/9-12/16	11:20-12:20pm	\$154
109125-17	ADV (BN-BK)	Sa	9/9-12/16	12:30-1:30pm	\$154
109125-18	BEG/CONT (WH-RD)	Th	1/4-3/22	4:00-4:55pm	\$126
109125-19	NOV (OR-BL)	Th	1/4-3/22	5:00-5:55pm	\$126
109125-20	INT/ADV (GN-BK)	Th	1/4-3/22	6:00-7:25pm	\$126
109125-21	BEG/CONT (WH)	Sa	1/6-3/24	9:00-10:00am	\$126
109125-22	NOV (WH w/stripes-OR)	Sa	1/6-3/24	10:10-11:10am	\$126
109125-23	INT (YL-PU)	Sa	1/6-3/24	11:20-12:20pm	\$126
109125-24	ADV (BN-BK)	Sa	1/6-3/24	12:30-1:30pm	\$126

Location: Heritage Park, 506 W. Victoria Lane, Arlington Heights
(15 Weeks-Fall / 12 weeks-Winter) No class 11/24

Code	Level	Day	Date	Time	Fee
109125-25	BEG/NOV (WH-OR)	F	9/8-12/22	6:10pm-7:05pm	\$154
109125-26	INT (YL-GN)	F	9/8-12/22	7:05pm-8:00pm	\$154
109125-27	ADV (PU & UP)	F	9/8-12/22	8:05pm-9:00pm	\$154
109125-28	BEG/NOV (WH-OR)	F	1/5-3/23	6:10pm-7:05pm	\$126
109125-29	INT (YL-GN)	F	1/5-3/23	7:05pm-8:00pm	\$126
109125-30	ADV (PU & UP)	F	1/5-3/23	8:05pm-9:00pm	\$126

Location: Iskc Dojo, 327 N. Eric Drive, Palatine
(15 weeks-Fall / 12 weeks-Winter) Ages 7-22

Code	Level	Day	Date	Time	Fee
109125-31	ADV-BN/BK	Tu	9/5-12/12	6:30pm-7:45pm	\$180
109125-32	ADV-BN/BK	Tu	1/9-3/20	6:30pm-7:45pm	\$135

Adult Karate

(15 weeks-Fall / 12 weeks-Winter)
Ages: 16+ yrs

Our Adult classes release tension, develop total body fitness and build stamina and overall productivity! In addition to self-defense skills, karate increases flexibility, cardiovascular endurance and muscle tone, while improving core strength. **No class 11/23**

Location: Frontier Park, 1933 N. Kennicott, Arlington Heights

Code	Level	Day	Date	Time	Fee
109175-01	BEG/NOV (WH-GN)	Th	9/7-12/21	7:30-8:30pm	\$154
109175-02	INT/ADV (PU-BL) 1.5hrs	Th	9/7-12/21	8:35-10:00pm	\$203
109175-03	BEG/NOV (WH-GN)	Th	1/4-3/22	7:30-8:30pm	\$126
109175-04	INT/ADV (PU-BK) 1.5hrs	Th	1/4-3/22	8:35-10:00pm	\$165

Parent/Child Karate

(15 weeks-Fall / 12 weeks-Winter)
Open to parents and their children (7-14 years)

Parent/Child classes are a great way to spend quality time with your child, while conditioning muscles, developing coordination and improving cardiovascular fitness. *Fee is per person.* **No class 11/23**

Location: Frontier Park, 1933 N. Kennicott, Arlington Heights

Code	Level	Day	Date	Time	Fee
109150-01	BEG/CONT (WH-RD)	Th	9/7-12/21	4:00-4:55pm	\$154
109150-02	NOV (OR-BL)	Th	9/7-12/21	5:00-5:55pm	\$154
109150-03	INT/ADV (GN-BK) 1.5hrs	Th	9/7-12/21	6:00-7:25pm	\$203
109150-04	BEG/CONT (WH)	Sa	9/9-12/16	9:00-10:00am	\$154
109150-05	NOV (WH w/stripes-OR)	Sa	9/9-12/16	10:10-11:10am	\$154
109150-06	INT (YL-PU)	Sa	9/9-12/16	11:20-12:20pm	\$154
109150-07	ADV (BN-BK)	Sa	9/9-12/16	12:30-1:30pm	\$154
109150-08	BEG/CONT (WH-RD)	Th	1/4-3/22	4:00-4:55pm	\$126
109150-09	NOV (OR-BL)	Th	1/4-3/22	5:00-5:55pm	\$126
109150-10	INT/ADV (GN-BK) 1.5 hrs	Th	1/4-3/22	6:00-7:25pm	\$165
109150-11	BEG/CONT (WH)	Sa	1/6-3/24	9:00-10:00am	\$126
109150-12	NOV (WH w/stripes-OR)	Sa	1/6-3/24	10:10-11:10am	\$126
109150-13	INT (YL-PU)	Sa	1/6-3/24	11:20-12:20pm	\$126
109150-14	ADV (BN-BK)	Sa	1/6-3/24	12:30-1:30pm	\$126

HELPING TO
UNPLUG ILLINOIS

YOUTH TRIPS

Enjoy a variety of local trips and activities. We'll plan the trip, you bring the fun!

Autumn/Winter Camps

Ages: 6-12 yrs

Camps and Day Out trips are in cooperation with Rolling Meadows Park District. 9:00am drop-off @ Salt Creek Sports Center and 4:00pm pick-up at Rose Park. **Please make sure children wear socks and pack a lunch and snack for trips.**

Autumn Is Awesome Camp • 9:00am-4:00pm

Location: Drop-Off at Salt Creek Sports Center & Pick up at Rose Park

Code	Day	Date	Trip	Fee
104100-01	M	11/20	Bulls/Sox Academy	\$30NR/\$28R
104100-02	Tu	11/21	Enchanted Castle	\$30NR/\$28R
104100-03	W	11/22	Sci Tech Museum	\$30NR/\$28R

Winter Camp • 9:00am-4:00pm

Location: Drop-Off at Salt Creek Sports Center & Pick Up at Rose Park

Code	Day	Date	Trip	Fee
104200-04	Tu	12/26	Paint 'n' Party	\$30NR/\$28R
104200-05	W	12/27	Ice Skating/Gymnastics	\$30NR/\$28R
104200-06	Th	12/28	Water Works	\$30NR/\$28R
104200-07	Fr	12/29	Main Event	\$30NR/\$28R
104200-08	Tu	1/2	Tie Dye Days	\$30NR/\$28R
104200-09	W	1/3	Blastzone	\$30NR/\$28R
104200-10	Th	1/4	Scavenger Hunt	\$30NR/\$28R
104200-11	F	1/5	Orbit/Soccer City	\$30NR/\$28R

School's Out Trip • 9:00am-4:00pm

Ages: 6-12 yrs

Enjoy local activities and trips. Bring lunch and a snack and please wear socks daily.

Location: Drop-Off at Salt Creek Sports Center & Pick Up at Rose Park

Code	Day	Date	Trip	Fee
102100-01	M	10/9	Stades Farm & Market	\$30NR/\$28R
102100-02	Tu	10/10	Movie & Craft	\$30NR/\$28R
102100-03	M	1/15	Karate at JP Wood	\$30NR/\$28R
102100-04	Tu	1/16	Nickel City	\$30NR/\$28R
102100-05	M	2/19	Funtopia	\$30NR/\$28R
102100-06	Tu	2/20	Lazer Quest & movie	\$30NR/\$28R

HELPING TO
UNPLUG ILLINOIS





BREAKFAST WITH SANTA

Saturday, December 9th

Join us at the Twin Lakes Clubhouse for a morning full of delicious food, games, crafts, entertainment and Santa Claus.

See page 24 for details!






The "Turtle Trek" Race

Don't miss our annual Turtle Trek Race and Raffle. Adopt your turtle today and have a chance to win many great prizes! You can purchase one turtle for \$5 or improve your odds by purchasing a snap pack (5 turtles for \$20)! There's a limited supply, so hurry and buy your turtles now! \$500 GRAND PRIZE!

Location: Twin Lakes Recreation Area

Race Time	Day	Date	Fee
6:30pm	F	8/4	\$5/turtle or \$20/snap pack

Wine Tasting at Twin Lakes

Ages: 21+

Enjoy an evening at Twin Lakes and sample a variety of red, white, and dessert wines. Sit back and relax as you snack on an assortment of cheese, crackers and other tasty treats. Great location, great friends and great wine! What a fun way to spend an evening. Don't miss out on all of our great raffle prizes!

Location: Twin Lakes Tent

Code	Day	Date	Time	Fee
105325-02	F	8/11	7:00-8:30pm	\$15 pre-registration \$20 day of event \$5 food only

Beer Tasting

Ages: 21+

Looking for a good brew? Join us under the tent as we sample beers from local and international vendors. Kick back and enjoy an assortment of snacks as you encounter new styles and tastes! Beer enthusiasts will be on hand to assist you in your sampling process. You won't want to miss it! Looking for someone to watch the kids? Check out our Parents Night Out program on page 14.

Location: Twin Lakes Tent

Code	Day	Date	Time	Fee
105350-01	F	9/1	7:00-8:30pm	\$15 pre-registration \$20 day of event \$5 food only



Paint Night/Artistic Adventures

Ages: 18+

You are provided with paint, brushes, easels, canvas and an art instructor to teach you step by step on how to create a beautiful work of art. Please wear a paint shirt with short sleeves. 12" x 16" canvas provided. Food and beverage will be available for purchase through RoccoVino's during the event. (See page 25.)

Instructor: Smiling Shamrock Art

Location: Twin Lakes Clubhouse

Code	Day	Date	Time	Fee
206705-06	F	8/18	6:30-8:30pm	\$30
105326-01	F	9/15	6:30-8:30pm	\$32
105326-02	F	10/20	6:30-8:30pm	\$32
105326-03	F	11/17	6:30-8:30pm	\$25/\$18 (two fees)
105326-04	F	12/15	6:30-8:30pm	\$32
105326-05	F	1/19	6:30-8:30pm	\$28
105326-06	F	2/16	6:30-8:30pm	\$28
105326-07	F	3/16	6:30-8:30pm	\$28
105326-08	F	3/30	6:30-7:30pm*	\$25/\$18 (two fees)
105326-09	F	4/20	6:30-8:30pm	\$28

*(This class is a held at a different time than the others.)

Harvest Hayride & Bonfire

Ages: All

Get ready for this family-friendly event throughout Twin Lakes Recreation Area. Hayrides will be taken around the park as a story is read, and s'mores and hot chocolate will be ready for you as you relax around a bonfire. Dress for the weather! Adult must accompany children. Children 2 years and under are free. ****The 8:10pm Saturday ride will be a scary haunted ride for older participants.**

Location: Twin Lakes Recreation Area

Code	Day	Date	Time	Fee
105800-01	F	10/13	6:10pm	\$5/person
105800-02	F	10/13	6:50pm	\$5/person
105800-03	F	10/13	7:30pm	\$5/person
105800-04	F	10/13	8:10pm	\$5/person
105800-05	Sa	10/14	6:10pm	\$5/person
105800-06	Sa	10/14	6:50pm	\$5/person
105800-07	Sa	10/14	7:30pm	\$5/person
105800-08	Sa	10/14	8:10pm	\$5/person (**Scary; 11 & Up)



SPECIAL EVENTS



Halloween Party

Ages: 8 & Under

Register for a SAFE Halloween party in Palatine held at the Salt Creek Sports Center! There will be face painting, games with prizes, a coloring station, a moon bounce and more! Please bring a bag/bucket for your prizes. Parents that dress up get Free Popcorn!

Note: Pre-registration required. Children 2 years and under are free. Parents are free and must accompany children

Location: Salt Creek Sports Center

Code	Day	Date	Time	Fee
105200-01	W	10/25	5:00-6:30pm	Pre-registration: \$5 R/\$7 NR \$10 day of event

Turkey Shoot

Ages: 14+

Join us for our 27th Annual 2-club "Turkey Shoot" Tournament! We'll have chili to warm you up after this fun event. Prize winning turkeys will be awarded to top finishers!

Code	Day	Date	Time	Fee
112100-01	Sa	11/4	Shotgun @ 12:00pm	\$25

Craft Fair

Ages: All

Bring out your best homemade items and join us for our Annual Craft Fair at the Salt Creek Sports Center. A 10x10 space is provided. You can bring your own table or rent an 8-foot table from us. Space is limited, so be sure to reserve your spot today! Please call for a Craft Fair application, 847-259-6890 x201. (\$7 RoccoVino's Meal Deal for Vendors.)

Location: Salt Creek Sports Center

Code	Day	Date	Time	Fee
103200-01	Sa	11/18	9:00am-2:00pm	\$35
Includes table, 2 chairs & electricity				
103200-02	Sa	11/18	9:00am-2:00pm	\$25
Includes table & 2 chairs				
103200-03	Sa	11/18	9:00am-2:00pm	\$15
Bring your own table & chairs				

Santa's Mailbox

All children have an opportunity to write Santa a letter and mail it at Rose Park. The mailbox is available only from December 1-15, so Santa can receive the letters on time. Please include child's name and address so Santa can write back! Mailbox is located outside at Rose Park, 530 S. Williams Avenue, Palatine, IL 60074.

Pet Pictures With Santa

Ages: All

We're offering a chance for your pet to actually meet Santa and get their picture taken! Please register for your 10 minute time slot as soon as possible--space is limited! Picture frame & treat for your pet is included.

Location: Twin Lakes Clubhouse

Code	Day	Date	Time	Fee
105250-01	Sa	12/2	10:00am	\$10 (\$1 each additional pet)

Breakfast With Santa

Join us at the Twin Lakes Clubhouse for a morning full of delicious food, games, crafts, entertainment and Santa Claus. Breakfast/Brunch (eggs, pancakes and sausage) will be provided. Table assignments will be made, so if you have any special requests, please indicate that at the time of registration. Tables will be set for 8 people. No registration will be taken the day of the event. Please bring your own camera for pictures and a portable highchair if needed.

Location: Twin Lakes Clubhouse

Breakfast

Code	Day	Date	Time
105225-01	Sa	12/9	9:00-10:45am

Fee: \$14NR/12R (Ages 7+)
\$10 (Ages 3-6)
\$5 (Ages 2 & under)

Brunch

Code	Day	Date	Time
105225-02	Sa	12/9	11:30am-1:15pm

Fee: \$14NR/12R (Ages 7+)
\$10 (Ages 3-6)
\$5 (Ages 2 & under)



SPECIAL EVENTS

Sweetheart Ball

Experience a magical night for both parents and their children. Each night will have activities that include dinner/dessert, games, dancing and memories that will last a lifetime! Suits and dresses are suggested. Fills quickly, so register early! Check-in and pictures are at 4:30 & 7:00pm.

Location: Twin Lakes Clubhouse

Mommy/Son

Ages: 3-7

Code	Day	Date	Time	Fee
105600-01	F	2/2	4:30-6:30pm	\$35/couple
105600-02	F	2/2	7:00-9:00pm	\$35/couple

\$10 each additional person

Daddy/Daughter

Ages: 3-7

Code	Day	Date	Time	Fee
105600-03	Sa	2/3	4:30-6:30pm	\$35/couple
105600-04	Sa	2/3	7:00-9:00pm	\$35/couple

\$10 each additional person

Jr. Sweetheart Ball

Ages: 8-12

Code	Day	Date	Time	Fee
105600-05	F	2/9	5:00-7:00pm	\$35 Mommy/Son
105600-06	F	2/9	5:00-7:00pm	\$35 Daddy/Daughter

\$10 each additional person

ARTISTIC ADVENTURES!

Ages: All

Enjoy these artistic adventures for adults and families at Salt Creek Park District.

(Adult canvases will be 12"x16" unless otherwise stated.)

Instructor: Smiling Shamrock Art

Sun Flowers

September 15, 6:30-8:30pm

Paint this beautiful Welcome Sun Flower onto a 12"x12" wooden canvas. Great to hang outside or inside your home. (Fee: \$32)



Halloween

October 20, 6:30-8:30pm

Halloween Haunted House on stretched canvas with plug in Lights. We will paint the haunted house and then install the lighting. (Fee: \$32)



Family Night

November 17, 6:30-8:30pm

Paint this colorful Parrot, penciled in light guidelines provided. 12 x 16 canvas \$25, 9 x 12 canvas \$18) Both child and parent can paint one in many different colors. They all turn out different!



Holiday Tree

December 15, 6:30-8:30pm

Paint a Holiday Tree on stretched canvas with plug in white or colored lights. (Fee: \$32)



Mixed Media Collage

January 19, 6:30-8:30pm

Welcome & Home Mixed Media Decoupage Project. Many papers will be provided where we will create houses and sayings for your project. We then decoupage them to seal your artwork. The project will be 11"x14". (Fee: \$28)



Eiffel Tower

February 16, 6:30-8:30pm

Paint the Eiffel Tower on canvas with acrylic paint, can also be painted with people on the board walk as an option. (Fee: \$28)



Stencils

March 16, 6:30-8:30pm

Stenciling on canvas that has a back ground that looks like wood. There are over 12 stencil sayings to choose from, or make up your own custom design. (Fee: \$28)



Spring Break Friday/Family Night

March 30, 6:30-7:30pm

Enjoy a fun night of creativity together. 9" x 12" canvas, \$18 each; 12" x 16" canvas, \$25 each.



Birds

April 20, 6:30-8:30pm

Paint a Finch with Acrylic paints. Stencils will be provided. You can choose the colors you want. Can be hung up or put on a shelf. Size and material TBA closer to the event. (Fee: \$28)



See page 23 for registration details.

ADULT ATHLETICS & DANCE

ATHLETICS

Co-Ed Drop-In Volleyball

Ages: 18+ yrs

Looking for a good volley? Drop in on Tuesday nights for co-ed recreational volleyball. The supervisor will have a calendar of drop in dates for the year or call 847-259-6890. Participants must sign in each night of play. For the specific schedule, please visit our website.

Location: Winston Park Campus (Junior High Gym)
900 East Palatine Road, Palatine

Day	Date	Time	Fee
Tu	9/12-5/15	7:00pm-9:00pm	\$5

Men's Drop-In Basketball

Ages: 18+ yrs

Drop in for some recreational basketball and have a great time! The supervisor will have a calendar of drop in dates for the year or call 847-259-6890. Participants must sign in each night of play. For the specific schedule, please visit our website.

Location: Winston Park Campus (Junior High Gym)
900 East Palatine Road, Palatine

Day	Date	Time	Fee
W	9/13-5/16	7:00pm-9:00pm	\$5



ADULT DANCE

***Registration deadline is one week before each class begins or unless filled.**

Line Dance

Ages: 16+ yrs

Learn the best line dances from a professional line dance and jitterbug champion – Shelley Gross. She will teach basic steps to popular line dances. Beginner students are welcome and no partner is required! All dances can be perfect for any social function party, as well as nightclubs or country western venues.

Location: Twin Lakes Pro Shop

Instructor: Shelley Gross

Code	Day	Date	Time	Fee
108700-05	Tu	11/7-12/12	7:30-8:30pm	\$48
108700-06	Tu	1/23-4/24	7:30-8:30pm	\$48

Palatine Allegro Adult Choir

Ages: 18+ yrs

Do you sing in the shower? In the car with the windows rolled up? Do you love Karaoke nights? This class is an opportunity for men and women of all ages who have enjoyed singing in a group. Allegro welcomes experienced singers as well as singers with limited choral experience. Allegro performs a wide variety of music from classical to Broadway show tunes. There are solo and small group opportunities to encourage your musical growth. (12 weeks) Rehearsals and the Holiday concert schedule will be announced.

Location: Palatine Community Center, Rm. 1B, Palatine Park District
Director: Brent Boyens

Code	Day	Date	Time	Fee
105360-01	W	9/6-12/6	7:30-9:30pm	\$75



Check out our Golf
Lessons for Youth and
Adults on pages 34-35.

ADULT & FAMILY TRIPS

Our goal is to provide you with fun and good times. We have planned some trips for a variety of ages so come and join us!
All trips leave from the Twin Lakes Recreation Area.

FAMILY TRIPS

Apple Picking

Ages: All



Orchards are full of apples in the fall! Bring your family for a day filled with all things apples at All Seasons Apple Orchard.

Location: Drop-off and pick-up at Twin Lakes Clubhouse

Code	Day	Date	Time	Fee
104300-04	Sa	9/16	11:00am-5:00pm	\$35/adult; \$20/child

ADULT TRIPS

Lincoln Park "Zoo Lights"

Ages: All



Join us as we stroll through Lincoln Park Zoo in December. The zoo is decked out in holiday style complete with carolers, ice sculptures, decorated trees, a laser light show, animals, and, of course, Santa! What a wonderful way to start the holiday season!

Code	Day	Date	Time	Fee
104300-01	Su	12/10	4:30-9:00pm	\$10



Take a fun ride!

Harvest Hayride & Bonfire

October 13 & 14



Get ready for this family-friendly event throughout Twin Lakes Recreation Area. Hayrides will be taken around the park as a story is read, and s'mores and hot chocolate will be ready for you as you relax around a bonfire.

See page 23 for details.

ADULT FITNESS

Adult Fitness • Ages 18 & Up

- Class intensity levels are represented by barbells. Instructors adjust and modify exercises to the needs and abilities of the participants
- NO refunds will be given after the fourth class. See page 40 for refund information.
- Makeup dates can be completed for most classes offered (exception: KickFit). Please note that make-ups should occur within the current fitness session. Before attending a make-up, please call to make sure the class is running as scheduled.
- All classes are located in the Twin Lakes Clubhouse unless otherwise noted.

GROUP FITNESS SCHEDULE NO CLASSES DURING SPRING BREAK 3/27 - 3/31

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY	SUNDAY
8am 9am					Body Blast 8:30-9:30am	
6pm	Fit Club 6:30-7:30pm		Sweat & Sculpt 6:30-7:30pm	Tai Chi 6:00-7:00pm	 = Low Intensity  = Moderate Intensity  = High Intensity	
7pm	Country Heat 7:45-8:45pm	Muscle Max 7:00-8:00pm	Zumba 7:30-8:30pm	Cardio Blast 7:00-8:00pm		
8pm		Core Fusion 8:00-9:00pm				

Fit Club

Ages: 18+ yrs



Come join the Fit Club! A one-shop with hi/low cardio. Piyo, strength and core training.

Instructor: Tammy Sopoci • **No Class 9/4**

Code	Day	Date	Time	Fee
107100-04	M	8/28-10/16 (7 weeks)	6:30-7:30pm	\$34
107100-05	M	10/23-12/18 (9 weeks)	6:30-7:30pm	\$44
107100-06	M	1/8-2/26 (8 weeks)	6:30-7:30pm	\$39

Country Heat

Ages: 18+ yrs



NEW!

Country Heat is a high energy, low impact, country dance-inspired workout that is so much fun you'll barely notice you're getting a total-body workout as you work up a sweat. You'll have a blast stepping in tune to the hottest country hits and quickly forget you're torching a ton of calories. It's easy and you'll be lining up on the dance floor for more!

Instructor: Allison Shariatzadeh • **No Class 9/4**

Code	Day	Date	Time	Fee
107100-01	M	8/28-10/16 (7 weeks)	7:45-8:45pm	\$34
107100-02	M	10/23-12/18 (9 weeks)	7:45-8:45pm	\$44
107100-03	M	1/8-2/26 (8 weeks)	7:45-8:45pm	\$39

Kickfit Workout Class

Ages: 14+ yrs



Sweat with us in these hard-working, fun & motivating classes. Classes consist of cardio workout, kicking and punching to heavy bags, pads & paddles, core exercises, ab workouts, push-ups, plyometrics, upper & lower body strength building with resistance bands, medicine balls, hand weights, and more. Friendly class with great camaraderie. Burn up to 700 calories per class!

Instructor: JP Wood Martial Arts, 249 E. Northwest Hwy, Palatine

Code	Day	Date	Time	Fee
107100-31	M	9/11-10/30	8:00-9:00pm	\$65
107100-32	M	1/8-2/26	8:00-9:00pm	\$65

Muscle Max

Ages: 18+ yrs



Increase bone density and lean body mass while working towards a stronger, fitter you! Participants will strength train using weights, elastic tubing and other equipment.

Instructor: Julie Wilson • **No Class 12/26 & 1/2**

Code	Day	Date	Time	Fee
107100-07	Tu	8/29-10/17 (7 weeks)	7:00-8:00pm	\$34
107100-08	Tu	10/24-12/19 (9 weeks)	7:00-8:00pm	\$44
107100-09	Tu	1/9-2/27 (8 weeks)	7:00-8:00pm	\$39

ADULT FITNESS

Core Fusion

Ages: 18+ yrs



Learn to utilize and strengthen your core as you improve your body's overall strength, balance and coordination. This class incorporates functional, traditional and Pilates-based exercises. Stability Ball required. Ball carrier straps are available for \$5.

Instructor: Julie Wilson

Code	Day	Date	Time	Fee
107100-10	Tu	8/29-10/17 (7 weeks)	8:00-9:00pm	\$34
107100-11	Tu	10/24-12/19 (9 weeks)	8:00-9:00pm	\$44
107100-12	Tu	1/9-2/27 (8 weeks)	8:00-9:00pm	\$39



Sweat & Sculpt

Ages: 18+ yrs



Work your body from head to toe using timed intervals that will jump start your heart rate and boost your metabolism. Enjoy a mixed bag of exercises that focus on increasing cardio endurance, building muscle mass and strengthening core and balance. Class is appropriate for all fitness levels, beginners welcomed.

Instructor: Terri Villarreal

Code	Day	Date	Time	Fee
107100-25	W	8/30-10/18 (8 weeks)	6:30-7:30pm	\$39
107100-26	W	10/25-12/20 (9 weeks)	6:30-7:30pm	\$44
107100-27	W	1/3-2/28 (9 weeks)	6:30-7:30pm	\$44

Zumba

Ages: 18+ yrs



Ditch the workout and join the party! Zumba mixes body sculpting movement with dance steps derived from Latin music. All fitness levels welcome.

Instructors: Andrew Regalmuto

Code	Day	Date	Time	Fee
107100-34	W	8/30-10/18 (8 weeks)	7:30-8:30pm	\$39
107100-35	W	10/25-12/20 (9 weeks)	7:30-8:30pm	\$44
107100-36	W	1/3-2/28 (9 weeks)	7:30-8:30pm	\$39

Cardio Blast

Ages: 18+ yrs



This workout is a High Intensity Interval training movements. Modifications are offered to allow participants to adjust the intensity of their workout, while still getting a full body workout.

Instructor: Patty Fugate • **No Class 11/23**

Code	Day	Date	Time	Fee
107100-13	Th	8/31-10/19 (8 weeks)	7:00-8:00pm	\$39
107100-14	Th	10/26-12/21 (9 weeks)	7:00-8:00pm	\$44
107100-15	Th	1/4-3/1 (9 weeks)	7:00-8:00pm	\$44

Tai Chi

Ages: 18+ yrs



Tai Chi Chung Tai Chi is a Chinese exercise for people of all ages intended to promote better health and prevent sickness. Practicing on a daily basis strengthens the immune system, improves overall health and maintains the body's natural balance. Tai Chi Chung consists of slow, flowing and relaxed movements practiced without force or power. Breathing matched in time to the movements is the key to gaining the full benefits of this form. Learning this form will help release tension, improve circulation, increase flexibility and develop muscle tone.

Instructor: Patty Fugate • **No Class 11/23**

Code	Day	Date	Time	Fee
107100-16	Th	8/31-10/19 (8 weeks)	6:00-7:00pm	\$39
107100-17	Th	10/26-12/21 (9 weeks)	6:00-7:00pm	\$44
107100-18	Th	1/4-3/1 (9 weeks)	6:00-7:00pm	\$44

Body Blast

Ages: 18+ yrs



This class mixes traditional callisthenic and body weight exercises with interval and strength training for an efficient and challenging workout. Join our P90X & Insanity certified instructor and see fast results.

Instructor: Julie Wilson

Code	Day	Date	Time	Fee
107100-19	Sa	8/26-10/21 (9 weeks)	8:30-9:30am	\$44
107100-20	Sa	10/28-12/23 (9 weeks)	8:30-9:30am	\$44
107100-21	Sa	1/6-3/3 (9 weeks)	8:30-9:30am	\$44

WANT
TO
TEACH?

Contact Jessica Tompkins at
847-934-6050 ext. 201 or
email her at
jtompkins@saltcreekpd.com.

BREAKAWAY TRIPS

BREAKAWAY TRIPS

55 & Older Break-Away Excursions

Please look out for our 55 and Up Newsletter, "The Salt and Pepper Shaker". To get on the mailing list, contact our office at 847-259-6890 or email Recreation Supervisor at rgolyzniak@saltscreekpd.com. Come away for the day with the Salt Creek Park District on exciting and entertaining trips. All registrations are based on a first-come, first-served basis.

All trips meet and return to Twin Lakes, 1200 Twin Lakes Drive unless noted in description.

Trip Policies and Guidelines

- Those participating in the Senior Trips must be able to address their own personal needs. If you require special accommodations, please make the necessary arrangements or request an aide directly from us
- Once the Park District have made final payments for any trip (transportation, tickets, meals), there will be no refunds issued.
- There is a set of guidelines outlining the Code of Conduct for each trip. These guidelines are posted on our website. The Code of Conduct was established so everyone can enjoy the activities. Thank you for participating and being respectful of yourself, others in your group & the space around you.

Chicago Cultural Tour

Ages: 55+ yrs



Take a trip with your friends to visit the two of the cultural neighborhoods of Chicago. We will be visiting Pilsen, which features the Mexican Museum of Art and Chinatown for a walking tour. Lunch is on your own.

Code	Day	Date	Time	Fee
104400-02	W	8/30	9:00am-4:00pm	\$30



Barn Quilt Tour

Ages: 55+ yrs



Take a bus tour through some beautiful parts of McHenry County to see the unique painted quilts on the sides of barns. This tour will be mostly on the bus with some spots to get out and take pictures of the quilts, a stop at a quilt store, lunch at a local favorite (on your own) and some beautiful views only the barn quilts can offer.

Code	Day	Date	Time	Fee
104000-01	W	9/13	9:00am-4:00pm	\$20

Eataly Chicago

Ages: 55+ yrs



We will be sure to cover every corner, offering a behind-the-scenes peek at each department. You will watch the three main stages of fresh mozzarella production, observe how different pasta shapes are made and discover the tried and true techniques that make our Neapolitan pizza a perennial success. In addition to gaining an insider's perspective, you will also be treated to delicious tastes along the way.

Code	Day	Date	Time	Fee
104400-06	W	10/11	9:00am-4:00pm	\$47

Downtown Shopping

Ages: 55+ yrs



We are heading downtown for a day of shopping near Watertower Place. So bring your holiday shopping list and don't forget to wear comfortable shoes! The bus will drop off and pick up one block away from Watertower Place.

Code	Day	Date	Time	Fee
104400-04	W	12/6	9:00am-4:00pm	\$13

Theatre Trip

Ages: 55+ yrs



Come experience the fantastic theater experience during the holiday season! See Robert Joffrey's version of the Nutcracker, a holiday favorite for the last time! Don't miss this lavish, beloved holiday tradition, with Tchaikovsky's score performed live by The Chicago Philharmonic. Must be able to walk down a couple steps.

Code	Day	Date	Time	Fee
104400-01	W	12/20	10:30am-5:00pm	\$50

WALKING CHART



= Minimal Walking



= Moderate Walking



= Plenty of Walking

Facility, Tent and Clubhouse Rentals

Our clubhouse was designed with you in mind! With a view overlooking our nine-hole golf course on one side and a beautiful view of Donut Lake on the other, the Twin Lakes Clubhouse is a great site for your next event.



TWIN LAKES

Rent our Twin Lakes deck for your wedding ceremony or wedding pictures.

Call Ashley Medley at 847-934-6050 ext. 205 for more details.

Fall Rental Information & Fees

A credit card number is required with booking fee for additional security deposit.

FACILITY	AVAILABILITY	CAPACITY	REQUIRED MINIMUM	HOURLY FEE (NR/R)
Pro Shop	November to Mid-March	50 or less (30' x 24')	3 hour rental	\$50/\$40
Multi-Purpose	7 days/week	75 or less (34' x 30')	3 hour rental	\$65/\$55
Outdoor Tent/Deck	Monday-Friday thru October	125 or less	3 hour rental	\$100/\$90
	Saturday & Sunday thru October	125 or less	3 hour rental	\$110/\$100
Pavilion	7 days/week	60 or less	--	\$200/\$100 per time slot*
	Holiday Pricing	60 or less	--	\$225/\$125 per time slot*
	Pavilion Time Slots: April, May & October (all day) • June-September (8am-2pm or 3pm-9pm) <i>*September Pavilion rentals are 3pm-8pm</i> Holidays are subject to additional rates. Times and availability may vary.			

Call the Twin Lakes Clubhouse at 847-934-6050 ext. 205 for available dates and details on how to book your next gathering! An additional hour for set-up and take-down is included in the rental fees. Fall rental rates are available for rentals between November 1, 2017 thru April 30, 2018. Portable restrooms are available from April through October.

Twin Lakes Catering

HAVE YOUR NEXT EVENT AT TWIN LAKES RECREATION AREA!

Hosting an event? Plan it at Twin Lakes! Whether it's a meeting, holiday party, birthday, wedding, shower or any special occasion, RoccoVino's will exceed all of your catering expectations. RoccoVino's prepares fresh dishes ranging from Creative Pasta Specialties and Signature Entrees to Appetizers, Sandwiches, Wraps, Salads, Desserts and more. Our vast menu options and personalized service are sure to delight you and your guests, with packages to suit any taste and budget. Packages can be customized to suit your needs. We also offer full bar options and custom cake orders. Choose from...

- Classic Buffet
- Traditional Family Style
- Elegant Plated Entrées
- Catered Pavilion Picnics

Our event planners can offer creative ideas on everything from menu planning to entertainment. We will help make your party a success and have your guests raving from the start. **For more information, to schedule a tour or book one of our beautiful private rooms or pavilions, contact an event planner at 847-934-6050 x 202 or tlrentals@saltcreekpd.com.**



TWIN LAKES GOLF COURSE

If you have time to spare, Twin Lakes Golf Course is a great place to get in a quick round of golf – early morning, mid-day or after work!

Salt Creek Rural Park District's Twin Lakes Golf Course is one of Chicagoland golf's, top 3 executive 9-hole golf courses. During the summer, play begins at sunrise seven days a week; open play is available except during league play, private outings and tournaments.

Residents of Salt Creek Rural Park District must have a photo identification card to receive resident rates. To renew or acquire a card for the first time, please bring a current form of address verification (for example, a current utility bill) to the Twin Lakes Recreation Area at 1200 E. Twin Lakes Drive in Palatine. (If you have questions about who is a Salt Creek Park District Resident please see page 8.)

These cards allow you and your family members reduced rates on most park district programs and resident rates for golf and fishing at the Twin Lakes Recreation Area! These cards are also necessary to receive reciprocal fees for programs at Rolling Meadows, Arlington Heights and Palatine Park Districts. Please refer to the Reciprocal Agreement on page 42.

The price for each card is \$4. Your 2017 I.D. card expires December 31, 2017.

Daily Fees

Saturday, Sunday, Holidays	9 Holes	Replay
Greens Fees	\$15	\$8
Weekdays		
Adult	\$13	\$8
Junior (17 yrs & under)*	\$11	\$8
Senior (55 yrs & older)*	\$11	\$8

Residents will receive a 20% discount off greens fees. Resident rates apply to those individuals who have a Salt Creek Park District I.D.

Tee Time Reservation Policy

Walk-on(s) will receive the first tee time(s) available to accommodate the number of golfers in the group.

Walk-On

Walk-on(s) will receive the first tee time(s) available to accommodate the number of golfers in the group. Golfers should check-in no less than fifteen (15) minutes before their tee time or risk losing their tee time and being charged for missing their reservation.

The Twin Lakes staff reserves the right to pair golfers together. (To achieve maximum use of the golf course, foursomes will be required when play is heavy.)

Twin Lakes Jr. Golf Regulations

Twin Lakes golf policy encourages youth and adult participation. Golfers 11 years of age and under may play at any open tee time when accompanied by an adult. Please don't be offended if we ask for an I.D. Resident rates apply to those individuals who have a Park District I.D.

Golf Course & Driving Range Hours

Dates	Daylight Hours
May 1-September 4, 2017	7:00am-9:00pm
September 5-October 31, 2017	8:00am-8:00pm
November-Season's End	9:00am-5:00pm
November 22 - Mid-March	Clubhouse is closed

Last bucket sold half hour prior to close.

Range Fees

Small Bucket (35 golf balls)	\$.50
Large Bucket (70 golf balls)	\$.90
Single Club Rentals	\$.30

Please note: You may purchase an E-Key and put any value of your choice on it. Works like a "debit card".

Equipment Rental

	9 Holes	Replay
Pull Cart	\$3	\$1
Gas Cart	\$16	\$6/pp
NIKE Club Rental Set (limited quantity available)	\$10	\$10

Please note: Drivers must be at least 19 years old.

6 Play Cards

If you play Twin Lakes on a regular basis, the 6 Play Punch Cards are a great way to save! Salt Creek Park District residents and residents of Arlington Heights and Rolling Meadows Park Districts must present their Salt Creek Park District ID cards to receive the resident rate.

6 Play Punch Card	Non-Res.	Res.
Adult	\$65	\$55
Junior (Ages 11 & Under)	\$55	\$45
Senior (Ages 55 & Up)	\$55	\$45

Card is not valid on weekends or holidays. Please note: Playing 18 holes will take off 2 punches. 6 play passes are only to be used by the person named on the card.



Cards are also a great gift idea for Christmas, Birthdays, Graduations, Father's Day, Mother's Day & more!

TWIN LAKES GOLF COURSE

GOLF POLICIES & RULES

Rain Policy for Golf

Rain checks will be given at staff's discretion. **No rain checks will be issued after the 3rd tee or during Twilight hours.**

Shoe Policy for Golf

All players are required to wear soft spiked shoes or cleatless shoes to help improve the quality of our greens.

Twin Lakes Golf Outings

Have your golf outing at Twin Lakes and let us do the work! We have outings to fit every budget. Morning, afternoon a golf outing or for more information, call 847-934-6050 ext. 205.

Golf Course Rules

1. Each person on the course must have a paid receipt.
2. No walkers (or caddies) allowed on the course.
3. Each person on the course must have their own set of clubs and bag. Club sharing is not allowed.
4. Children ages 11 and under must play with an adult.
5. Slower players, or players looking for lost balls, must allow those following to play through.
6. Shirt and appropriate shoes must be worn on course. No metal spikes.
7. Players must use a tee for all tee shots.
8. Foursomes will be required when play is heavy.
9. No rain checks issued after third hole or during twilight hours.
10. Players must seek shelter when the Thor Guard lightning safety horn is sounded. Round may be resumed after all clear signal is given.
11. Golfers are liable for damage to surrounding property or injury to other golfers.
12. On the 1st and 2nd tee, after 2 balls in water, players must play ball from drop area.
13. Players are not permitted to play more than one golf ball during a round.
14. No outside alcohol may be brought into park or taken on golf course.
15. Please keep pull carts off the greens and aprons.
16. Keep gas carts off greens and tee boxes. Drivers must be at least 19 years old.
17. The Park District reserves the right to close the course for any general safety concerns to the patrons of Twin Lakes.
18. The Park District may establish other rules and procedures deemed necessary for the operation of the facility.



MEET THE PRO

Willy Borkowski

Willy has been a Golf Professional and Instructor for over 20 Years. He has worked at many facilities including Naperville CC, Kemper Lakes Golf Club and Top Golf. Willy's expertise can benefit all players, regardless of their level of experience. He is extremely passionate about teaching Juniors and growing the game. Through video analysis and various teaching aids, Willy is able to adapt to anyone's learning style. If you are looking for an instructor who can make a lasting impression on your golf game, contact Willy today.



Private and Semi-Private Lessons

All lessons will cover any area in your game that needs to be improved. A simple approach will be offered to solve any swing issues. No overloading of technical terms or complex movements. A natural and simple presentation will be offered. If you are willing to work on the information given to you, we know that you will improve. **All lesson packages expire November 1 of the year purchased. Custom packages and group lessons are available.**

Call Golf Pro Shop at 847-934-6050 ext. 4 if you have any questions.

Lesson Type/Length	Adult (Age 18+)	Jr. (Age 17 & Under)
Private Lesson, Half Hour	\$50	\$40
Five Half Hour Lessons	\$225	\$180
Private Lesson, One Hour	\$90	\$75 Parent/Child
Two Person, Five Half Hour	\$400	\$340
Playing Lesson, 9 Holes	\$100	\$90

Please pay in full for all golf lessons in the Pro Shop prior to the 1st lesson.

GOLF LEAGUES/LESSONS AT TWIN LAKES

FALL GOLF LEAGUES

Payment and Refund Policy

Registrants must have a completed registration form and full payment must be made for each group member. Should you cancel any time after registering, you will receive a refund of your registration payment less a \$20 per participant administration fee. Should you cancel once leagues have begun play, you will receive a prorated portion of your registration fee less a \$20 per participant administration fee. Any charges will be posted to your charge account.

Fall Jr. Golf League (6 Weeks)

Ages: 8-17

Join us for our 2017 Fall 6 week Junior Golf League! Our league is run by the Facility Manager and League Coordinator. The league is designed for players with intermediate golf experience. Our rangers will be out on the course supervising league play and assuring course etiquette is followed. **There is no instruction in the league.** Golfers will play in teams of 4. In addition, each player will receive a golf towel.

Code	Day	Date	Time	Fee
111200-02	Sa	8/19-9/23	9:00-10:00am	\$85R/95NR



Saturday, November 4

**27th Annual Salt Creek Park District
2-CLUB TURKEY SHOOT**

FOR AGES 14 & UP

We'll have chili to warm you up after this fun event. Tee times will be issued with payment. Prize winning turkeys will be awarded to top finishers!

Shogtun at Noon • Activity Code 112100-01
Fee: \$25

FALL LESSONS & CAMPS

Pee Wee Golf Lessons (4 Weeks)

Ages: 4-6 yrs

Your child will enjoy this fun and informative introduction to golf.

Week 1, we cover fundamentals of putting. **Week 2**, pitching and chipping. **Week 3**, driving range or golf course and full swing. **The last session** will be on the golf course. We will cover the full game, rules, etiquette and safety. It is an excellent way to introduce your child to the great game of golf. Please bring any golf clubs your child has so the golf professional can make sure they are the correct size. Our pro shop stocks high quality pee wee sets of clubs at a competitive price. Clubs will be provided if needed.

Code	Day	Date	Time	Fee
210800-01	Tu	8/8-8/29	5:00-5:30pm	\$59
210800-02	Tu	8/8-8/29	5:45-6:15pm	\$59
210800-03	W	8/9-8/30	4:15-4:45pm	\$59
210800-05	Th	8/10-8/31	4:15-4:45pm	\$59
210800-07	F	8/11-9/1	5:00-5:30pm	\$59
210800-08	F	8/11-9/1	5:45-6:15pm	\$59
110300-01	Tu	9/5-9/26	4:45-5:15pm	\$59
110300-02	Tu	9/5-9/26	5:30-6:00pm	\$59
110300-03	F	9/8-9/29	4:45-5:15pm	\$59
110300-04	F	9/8-9/29	5:30-6:00pm	\$59
110300-05	Tu	10/3-10/24	4:45-5:15pm	\$59
110300-06	Tu	10/3-10/24	5:30-6:00pm	\$59
110300-07	F	10/6-10/27	4:45-5:15pm	\$59
110300-08	F	10/6-10/27	5:30-6:00pm	\$59

Group Lessons

Group lessons are both a fun and low pressure experience where you can increase your skill alongside your friends or family. We can tailor a package for groups of both juniors and adults to fit your needs! Contact the Pro Shop for more information at: 847-934-6050 x4.



GOLF LEAGUES/LESSONS AT TWIN LAKES



Junior Golf Academies

Ages: 7-14 yrs

The first session of class will cover the basics of golf including golf terms such as greens, tees, fairways, rough, golf club identification and their intended use. The second session will be held on the driving range, working on grip, stance, alignment and swing fundamentals. The second session will be held on the chipping green. The third session will be held on the practice green; we will cover chipping, pitching and putting. The final session will cover golf course strategy, club selection, etiquette and rules of play. The academies are catered towards any young golfer looking to improve their game. Please bring any golf clubs the children have so the golf professional can make sure they are the correct lie, length and flex. Our pro shop stocks high quality sets of clubs at a competitive price. Clubs will be provided if needed.

Code	Day	Date	Time	Fee
210400-01	Tu	8/8-8/29	6:15-7:15pm	\$89
210400-02	W	8/9-8/30	5:00-6:00pm	\$89
210400-03	Th	8/10-8/31	5:00-6:00pm	\$89
210400-05	Sa	8/12-9/2	9:00-10:00am	\$89
110100-02	W	9/6-9/27	4:45-5:45pm	\$89
110100-03	Th	9/7-9/28	4:45-5:45pm	\$89
110200-02	W	10/4-10/25	4:45-5:45pm	\$89
110200-03	Th	10/5-10/26	4:45-5:45pm	\$89

Junior Golf Clinics

Ages: 7-14 yrs

Junior golf clinics are available for all our younger golfers looking to hone their golf skills. The clinics will cover important fundamentals such as: etiquette, rules, putting, chipping, pitching, and driving. Contact Ashley for more information on how to register at (847) 934-6050 x205.

Day/Time: Saturdays, 8:00-8:45am

Fee: \$15/class OR Purchase all 6 classes for \$60

PGA Junior Golf Camps (3-Day Sessions)

Ages: 7-14 yrs

PGA Junior Camps are designed to cover all aspects of the game and are suited to each individual. Once you have been evaluated you will be placed in small groups with other children and friends so you can all accelerate learning at the appropriate level. The instructor will cover every detail of the game including fundamentals, rules and etiquette, ball flight laws, club fitting, course management, putting, short game, full swing, video analysis etc. This year we have several 3 day camps available but we will also offer a four day and five day camp. These camps are the best way to get your child golf ready and independent quickly. These camps will inspire the students to possibly play on their high school teams. Everyone will receive awards as well as lunch daily. All golf classes will meet at the putting green at the start of class.

Code	Day	Date	Time	Fee
212100-13	T-Th	8/1-8/3	8:30am-12:00pm	\$200
212100-14	T-Th	8/1-8/3	12:30pm-4:00pm	\$200
212100-15	T-Th	8/8-8/10	8:30am-12:00pm	\$200
212100-16	T-Th	8/8-8/10	12:30pm-4:00pm	\$200

HELPING TO
UNPLUG ILLINOIS

PATIO ENTERTAINMENT

TWIN LAKES CONCERT SERIES

Enjoy a night of family friendly entertainment on the Twin Lakes deck, various Fridays throughout the summer.

You can enjoy RoccoVino's menu featuring a Friday Fish Fry, ice cream and other clubhouse treats! Sorry there is no outside food, drink or alcohol allowed. **Seating is first come, first served.** We look forward to seeing you there.

Sunday Funday, July 30

1:00-3:00pm

The Good Mondays

The Good Mondays is an energetic "sing along" style acoustic-based rock band that has been entertaining Chicagoland venues for over ten years, armed with seasoned experienced musicians who know the recipe for making live music engaging between the band and crowd thus creating the fun!

www.thegoodmondays.com

August 4, 7:30-9:30pm

Exit 147

Exit 147 is now rocking out local parties and festivals, and quickly gaining fans from their fun, fan inclusive shows. With their song catalog including some of the most popular songs from the 60's – current hits, you will sing along before you know it!

www.exit147.com

October 1, 1:00-4:00pm

24th Annual Oktoberfest

Dick Theml and the Alpiners

Join us for our 24th Annual "Oktoberfest" party. Dick Theml and the Alpiners make their annual return to Twin Lakes!

The festive sounds of polka music will fill the air along with the aroma of fresh brats, sauerkraut and German potato salad. Free hayrides will be given around our beautiful facility and there will be coloring activities for the kids.

We'll once again be collecting food donations for the Palatine Food Pantry, so bring at least 5 non-perishable food items or a \$5 donation in exchange for a pumpkin and help local families in need.



FRIDAY, AUGUST 4TH

Starts at 6:30pm

OUTDOOR ACTIVITIES

Ice Skating

The Park District provides unsupervised lake ice skating on the east lake (Donut Lake) at the Twin Lakes Recreation Area (no skating is allowed on the west lake of the Twin Lakes Recreation Area). Skating will commence when the thickness of the lake ice reaches 7" throughout the lake. At that time, the red warning flags at the boathouse and the fishing piers will be changed to green and the lake will be open for skating. The lake will remain open until the ice deteriorates below 7" or the ice becomes soft and unstable. The Park District will also close the lake at any time if it deems any ice conditions unsafe. **Please do not skate outside the roped off area.**

Ice Fishing & Safety Information

The Park District provides ice fishing on the east lake (Donut Lake) at the Twin Lakes Recreation Area (no ice fishing is allowed on the west lake of the Twin Lakes Recreation Area). All ice fishermen should stop at the Twin Lakes Clubhouse and purchase a daily fishing pass before proceeding onto the lake. Fishing is only allowed in designated areas. No fishing will be allowed in the roped off areas of the ice skating rinks. All conditions for ice fishing (opening and closing of the lake for fishing) are the same as lake skating.

Green Flag Flying

Ice has reached 7" throughout the lake, skating and fishing is permitted.

Red Flag Flying

Ice has NOT reached a safe thickness, skating and fishing prohibited.

Fishing Catch and Release

Donut Lake has been stocked with a number of different breeds of fish. The park district has a "catch and release" rule on the TIGER MUSKIES AND NORTHERN PIKE in the lake. Thank you for your cooperation. If you have any questions on this rule, please ask. Flyers on types of fish are available at the clubhouse.

Fishing Fees

Please purchase a fishing pass at the Pro Shop. Group rates are available. Call 847-934-6050 for details.

Daily	Resident	Non-Resident
Family	\$5	\$9
Adult	\$3	\$5
Youth	\$2	\$3
Season Pass (Individual)	\$23	\$34
Family Season Pass up to four people	\$46	\$68

Season passes run April 1, 2017 through March 31, 2018 regardless of date purchased, and are available at the clubhouse (847)934-6050.

Twin Lakes Boat Rentals

The Park District has canoes, paddleboats, rowboats & kayaks available for rental to individuals 16 years of age and older. Participants 15 years and younger must be accompanied by an adult. Life jackets are provided and must be worn at all times. Boats may not be reserved in advanced.

Boating Hours

Park patrons CANNOT use their own boats or motorized boats on either of the lakes at Twin Lakes. Fishing boats are available for rental during the spring, summer and fall. The boat dock may have to be closed due to weather conditions (wind, electric storms, etc.)

June 1 - August 20 7 days/week, 11am-8pm
August 21-October 1 Weekends only, 11am-6pm

Boat Rentals

All persons renting any boat are required to show a driver's license.

Rental Time	Half Hour	1 Hour	All Times (Ages 2-5)
Weekday	\$4/person	\$5/person	\$2/person
Weekend	\$5/person	\$6/person	\$2/person

Kayak Lessons

Ages: 13+

This class is for beginners or those who would like a refresher! This is an easy, fun class and a great way to get acquainted with kayaking. Experienced instructors teach you the basic skills to have fun and be safe in a logical, thorough, step by step process. **Registration deadline is one week prior to the class date.**

Instructor: Mike Pond

Location: Twin Lakes Boat Dock

Code	Level	Day	Date	Time	Fee
203354-07	Intermediate	Tu	8/1	6:00-8:00pm	\$40
203354-08	Beginner	Tu	8/8	5:30-7:30pm	\$40

Fishing Boat Rental

Two 14 ft. aluminum Bass Tracker rowboats will be available Spring, Summer and Fall.

Rental Time	1 Hour	2 Hours	3-6 Hours
	\$8/person	\$11/person	\$20/person

Boating Rules & Regulations

- All persons renting any boat are required to show a driver's license.
- Renters must be 16 years and older.
- Life jackets must be worn at all times by all participants! There are no exceptions to this rule.
- Riders must remain seated at all times.
- Park staff may suspend rental privileges for failure to comply with the rules.
- No alcohol allowed on boats.
- Docking boat on island or shoreline is prohibited.

SALT CREEK SPORTS CENTER

RENTAL INFO



Full Facility Rental Available For:

- Dryland Training (Lacrosse, Softball, Football & Basketball)
- Team Practices
- Soccer Training
- Corporate Outings
- Sporting Events* (rates may vary upon event)

Facility Amenities Include:

- 180' x 80' open floor
- 30' ceilings
- Sport Court surface
- Smaller meeting rooms
- 3 Big screen televisions
- Full sound system

Rental Time

- 1 Hour (\$125)
- 2 Hours (\$234)
- 3 Hours (\$345)

Contact 847-394-8806 for more information.

Intro to Floor Hockey (6 Weeks)

Ages: 5-8 yrs

This is a developmental program for the beginner player. Skills and drills coupled with controlled scrimmages will be taught. Basic skills such as shooting, stick handling, and passing will be taught. This will instruct your player on positioning, offensive and defensive strategies. No equipment needed.

Location: Salt Creek Sports Center

Instructor: SCSC Staff

Code	Day	Date	Time	Fee
114100-07	M	11/6-12/11	4:30-5:15pm	\$59
114100-08	M	1/8-2/12	4:30-5:15pm	\$59

Intro to Inline Hockey (6 Weeks)

Ages: 6-10 yrs

Participants will learn basic inline skating skills through fun and interactive games and activities. Skills learned include starting, stopping, balance, falling and getting up. Professional instructors will conduct classes in a positive atmosphere which makes learning to skate a fun experience for all hockey skaters. Please refer to website (www.saltcreeksportscenter.com) for all equipment needs.

Location: Salt Creek Sports Center

Instructor: SCSC Staff

Code	Day	Date	Time	Fee
114100-04	M	11/6-12/11	5:15-6:00pm	\$59
114100-05	M	1/8-2/12	5:15-6:00pm	\$59

Rat Hockey

Ages: 16+ yrs

Rat hockey gives players the opportunity to play a pickup game or simply work on their skills in an unstructured, unsupervised, non-stress environment. All sessions required full hockey equipment. Visit the website for updated scheduling and pre-registration at www.saltcreeksportscenter.com.

Location: Salt Creek Sports Center

Instructor: SCSC Staff

Day	Date	Time	Fee
F	Weekly	10:30pm-12:00am	\$8

Like us on Facebook.
Follow us on Twitter!



www.saltcreeksportscenter.com

SALT CREEK SPORTS CENTER

Adult Inline Hockey Leagues

Ages: 18+ yrs

A regular season and playoff games will be included in all leagues. Participants must provide their own equipment and game jerseys.

Code	League	Day	Time
114400-01	18+	M/Tu	6:30-11:30pm
114400-02	Over 30	W/Th	6:30-11:30pm
114400-05	Over 40	F	7:00-10:30 pm
114400-03	18+	Sa	2:00-11:00pm
114400-04	18+	Su	9:00am-11:00pm

Fee: League fees vary with number of games.

Visit www.saltcreeksportscenter.com for more information.

Adult Floor Hockey Leagues

Ages: 18+ yrs

A regular season and playoff games will be included in all leagues. Participants must provide their own equipment and game jerseys.

Code	League	Day	Time
114500-01	18+	M	6:30-9:00pm
114500-02	18+	W	6:30-9:00pm

Fee: For a complete listing of league dates, call 847-394-8806 or visit www.saltcreeksportscenter.com.

www.saltcreeksportscenter.com



REGISTRATION

Who is a Salt Creek Park District Resident?

See page 8 at the beginning of brochure.

Fall/Winter Registration

Hockey Registration

Registrations for hockey leagues are only accepted at the Salt Creek Sports Center, 647 Consumers Avenue in Palatine. Salt Creek Sports Center is located one block west of Williams Avenue, off of Northwest Highway. For more information, call 847-394-8806.

Night Deposit Window

The night deposit slot is located at the entrance of Rose Park. For your convenience, simply drop your registration off after hours and it will be processed the next working day.

Satisfaction Guarantee

At Salt Creek Rural Park District, we are constantly striving to provide you with high quality recreation activities, events and programs. We are confident that you will like these programs, so confident that we will ensure our promise to provide that high quality. The park district guarantees that you will be satisfied with recreation classes, programs and services in which you participate. If you are not completely satisfied, tell us and we will arrange for you to do one of the following:

1. Repeat the class at no charge.
2. Receive full credit that can be applied to any other program.
3. Receive a refund.

Our guarantee is based on fulfilling our promises...delivering the published expectations describing the particular service you have used.

Americans With Disabilities Act (ADA)

The Salt Creek Rural Park District will comply with the Americans with Disabilities Act (ADA), which prohibits discrimination in the provision of programs, services or activities to individuals with disabilities. We invite any resident with a special need to contact our staff upon registration so that a smooth inclusion may occur.

In addition to the programs listed within our brochure, our district also provides specialized services for people with disabilities through the Northwest Special Recreation Association. Feel free to call NWSRA at 847-392-2848.

If you have any questions about the park district's policy regarding ADA, or believe you have been unfairly discriminated against in the provision of programs, services or activities of the Salt Creek Rural Park District, please contact Diane Hilgers at 847-259-6890.

A procedure is available to you for the prompt resolution of your complaint.

5 Easy Ways to Register

1. Walk-In

Come in during business hours and your registration will be processed.



2. Mail-In

Mail your complete registration form and payment (check, money order, Visa, MasterCard, Discover only) directly to: Salt Creek Park District, 530 S. Williams Ave. Palatine, IL 60074.



3. Drop-Off

A night deposit slot is located at the entrance of Rose Park for your convenience.



4. Fax

Fax your registration and it will be processed by the next working day. Fax your registration form and credit card payment to: 847-259-9975 (if using fax, please call to verify).



5. Email

Email your completed registration form to Kathy Kotrba at: kkotrba@saltcreekpd.com. (Please DO NOT email your credit card information. We prefer you to call with credit card info.)



Refunds

All refunds are subject to a \$5 administrative service fee, except under the following circumstances:

- Request for refund is due to a satisfaction issue.
- Refund is initiated by the Park District.
- Doctor's note is submitted with request.
- Exceptions for golf programs. Please refer to page 34 for more information.

Check refunds will be mailed. Payment by charge will be refunded to your credit card. Program fees will be prorated from the time of the refund request. Participants can get prorated refunds for medical reasons, but proper documentation must be submitted to the office. Certain restrictions apply to camp, preschool and golf leagues. The satisfaction guarantee does not apply to contractual programs, tickets to entertainment, sports events, softball leagues, golf green fees or inline hockey leagues.

HELPING TO
UNPLUG ILLINOIS

PROGRAM REGISTRATION FORM



PROGRAM REGISTRATION FORM

Rose Park Administrative Building: 847-259-6890 / Fax: 847-259-9975
530 South Williams Avenue, Palatine, IL 60074 / Email: kkotrba@saltcreekpd.com

Twin Lakes Recreation Area: 1200 Twin Lakes Drive / 847-934-6050

Salt Creek Sports Center: 647 Consumers Avenue / 847-394-8806

Household Last Name: _____ First Name: _____

Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

Cell: _____ Email: _____

CODE	PROGRAM NAME	FEE	PARTICIPANTS FULL NAME	SEX	DATE OF BIRTH
		\$			
		\$			
		\$			
		\$			
		\$			

Total Amount Due: \$ _____

Please read this form carefully and be aware that in registering yourself or your minor child/ward for participation in Salt Creek Rural Park District's programs you will be waiving any and all claims for injuries you or your child/ward might sustain.

I acknowledge that there are certain risks of physical injury to participants in the Salt Creek Park District's program(s), and I agree to assume the full risk of any such injuries, damages or loss, regardless of severity, which I or my child/ward may sustain as a result of participating in any activities connected or associated with any such program(s). I hereby fully release and discharge the Park District, its' officers, agents, servants and employees from any and all claims of injuries, damage or loss which may occur due to the participation of myself or my child/ward in any Salt Creek Rural Park District program(s). I further agree to defend, indemnify and hold harmless the Park District its' officers, agents, servants and employees from any and all claims resulting from injuries, damages and losses sustained or arising out of, connected with or in any way associated with the activities of any program(s) that myself or my child/ward participate in. I also understand that photographs and videos are periodically taken of participants while they are engaged in programs, special events and park activities. I give permission to Salt Creek Park District to use these photos in future publications.

The Salt Creek Park District welcomes individuals with disabilities into our program. Please describe any special accommodations needed for successful inclusion into the program.

Special Needs: _____ Allergies: _____

**THE SALT CREEK RURAL PARK DISTRICT HAS MY PERMISSION TO OBTAIN EMERGENCY MEDICAL ATTENTION WHEN REQUIRED.
I HAVE READ AND FULLY UNDERSTAND THE ABOVE DETAILS AND WAIVER. I RELEASE ALL CLAIMS.**

Signature of Participant/Guardian: _____ **Date:** _____

Payment must be in full at the time of registration. Checks payable to the "Salt Creek Rural Park District." A fee of \$20 will be charged to you for any check returned to the District by the bank for any reason. If using the fax registration, please call to verify receipt.

Special Registration/Fax restrictions and dates for the following: Golf Leagues, Private Lessons, Preschool, Sand Volleyball, Hockey Leagues/Programs, Summer Camps & Softball

Cash: \$	PAYMENT INFORMATION Cardholder's Name: _____ Expiration Date: _____ Card Amount: \$ _____ Cardholder Signature: _____ PLEASE DO NOT EMAIL CREDIT CARD INFORMATION
Check: #	
Visa: <input type="checkbox"/>	
Mastercard: <input type="checkbox"/>	
Discover: <input type="checkbox"/>	
AMEX: <input type="checkbox"/>	

Credit Card #: _____ - _____ - _____ - _____

RECIPROCAL AGREEMENTS

Reciprocal Agreements

The Salt Creek Rural Park District has a reciprocal agreement with Arlington Heights, Rolling Meadows and Palatine Park Districts. Since the Salt Creek Rural Park District does not offer swimming programs, cultural arts programs, ice skating, gymnastics and a selection of other programs, we have sought out other districts to supplement our recreational offerings to you.

Residents of the Salt Creek Park District may use their resident I.D. cards to gain access to different activities at the Arlington Heights, Palatine and Rolling Meadows Park Districts. In order to take advantage of these reciprocal agreements, Salt Creek residents must obtain a Salt Creek Park District I.D. for \$4 at the Twin Lakes Recreation Area.

Rolling Meadows Park District

Salt Creek Residents may enjoy resident rates for the following programs through Rolling Meadows:

- Fitness Center
- Gymnastics
- Swimming Pool Passes
- Swim Lessons
- Ice Skating Lessons
- Ice Hockey
- Figure Skating
- Selected Recreation Programs

Fitness Center

Rolling Meadows Fitness Center has a variety of fitness machines, including Stairmaster and treadmills. Call 847-818-3214 for more information.

Gymnastics

Qualified instructors will be coaching children in the Rolling Meadows state of the art gymnastics facility located in the Sports Complex. Gym clothing or leotards and tights should be worn to class. All classes meet one hour for seven weeks.

Swimming Pools

There are a variety of swimming programs offered through Rolling Meadows Park District. Swim lessons are available June through August. Pool passes can be purchased at the Sports Complex, 3900 Owl Drive, Rolling Meadows. For more information on specific classes, call Rolling Meadows Park District at 847-818-3200.

Ice Arenas

The two ice arenas offer a variety of programs: ice skating lessons for participants of all ages, open skate, competition skating, ice shows, figure skating, ice hockey and much more. The Rolling Meadows Sports Complex is located at 3900 Owl Drive in Rolling Meadows. For more information call 847-818-3210. West Meadows is located at 3939 Winnetka, also in Rolling Meadows. Call 847-398-2700 for further information.



Rolling Meadows Park District Residents

may enjoy selected recreation programs, golf programs, greens fees and fishing at resident rates at Salt Creek facilities. (Must present valid driver's license)

Arlington Heights Park District

You may enjoy resident rates at Arlington Heights Park District for the following programs:

- Swimming Pool Passes
- Swim Lessons
- Swim Programs
- Cultural Arts Programs
- Recreation Programs

Salt Creek Rural Park District residents are able to register for Arlington Heights programs at resident rates during the non-resident registration times. Contact the Arlington Heights Park District at 847-577-3000.



Arlington Heights Park District Residents

may enjoy selected recreational programs, fishing and greens fees (not golf classes or leagues) at resident rates at Salt Creek facilities. (Must present valid driver's license)

Palatine Park District

Salt Creek residents will receive resident rates at Palatine Park District for the following programs:

- Swimming Pool Passes
- Swim Lessons
- Swim Programs

For more information on these reciprocal programs, please call Palatine Park District at 847-991-0333.



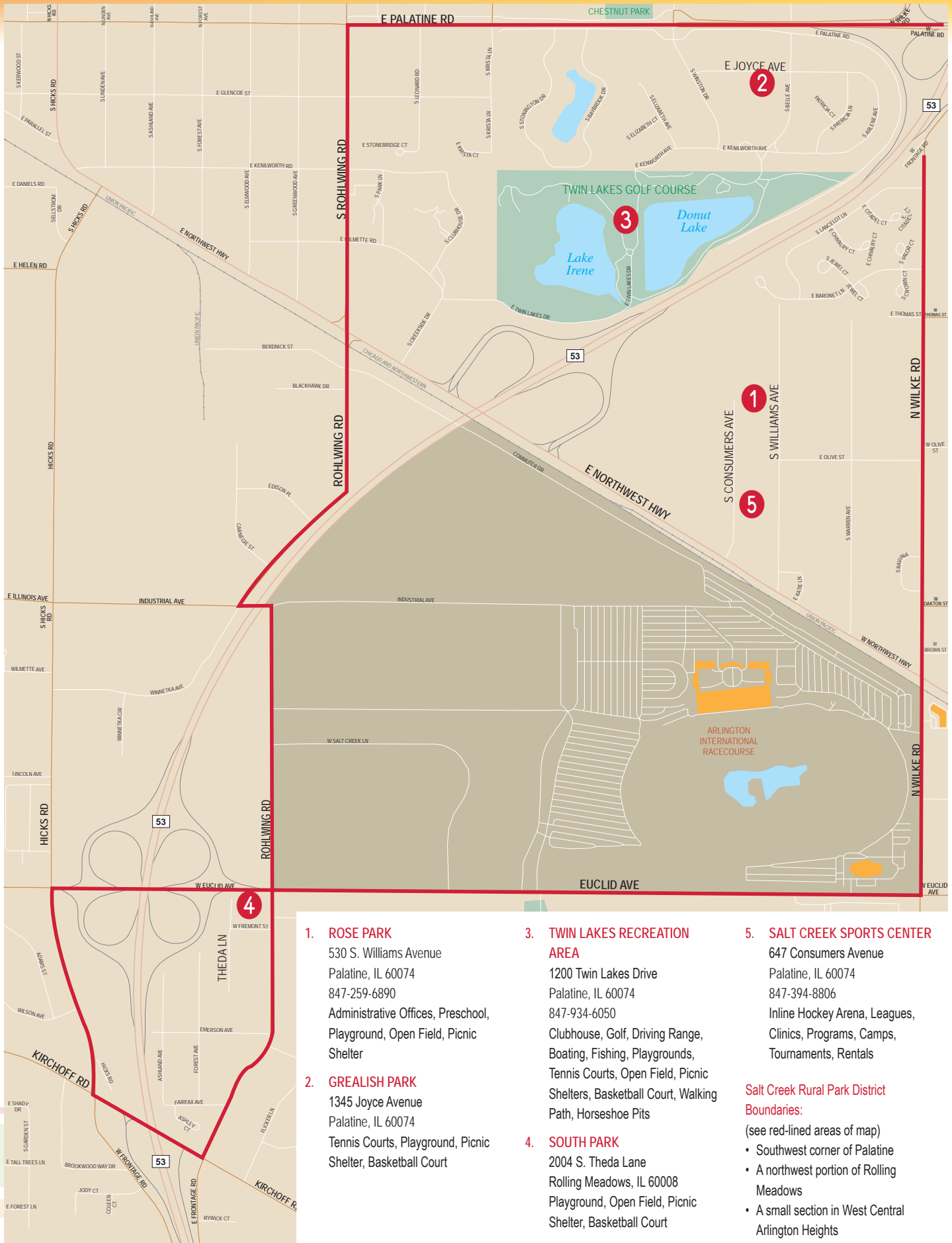
Palatine Park District Residents

may enjoy resident rates for selected recreational programs and fishing.

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PARK MAP & LOCATIONS



1. **ROSE PARK**
530 S. Williams Avenue
Palatine, IL 60074
847-259-6890
Administrative Offices, Preschool,
Playground, Open Field, Picnic
Shelter
2. **GREULICH PARK**
1345 Joyce Avenue
Palatine, IL 60074
Tennis Courts, Playground, Picnic
Shelter, Basketball Court

3. **TWIN LAKES RECREATION AREA**
1200 Twin Lakes Drive
Palatine, IL 60074
847-934-6050
Clubhouse, Golf, Driving Range,
Boating, Fishing, Playgrounds,
Tennis Courts, Open Field, Picnic
Shelters, Basketball Court, Walking
Path, Horseshoe Pits
4. **SOUTH PARK**
2004 S. Theda Lane
Rolling Meadows, IL 60008
Playground, Open Field, Picnic
Shelter, Basketball Court

5. **SALT CREEK SPORTS CENTER**
647 Consumers Avenue
Palatine, IL 60074
847-394-8806
Inline Hockey Arena, Leagues,
Clinics, Programs, Camps,
Tournaments, Rentals
- Salt Creek Rural Park District
Boundaries:**
(see red-lined areas of map)
- Southwest corner of Palatine
 - A northwest portion of Rolling Meadows
 - A small section in West Central Arlington Heights



Salt Creek Rural Park District
530 South Williams Avenue, Palatine, IL 60074
847-259-6890 www.saltcreekpd.com

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