

Read and sign below, cut and return with your
check to Lindsey Hugstad-Vaa

Owatonna Girls Basketball



2017 Fundamentals Camp

*Play Hard
Play Smart
Play Together!!*



Camp Instructors

Lindsey Hugstad-Vaa
Dan Leer
High School players

Website:

www.owatonnagirlsbasketball.com

Owatonna Girls Fundamentals Camp

In consideration of you accepting this entry, I hereby, for myself, my heirs,
executors, and administrators, waive any and all claims for damages I may have
against School District 761 and the Owatonna Girls Basketball Booster Club or
its representatives, successors, and assigns for any and all injuries suffered by
me or my child while a participant or spectator at the activity indicated above.

Signature of Parent/Guardian

Date

Read and sign the above, cut and return with your check to Lindsey Hugstad-
Vaa

Dates: Monday-Friday

June 12th-16th: OJHS

1st-3rd graders: 8:00- 9:30AM
(lower baskets for this one-week camp.
3rd graders will have 2 weeks of camp.)

4th-6th graders: 11:00- 12:30 PM

7th-9th graders: 9:30- 11:00 AM

Dates: Monday-Friday

June 19th-23rd: OHS

3rd-4th graders: 8:00- 9:30 AM

5th-6th graders: 11:00- 12:30 PM

7th-9th graders: 9:30- 11:00 AM

*Each girl will get an outdoor
Women's basketball to keep so she
can practice all summer at the parks/
or in the driveway!



Campers and Parents,

This camp will focus on the correct techniques of the fundamentals in basketball. We will focus on everything from ball-handling, passing, shooting, defensive stance, communication, and boxing out to running the floor and how to set screens. The skills that will be emphasized and demonstrated each day will be what the girls will need during their winter season to improve as players as well as a team.

Campers will get a lot of repetition on the fundamentals and how coach wants players to do the little things correctly. Team building and scrimmaging will also be included as basketball is a team sport and good chemistry is key to being successful. A WE approach will be the focus as well as each girl getting better individually to contribute to the team.

We are looking forward to a fun 2 weeks in June to work with you all!!!

Camper Registration

Deadline June 6th, 2017

Camper's Name:

Address:

Grade (2017-2018 school year)

Phone #

Name/contact # in case of
emergency

**Cost: \$60 grades 3-9
\$40 grades 1-2**

Make checks payable to: Lindsey Hugstad-
Vaa. Return this registration form to:

Lindsey Hugstad-Vaa
220 South Street
Owatonna, MN 55060

Any questions call:
(952) 237-7588