

Sunshine Volleyball Club's BEACH CAMP INFORMATION

Sunshine Volleyball Club's Beach Camp is designed to be both fun and instructive. You'll be working in small groups with experienced coaches who love this sport -- and who want you to love it too!

Below we've answered some of the questions frequently asked by first-time campers. If there's something you need to know that we haven't covered, feel free to contact our camp director, Mr. Kelly (phone 310-717-3032 or 415-260-6136, or email mokipup@aol.com), or call the Sunshine office (310-230-0318).

LOCATION: Our camp is located at Will Rogers State Beach, on the volleyball courts near Tower 15. Enter the beach parking lot at Temescal Canyon Blvd. and Pacific Coast Hwy., then head to the southeast end of the parking lot (make a U-turn after entering lot, and head to the end of the parking lot closest to Santa Monica). You'll find us on the volleyball courts just down the ramp at the very end of the parking area.

DROP OFF AND PICK UP: A coach will be at the camp entrance to greet campers and take care of administrative business. Usually this person is our camp director, Robert Kelly -- everyone calls him Mr. Kelly or Mr. K.

Our staff will give you a parking lot pass on the first day you attend camp. Tell the parking lot attendant you are dropping off at Sunshine's Beach Camp and it is your first day, and they will let you in.

The parking passes are for dropping off and picking up ONLY, and cannot be used to park in the lot. The County is very strict on this policy. You will be ticketed if you park without paying, and we could lose our parking pass privileges and our permit to operate on the beach if the permits are misused. **Please drive SLOWLY in the parking lot**, as there are many camps and children in the vicinity.

CAMP TIME: Our camp runs from 9 am to noon Monday through Friday. Campers should be picked up promptly at noon near the entrance to the camp (at the far southeast end of the parking lot). We will never leave a camper unattended -- and really appreciate on-time pick-ups.

WHAT TO WEAR: Volleyball shorts and t-shirts are the preferred attire. Sand socks (or regular socks) are required -- the sand can get hot! Bring a sweatshirt, the mornings can be chilly. Swimsuits can also be worn.

WHAT TO BRING: You'll need water, a midmorning snack and sunscreen. (We have water, sunscreen and socks for those who forget.) We do regular sunscreen checks throughout the morning.

MEDICAL WAIVER: We must receive a medical waiver form signed by a parent before campers can attend camp. The form can be downloaded from the Sunshine website (see the beach camp page) and is also available at camp.

VOLLEYBALL INSTRUCTION: Our goal is to have one coach per six campers, giving each camper focused instruction. Campers are assigned to a coach based on age and ability. We re-evaluate players every day, and change up the groups as needed so each camper receives appropriate instruction. This is a 100% volleyball camp. We do a short warm-up at the beginning of each day, and the rest of the morning is spent playing volleyball. There is no specific fitness training.

FRIDAY FUN DAY: Friday marks the culmination of a week's work, and usually includes tournament play and a special treat provided by Mr. K at the end of the day.

SEE YOU AT THE BEACH!