

Rachel Breton

Rachel is a native of Manalapan, NJ and is one of the most talented players to come out of New Jersey. As a High Scholar she achieved All County, All district, all-division, all-shore and was awarded the 2006 New Jersey Star Ledger Most Unsung Player Award. She is described as an terrific overall athlete who is capable of playing anywhere on the field, strong on the ball and has great quickness. More on Rachel's career:

Olympic Development Program (ODP) – National Pool Invite

- Russia (*Krymsk*) March 3-15, 2008 (with U19G Team, including national players)
- Brazil (*Rio de Janeiro*) April 13-22, 2007 (with combined U17/U18G team, including national players)
- National Development Camp Feb 16-22, 2007 (*Sacramento, California*)
- UK International Tournament (Region 1) – started & played with USA U17s against Northern Ireland, Scotland & Holland U17 Women's National Teams April 10-14, 2006 (*Bristol, England*) – scoring *equalizer* against Scotland
- National Camp Feb 17-22, 2006 (*Houston, Texas*)
- 3 v 3 National Champion – 2005 Got Soccer Shoot-out National Tour



College: Professional soccer career

- Villanova University Sky Blue FC (current club)
- Rutgers University Amazon Grimstad FK
2013 USL W-League All-Conference Team

Jill Loyden

Former USWNT Goalkeeper, Villanova standout, and NJ native. Jill is not only one of the most talented players to come out of NJ but also owns one of the fastest growing Goalkeeper specific training companies in the state – The Keeper Institute (TKI). **TKI utilizes a multifaceted team of experts to generate maximum player development and peaked performance.**

International Career:

US Women's National Team

Collegiate career

- Loyden attended [Villanova University](#)
- .891 save percentage (fourth in the United States)
- 0.52 goals-against average (10th in nation)
- Big East Goalkeeper of the Year for 3 straight seasons(a conference first)
- First-Team All-Big East
- NSCAA First-Team All-American
- Big East Goalkeeper of the Year^[2]



Pro Career:

- St Louis Athletica
- Chicago Red Stars
- Magicjack
- Sky Blue FC

Coaching Career:

- US Youth National Team Assistant (current) – also add this onto christie
- Sky Blue FC
- Drew University

Christie Welsh

Welsh is a Hermann Trophy winner, former U.S. National Team member, and was one of the most decorated players in Penn State University and Big Ten Conference history.

Christie's Playing Career:

International: USWNT

Welsh debuted for the [United States women's national soccer team](#) in 2000. Welsh scored 11 goals in 15 games for the United States in her first significant season with the full national team. She scored 10 goals faster than any other player in American soccer history. In 2004, Welsh was a member of the U.S. Olympic Residency Training Camp. In 2005, Welsh won the Golden Boot Award as top scorer in the prestigious [Algarve Cup](#) tournament with five goals, including the game-winning goal in the championship match against Germany.



College: Penn State

Welsh received the [Hermann Trophy](#), the sport's most prestigious award given to the nation's top player. She was also honored with the 2001 [Missouri Athletic Club](#) Player of the Year award. She finished her career amassing four NSCAA All-America honors, three consecutive Soccer America Collegiate MVP's, and three Big Ten Player of the Year honors. She is still the Big Ten's leading scorer and was part of four Big Ten title teams and two College Cup squads during her time at Penn State. Welsh ended her collegiate career at Penn State with 82 goals and 52 assists plus 27 game-winning goals which are all Big 10 records.

Pro:

New York Power (WUSA) LA Sol, St Luis Athletica, Washington Freedom (WPS)

Coaching Career:

- US Youth National Team Assistant
- NJ US Market Training Center
- Penn State University
- St. Joseph University
- University of Oregon

Sarah Brady

Head Coach Iona College

- Coach Brady is a native of Liverpool, England and a 2007 Leeds Metropolitan University graduate with an honors degree in Sport & Exercise Science. Brady played 10 seasons in the Football Association Women's Premier League with both Everton and Liverpool Football Clubs. She won two national championships.
- Since arriving in the United States in 2009 to pursue a full-time coaching career, Brady has served as a successful youth coach with NJ ODP '99 Girls and Region 1 ODP camp staff. Brady carries a USSF B license, an NSCAA premier diploma, an NSCAA advanced national diploma and NSCAA national diploma among her coaching qualifications. In 2014, Brady was a recipient of the NSCAA 30-Under-30 scholarship program. A year-long education and mentorship opportunity for select up-and-coming coaches who have made soccer coaching their career of choice. She is currently the Head Coach at Iona College, a NSCAA Div. I program.



Chelsea Eckel

Player Experience

Rowan University:

- **2011-2014 Started 68 of 78 games in Collegiate Career**
- **2014:** Started every game (19) on defense for the third straight season ... received New Jersey Athletic Conference (NJAC) All-Conference honorable mention
- **2013:** Started all 21 games on a defense that recorded 12 shutouts... received NJAC All-Academic honorable mention
- **2012:** Started all 18 games... registered one assist at Rutgers-Camden (Sept. 19)
- **2011:** As a freshman saw time in 10 games... recorded two assists... one assist against Rutgers-Camden (Sept. 21) and Ramapo College (Oct. 24)



Jackson Memorial:

Three-Sport Athlete- Soccer, Basketball and Lacrosse

- 2007 -2011 Varsity Soccer
- 2007-2001 Varsity Lacrosse
- 2007 - JV Basketball

Travel Soccer:

- 2009-2010 Twin Co. Crew
- 2008-2009 NJSA Rage
- 2002-2008 Jackson Destiny (U15 Us Club NJ Cup State Champions)

Recreation Soccer:

- 1996-2002 Jackson Soccer

Coaching Experience

- 2016- Jags/Next Gen USA CPC (college Pro Combine) Trainer
- 2006 – Jags League neutral base Trainer
- 2012 - Present Trainer – REPS (Rob Soto / REPS Program)
- 2013 and 2014 Trainer - NJ Rush Kids Program, Gloucester Co.
- 2003 to 2014 Trainer - Jackson Soccer Club, Travel /Rec teams u7-u12
- 2011 and 2012 Trainer – LGP Soccer Academy (Lisa Gmitter-Pittar) Summer Camps
- 2011 Trainer – Soccer Specific Trainer- Mike Turtle (Winter Kids Camps)

- 2003 - 2011 Trainer, Jackson Soccer Club u7 – u12 Travel Teams

Volunteer Work

- Challenger Soccer Program (Children With Disabilities)
- 2014 Get Fit, Fitness Trainer Through Rowan University (Young Adults With Disabilities)
- Get Fit Volunteer - Assist and provide training to clients, one on one in an hour and fifteen minute long session, targeting different areas of the body to help them acquire a healthier and fitter lifestyle.
- *Nominated “Outstanding Volunteer Trainer Of the Year”*
- Atlantic Co. Special Services Program - Helping Young Special needs Children have fun while learning to play soccer.
- 2011 - Athletic Training Program Jackson Memorial High School

Education

BA Degree, Health and Exercise Science
(Specialization: Health Promotion and Fitness) –Rowan
BSN Degree, Nursing – Seaton Hall 2017, September

Certifications:

- USSF F and E Coaching License Obtained 2009(16 yrs old) and 2011
- Certified Get Fitness Trainer (Rowan University)
- Certified Grade 8 Referee
- Certified- REPS Trainer
- Certified – CPR/AED

Meredith Rooney

National Soccer Coaches Association of America Diplomas:

- NSCAA Associate Staff Member (2010)
- NSCAA Advanced National Diploma – *Pass with Distinction* (2010)
- NSCAA National Diploma (2008)
- NSCAA Advanced Regional Diploma (2003)
- NSCAA Regional Diploma (2002)



Coaching Experience:

Superdome Sports Soccer Academy, Youth Development Director - 2017

- Program Direction, Development and Implementation
- Oversee all aspects of the business from Zone 1 - Zone 2 programs i.e. small group training, specialty clinics, college consulting and camps.

Jags Technical Director -2016

Direction, Development and Implementation of all Girls training programs.

Program

Next

Gen USA, Girl's Technical Director 2014-2016

- Program Direction, Development and Implementation and budget management
- Expanded program from 160 players to over 400
- Four players in the US National system

EDP Talent Identification Program, Girl's Regional Director 2013-2014

- Worked Directly with Technical Director Jeff Bookman to expand girls program
- Director of Central and Northern NJ

Jersey United, Technical Director 2013-Present

- Run Player Development Programs for players from U10-U14
- Head Coach of U11G and U13G
- Assistant Coach for U14G, U20W, and U23W
- Assistant Coach
- Team Captain

NJ Rangers W League Semi-Pro Soccer 2012

Assistant Coach for U14G, U20W, and U23W

- Assistant Coach
- Team Captain

New Jersey Stallions Academy, Clifton, NJ, 2010-2013

- Head Coach of U14G Celtic, U12G, and U16G Assistant
- U14G BEC State Runners up in 2012, State Champions in 2013
- 10 Players committed to Division 1 programs 2017

Sky Blue Soccer School, an affiliate of Sky Blue FC of Women's Professional Soccer, Director 2009-2010

- Director of entire company including– teams, camps, clinics, curriculum, marketing, sales, management, budgeting. and etc.

- Director of all Sky Blue Soccer School Camps including Heather O'Reilly Camps
- Increased participation in teams, camps, clinics and programs by 300%

Advanced Total Soccer Coaching, Director of Girls Soccer 2007-2009

- Head of Female Staff
- Managed all girls' programs in company – Teams, camps, clinics, etc.

ROONEY Player Development, Morris Plains, NJ, 2000-Present

- Focus is on developing the athlete as a whole, technically, tactically, physically and mentally
- Individual, small group, team training, team camps, clinics, and consulting
- Services Provided: Technical training, Speed & Agility training, Strength & Conditioning, Tactical Organization, Goal and Objective Setting, Team/Player Consulting, Coaching Education, Club Management

Playing Experience:

W-League Semi-Professional, NJ Rangers FC, Denville, NJ 2012

- Assistant Coach/Team Captain

Lynchburg College, Lynchburg, VA 2001-2004

- 2002 – 2004 Started at Center Midfield
- 2004 Team Captain
- Honorable Mention and Second team All-ODAC
- 2001 Old Dominion Athletic Conference Champs
- 2004 Old Dominion Athletic Conference undefeated Champions
- 2001 & 2004 NCAA South Region Champions
- 2001 Ranked 7th in the Nation by NSCAA
- 2004 Ranked 14th in the Nation by NSCAA

NJ Olympic Development Program - 2000-2001