



Safe Sport Monthly: October, 2016

Read this scenario to your athletes:

Bosco walks up to Frank in the locker room and says,
“Nobody likes you. I wish you weren’t on our team.”

Discussion Questions:

How would you feel if you were Frank?

Kids might say that they would feel sad, rejected, and scared, or that he/she hopes that someone would stand up for him/her.

>Safe Sport says: Validate the kids’ feelings. It’s normal to feel sad, mad, or confused about what to do.

How would you feel if you heard this?

Kids might say they feel mad, embarrassed, or scared.

If you heard this, what should you do?

Kids might say they should step in and say something to Bosco or tell an adult.

>Safe Sport says: A common approach is I.C.E. = Interrupt the bully, Compliment the target, and help him Escape.

Who needs to know this is going on? What do you hope they will do?

Kids might say the coach and the parents of both Bosco and Frank need to know about the incident.

>Safe Sport says: The coach needs to know, in order to implement the club’s anti-bullying plan.

Bonus Question:

What do you do if you hear this in the locker room at a tournament, and Bosco and Frank are from another club?

Kids might say they would do nothing. Others might say they would interrupt the situation and talk to Frank. Still others might say the right thing to do is tell an adult.

>Safe Sport says: Trust your instincts! Use the I.C.E. approach and/or go tell your coach or a referee. If you can tell what club they are from, share that info with whomever you tell.

Wrap It Up:

What kind of team do we want to be?

Ask your fencers to tell you what your club values are (hard work, positivity, etc.).

How do we want to treat the other members of our club?

Examples: cheer for each other, work hard, encourage each other in practice, etc.

**For coaches: review your team’s anti-bullying plan and share how you would respond to this scenario with your fencers.