



## POLICY FOR INTERSCHOOL COMPETITION



### **How will the policy be maintained?**

The SHSAA, by and large, is a self monitoring Association. When concerns are brought forward to the SHSAA office staff or the SHSAA Executive Council, an investigation is conducted regarding the circumstances. Concerns that are brought forward to the SHSAA must also be communicated with the accused individual, team, and/or school.

### **What happens if a team/coach/school is found to be in breach of this policy?**

If the investigation shows that a school has been in breach of the policy, the matter will be reported to the Executive Council. The Executive Council will rule on the matter as to the extent of the penalty (letter of concern, letter of reprimand, period of probation, suspension from SHSAA playoffs).

### **What does the start date for the season actually refer to?**

The start date refers to when the first organized coach contact practices can begin. Other team functions/gatherings prior to this date designed for skill development or team selection would be in violation of this part of the policy. The start dates for each year are published in the SHSAA handbook and updated on the SHSAA website on an annual basis.

### **What about skill development camps that are held prior to the start date of a season?**

Skill development camps that are an open registration, involve a registration fee or sponsorship, and are not mandatory for students to attend can be organized and offered by a school, school division, or district. These sessions cannot be used for team development or team selection by a coach.

### **Can students use an off-season training program developed by the team?**

Students may be provided with off-season fitness plans and/or skill development plans that they may work at during the off-season without coach supervision/contact. Students would be able to seek assistance/clarification from the coach during the off-season regarding the plans in terms of execution and safety.

### **Will football spring camps be allowed to continue?**

As per the football activity policy, spring camps can continue to be held as an opportunity to provide an orientation to the activity in preparation for the fall season. The SHSAA handbook (Football Activity pages) outline the parameters for spring camp.

### **Are film sessions considered to be practices?**

Film sessions are considered to be coach contact so these sessions should only occur during the defined season of play. In the case of football and wrestling, these sessions would not constitute one of the required practices prior to first competition.

### **How are 'Open Gyms' impacted by the policy?**

Many schools offer 'Open Gyms' to their student population. The parameters of these 'Open Gyms' are covered by the resolution passed in 2015 and is outlined in the SHSAA handbook policy section.