

SDL RULES

(Revised 2-16-16)

For rules specific to player participation, go to the Player Registration link under the Parents menu on a website at www.sdlsoccer.com. The following rules are specific to how SDL games are to be played.

FIFA Laws of the Game will be applied to all age groups except as identified below:

1. Field size, markings and goal size will be modified for age appropriateness as determined by the SDL Commissioner and field provider.
2. U9 & U8 play 7v7 (6 plus the goal keeper); U7 & U6 play 4v4 with no goal keeper
3. Teams that request to play up an age group should be age pure and will be placed at Level 2 or 3.
4. A minimum of five players are required for 7v7 and three for 4v4; it is allowable for the opponent to provide additional players to the other team if they are inclined to do so – the emphasis being on playing and development.
5. Ball Size is #3 for U6 & U7, if available, and #4 for all other age groups.
6. Home team will change in the event of a color conflict.
7. U9 through U6 games will consist of 22 minute halves and a five minute half time.
8. Offside will be called in U9 & U8; no offside will be called in U7 & U6.
9. 4v4 is played with no goal keeper, thus no player may stand in the goal box and defend the goal:
10. In 4v4 there is no ball contact allowed within the goal box, however, all players may pass through the goal box as long as they do not touch the ball while in the box. If the ball comes to a rest in the goal box, or on the goal box line, a goal kick is awarded regardless of who touched the ball last. Any part of the ball or player's body on the line or inside the plane of the box is considered in the goal box and an extension of such. If a defensive player touches the ball after it has entered the goal box, the plane of the goal box, or an extension of the goal box, a goal will be awarded to the offensive team. If an offensive player touches the ball after it has entered the goal box, the plane of the goal box, or an extension of the goal box, a goal kick will be awarded to the defensive team, and a goal will not be counted if scored.
11. Generally, there will be no retaking of improper throw-ins, though the referee may give consideration to the age, level of development and cycle of the season.
12. U9 through U6 age groups will be officiated by a single referee.

13. If a red card is issued to a player, the offending team is permitted to continue play at full strength, but the offending player is not permitted to participate further in that match and may be suspended from additional games by the SDL Commissioner after consideration of the referee's report.

14. A club may share players across age-appropriate teams within the restrictions placed on teams playing up in age.

15. Each team must have in their possession their US Club Soccer roster and the SDL player waiver form for verification prior to the match by the other manager; players who are not currently registered with US Club Soccer CANNOT participate.

16. Parents are required to sit opposite the players and coaches and on adjacent fields; parents are not to be intermingled with teams from the other field.

17. Coaches are responsible for the conduct of their parents and will be asked to remove a parent from the area of the field if the referee believes there is a need to do so; before the parent's child may participate in a following week's match, the parent must complete at their cost the Positive Coaching Alliance's 2nd Goal Parent Workshop and email a certificate of completion to the sdl.dysp@gmail.com; further action may be taken by the SDL Commissioner after consideration of the referee's report.

18. Players are not permitted to wear jewelry and shirts should be kept tucked-in; prior to the start of the match the referee may require that players line up along the touch line for inspection and will inform the coach of any issues; coaches should use this opportunity to clarify any rules and substitution procedure.

19. U9 and younger age groups are permitted to substitute on the fly. The preferred procedure is for the substitute to stand behind the touch line at the halfway line with a colored practice jersey in hand to be given to the exiting player before stepping on the field of play; any interference by the substitute player with play will result in an indirect free kick to the opponent where the ball was in play; substitutions during out of touch stoppage by the team in possession or at goal kicks should be limited to changing goal keepers; referees have final discretion on any changes to the above suggested procedure.