



Concussion Management Policy FAQs for Coaches

What do I do if my school will deliver the baseline testing? The proctor must call Rugby Oregon office one week in advance of the test so they can be granted access to the Rugby Oregon database and be informed of our educational programming.

Can my school access Rugby Oregon's tests if they are delivering the baselines? Proctors outside of Rugby Oregon's athletic trainers will have test administration privileges only.

What do I do to get my kids who have baseline tests into the Rugby Oregon database? If you were tested by another organization you will need to contact the Rugby Oregon office so the current, valid baseline test may be moved into our **database**. The Rugby Oregon office will need the name of the organization and contact information for the administrator. There may be tests that we will not be granted access to move but we will do our very best to obtain as many as we can from outside organizations.

When does a player take a test after they have been diagnosed with a concussion? Testing will be determined by the treating practitioner (school's athletic trainer or physician). Sometimes testing will be within 72 hours to confirm a diagnosis and other times it might be delayed and utilized as a clearance tool only. All concussed athletes will sit for the test and score within a normal range in order to return to play. A normal post test for a concussed athlete will never shorten the mandatory 2 week stand down followed by the 5 day GRTP.

Who will administer the test? Teams will contact an ImPACT proctor from the list on the Rugby Oregon website. If teams wish to contact someone off of the list it must be arranged a week in advance through the Rugby Oregon office. One coach is required to be in attendance to monitor appropriate behavior during the test.

How long does the test last? Although the actual test takes less than a half an hour, teams should prepare for about 90 minutes for demographic data entry and the concussion education piece. The better behaved a team is the quicker the data entry goes. Post injury tests will only take 30 minutes as both data entry and the education have been completed.