Top Ten Things to Get For Christmas
By Bill Furjanic, Technical Director of Coaching Education & Player Development

10. Mid-morning game on a warm sunny day
9. Practice to be executed perfectly then translated to the game
8. The opposing coach understands the meaning of player centered
7. Perfect parent meeting
6. Coaching shirts that don't make me look out-of-shape
5. PATIENCE
4. Just enough equipment to run my training session as well as still fit in my car
3. Every player on-time to every team practice and game
2. An air pump that works and enough needles
1. A New Game Ball

Have a great Holiday Season and a Happy New Year!
## Activities of the Month: Favorites from NCYSA Camps

### U12 and up

**4 vs. 2 plus counter goals.**

The goalkeeper kicks the ball to the 4 forwards. They attack the goal defended by the goalkeeper. The two defenders can score on the small counter goals.

**Coaching Points**

- How can the four attackers work together?
- When to pass and when to dribble?
- When is there a good opportunity to finish?

### U10 - U11

1. **Play 2 vs. 2 line soccer** (10 min.)

2. **Play 3 vs. 3 with 4 goals** (20 min.)

**Coaching Points**

- What can you do to get by the defender?
- When can you pass and when can you dribble?
- How can you work together to attack the other goal?

### Little Kickers (U6-U8) Sleeping Giant

Each player has a ball and stands in an own “free and safe cave.”

The “Giant” sleeps in his/her cave and does not want to be woken up.

Players dribble to the giants’ cave and yell: “Wake up sleeping Giant!” The giant now tries to tag the players while they dribble back to their safe cave.

**Coaching Points**

Can you dribble quietly towards the giant?

Can you dribble back fast?

## NCYSA Road Shows

The NC Youth Soccer Association Recreation Department would like to remind you that we can conduct a Recreation Road Show at your association during the year. If you would like your association to host a Road Show please visit the link below:

[https://www.youthleaguesusa.com/ncysa/school/HostApplication.html](https://www.youthleaguesusa.com/ncysa/school/HostApplication.html)