

DIAGRAM	ORGANIZATION	KEY COACHING POINTS
<p><b>Players Dribble in Grid</b></p> 	<ul style="list-style-type: none"> <li>• Dribble in grid- Coach Calls Out Command</li> <li>• Same Beginning moves. Keep Change of direction-Outside cut, inside cut, pull back, cryuff, heel. Adv add step overs and scissors Also add fake step right, left and both, also fake kick and Step on then go. Add Ronaldo Chop and pull scoop.</li> <li>• Juggle- Try to have no spin on the ball</li> <li>• Play Tails if you have enough pinnies. Put a pinny in like a tail and dribble around trying to pull out the pinnies. Play 1 min rounds</li> </ul>	<ul style="list-style-type: none"> <li>• Get the kids used to touching the soccer ball w/ all surfaces of the feet.</li> </ul>
<p><b>1v1 to Goal</b></p> 	<ul style="list-style-type: none"> <li>• One line of attackers with balls and one line of defenders without balls the off lines dribbles and tries to beat the defender and shoot into the pug.</li> </ul>	<ul style="list-style-type: none"> <li>• Head up, keep the ball close to you, dribble away from pressure or beat them. Vision and awareness of space to go to.</li> </ul>
<p><b>Passing Box-3v0 then 3v1</b></p> 	<p>Have 3 players each on a cone. Pass the ball Right or left then the opposite player that didn't must move to the correct cone so there is always a right and left option. B)Add a defender now it's 3v1</p>	<p>Same as above, but now have to be accurate with pass to person in front of you. Play their outside/high foot around the grid. Movements key, make sure that you get to the right angle and get hips faced. Receive opp foot and play away from pressure.</p>
<p><b>3v3 or 4v4 to Targets</b></p> 	<p>Put 3v3 in a box then put one from each of their team on the outside of each side of the grid. One on the north and south from each team. They play the target then switch them, which is worth a point.</p>	<p>Use same movements from above. Make sure to play simple and away from pressure. Play target whenever is possible, but don't force. Targets be active and move plus when receiving go at speed.</p>
<p><b>SCRIMMAGE:</b> Play an age appropriate scrimmage. Minimize coaching and let the players play and have fun!!</p>		
<p><b>Fun Shooting game to finish. Just two teams two lines dribble in and shoot keep score. Go for 3 min most goals wins</b></p>		