



**March 8, 2015**

**WAR OF THE ROSES**  
**East Coast Championship and Open**

**The Arthur Ashe Center 3001 North Blvd., Richmond, VA 23230**

**Registration:** Cost is \$30.00 if preregister on [trackwrestling.com](http://trackwrestling.com) by March 5<sup>th</sup>, walk up is \$40. All onsite payment cash only NO CHECKS.

**Schedule:**

**Mar 8:** onsite weigh-ins and registration 8:00-8:30am. Weigh in with a competition singlet and must show valid 2015 USA Card at weigh-in, [www.usawmembership.com](http://www.usawmembership.com). **FREE WRESTLING CLINIC** from 8:30am-9:30am, wrestling begins at 9:30, all kids welcome to attend the clinic. Group photo and National Anthem before wrestling will begin. Break for officials as needed.

**Divisions:**

**Elementary** Grades K-5 periods 1/1/1 Weights: Madison Weights

**Middle School** Grades 6-8 periods 1.5/1.5/1.5 Weights: Madison Weights

**High School** Grades 9-12 periods 2/2/2 Weights: Madison Weights

**Open (FREESTYLE)** any age periods 3/3 Weights: Madison weights

**Charts:** This tournament is a round robin event. Round Robin is for the intention is to get each wrestler a lot of quality matches.

**Awards:** Every wrestler will receive a medal

**Rules:** Folkstyle High School rules with USA Wrestling Folkstyle guidelines. Hairnets optional for all ages.

**Coaching:** Two coaches per-corner maximum. Camera/ video operator counts as a coach.

**Admissions:** Available at the door only \$10 for Adults, \$5 for kids

**Concessions:** Provided, no coolers or crockpots will be allowed into the building.

**[WWW.WAROFTHEROSESWRESTLING.COM](http://WWW.WAROFTHEROSESWRESTLING.COM)**

Questions please email Brent Harvey at [waroftheroseswrestling@gmail.com](mailto:waroftheroseswrestling@gmail.com)