



for New NCCP Coaches

What is the NCCP?

The NCCP is Canada's recognized National Coaching Certification Program. It was developed in 1974 to provide quality training and certification to Canada's coaches in more than 60 sports. The NCCP is moving towards a competency-based approach where coaches are:

- trained in NCCP outcomes relevant to the participants that they are coaching
- evaluated by demonstrating coaching outcomes to a specified standard

The core competencies of coaching are **valuing, interacting, leading, problem-solving, and critical thinking**. These competencies will be woven throughout all NCCP training and evaluation activities.

How does the new program help me to become a better coach?

The new NCCP has been specifically designed to train coaches to be able to meet the needs of the specific participants/athletes they are working with. Coaches will participate in training opportunities that will enable them to return to their coaching environment with specific skills that can be implemented immediately. Coaches will learn to plan safe and effective practices, design meaningful season plans, teach appropriate sport skills to athletes, and many other important aspects of coaching. The true beneficiaries of the changes to the NCCP will ultimately be the participants, when their coaches are trained and certified based on the things they need to be able to do to best support those they coach.

How do I know where I fit into the NCCP?

The type of training you will access will depend entirely on the type of participant/athlete you are working with or that you intend to work with. The new structure of the NCCP is based on the participants' needs, which are identified within streams and contexts. Please refer to the chart located at www.coach.ca/e/nccp/competency/public/structure/index.htm for an overview of the new structure and contact your sport for specific details.

What is the difference between "In Training", "Trained", and "Certified"?

"In Training" is a designation that coaches receive when they begin to access NCCP-approved workshops. Coaches will continue to be designated as "In Training" until they complete all workshops or training activities required to be a particular type of coach.

"Trained" is a designation that coaches receive when they have completed all required training activities to be a particular type of coach.

"Certified" is a designation that coaches receive when they have completed all required evaluation activities to be a particular type of coach.

After coaches access their first training or evaluation activity they will receive a CC # that will provide them with access to the NCCP Database so that they can view all of the requirements they have met and any remaining requirements to be any type of coach.

How long will it take me to become trained or certified?

The length of training will depend on the type of coach you wish to become. For example, a Community Sport – Initiation coach will require approximately 8 hours to become "Trained". A Competition – Introduction coach will require approximately 8 to 10 days worth of training to become "Trained". The time commitment required for the evaluation for certification will vary from sport to sport and will depend upon the type of evaluation activities the coach is asked to complete. This could vary from 1 to 3 days worth of evaluation activities.

How much will it cost for me to become trained or certified?

Each sport and province/territory determines their own fee structure for NCCP learning experiences. Contact your sport or your provincial or territorial coaching coordinator for more information.

The NCCP is a collaborative program of the Government of Canada, provincial/territorial governments, national/provincial/territorial sport federations, and the Coaching Association of Canada.

