Competition Announcement

Friday February 6 – Sunday February 8, 2015

National Sports Center
1700 105th Ave NE
Blaine, MN 55449
www.superrink.org

Dear Coaches, Skaters & Parents:

The National Sports Center and the Schwan Super Rink would like to invite you to participate in the 2015 Frosty Blades ISI Competition. This is the15th annual Frosty Blades competition at the National Sports Center. This exciting event will be held February 6 – 8, 2015

We look forward to seeing you in February 2015!

Sincerely,

Jane Schaber
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Co-Competition Director
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ISI Endorsement number
1-2394-2014

FROSTY BLADES 2015

ISI Competition Announcement

The competition is open to all levels of achievement and will include the following events:

- Tots
- Compulsory
- Pre Alpha – Delta Program
- Footwork
- Team Compulsory
- Jump & Spin Events
- Rhythmic
- Ensemble
- Family Spotlight
- Open Short Program
- Spotlight Individual
- Spotlight Couples
- Stroking
- Interpretive
- Synchronized Skating Events
- Freestyle 1-10
- Open Freestyle Events
- Production
- Artistic

The age groupings will be determined by the competition Director and will be dependent on the number of applications in each event. Whenever possible, there will be divisions for male and female skaters. We reserve the right to limit the number of entries on a first come first, serve basis.

Refunds WILL NOT be issued due to weather conditions. Refunds for medical reasons WILL be issued upon receipt of a written request accompanied by a signed doctor's note. Please submit any such request within 7 days from the last day of competition to the Competition Director.

Entry Fees

First Event <> $80
Each Additional Event <> $15
Family Entry (all family members 1st individual event included) <> $115
Jump and Spin (if ONLY event entered) <> $20 (per skater)
Team Compulsory <> $14 (per skater)
Ensemble Team <> $14 (per skater)
Production Team <> $14 (per skater)
Synchronized Skating <> $14 (per skater)
Synchronized Skating 2nd event <> $8 (per skater)

COMPETITION DEADLINE: December 18, 2014
Entries post marked on December 19, 2014 or after must include a $25.00 late fee to process the application

Mailing Address: NSC Skating School
C/O Frosty Blades
1700 – 105th Ave. NE
Blaine, MN 55449

Questions: please contact Jane Schaber at 763-717-3891
Or jschaber@superrink.org

RULES

This competition will be conducted in accordance with the guidelines contained in the most recent edition of the ISI Handbook including the 2014 Rule Revisions effective September 1, 2014. These publications may be obtained from the Ice Skating Institute home office.

CHECK IN AND REGISTRATION INFORMATION

All competitors must register no later than 60 minutes prior to the scheduled program event. We reserve the right to hold events up to 30 minutes prior to their scheduled time.

Music must be turned in at the music registration table. All music must be recorded on cd's and labeled with the competitor's name, team name, event and age group on the side that is to be played. Cd's must contain 1 track per cd. We strongly recommend having a back-up of all music needed in the competition.

PRACTICE ICE

Schwan Super Rink ice surfaces are Olympic Size ice sheets (100' x 200')
Official practice ice will be available on Friday Feb 6, Saturday Feb 7, and Sunday Feb 8, 2015 for a fee of $10.00 per 1/2 hour session. Practice ice registration forms with exact times will go out in Team Liaison packet and will also be posted on www.superrink.org. All practice ice will be sold on a first come, first serve basis, with a limit of 20 skaters per session.

ISI JUDGES

All judges must be certified at one of the following levels: Bronze, Silver, Gold or Synchro.

- All judges must also have passed the most current ISI judge's 2014 update test
- All coaches must be current professional members
- No individual will be allowed to judge an event where a relative is a participant.
- An individual may not be a competitor and judge in the same competition.
- Each team must follow the participation guidelines or the skaters may not compete.
- Must have a valid District 10 credential

Coaches/Judges Credentials: Per District 10 Policy only credentialed coaches with a valid event credential will be allowed in the skater ready area and be allowed to put skaters on the ice for their events. No parents, skaters or anyone without a valid credential will be allowed in the skater ready area.

Number of Events:	Number of Judges	Judging Time
1 - 10	1	2 Hours Each
11 - 21	2	2 Hours Each
22 - 32	3	2 Hours Each
33 - 44	4	2 Hours Each
45 - 55	5	2 Hours Each
56 - 66	6	2 Hours Each
67 - 77	7	2 Hours Each
78 - 88	8	2 Hours Each
89 - 100	9	2 Hours Each

HOTEL ACCOMMODATIONS

The following accommodations are within 5 miles of Schwan's Super Rink.

Centerstone Suites – Blaine
10580 Baltimore St. NE
Blaine, MN 55449
(763) 792-0750

Country Suites by Carlson
5995 Rice Creek PKWY
Shoreview, MN 55126
(651) 784-6000

Holiday Inn Express
9333 Springbrook Drive
Coon Rapids, MN 55443
(763) 792-9292

Blaine Super 8
9410 Baltimore Street NE
Blaine, MN 55449
(763) 786-8888

Please visit www.nscsports.org then "lodging" for a complete list of hotels

VERIFICATION & POLICY FOR COMPETITION FORMS

The skating professional and Team Liaison **must both sign the entry form** to verify that the information on the form is correct and true. The information on the entry form must be accurate, complete, signed and mailed by the Team Liaison. Inaccurate and/or incomplete forms will be returned. Skaters must have an ISI number and the number and expiration date must be listed on the entry form. If the skater has applied for an ISI number and has not yet received it, write "applied for" in the space that requires the skater's ISI number. All forms must be signed by a current ISI Professional Member. If signed by an expired or non-professional ISI member, the form will be returned to the skater with a letter of explanation. The skater will have 5 days to return the form with the correct signature without incurring a late fee. Team Liaisons must include accurate mailing address, including zip code, if they wish to receive competition information at that address. Any false information provided will result in disqualification. All entries are verified with ISI Headquarters for current membership status and test level.

All entries must be mailed to the Competition Director by the Team Liaison and postmarked by December 18, 2014. Entries post marked after December 19, 2014 must include $25 late fee to process the application. Forms must be mailed by the team liason so every team knows: which members are competing, that the forms are filled out correctly and how many hours of judging will be required.

ELIGIBILITY

Competition Events are open to any Individual Member of the ISI whose membership is current up to and including the date of the competition.

All competitors must compete at their highest test level passed and registered with the ISI National Office on or before Dec 18, 2014

Members of other organizations are eligible & welcome to compete in ISI endorsed competitions as long as they are ISI Individual Members and have all their tests passed and registered with the ISI National Office. Skaters are expected to compete at their TRUE ability level and to uphold high ethical standards.

The chart below will help those USFS skaters wishing to participate in an ISI Competition.

USFS Test Passed	May Compete No Lower Than:
Pre Preliminary	Freestyle 3
Preliminary	Freestyle 4
Pre-Juvenile	Freestyle 4
Juvenile	Freestyle 6
Intermediate	Freestyle 6
Novice	Freestyle 8
Junior	Freestyle 8
Senior	Freestyle 8
Adult Bronze	Freestyle 2
Adult Silver	Freestyle 4
Adult Gold	Freestyle 6

These are minimum requirements.
USFS Moves in the Field test levels have no bearing on any ISI Test Levels.

SPECIAL NOTE

Based on the entries received for Artistic, Footwork, Interpretive, and Rhythmic events, skaters will be combined into events groups as listed below:

Bronze / Freestyle 1 – 3
Silver / Freestyle 4 – 5
Gold / Freestyle 6 - 7
Platinum / Freestyle 8 – 10

Based on the entries received for Spotlight and Couples Spotlight events, skaters will be combined into events groups as listed below:

Low / Tot - Delta
Medium / Freestyle 1-3, Bronze
Intermediate / Freestyle 4-5, Silver
High / Freestyle 6 – 10, Gold and Platinum

ISI OPEN FREESTYLE EVENTS

USFS Skaters who have already passed Pre-Preliminary, Adult Pre Bronze or any higher tests and wish to compete in ISI Freestyle events do not need to pass any previous ISI tests. They only must have passed Open Freestyle tests corresponding to their current USFS level.

ISI Freestyle skaters do not have to pass any additional test(s) to skate in the Open Freestyle Events at the corresponding test level below.

If: Passed USFS Tests	If: Passed ISI Tests	Then: New Open FS Level
Pre Preliminary Adult Pre Bronze Adult Bronze	ISI FS 1 - 3	Bronze Test Level
Preliminary Pre Juvenile Adult Silver	FS 4 – 5	Silver Test Level
Juvenile Intermediate Adult Gold	FS 6 – 7	Gold Test Level
Novice Junior Senior	FS 8 - 10	Platinum Test Level

AWARDS

Individual Awards to 1st, 2nd, & 3rd will be a Trophy or Medal
Individual Awards to 4th & 5th will be a Medal
Team Trophy to 1st, 2nd, 3rd highest total team points

Team points will be awarded for individual events as follows:

1st Place	5 team points + 1 participation point
2nd Place	4 team points + 1 participation point
3rd Place	3 team points + 1 participation point
4th Place	2 team points + 1 participation point
5th Place	1 team point + 1 participation point
6th Place	1 participation point

Team points will be awarded for team events
(Production, Pattern, Kaleidoskate, Team Compulsories and Synchronized Teams)
as follows:

1st Place	25 team points + 5 participation points
2nd Place	20 team points + 5 participation points
3rd Place	15 team points + 5 participation points
4th Place	10 team points + 5 participation points
5th Place	5 team points + 5 participation points
6th Place	5 participation points

EVENTS

Tot and Pre Alpha - Delta Program:

Skaters will execute all compulsory moves for their level listed in the ISI Handbook in a one minute program WITH MUSIC of their choice.

All skaters in Pre Alpha through Delta must add one additional maneuver from Freestyle 1 to their program. If the skater performs two Freestyle 1 maneuvers a score of 2.0 will be given under additional maneuvers.

In Delta the skater has a Choice–of-One maneuver listed in the manual. This means that only one maneuver should be performed. In case of misinterpretation of "Choice-of-One", the performance of the first maneuver will be graded.

Compulsory Event : Pre Alpha – FS 10

There is NO music used for Compulsory Programs. After the skater has reached starting position on the ice the announcer will say "Skater you may begin". Additional maneuvers such as any jump, spin, gliding maneuver or any uncaptured moves, are not allowed. This includes but is no limited to: bunny hops, lunges, toe taps, spirals etc)

All Pre Alpha – Delta Compulsories will be skated on ½ ice.
All Freestyle 1 – 5 Compulsories will be skated on ½ ice
All Freestyle 6 - 10 Compulsories will be skated on Full Ice.

Skaters who have only passed an ISI Open Freestyle test must complete in Solo Compulsory as follows:

Bronze – Freestyle 3
Silver – Freestyle 5
Gold – Freestyle 7
Platinum – May choose any FS8-10 level to enter

LEVEL	Maneuvers
½ ice	
Pre Alpha	Forward Swizzles, 2 Ft Glide, Backward Swizzles
Alpha	Forward Stroking, Right Forward Crossovers, 1 Ft Snowplow Stop
Beta	Backward Stroking, Left Backward Crossovers, Right T Stop
Gamma	Right Forward Outside 3 Turn, Left Mohawk Combo, Hockey Stop
Delta	Left Forward Inside 3 Turn, Bunny Hop, Forward Outside Edges
FS 1	Sprial, 2 Foot Spin, Waltz Jump
FS 2	½ Lutz Jump, 1-Foot Spin, 2 Forward Spirals
FS 3	Salchow Jump, Change Foot Spin, Toe Loop Jump
FS 4	½ Loop Jump, Sit Spin, Flip Jump
FS 5	Lutz Jump, Axel Jump, Back Scratch Spin
Full ice	
FS 6	Split Jump, Double Salchow Jump, Spin combination (w/change of foot & position)
FS 7	2 Walleys in Sequence, Double Toe Loop Jump, Flying Camel Spin
FS 8	Flying Sit Spin or Open Axel Sit Spin, Double Flip Jump, Split Lutz
FS 9	Double Lutz Jump, Axel-Double Loop Combination, Flying Camel Spin into a Jump Sit Spin
FS 10	Double Axel-Dbl Toe Combination, Death Drop, 3 Arabian or Butterfly Jumps

Footwork: Bronze - Platinum

In footwork events skaters are grouped according to age & ability level and perform a program to music for one minute. The program should contain original footwork sequences. Emphasis should be given to clean edges and turns: the presentation should not resemble a Freestyle Program. One – half rotation jumps and spins less than three revolutions are permitted. (Note: One Half Loop Jump is a full rotation jump) Footwork programs must be different from the suggested dance step sequences found in the Appendix of the ISI Handbook.

Interpretive Event: Bronze - Platinum

Skaters are NOT ALLOWED to be coached by instructors, parents or anyone else during this event. The emphasis of this event is on the skater's ability to choreograph and skate to music they have heard only three times. The emphasis is not on the difficulty of the maneuvers performed.

Artistic Solo: Bronze - Platinum

Emphasis should be placed on the creative and innovative design of a skating program. Strong edges, body positions, flow, musical interpretation, rhythm, choreography and artistic should be the main focus.

Freestyle Program: Freestyle 1 –10

All skaters in Freestyle 1 –10 levels of competition are not permitted to perform an additional maneuver from a higher test level. The penalty score of 2.0 will be given under Extra Content for doing an illegal additional maneuver. Skaters will be limited to three attempts per required maneuver during programs, and as always, the best attempt will be judged. If the skater attempts the maneuver a fourth time, it will not be judged.

In Freestyle 3, 6, 7 and 8, certain maneuvers are listed under Choice of One. This means that only one of the maneuvers of the skater's choice may be performed. If more than one is performed, only the first maneuver will be graded.

The backward edges required in Freestyle 1 must be performed consecutively:
outside – outside, then inside – inside or inside – inside, the outside – outside.

The dance step sequences in Freestyle 2, 3, 4, 5, 6, 7, 8 and 9 have a mandatory pattern for all ISI competitions as defined in the ISI Handbook.

Open Freestyle and Open Short

Open Freestyle

Event	Levels of Skaters	Maneuver Limitations	Duration
Open Bronze	FS 1-3	FS 3 and below	2 minutes
Open Silver	FS 4-5	FS 5 and below	2 minutes
Open Gold	FS 6-7	FS 7 and below	3 minutes
Open Platinum	FS 8-10	Any maneuvers	4 minutes 30 seconds

Open Short

Event	Level of Skaters	Maneuver Limitations	Duration
Open Gold Short	FS 6-7	FS 7 and below	2 minutes
Open Platinum Short	FS 8-10	Any maneuvers	3 minutes

Stroking Event: Pre Alpha – Freestyle 3

Skaters will be grouped by age and test level and will perform forward stroking in both directions to music provided by the Competition Director. This event focuses on cleanness of edges, rhythm, endurance, posture, flex skating knee – flow (lilt), proper push offs (no toe picks) and extension of free leg. Skaters in the same age/level group will perform and be judged at the same time.

- **There will be No Warm-Up for stroking events**
- Coaches may not assist their skater(s) during the stroking event

Rhythmic Skating: Bronze - Platinum

Rhythmic skating events will be offered for skaters in FS 1- 10. This entertaining routine requires the use of one of the hand props listed below. The program should contain elements that employ the use of these props throughout the program. The skater must maintain control of their prop at all times. Spotlight entrance and exit rules apply. Props will not be allowed on the warm up.

Prop - Choice of one:

Hoop – Wood or plastic it must be rigid, non-bending material.
Diameter 2'7" – 2'11".

Ball – Rubber or plastic – Diameter 7 ¾"

Ribbon Stick – Wood, plastic or fiberglass. Length 20" – 30"
Material - Satin or a non-starched length of fabric. Width 2" – 4",
Length minimum of 6 feet and a maximum of 9 feet long and one single streamer

Spotlight Solo Event :
Low (Tot – Delta), Medium/Bronze (FS1 – FS3), Intermediate/Silver (FS4 – FS5), High/Gold & Platinum (FS6 – FS 10)

Skaters in these categories will use music, costumes and props (optional). Skaters will be grouped according to age and/or test level.

The Spotlight Solo event includes

Character Solo: where the skater portrays a famous, easily recognizable character.

Light Entertainment: the skater performs a lighthearted, vaudeville type program using music, dance and skating moves. (A light entertainment routine can portray a character but does not have to be)

Dramatic Solo: an artistic theatrical performance by individual skaters that evokes an emotional response from the judges and audience. The skater's interpretation should create a mood that is enhanced by the style, creativity, costuming and props (optional). The overall impression at the conclusion of the performance should be that it was a dramatic performance, not light hearted as in the light entertainment category.

Spotlight Couples Event:
Low (Tot – Delta), Medium/Bronze (FS1 – FS3), Intermediate/Silver (FS4 – FS5), High/Gold & Platinum (FS6 – FS 10)

Please Note: Skaters may enter only 1 Couple Spotlight event!

Two skaters perform a routine that is entertaining, emotional or a portrayal of characters using costumes and props (optional). This event is divided into low, medium, intermediate, high for partner selections. Groups will be divided as registration warrants.

Level entered must be at the higher of the 2 skater's level.

****ADDITIONAL SPOTLIGHT RULES****

Live props are not permitted. Props may not be flame or smoke oriented or of any substance that will alter the surface of the ice. No dry ice allowed.

The penalty for exceeding prop specifications will be a grade of 2.0 under the skater's Costume and Prop score. Penalties will be given for the following:

1. Altering the ice with any substances such as shaving cream, whipped cream etc.
2. Exceeding the 30 seconds allowed for entering and leaving the ice.
3. Exceeding the prop size guidelines, such as the skater's not being able to hand carry, push or lift the prop onto and off of the ice by themselves. Entrances to the ice vary greatly from rink to rink. Props should be able to easily fit through a 35 inch wide door.
4. Skaters are not permitted to exit the ice surface during their performance, this includes sitting on the surrounding barriers and dasher boards.

Jump & Spin Event: Pre Alpha – FS 10

A team of 2 skaters where first skater performs required jump twice while skater 2 stands still. After skater 1 is finished with both attempts and stops, skater 2 begins and performs their required spin 2 times. After skater 2 has finished and stopped, the skaters exit the ice together.

A Jump & Spin team consists of any 2 skaters competing in the same category level but they do not have to be on the same test level. (See below) Category entered must be at the higher of the 2 skaters test levels. Only the technical accuracy of the maneuver is scored – not the difficulty level of the maneuver.

Levels & Manuever Options:	Skater 1	Skater 2
Low / (Pre Alpha – Delta)	2 foot hop OR Bunny hop	Two foot Spin (no other choice)
Medium / (FS 1-3)	1/2 flip OR Toe Loop	Two Foot Spin OR 1 Foot Spin
Intermediate / (FS 4-5)	1/2 Loop OR Axel	Sit Spin OR Back Spin
High / (FS 6-10)	Dbl Salchow OR Dbl Loop	Flying Camel OR Flying Sit

ADDITIONAL MANEUVERS OR CHOREOGRAPHY IS NOT ALLOWED – ONLY THE REQUIRED MANEUVERS ARE JUDGED. Skaters may use only preparation or set up steps.

No music is required for the team

- Low, Medium and Intermediate levels will use HALF ICE.
- High level will use FULL ICE.

TEAM EVENTS: (sign up using the Team entry form)

Family Spotlight
Two or more family members can perform an entertaining spotlight routine using costumes and props. If necessary, the event groupings are divided first by the number of skaters and then by age groups and/or ability levels.
Duration 1 ½ minutes.

Team Compulsory (Freestyle 1-10)
Freestyle 1 – 5 consists of a team of six skaters
Freestyle 6 – 10 consists of a team of seven skaters
Music is required.
Maneuvers must be performed in the order listed in the Test Standards.
Additional maneuvers from a higher level are not permitted in Team Compulsory events.

Ensemble Team:
This event is open to groups of 3 – 7 skaters of all levels and ages.
Skaters will be judged on the entertainment and performance value of the program.
There are NO required maneuvers and no technical score, but skating maneuvers can be performed at any level.
The group must use the music, along with costumes and props, to enhance the theme of their program.
Duration is 3 minutes all levels.

Production Team:
Production teams consist of 8-32 skaters and can be divided into Small (8-14), Medium (15-22), Large (23-32) categories.
Props and costumes should be used to illustrate a creative and artistic program.
Any and all maneuvers are allowed.
Please see the current ISI Handbook for further information.
Duration is 4.5 minutes for all levels.

Synchro Events:
Please refer to the most current - 2014 rules for all Synchro events.