



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



JANUARY 2014 NEWSLETTER

SHSAA EXECUTIVE 2013-2014

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SHSAA MISSION STATEMENT

"To promote the positive development of the individual by providing competitive interscholastic athletic activities consistent with the goals of education."

Executive Director's Report

The SHSAA office staff wants to wish everyone a Happy New Year as you return to school after a very well deserved Christmas break. We want to thank everyone as well for the effort and passion delivered to the student-athletes of Saskatchewan over the busy four months that started this school year off. Your efforts and enthusiasm did not go unnoticed and is appreciated by both students and the Executive Council alike.

The first four months of school sport was quite successful. The provincial championships were well attended and those involved in the championships in the first five activities, represented their school, community and family well and for the most part, displayed to our fans the respect and integrity that is synonymous with school sport.

This will serve as a reminder to all schools of the new Transfer Policy that was approved at the 2012 AGM and redefined at the 2013 AGM. For those students thinking about transferring to a different school come the fall of 2014, the Transfer Policy will now be fully in effect for all students. This policy states that once students have enrolled in their Grade 10 school of choice, they are eligible for SHSAA sanctioned inter-school sport at that school and only that school. Should a Grade 10 or 11 student transfer to a different school from which they established their school sport eligibility (entering Grade 11 or 12 in the fall of 2014), they are only eligible for the activities they did not participate in at their original 'home school'. Students are not denied the opportunity to transfer schools during their high school career, however as empowered by the School Boards of Saskatchewan, their athletic eligibility is not a right but a privilege. Therefore, the students in these situations will be ineligible for one year in the activities they participated in at their original school.

The classification projections for the 2014-2015 school year are based on the Gr. 9-11 enrolment of the current school year as was approved at the 2009 AGM. As such, the 2A Girls Volleyball championship for November 2014 has been declared OPEN. Schools wanting to host this championship are required to submit a bid to the SHSAA Executive Council. These written bids will be due on or before April 11th, 2014. Please refer to the SHSAA Handbook (pg. 68) for the criteria required in a written bid and use the 'Bid to Host' form located on the web site. The Executive will select the host site of these championships at their April meeting.

The Respect in Sport initiative which has been directed by Sask Sport to all provincial sport governing bodies who receive funding from Sask Sport, has been embraced by the educators of this Association with outstanding merit. The Executive Council wishes to thank all those coaches that work with our student athletes that have accepted the expectation of Sask Sport to this point. There are still those that may not have accepted a volunteer coaching role at their school for the remaining five activities left on the SHSAA calendar. The Council asks that these remaining coaches to register on the Sask Sport website (<http://www.sasksport.sk.ca/RIS/index.html>) and complete the three hour course as soon as possible. The deadline for the compliance of this course was September 30, 2013. As expected, some schools may not have had the winter and spring coaches in place at the beginning of the year, but now should have all in place. The Council also asks that for those that may have completed the course as required but did not submit their certification number when completing the E5 forms back on September 11, 2013, please do so by going back to your registration form and update the coach information by submitting the certification number into the 'Exam Cert. No.'.

Upon returning to school this January, a brand new web site for the Association will be launched on January 13th. The web address remains as <http://www.shsaa.ca>. If this web address is bookmarked as one of your favourites, please re-load the url address through a browser to access the new web site. Then resave the new site in your favourites. In addition, the bi-seasonal ranking of basketball teams will again be conducted this season. Thank you to those who have volunteered to serve on the committees. We encourage all basketball teams to submit their results to the link provided in the coming weeks. The survey will be sent to each team shortly and will have a deadline of Jan. 13, 2014. The first posting will be Jan. 20, 2014. The second posting of the top ten teams in the 1A – 4A categories will be Feb. 18, 2014. These rankings are for interest sake only. This serves as a reminder to coaches that the SHSAA seeding form is required by Friday February 21, 2014.





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL CURLING CHAMPIONSHIPS

FEBRUARY 28 - MARCH 1, 2014

Each provincial championship will consist of eight teams scheduled as two pools of four teams in round robin play format. The top two teams from each pool shall advance to the championship bracket. The eight teams participating at the provincial championships will include the host school and seven other teams that have qualified through the regional championships.

As approved at the SHSAA December Executive meeting, the tie-breaking criteria shall utilize the Skill Based Team Ranking System (SBTRS). For more information on the tie-breaker and the Saturday schedule of games please refer to the curling activity page of the SHSAA website <http://www.shsaa.ca/page/show/992559-curling>

Regional championships will be held February 14 – 15, 2014. The Regional championships will consist of a six or eight team double knock-out format leading to an 'A' event and 'B' event qualifier to the provincial championship. Due to the Executive motion to adopt the SBTRS at the provincial championship, the only region that may require an A-B playoff to complete the double knock-out competition is the region with the provincial host. The A-B playoff will only be contested if the provincial host has not won either the 'A' or 'B' event. In the regions without an A-B playoff the 'A' event winner will be considered the Regional champion.

Districts should declare their representatives to the Regional Championships and contact the regional commissioners and SHSAA office by Monday February 10, 2014.

Regional commissioners are asked to contact both the SHSAA office and provincial commissioner by Monday February 17, 2014 with the names of the schools which have advanced to the provincial championship.

REGIONAL CHAMPIONSHIPS: February 14 – 15, 2014

REGION A (SOUTH CENTRAL)	BOYS	GIRLS	MIXED
Location:	Moose Jaw	Moose Jaw	Moose Jaw
Contact:	Larry Segall	Larry Segall	Larry Segall
Phone:	306-694-7526	306-694-7526	306-694-7526
Fax:	306-692-0283	306-692-0283	306-692-0283
Format:	8 team double knock-out leading to an 'A' event and 'B' event qualifier to provincials		
First Round Games:	Game #1: SC #1 vs. SW #2 Game #2: WC #1 vs. RG #2	Game #3: SW #1 vs. SC #2 Game #4: RG #1 vs. WC #2	
Participating Districts and Contacts:	Regina Chuck Toth 306-523-3461	West Central Miles Bennett 306-252-2182	South West Deb Reamer 306-299-2061

REGION B (QU' APPELLE VALLEY)	BOYS	GIRLS	MIXED
Location:	Southey	TBA	Kelliher
Contact:	Lisa Gerrard	Trevor Viergutz	Julie Stiglitz
Phone:	306-726-2224	306-695-3929	306-675-2112
Fax:	306-726-2019	306-695-2328	306-675-4842
Format:	6 team double knock-out leading to an 'A' event and 'B' event qualifier to provincials		
First Round Games:	Bye #1: SE #1 Game #1: EC #2 vs. QV #2	Game #2: EC #1 vs. SE #2 Bye #2: QV #1	
Participating Districts and Contacts:	East Central Brad Cameron 306-548-2103	South East Fred Jerred 306-532-4274	





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



REGION C (HORIZON CENTRAL)	BOYS	GIRLS	MIXED
Location:	Humboldt	Ituna	Strasbourg
Contact:	Teri Lueke	Cindy Yanko	Lorne Gottselig
Phone:	306-682-2824	306-795-2581	306-725-3441
Fax:	306-682-5785	306-795-2570	306-725-3629
Format:	8 team double knock-out leading to an 'A' event and 'B' event qualifier to provincials		
First Round Games:	Game #1: HC #1 vs. NE #2 Game #2: ST #1 vs. NC #2		Game #3: NE #1 vs. HC #2 Game #4: NC #1 vs. ST #2
Participating Districts and Contacts:	North East Cory Schmaltz 306-768-2433	North Central Nathan Noble 306-929-2133	Saskatoon Brad Smith 306-683-8249

REGION D (CENTRAL VALLEY)	BOYS	GIRLS	MIXED
Location:	Rosthern	Delisle	Waldheim
Contact:	Neda Wilson	Barbara Kielo	Reg Pauls
Phone:	306-232-4868	306-493-2433	306-945-2211
Fax:	306-232-4365	306-493-2345	306-945-5445
Format:	6 team double knock-out leading to an 'A' event and 'B' event qualifier to provincials		
First Round Games:	Bye #1: CV #1 Game #1: BW #1 vs. NW #2		Game #2: BW #2 vs. CV #2 Bye #2: NW #1
Participating Districts and Contacts:	Battle West Brad Nemish 306-883-2282		North West Jay Elder 306-285-3505

PROVINCIAL CHAMPIONSHIPS: February 28 – March 1, 2014

	BOYS	GIRLS	MIXED
Location:	Colonsay (4 sheets)	Hanley (4 sheets)	Martensville (4 sheets)
Contact:	Sandra Moen	Scott Cory	Megan Shaw
Phone:	306-255-2050	306-544-2511	306-931-2230
Fax:	306-255-2021	306-544-2221	306-931-2766
Format:	Two pools of four leading to a four team championship bracket		
Participants:	Host School, additional representative from Region D. Two representatives from each of Regions A, B, and C	Host School, additional representative from Region D. Two representatives from each of Regions A, B, and C	Host School, additional representative from Region D. Two representatives from each of Regions A, B, and C
Pool Make-up:	Pool A - Region A and C champion, Region B and D runner-up Pool B - Region B and D champion, Region A and C runner-up		
Schedule of Events:	Practice time: Thursday February 27, 6:30 – 8:00pm Coaches and Athletes meeting: Thursday February 27, 8:00pm Opening Ceremonies: Friday February 28, 2014 @ 2:00pm		



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA BASKETBALL PLAYOFFS

CONFERENCE

1A – 4A Classifications:

- All registered basketball teams have been placed in a geographical conference (see basketball activity page <http://www.shsaa.ca/page/show/992557-basketball>)
 - if your school is not listed and your school plans on having a team, you must contact the SHSAA office
 - if your school is listed and your school will not be forming a team or you do not wish to enter the provincial playoff, you must contact the SHSAA office by February 5, 2014
- The teams designated to each particular conference are available on the SHSAA website.
- The SHSAA office will seed each conference tournament.
- Draws for the conference tournaments will be available on the SHSAA website on or before February 24, 2014
- Each coach is to fill out and submit a seeding form including their opinion on the seeding of their conference and the province. Seeding forms are due on or before February 21, 2014.
- Districts are to notify the SHSAA office of host sites for the conference tournaments they have been assigned. Please check the website periodically to see updates to conferences, including host sites.

Conference Tournaments:

- All conference tournaments will be played the weekend of February 28 – March 1, 2014 and will advance two teams to regional weekend except where indicated on the document listing the conference groupings.
- As per the resolution passed at the 2008 AGM there will not be a consolation side included in the tournaments. In conferences of four, five, six or seven teams that are designated to advance more than two teams there will be a qualifier bracket to advance the extra teams to regional play.
- The draw templates for the conference tournaments are available on the basketball activity page of the SHSAA website <http://www.shsaa.ca/page/show/1063325-conference-draw-templates>

REGIONAL

1A – 4A Classifications:

- Teams will advance from conference play to regional play. The 16 teams that advance to regional play will be seeded 1 to 16 and will be placed in one of four regional tournaments in their classification.
- Each regional tournament will include a championship and consolation side with the winner of the championship side advancing to HOOPLA.
- Regional tournament hosts will be named on March 3, 2014.
- Regional tournaments will be played the weekend of March 7 – 8, 2014.
- Each District Officials' Commissioner should prepare to host a minimum of 2 and possibly more Regional Tournaments in their district.
- Schools interested in hosting a regional basketball playoff are invited to submit a bid to host on or before January 31st. Send bids to the SHSAA office.

HOOPLA

- HOOPLA will be hosted in Regina on March 13 – 15, 2014.
- **1A – 4A classifications:** The four regional champions will play a straight elimination four team tournament with a consolation side to determine third place.
- **5A classification:** There will be an eight team tournament composed of four teams from the Regina District and four teams from the Saskatoon District. The tournament will have a championship and consolation side.

SEEDING OF TEAMS FOR CONFERENCE AND REGIONAL PLAYOFFS

Seeding forms are due to the SHSAA office on or before February 21, 2014.

- The SHSAA office requires written confirmation of season results from **ALL BASKETBALL TEAMS**. Include results of all games played (tournament, league, and exhibition) including who your opponents were and the result, win or loss.
- Please include your opinion regarding the seeding of the teams in your conference as well as your opinion regarding the top 8 teams in the province in your classification.

- **PLEASE USE THE SEEDING FORM AVAILABLE FROM THE SHSAA WEBSITE**

[Seeding Form \(pdf\)](#) [Seeding Form \(word\)](#)





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



BOYS BASKETBALL CONFERENCES 2013 – 14 as of January 2, 2014

Host sites are highlighted - updates will be made as Districts name the remaining host sites
(bracketed # indicates the number of teams to advance from the conference to regional play)
Basketball withdrawal date - February 5, 2014

	HOST	CONFERENCE 1	HOST	CONFERENCE 2	HOST	CONFERENCE 3	HOST	CONFERENCE 4	
1A BOYS (1- 30)	SE (2)	Arcola – SE	SW (2)	Cornerstone – SC	NW (2)	Poundmaker – BW	HC (2)	Allan – CV	
		Fillmore – SE		Coronach – SC		Kerrobert – BW		Lake Lenore – HC	
		Gladmar – SE		Frontier – SW		Luseland – BW		Middle Lake – HC	
		Ogema – SE		Herbert – SW		Lashburn – NW		Star City – NE	
		Radville – SE				Makwa – NW			
	Stoughton – SE		St. Walburg – NW						
	QV (2)	CONFERENCE 5	SC (2)	CONFERENCE 6	CV (2)	CONFERENCE 7	EC (2)	CONFERENCE 8	
		Kahkewistahaw – QV		Imperial – HC		Maymont – BW		Norquay – EC	
		Montmartre – QV		Central Butte – SC		Blaine Lake – CV		Preeceville – EC	
		Nakoda Oyade – QV		Craik – SC		Hepburn – CV		Sturgis – EC	
Wolseley – QV		Davidson – WC		Leask – CV		Peepeekisis – QV			
Laval – RG	Kenaston – WC	RJC – CV	Lipton – QV						
Whitebear – SE	LCBI – WC								
2A BOYS (31 – 50)	EC (2)	CONFERENCE 1	CV (2)	CONFERENCE 2	NW (2)	CONFERENCE 3	NE (2)	CONFERENCE 4	
		Canora – EC		Hague – CV		Beauval – NW		St. Brieux – HC	
		Balcarres – QV		Osler VCA – CV		Minahik – NW		Carrot River – NE	
		Southey – QV		Rosthern – CV		Rossignol – NW		Creighton – NE	
	Rocanville – SE	Waldheim – CV	Twin Lakes – NW	Hudson Bay – NE					
	SC (2)	CONFERENCE 5	CV (2)	CONFERENCE 6	BW (2)	CONFERENCE 7	NC (2)	CONFERENCE 8	
		Grenfell – QV		Asquith – CV		Cando – BW		Stobart – CV	
		Caronport – SC		Langham – CV		Macklin – BW		Ahtahkakoop – NC	
		Gravelbourg – SC		Ecole Canadienne – ST		Island Lake – NW		Birch Hills – NC	
		Riverview – SC		Legacy Christian – ST		Maidstone – NW		Kinistino – NC	
				Thunderchild – NW					
3A BOYS (51 – 120)	QV (3)	CONFERENCE 1	WC (3)	CONFERENCE 2	CV (4)	CONFERENCE 3	ST (4)	CONFERENCE 4	
		Esterhazy – EC		Maple Creek – SW		Unity – BW		Clavet – CV	
		Kamsack – EC		Shaunavon – SW		Cst. R. Cameron – CV		Humboldt – HC	
		Fort Qu' Appelle – QV		Biggar – WC		Dalmeny – CV		Wakaw – HC	
		Indian Head – QV		Kindersley – WC		Delisle – CV		Watrous – HC	
		Moosomin – SE		Outlook – WC		Se Se Wa Hum – NC		Wynyard – HC	
	Oxbow – SE	Rosetown – WC	Hillmond – NW	Myles Venne – NC					
	RG (2)	CONFERENCE 5							ST Christian – ST
		Lumsden – QV							
		Harvest City – RG							
RG Christian – RG									
Assiniboia – SC									
4A BOYS (>120)	QV (4)	CONFERENCE 1	QV (4)	CONFERENCE 2	ST (4)	CONFERENCE 3	NE (4)	CONFERENCE 4	
		Melville – EC		Notre Dame – QV		JP II – BW		Melfort – NE	
		Yorkton Regional – EC		Johnson – RG		NB Comp. – BW		Nipawin – NE	
		Yorkton S. Heart – EC		MJ Central – SC		Martensville – CV		Tisdale – NE	
		Balgonie – QV		MJ Peacock – SC		Warman – CV		PA Carlton – NC	
		Estevan – SE		MJ Vanier – SC		Eagleview – NW		PA St. Mary – NC	
		Weyburn – SE		Swift Current – SW		Meadow Lake – NW			
		Mar. Graham – ST							
5A BOYS		REGINA			SASKATOON				
		Balfour Campbell LeBoldus Luther	O'Neil Riffel Sheldon Williams Thom Winston Knoll		Aden Bowman Bedford Bethlehem Bishop Mahoney Centennial Evan Hardy	Holy Cross Mount Royal St. Joseph Tommy Douglas Walter Murray			





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



GIRLS BASKETBALL CONFERENCES 2013 – 14 as of January 2, 2014

Host sites are highlighted - updates will be made as Districts name the remaining host sites
(bracketed # indicates the number of teams to advance from the conference to regional play)
Basketball withdrawal date - February 5, 2014

	HOST	CONFERENCE 1	HOST	CONFERENCE 2	HOST	CONFERENCE 3	HOST	CONFERENCE 4
1A GIRLS (1-30)	SE (2)	Langenburg – EC	SW (2)	Holdfast – HC	BW (2)	Cando – BW	HC (2)	Preeceville – EC
		Montmartre – QV		Harvest City – RG		Kerrobot – BW		Lake Lenore – HC
		Nakoda Oyade – QV		Gravelbourg – SC		Luseland – BW		Middle Lake – HC
		Fillmore – SE		Herbert – SW		Wilkie – BW		St. Brieux – HC
		Stoughton – SE				Perdue – CV		
	HOST SC (2)	CONFERENCE 5	HOST SC (2)	CONFERENCE 6	HOST NW (2)	CONFERENCE 7	HOST NC (2)	CONFERENCE 8
		Bengough – SC		Central Butte – SC		Hillmond – NW		Hafford – BW
		Coronach – SC		Elrose – WC		Makwa – NW		Blaine Lake – CV
		Rockglen – SC		Eston – WC		St. Walburg – NW		Borden – CV
		Gladmar – SE		Kenaston – WC		Thunderchild – NW		Kinistino – NC
Radville – SE		Turtleford – NW	Bjorkdale – NE					
2A GIRLS (31 – 50)	HOST RG (2)	CONFERENCE 1	HOST ST (2)	CONFERENCE 2	HOST NW (2)	CONFERENCE 3	HOST NE (2)	CONFERENCE 4
		Kahkewistahaw – QV		Aberdeen – CV		Beauval – NW		Carrot River – NE
		Southey – QV		Hague – CV		Lashburn – NW		Creighton – NE
		RG Christian – RG		Osler VCA – CV		Maidstone – NW		Hudson Bay – NE
		Rocanville – SE		ST Christian – ST		Paradise Hill – NW		Naicam – NE
	HOST SW (2)	CONFERENCE 5	HOST CV (2)	CONFERENCE 6	HOST WC (2)	CONFERENCE 7	HOST HC (2)	CONFERENCE 8
		Hanley – CV		RJC – CV		Asquith – CV		Canora – EC
		Gull Lake – SW		Stobart – CV		Langham – CV		Norquay – EC
		Shaunavon – SW		Birch Hills – NC		Waldheim – CV		Foam Lake – HC
		Davidson – WC		Meath Park – NC		Biggar – WC		Kelvington – HC
LCBI – WC			Wadena – HC					
							Wynyard – HC	
3A GIRLS (51 – 120)	HOST EC (4)	CONFERENCE 1	HOST SC (4)	CONFERENCE 2	HOST NW (4)	CONFERENCE 3	HOST CV (4)	CONFERENCE 4
		Esterhazy – EC		Assiniboia – SC		Macklin – BW		Clavet – CV
		Kamsack – EC		Caronport – SC		Spiritwood – BW		Dalmeny – CV
		Fort Qu' Appelle – QV		Maple Creek – SW		Unity – BW		Delisle – CV
		Indian Head – QV		Kindersley – WC		Se Se Wa Hum – NC		Churchill – NC
		Moosomin – SE		Outlook – WC		Eagleview – NW		Myles Venne – NC
		Oxbow – SE				La Loche – NW		PACI – NC
		Minahik – NW	Rivier – NC					
4A GIRLS (>120)	HOST SE (4)	CONFERENCE 1	HOST SW (4)	CONFERENCE 2	HOST BW (4)	CONFERENCE 3	HOST HC (4)	CONFERENCE 4
		Melville – EC		Lumsden – QV		JP II – BW		Humboldt – HC
		Yorkton Regional – EC		Johnson – RG		NB Comp. – BW		PA Carlton – NC
		Yorkton S. Heart – EC		Luther – RG		Martensville – CV		PA St. Mary – NC
		Balgonie – QV		MJ Central – SC		Warman – CV		Melfort – NE
		Notre Dame – QV		MJ Peacock – SC		Meadow Lake – NW		Nipawin – NE
		Estevan – SE		MJ Vanier – SC				Tisdale – NE
Weyburn – SE	Swift Current – SW							
5A GIRLS		REGINA			SASKATOON			
		Balfour Campbell LeBoldus O'Neill	Riffel Sheldon Winston Knoll		Aden Bowman Bethlehem Bishop Mahoney Centennial Evan Hardy	Holy Cross Marion Graham St. Joseph Tommy Douglas Walter Murray		





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL BASKETBALL CHAMPIONSHIPS **HOOPLA 2014**

Hoopla 2014 will be held in Regina, March 13, 14 and 15. The 5A boys and girls preliminary games will be held on Thursday evening. All other classifications will begin play on Friday. All **finals** will be played on Saturday.

The Regina host committee will host the Provincial Basketball Championships at the following venues:

- ❖ **Centre for Kinesiology, Health, and Sport - University of Regina**
 - ❖ **3737 Wascana Parkway**
 - ❖ **Three gymnasiums will be in use**
- ❖ **Miller Comprehensive High School (1027 College Avenue)**

The schedule of games will be released Monday, March 10th. It will be posted on the SHSAA web site; direct your inquiries to the SHSAA office. Each school team attending HOOPLA is responsible for arranging their accommodations. Schools are encouraged to book rooms early.

For a listing of Regina Hotels please check the Tourism Regina website <http://tourismregina.com/stay/hotels/>



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA REGIONAL WRESTLING

DATE: *Saturday, March 1, 2014*

LOCATION: *Weyburn Comprehensive*

COMMISSIONER: *Jody Kerr*

PHONE: 306-842-7494 **FAX:** 306-842-5594

ENTRY:

1. All wrestlers from registered schools outside Regina and Saskatoon **MUST** attend this meet in order to qualify for the Provincial Tournament.
2. Registered schools may enter more than one wrestler per division.
3. Every participating school **MUST** contact the commissioner and SHSAA Office, with their intent to enter, and indicate the number of competitors by the Monday preceding the regional tournament. Competitors who have not been pre-registered by their coaches will not be allowed to participate in the tournament.
4. **This will be a one-day meet.** Weigh-in will be done by email. Skin-check will start at 9:00 a.m. and wrestling will begin at 10:00 a.m.
5. The Saskatchewan District team that advances to the Provincial Tournament will consist of up to four qualifiers from this meet per weight division.
6. The coaches present will select the "District" coaching staff. (Head and Assistant Coach.)
7. The District Coaches in consultation with the commissioner will select the final district team.

WEIGH-IN:

A weigh-in will not be held at the Regional tournament. **Each wrestler must weigh in at their home school. A school administrator or their designate must certify the weight. Certified weights must be emailed to the host commissioner and SHSAA office by 12:00 p.m. on the Thursday preceding the meet (February 27, 2014).** Note this procedure is used for the regional meet only.

SKIN INSPECTIONS: Skin inspections will begin at 9:00 am. All participants must pass the on-site skin inspection before wrestling.

START TIME:

The tournament begins at 10:00 am. Three wrestling mats are available for matches.

RULE CHANGES FOR HIGH SCHOOL WRESTLING:

The SHSAA Executive Council has adopted the CAWA rules (revised November 2013) for SHSAA competitions (http://www.wrestling.ca/pdf/WCL_Rulebook_2013_v2.0.pdf). There are SHSAA modifications to some of the CAWA rules. Highlights of the new rules and the SHSAA modifications can be accessed at the following link:

<http://www.shsaa.ca/page/show/992567-wrestling>

ACCOMMODATIONS:

For a listing of possible hotels in Weyburn use the following link:

<http://www.weyburn.worldweb.com/Lodging/HotelsMotels/>





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL WRESTLING CHAMPIONSHIPS

DATE: March 7 – 8, 2014

LOCATION: Walter Murray Collegiate - Saskatoon

COMMISSIONER: Brad Smith

PHONE: 306-683-8249

FAX: 306-657-3964

E-Mail: <mailto:smithbra@spsd.sk.ca>

ENTRY:

Regina, Saskatoon and District Teams must be declared on or before March 1st and entries received by the commissioner and SHSAA office on or before, March 3rd. Changes to original entries must be made by 4:00pm Wednesday, March 5th.

SKIN CHECKS:

On site skin examinations will begin Friday, March 7th at 11:30am. All wrestlers must clear skin inspection prior to reporting for weigh-in.

WEIGH-IN:

Weigh-ins will take place on site from 12:00 noon to 1:00pm Friday, March 7th. Wrestlers must weigh in at this time and make the weight class that they qualified in for the Provincial Championship.

WEIGH-IN PROCEDURE:

Check scales for the weigh-ins will be available for wrestlers between 11:00 am and 11:30 am.

COMPETITION:

Wrestling will begin at 4:00pm Friday and continue until 9:00pm. Wrestling will resume Saturday at 9:00am. Information will be provided at the championship as to when the break for the coaches meeting will occur on Saturday and when wrestling will commence following the coaches meeting. Medal presentations for all weight classifications will occur after the final championship bouts have finished.

ACCOMMODATION:

For a listing of Saskatoon Hotels please check the Tourism Saskatoon website <http://www.tourismsaskatoon.com/hotels/>

RULE CHANGES:

See Regional Wrestling information from the previous page.

Sask milk





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL BADMINTON CHAMPIONSHIP

Date: May 10, 2014

Location: Warman High School

Commissioner: Grant Elke

Phone: 306-260-5712

Fax: 306-239-2255

Email: <mailto:grant.elke@spiritsd.ca>

Rules and Procedures: Refer to the SHSAA Handbook, Badminton Pages 81-84.

Official Shuttlecock: The SHSAA has a sponsorship contract with Yonex Canada. The Yonex Mavis 300, Blue Band Shuttle will be supplied by the SHSAA & Yonex for each District, Regional and the Provincial Tournament.

Accommodation:

For a listing of Saskatoon Hotels please check the Tourism Saskatoon website <http://www.tourismsaskatoon.com/hotels/>

Inquiries: Please contact the respective commissioners or the SHSAA Office at:

#1 - 575 Park Street

REGINA SK S4N 5B2

Phone: 306-721-2151 Fax: 306-721-2659

E-mail: shsaa@shsaa.sk.ca

Web Site: www.shsaa.sk.ca

REGIONAL PLAYOFFS

MAY 3, 2014

Reminder to all District Commissioners: You must have your entries for Regional Badminton into the Regional host and SHSAA office by Monday April 28th.

	SERIES A	SERIES B	SERIES C	SERIES D
Location:	SOUTH CENTRAL Moose Jaw Peacock	QU' APPELLE VALLEY Indian Head	HORIZON CENTRAL Foam Lake	CENTRAL VALLEY Osler VCA
Contact:	Larry Segall	Trevor Viergutz	Graham Farrell	Grant Elke
Phone:	306-694-7526	306-695-3929	306-272-3308	306-260-5712
Fax:	306-692-0283	306-695-2328	306-272-4919	306-239-2255
Format:	6 – Team	6 – Team	8 – Team	8 – Team
Participating Districts and Contacts:	SOUTH WEST Deb Reamer 306-299-2061	SOUTH EAST Fred Jerred 306-532-4274	NORTH EAST Cory Schmaltz 306-768-2433	BATTLE WEST Brad Nemish 306-883-2282
	WEST CENTRAL Eugene Bucko 306-463-3771	REGINA Chuck Toth 306-523-3461	EAST CENTRAL Brad Cameron 306-548-2103	NORTH WEST Jay Elder 306-397-2944
			NORTH CENTRAL Nathan Noble 306-929-2133	SASKATOON Brad Smith 306-683-8249





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL TRACK & FIELD CHAMPIONSHIP

DATE: June 6 – 7, 2014

LOCATION: Gutheridge Field ([650 Coteau Street East](#)) - Moose Jaw.

COMMISSIONER: [Larry Segall](#)

PHONE: 306-694-7526

FAX: 306-692-0283

Participating Districts and schools are responsible to book their own accommodation. The SHSAA and host have blocked rooms in Moose Jaw. Check the SHSAA web site for the list (<http://www.shsaa.ca/page/show/968446-provincial-championship-accommodations>)

Categories of Competition:

Senior – 16 and over as of August 31st, 2013

Junior – under 16 as of August 31st, 2013

Midget – under 15 as of August 31st, 2013

Wheelchair Events: The 100m and 400m wheelchair events have been approved as events for this meet. Please contact the SHSAA office with entries for the wheel chair events.

Quadathlon: There will be an open category for Boys Quadathlon and Girls Quadathlon competitions.

- Four events (100m, 800m, Long Jump, and Shot Put) are scored on the best performance by the individual in each of the events. The winner of the Quadathlon will be the competitor who has accumulated the most points through the four events.
- Athletes participating in the Quadathlon will not be allowed to compete in other individual events at the SHSAA Championships but may compete in any age appropriate relays entered by their District.
- All athletes competing in the Quadathlon at the SHSAA Track and Field Championships are expected to have competed in a similar event at their District Track Meet.
 - Shot Put implement: Boys – 12 lb; Girls – 4 kg

HY-TEK: The district team advancer information will be provided to each district. Entries are due to the SHSAA office on or before June 2nd, 2014. Substitutions for original entries may be made until 4:00pm on June 4th, 2014.

OFFICIALS' ASSIGNMENTS: Each District supplies **TWO OFFICIALS per session**. These officials assist the head official of the events. Please forward names of your District officials to the SHSAA Office. A fine of \$100.00 will be assessed to any District that does not comply with these criteria. Athletes must not be assigned as officials.

TASK	DISTRICT ASSIGNED
Track Judges & Officials:	SOUTH EAST BATTLE WEST WEST CENTRAL HORIZON CENTRAL REGINA
SHOT:	CENTRAL VALLEY
JAVELIN:	SOUTH WEST
DISCUS:	NORTH CENTRAL
LONG JUMP:	QU' APPELLE VALLEY
TRIPLE JUMP:	NORTH EAST
HIGH JUMP:	NORTH WEST
POLE VAULT:	SASKATOON
AWARDS:	EAST CENTRAL
HEAD OFFICIAL FOR EACH EVENT:	SOUTH CENTRAL / SASK ATHLETICS





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA TRACK & FIELD - Provincial Championship

Friday and Saturday June 6 & 7, 2014 – Gutheridge Field – Moose Jaw

FRIDAY TRACK SCHEDULE			SATURDAY TRACK SCHEDULE		
Time	Division	Competition	Time	Division	Competition
9:30 am	Mid. Girls	80 m Hurdle Heats	9:00 am	Sr. Girls	4X100 m Relay H
	Jr. Girls	80 m Hurdle Heats	9:15	Sr. Boys	4X100 m Relay H
	Sr. Girls	80 m Hurdle Heats	9:30	Jr. Girls	4X100 m Relay H
10:10	Mid. Boys	100 m Hurdle Heats	9:45	Jr. Boys	4X100 m Relay H
	Jr. Boys	100 m Hurdle Heats	10:00	Mid. Girls	4X100 m Relay H
	Sr. Boys	100 m Hurdle Heats	10:15	Mid. Boys	4X100 m Relay H
10:50	Mid. Girls	100 m Heats	10:30	Sr. Boys	3000 m Final
	Mid. Boys	100 m Heats	10:45	Sr. Girls	3000 m Final
	Jr. Girls	100 m Heats	11:00	Jr. Boys	3000 m Final
11:30	Jr. Boys	100 m Heats	11:15	Jr. Girls	3000 m Final
	Sr. Girls	100 m Heats	11:30	Mid. Boys	3000 m Final
	Sr. Boys	100 m Heats	11:45	Mid. Girls	3000 m Final
12:10 pm	Open Girls	100m Quads Timed Finals	12:00 pm	Sr. Girls	200 m Heats
	Open Boys	100m Quads Timed Finals	12:15	Sr. Boys	200 m Heats
12:40	Mid. Girls	400 m Heats	12:30	Jr. Girls	200 m Heats
	Mid. Boys	400 m Heats	12:45	Jr. Boys	200 m Heats
	Jr. Girls	400 m Heats	1:00	Mid. Girls	200 m Heats
1:20	Jr. Boys	400 m Heats	1:15	Mid. Boys	200 m Heats
	Sr. Girls	400 m Heats	Lunch Break 1:30 – 2:30		
	Sr. Boys	400 m Heats	2:30	Wheel Chair	400 m Timed Final
2:00	Mid. Girls	100 m Semi-final	2:40	Sr. Girls	800 m Timed Final
	Mid. Boys	100 m Semi-final	2:55	Sr. Boys	800 m Timed Final
	Jr. Girls	100 m Semi-final	3:10	Jr. Girls	800 m Timed Final
2:30	Jr. Boys	100 m Semi-final	3:25	Jr. Boys	800 m Timed Final
	Sr. Girls	100 m Semi-final	3:40	Mid. Girls	800 m Timed Final
	Sr. Boys	100 m Semi-final	3:55	Mid. Boys	800 m Timed Final
	Wheel Chair	100 m Semi-final	4:10	Sr. Girls	200 m Timed Final
3:00	Mid. Girls	80 m Hurdle SF	4:20	Sr. Boys	200 m Timed Final
	Jr. Girls	80 m Hurdle SF	4:30	Jr. Girls	200 m Timed Final
	Sr. Girls	80 m Hurdle SF	4:40	Jr. Boys	200 m Timed Final
3:30	Mid. Boys	100 m Hurdle SF	4:50	Mid. Girls	200 m Timed Final
	Jr. Boys	100 m Hurdle SF	5:00	Mid. Boys	200 m Timed Final
	Sr. Boys	100 m Hurdle SF	5:10	Sr. Girls	4 X 100 m Final
Dinner Break 4:00 – 5:00			5:15	Sr. Boys	4 X 100 m Final
5:00	Sr. Boys	100 m Hurdle Final	5:20	Jr. Girls	4 X 100 m Final
	Jr. Boys	100 m Hurdle Final	5:25	Jr. Boys	4 X 100 m Final
	Mid. Boys	100 m Hurdle Final	5:30	Mid. Girls	4 X 100 m Final
5:15	Mid. Girls	80 m Hurdle Final	5:35	Mid. Boys	4 X 100 m Final
	Jr. Girls	80 m Hurdle Final	5:40	Open Girls	4 X 400 m Final
	Sr. Girls	80 m Hurdle Final	5:50	Open Boys	4 X 400 m Final
5:30	Mid. Girls	1500m Timed Final			
5:45	Mid. Boys	1500m Timed Final			
6:00	Jr. Girls	1500m Timed Final			
6:15	Jr. Boys	1500m Timed Final			
6:30	Sr. Girls	1500m Timed Final			
6:45	Sr. Boys	1500m Timed Final			
7:00	Wheel Chair	100m Final			
7:05	Mid. Girls	100m Final			
	Mid. Boys	100m Final			
	Jr. Girls	100m Final			
7:20	Jr. Boys	100m Final			
	Sr. Girls	100m Final			
	Sr. Boys	100m Final			
7:30	Open Boys	800m Quad Timed Finals			
	Open Girls	800m Quad Timed Finals			
7:40	MID. GIRLS	400m Timed Final			
	MID. BOYS	400m Timed Final			
	JR. GIRLS	400m Timed Final			
	JR. BOYS	400m Timed Final			
	SR. BOYS	400m Timed Final			
	SR. GIRLS	400m Timed Final			





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA TRACK & FIELD - Provincial Championship

Friday and Saturday June 6 & 7, 2014 – Gutheridge Field – Moose Jaw

FRIDAY FIELD SCHEDULE			SATURDAY FIELD SCHEDULE		
Time	Division	Competition	Time	Division	Competition
9:30 am	Open Boys	QUAD LONG JUMP			
	Open Girls	QUAD SHOT PUT			
10:30 am	Mid. Boys	HIGH JUMP	9:00 am	Mid. Boys	POLE VAULT
	Mid. Girls	DISCUS		Mid. Boys	SHOT PUT
	Jr. Boys	LONG JUMP		Mid. Girls	LONG JUMP
	Jr. Girls	POLE VAULT		Jr. Boys	DISCUS
	Jr. Girls	SHOT PUT		Jr. Girls	HIGH JUMP
	Sr. Boys	JAVELIN		Sr. Boys	TRIPLE JUMP
	Sr. Girls	TRIPLE JUMP		Sr. Girls	JAVELIN
1:00 pm	Mid. Boys	JAVELIN	11:30 am	Mid. Boys	TRIPLE JUMP
	Mid. Girls	HIGH JUMP		Mid. Girls	POLE VAULT
	Jr. Boys	POLE VAULT		Mid. Girls	SHOT PUT
	Jr. Boys	SHOT PUT		Jr. Boys	HIGH JUMP
	Jr. Girls	TRIPLE JUMP		Jr. Girls	JAVELIN
	Sr. Boys	LONG JUMP		Sr. Boys	DISCUS
	Sr. Girls	DISCUS		Sr. Girls	LONG JUMP
3:30 pm	Open Boys	QUAD SHOT PUT			
	Open Girls	QUAD LONG JUMP			
5:30 pm	Mid. Boys	LONG JUMP	2:30 pm	Mid. Boys	DISCUS
	Mid. Girls	TRIPLE JUMP		Mid. Girls	JAVELIN
	Jr. Boys	JAVELIN		Jr. Boys	TRIPLE JUMP
	Jr. Girls	DISCUS		Jr. Girls	LONG JUMP
	Sr. Boys	POLE VAULT		Sr. Boys	HIGH JUMP
	Sr. Boys	SHOT PUT		Sr. Girls	POLE VAULT
	Sr. Girls	HIGH JUMP		Sr. Girls	SHOT PUT





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA COACHES SYMPOSIUM

The SHSAA annual **Coaches Symposium** will be held **August 18 & 19, 2014 at Evan Hardy Collegiate in Saskatoon**. The SHSAA believes the Symposium is an excellent opportunity for coaches of different activities to gather in one location to participate together in a professional development opportunity that will enhance the extra-curricular experience of the student athletes around the province. Each of the fourteen SHSAA districts is offering incentives to support coaches who want to attend, please contact your District Executive. This opportunity is available to all coaches including non-faculty and community coaches.

This is the fourteenth consecutive year of the Symposium. This year's symposium is again planning to provide entry-level sessions as well as advanced sessions in a variety of sports that are a part of the SHSAA programming. **The registration fee will be \$125.00 if registered prior to June 30th and \$150.00 for those who register after this date.** Pamphlets and registration forms will be distributed to schools this spring as well as being available on the SHSAA website.

The symposium will once again offer pre-conference sessions on Monday. These optional offerings usually have additional costs attached and some may be taken separate from the regular symposium registration. Please contact the SHSAA office if you are interested in these sessions.

The Symposium Committee is actively planning the sessions and inviting presenters to participate. If you have someone in mind that you would like to hear give a presentation, take the time to forward the name to the SHSAA office or an executive member. If you are approached to present, please give serious consideration to the opportunity. It is our own 'made in Saskatchewan' coaches who each year receive such positive feedback from those in attendance at the symposium.

TENTATIVE SCHEDULE OF OFFERINGS:

Pre-Conference Sessions: Monday August 18, 8:00 am – 4:30 pm

- Officiating Clinics and Refreshers
- NCCP Coaching Certification opportunities - Part A-B Accelerated, Level 1 Volleyball, Basketball Games Module
- Sport Taping, Use of Technology, and Sport First-Aid learning opportunities
- SIAAA course offerings - for more info on the SIAAA please visit <http://ciaaa.ca/index.php/provs/siaaa> or contact the SHSAA office

SHSAA Coaches Symposium	
Monday and Tuesday, August 18 & 19, 2014	
Morning Registration: 8:00 – 9:00 a.m.	
Monday Pre-Sessions: 8:00 a.m. – 4:30 p.m.	
Afternoon Registration: 5:45 – 6:15 p.m.	
Opening General Session and Welcome: 6:15 p.m.	
Monday 6:30 – 7:45 p.m.	Sport Specific (Golf, Soccer, Volleyball, Basketball, Badminton, and Track) - sessions will be offered at the introductory and advanced levels
Monday 8:00 – 9:15 p.m.	Sport Specific (Golf, Soccer, Volleyball, Basketball, Badminton, and Track) - sessions will be offered at the introductory and advanced levels
Monday 9:15 p.m.	Pizza Social at Evan Hardy Collegiate
Tuesday 9:00 – 10:15 a.m.	Sport Medicine and Science Sessions - dealing with topics such as nutrition, cross training, mental training, and sport first-aid
Tuesday 10:30 – 11:45 a.m.	Sport Medicine and Science Sessions - dealing with topics such as nutrition, cross training, mental training, and sport first-aid
Tuesday 12:00 – 1:00 p.m.	Luncheon at Evan Hardy Collegiate
Tuesday 1:00 – 2:15 p.m.	Sport Specific (Golf, Soccer, Volleyball, Basketball, Badminton, and Track) - sessions will be offered at the introductory and advanced levels
Tuesday 2:30 – 3:45 p.m.	Sport Specific (Golf, Soccer, Volleyball, Basketball, Badminton, and Track) - sessions will be offered at the introductory and advanced levels

**Watch for final details in Symposium Brochures and Information coming to your school this Spring.
Start making plans for the coaches from your school and community to attend!**



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



When is an Injured Athlete Ready to Play?

By Brian Robinson, ATC/L, MS

It is important to remember that not only is each athlete different in respect to how he or she reacts and handles an injury, but also that every injury is different. Every athlete's pain tolerance is different and each athlete's underlying biomechanical and strength capabilities are different. Furthermore, there are different degrees of injuries and rarely is just one structure involved. Not only does a person need to let the injured structure heal, but he or she must also strengthen the surrounding tissues and structures in order to protect the site of the original injury. It becomes quite frustrating for an athlete and his or her parents that when a cast is removed, they are told that athlete can resume activity, and the athlete discovers he or she is far from being able to resume the sport in which the athlete was previously involved. Research has shown that if an uninjured body part is immobilized for a period of time, there is a decrease in bone density, muscular strength, proprioception, range of motion and flexibility. This is why functional evaluation is very important.

Evaluation

Every injury evaluation is comprised of a history, a subjective evaluation, a clinical assessment and a functional evaluation. The history includes how, when and where the injury occurred, and any previous injuries that may have some bearing on the new injury. The subjective evaluation includes the feelings of the athlete concerning the pain and his or her mental status about the injury. A clinical assessment would possibly involve x-rays, deformities, the amount of swelling and any discoloration. Specific diagnostic tests may be performed to help determine the specific structures involved and the degree of damage sustained. The functional evaluation assesses the ability of the injured or recovering structure to perform the movements necessary to return to a specific.

It is one thing to determine that a structure has healed; it is quite another to determine whether that structure is well enough to perform the complex movements required of an athletic activity. A functional evaluation requires the evaluator to break a specific activity down to individual components. For example, a basketball player must be able to execute many different movements. Running, jumping, spinning, cutting, stopping, accelerating and decelerating often occur at the same moment in some type of combination. The evaluator must have an excellent grasp of gait mechanics, as well as how lower body function correlates with core stability and upper body movements. Very rarely are both extremities injured at the same time, allowing the evaluator to compare injured and uninjured limbs.

Functional Tests

Various functional tests may be used to determine joint stability, muscular strength, balance, speed and agility. For the lower extremity, a three-hop test may be performed. The distance covered in three single-leg hops is compared injured to uninjured leg. The hops are performed in various directions, not just forward. When an athlete is involved in a long-term rehabilitation program, functional evaluations are done periodically to gauge progress and to determine areas that need special attention. Obviously, hopping would initially be beyond the athlete's capabilities. In this case, standing on the injured leg and reaching out with the opposite leg at different angles is a good indication of progress when compared to standing on the injured leg.

A general rule of thumb to use for lower extremity injuries is, when they can walk without a limp, then he or she can try running. When the athlete can run without a limp, with no pain and no post-exercise swelling, then he or she can try sprinting, cutting and jumping. When these last components are accomplished without pain and swelling and without favoring the injured leg, then the athlete can gradually ease back to full-sport activity. It must be understood that every individual and





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



every situation is unique. The types of tests are almost infinite, depending on the understanding of the movements required of the sport and the seriousness of the injury.

Illnesses

Athletes participating with colds and various other respiratory illnesses present unique problems. It is important to check with the athlete's doctor regarding the effects that any medications may have on physical exertion. Many doctors recommend that if a "cold" is contained to the sinus areas, then exercise is acceptable as tolerated. If the "cold" is contained in the chest and lungs, then caution should be taken. The bottom line is to follow the recommendations of the physician.

Multiple Activities

Of special concern are the athletes who may be spreading themselves too thin by participating in a club sport as well as a school-sponsored sport at the same time. Records over the past 25 years show a higher incidence of injury in those athletes participating in two sports at the same time. The explanation seems to be that the body does not have time to recuperate properly, therefore resulting in the continued breakdown and weakening of soft tissue structures. In addition, minor injuries frequently lead to more severe ones, due to lack of recovery time.

When recovering from an injury, it is important to remember to have a functional evaluation as well as a clinical assessment. Can the athlete hop on one foot as well as the other? Can he or she successfully perform all the individual components of the activity? Does the athlete have equal strength and range of motion in the injured shoulder as in the uninjured shoulder? Can he or she move equally as well in various directions versus favoring or avoiding a certain directional movement? It is difficult for many physicians to perform specific functional evaluations in an office setting. Running down an office hallway is quite different than running and cutting on grass with football cleats. Fortunately, there are many certified athletic trainers and physical therapists in our area who have specific education and training in functional rehabilitation and evaluation.

Preseason Conditioning

Proper preseason conditioning is paramount in preparing the body for athletic activity. Not only will preseason conditioning enhance the chances of the athlete earning a place on the team and allow him or her to perform at an optimal level, it has been proven successful in reducing the incidence and severity of injuries. Preseason conditioning should begin at least six weeks before the season begins. The athlete who waits until the first day of tryouts to pick up a baseball is a prime candidate for injury. At particular risk are those athletes who only participate in spring sports such as softball, baseball and tennis. The opportunities indoors for these sports are limited. Therefore, if they have not participated in other sports during the year, waiting until the spring season starts is not a healthy option. Again, records reveal that the one-sport spring athlete has a higher rate of injury as compared to those athletes participating in multiple seasons.

Do not underestimate the importance of a thorough preseason conditioning program to not only reduce the chances of injury, but to increase the successful participation in that sport. Before the next season begins, athletes should ask themselves, "Have I done everything I could to improve my abilities so that I can be a contributing member of the team?"



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA Provincial Sand Golf Championship 2013 Results

Frontier School – Sept 27-28, 2013

FINAL RESULTS

Team Results – (best four scores on each hole, each round)

Horizon Central	Strasbourg	674
South West	Frontier	722
West Central	Dinsmore	724
Qu'Appelle Valley	Grenfell	762
Central Valley	Waldheim	777
North Central	Canwood	812

Top 12 Girls Results:

Name	Town/City	Day 1	Day 2	Total
Ashley Zacharias	Waldheim	100	96	196
Kiana Rieger	Imperial	103	100	203
Carly Erhardt	Strasbourg	106	107	213
Sydney Onerheim	Frontier	108	106	214
Bailey Maxwell	Grenfell	115	108	223
Danica Casat	Frontier	122	109	231
Sanaya mohr	Cupar	118	113	231
Jocelyn Thorpe	Dinsmore	117	116	233
Adrienne Keith	Frontier	119	126	245
Kaleigh Sorensen	Strasbourg	133	116	249
Erika Zazula	Waldheim	154	127	281
Delayne Aiken	Canwood	145	141	286

Top 20 Boys Results:

Name	Town/City	Day 1	Day 2	Total
Nik Person	Canwood	73	76	149
Ryan McAleese	Cupar	78	79	157
Daniel Martin	Dinsmore	78	80	158
Garrett Paradis	Bengough	86	78	164
Matthew Jones	Dinsmore	85	80	165
Keaton Kelln	Strasbourg	87	80	167
Taron Ham	Frontier	90	79	169
Josh Gottselig	Strasbourg	86	85	171
Bryce Hubick	Strasbourg	86	87	173
Dillon Poorman	Raymore	88	86	174
Donavon Thompson	Strasbourg	81	93	174
Josh Atkinson	Dinsmore	91	86	177
Kurtis Bartlett	Bengough	95	82	177
Daniel Bailey	Bengough	96	82	178
Austin Paradis	Bengough	88	92	180
Adam Keith	Frontier	88	93	181
Jack Fiechter	Radville	94	88	182
Ben Dumontel	Frontier	90	93	183
Josh Schutz	Grenfell	94	89	183
Cody Field	Waldheim	100	89	189

**For complete individual results
Check results listed on the SHSAA Web Site at: www.shsaa.ca**



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA Provincial Grass Golf Championship 2013 Results

Northern Meadows Golf Club – Goodsoil – Sept. 27 & 28, 2013

FINAL RESULTS Grass Golf Team Results

Male Teams

District	Team	Total
North Central	PA Carlton	432
South Central	Moose Jaw Vanier	470
Horizon Central	Humboldt	486
Regina	Campbell	501
South West	Swift Current	501
Qu' Appelle Valley	Fort Qu' Appelle	508
East Central	Yorkton Sacred Heart	512
Battle West	John Paul II	517
North East	Tisdale	530
South East	Lampman	535
North West	Lashburn	536
Central Valley	Cst. Robin Cameron	561
West Central	Outlook	597

Female Teams

District	Team	Total
South Central	Coronach	348
South East	Estevan	381
Horizon Central	Watson	391
West Central	Outlook	405
Battle West	Spiritwood	408
Central Valley	Rosthern Jr. College	413
North East	Nipawin	449
North West	Pierceland	633

Top 20 Boys Results:

Name	Town/City	Day 1	Day 2	Total
Cory Sawchuk	PA Carlton	70	74	144
Cory Selander	PA Carlton	79	68	147
Carson Harcourt	Kipling	79	71	150
Nathan Corrin	MJ Vanier	74	77	151
Riley Grona	Coronach	78	73	151
Zach Hurd	PA Carlton	78	74	152
Corey Bailey	Shauavon	78	76	154
Austin Faubert	Campbell	81	76	157
Kyle Wiebe	Kindersley	79	78	157
Diel Normand	Meadow Lake	81	78	159
Logan Fauchoux	PA St. Mary	79	81	160
Colby Couzens	MJ Vanier	82	79	161
Austin Paulhus	Swift Current	80	82	162
Blake Zimmer	Riffel	83	79	162
Justin Laskowski	Osler VCA	86	77	163
Tristan Amyotte	Fort Qu'Appelle	77	86	163
Jarvis Gelowitz	Esterhazy	82	82	164
Tayden Wallin	Humboldt	85	79	164
Jett Tuchscherer	Humboldt	80	85	165
Kade Johnson	Sacred Heart	84	83	167
Kirk Humphrey	Eastend	81	86	167
Preston Hutt	Lampman	79	88	167
Ty Wees	LeBoldus	81	86	167

Top 20 Girls Results:

Name	Town/City	Day 1	Day 2	Total
Kayla Sawchuk	PA Carlton	74	77	151
Chloe Sies	Melville	85	84	169
Shania Noll	Coronach	88	85	173
Sydney Elder	Coronach	92	92	184
Alex Bernier	Meadow Lake	92	95	187
Bailey Heury	Manor	101	89	190
Mackenzie Chorney	Unity	100	95	195
Tija Donovan	Estevan	101	96	197
Kathryn McNulty	Watson	105	95	200
Ashley Kowalczyk	Rosthern Jr.	105	100	205
Brittany Poitras	Fort Qu'Appelle	107	100	207
Sydney Booker	Davidson	102	105	207
Lyndsey Hildebrandt	Rosthern Jr.	106	102	208
Kailey McLellan	Estevan	106	105	211
Kelly Kay	Maryfield	107	104	211
Kelsey Zerr	Mankota	100	114	214
Kenzie Derdall	Outlook	107	104	214
Shayna Hamilton	Estevan	105	110	215
Kelsey Gamble	Spiritwood	112	104	216
Mikeala Hrizuk	Outlook	117	99	216

For complete individual results
Check results listed on the SHSAA Web Site at:

www.shsaa.ca





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL CROSS-COUNTRY 2013 RESULTS

Little Loon Regional Park – October 12, 2013

SCHOOL TEAM POINT TOTALS

Place	1A	Total	2A	Total	3A	Total	4A	Total
1	Lake Lenore	56	Outlook	155	Miller	27	Yorkton Regional	15
2	Naicam	69	Delisle	200	Lumsden	53	MJ Peacock	17
3	Muenster	109	Unity	202	Aden Bowman	55	Leboldus	23
4	Middle Lake	125	Oxbow	264	Sacred Heart	79	Holy Cross	24
5	Gull Lake	141			Churchill	82	Walter Murray	34
6	Turtleford	145			MJ Central	84	O'Neill	38
7	Borden School	161			Humboldt	85	Swift Current	39
8	North Valley	163			Riffel	91	Centennial	48
9	Big River	173			Luther	103	Campbell	49
10	Wynyard	176			Tisdale	119	St. Mary	60
11	Hudson Bay	178			John Paul II	157	Carlton	230
12	Rosthern High School	183			La Loche	331		
13	Ernie Studer	244						
14	Elrose Comp	258						
15	Hepburn	260						
16	Nakoda Oyade Ed.	267						
17	Rocanville	280						
18	Redvers	309						

DISTRICT TEAM POINT TOTALS

Place	Midget Boys	Total	Junior Boys	Total	Senior Boys	Total
1	Regina	38	Saskatoon	48	Regina	33
2	Saskatoon	41	Horizon Central	69	Saskatoon	57
3	East Central	47	East Central	73	Horizon Central	62
4	South Central	79	Qu'Appelle Valley	75	East Central	72
5	Horizon Central	121	South West	90	South Central	78
6	North West	128	Regina	90	North Central	151
7	Battle West	130	South Central	157	Central Valley	161
8	North Central	138	North West	158	Qu'Appelle Valley	181
9	Central Valley	161	North East	167	North West	207
10	North East	175	South East	245	South East	214
11	South West	217			North East	218
12	West Central	219				
13	South East	285				
14	Qu'Appelle Valley	294				

Place	Midget Girls	Total	Junior Girls	Total	Senior Girls	Total
1	Saskatoon	30	Saskatoon	31	Regina	18
2	Regina	42	Regina	67	Saskatoon	24
3	East Central	65	South West	70	South Central	88
4	Central Valley	76	Horizon Central	71	North East	109
5	Horizon Central	105	Battle West	138	Qu'Appelle Valley	120
6	North Central	120	Central Valley	158	Horizon Central	122
7	South West	128	North Central	159	South West	157
8	West Central	177	Qu'Appelle Valley	173	North Central	197
9	Qu'Appelle Valley	187	West Central	188	North West	216
10	North West	226	South East	212	Battle West	231
11	Battle West	229			South East	268
12	South Central	233			Central Valley	268
13	South East	276				
14	North East	292				





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL CROSS-COUNTRY 2013 RESULTS

INDIVIDUAL TOP TEN RESULTS

Midget Girls (3000 m)

Pl	Time	Name	School
1	11:56	Courtney Hufsmith	Marion Graham
2	12:17	Kaycee Schroeder	Hanley Composite
3	12:17	Justine Zarowny	Sacred Heart
4	12:20	Jasmine Fehr	Valley Christian
5	12:21	Taryn MaKenzie	Churchill
6	12:22	Rachel Evans	O'Neill
7	12:29	Mackenzie Alexson	Walter Murray
8	12:31	Katheryn Neigum	Miller
9	12:32	Anne-Sophie Fortier	St. Mary
10	12:36	Regan Wilson	Holy Cross

Junior Girls (4000 m)

Pl	Time	Name	School
1	16:17	Aurilla Wilson	Greenall
2	16:24	Libby Epoch	MJ Peacock
3	16:39	Leaden Chartier	Holy Cross
4	17:14	Coral Willness	Naicam
5	17:19	Hannah Riemer	Swift Current Comp
6	17:40	Brooklyn Rawlyk	Holy Cross
7	17:41	Michaela Allen	Campbell
8	17:41	Taylor Kell	MJ Central
9	17:56	Jeanne Vachon-Laberge	O'Neill
10	17:57	Julia Conlon	Holy Cross

Senior Girls (4000 m)

Pl	Time	Name	School
1	15:47	Brynn Latimer	LeBoldus
2	16:16	Sarah Slusar	Riffel
3	16:52	Adrianna Davis	Lumsden
4	16:58	Julie Labach	Aden Bowman
5	17:10	Amy Manske	Holy Cross
6	17:29	Keena McKnight	Luther
7	17:34	Jingxuan Zhao	Walter Murray
8	17:35	Keisha Besler	Centennial
9	17:42	Nyka Sutter	Miller
10	17:45	Justine Larson	Outlook

Midget Boys (4000 m)

Pl	Time	Name	School
1	14:56	Kaden Nilson	Leboldus
2	14:56	Derek Campbell	Yorkton Regional
3	14:58	Sam Seshadri	Centennial
4	15:14	Mekonnen Cridland	MJ Peacock
5	15:14	Aaron LeMoal	St. Mary
6	15:17	Austin Grismer	Rosthern
7	15:21	Gabe Struhar	Bethlehem
8	15:21	Michael Thiel	Miller
9	15:22	Landon Sasakamoose	Ahtahkakoop
10	15:28	Joshua Ravelo	O'Neill

Junior Boys (5000 m)

Pl	Time	Name	School
1	18:16	Jayson Childs	Clavet
2	18:50	Emanwil Ginawi	Miller
3	18:55	Dalyn Smith	Lake Lenore
4	19:02	Cole Burkholder	Yorkton Regional
5	19:15	Kalen Roney	MJ Peacock
6	19:21	James Hough	Legacy Christian
7	19:28	Quinn Legare	Hudson Bay
8	19:48	Rhett Carlson	Swift Current Comp
9	19:59	Adam Hupka	Walter Murray
10	20:08	Haylen Langelier	Yorkton Regional

Senior Boys (6000 m)

Pl	Time	Name	School
1	21:02	Matthew Johnson	LeBoldus
2	21:04	Marc Turmel	Laval
3	21:13	James Lorenzen	Wadena
4	22:21	Alex Fruman	Yorkton Regional
5	22:39	Jaden Porte	Yorkton Regional
6	22:58	Daniel Ferguson	MJ Peacock
7	23:01	Graeme Fish	MJ Peacock
8	23:06	Dylan Stryde	Churchill
9	23:19	Stephen Revering	Humboldt
10	23:19	Nathanael Avery	MJ Central

For complete individual results
Check results listed on the SHSAA Web Site at:

www.shsaa.ca





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL SOCCER CHAMPIONSHIP 2013 RESULTS

Soccer 3A Boys Provincial Championship

Game	Loc.	Home	Sc.	Away	Sc.
Quarter -Final	Saskatoon	Saskatoon Holy Cross	5	Swift Current	0
Quarter -Final	Saskatoon	PA St. Mary	1	Regina Campbell	0
Quarter -Final	Saskatoon	Balgonie	0	Saskatoon St. Joseph	6
Quarter -Final	Saskatoon	Regina O'Neill	3	PA Carlton	2
Semi-Final	Saskatoon	Saskatoon Holy Cross	1	PA St. Mary	0
Semi-Final	Saskatoon	Saskatoon St. Joseph	2	Regina O'Neill	0
Cons. Semi-Final	Saskatoon	Swift Current	2	Regina Campbell	3
Cons. Semi-Final	Saskatoon	Balgonie	2	PA Carlton	3
Cons. Final	Saskatoon	Regina Campbell	2	PA Carlton	3
Bronze Medal	Saskatoon	PA St. Mary	2	Regina O'Neill	0
Gold Medal	Saskatoon	Saskatoon Holy Cross	1	Saskatoon St. Joseph	3

Soccer 3A Girls Provincial Championship

Game	Loc.	Home	Sc.	Away	Sc.
Quarter -Final	Regina	Saskatoon Holy Cross	4	Weyburn	3
Quarter -Final	Regina	PA St. Mary	2	Regina Campbell	1
Quarter -Final	Regina	Swift Current	0	Saskatoon Centennial	3
Quarter -Final	Regina	Regina LeBoldus	0	PA Carlton	3
Semi-Final	Regina	Saskatoon Holy Cross	1	PA St. Mary	2
Semi-Final	Regina	Saskatoon Centennial	1	PA Carlton	2
Cons. Semi-Final	Regina	Weyburn	1	Regina Campbell	3
Cons. Semi-Final	Regina	Swift Current	0	Regina LeBoldus	2
Cons. Final	Regina	Regina Campbell	5	Regina LeBoldus	2
Bronze Medal	Regina	Saskatoon Holy Cross	1	Saskatoon Centennial	0
Gold Medal	Regina	PA St. Mary	0	PA Carlton	1



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SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL SOCCER CHAMPIONSHIP 2013 RESULTS

Soccer 2A Boys Provincial Championship

Date	Level	Loc.	Home	Sc.	Away	Sc.
19-Oct-2013	Regional A	North Battleford	Ahtahkakoop	2	Ch. Poundmaker	3
19-Oct-2013	Regional A	North Battleford	Se Se Wa Hum	6	Ch. Poundmaker	1
09-Oct-2013	Regional B	Regina	Regina Christian	4	Notre Dame	2
09-Oct-2013	Regional B	Regina	Regina Martin	3	Regina Luther	1
09-Oct-2013	Regional B	Regina	Regina Johnson	1	Regina Laval	0
16-Oct-2013	Regional B	Regina	Regina Sheldon	5	Regina Christian	3
16-Oct-2013	Regional B	Regina	Regina Johnson	4	Regina Martin	3
21-Oct-2013	Regional B	Regina	Regina Sheldon	5	Regina Johnson	3
19-Oct-2013	Regional C	Muenster	Muenster	6	Martensville	0
19-Oct-2013	Regional C	Muenster	Humboldt	6	Osler VCA	2
19-Oct-2013	Regional C	Muenster	Muenster	0	Humboldt	3
18-Oct-2013	Regional D	Notre Dame	Notre Dame	8	Kipling	1
19-Oct-2013	Regional D	Notre Dame	Moose Jaw Central	1	Notre Dame	0
19-Oct-2013	Regional D	Notre Dame	Yorkton Sacred Heart	1	Moose Jaw Vanier	3
19-Oct-2013	Regional D	Notre Dame	Moose Jaw Central	6	Moose Jaw Vanier	2
25-Oct-2013	Quarter-Final	Muenster	Humboldt	4	Ch. Poundmaker	0
25-Oct-2013	Quarter-Final	Muenster	Moose Jaw Central	2	Regina Sheldon	0
25-Oct-2013	Quarter-Final	Muenster	Muenster	5	Moose Jaw Vanier	1
25-Oct-2013	Quarter-Final	Muenster	Se Se Wa Hum	3	Regina Johnson	4
25-Oct-2013	Semi-Final	Muenster	Humboldt	1	Moose Jaw Central	2
25-Oct-2013	Semi-Final	Muenster	Muenster	1	Regina Johnson	0
25-Oct-2013	Cons. Semi-Final	Muenster	Ch. Poundmaker	5	Regina Sheldon	4
25-Oct-2013	Cons. Semi-Final	Muenster	Moose Jaw Vanier	4	Se Se Wa Hum	6
26-Oct-2013	Cons. Final	Muenster	Ch. Poundmaker	1	Se Se Wa Hum	2
26-Oct-2013	Bronze Medal	Muenster	Humboldt	3	Regina Johnson	1
26-Oct-2013	Gold Medal	Muenster	Moose Jaw Central	1	Muenster	0

**For complete results
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www.shsaa.ca





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL SOCCER CHAMPIONSHIP 2013 RESULTS

Soccer 2A Girls Provincial Championship

Date	Level	Loc.	Home	Sc.	Away	Sc.
18-Oct-2013	Regional A	Saskatoon	Rosthern JC	1	Se Se Wa Hum	4
18-Oct-2013	Regional A	Saskatoon	Martensville	6	Ahtahkakoop	1
19-Oct-2013	Regional A	Saskatoon	Yorkton Sacred Heart	9	Se Se Wa Hum	2
19-Oct-2013	Regional A	Saskatoon	Saskatoon Mahoney	2	Martensville	0
19-Oct-2013	Regional A	Saskatoon	Yorkton Sacred Heart	2	Saskatoon Mahoney	0
18-Oct-2013	Regional B	Regina	Notre Dame	5	Moosomin	0
18-Oct-2013	Regional B	Regina	Moose Jaw Vanier	1	Regina Luther	0
18-Oct-2013	Regional B	Regina	Regina Johnson	4	Caronport	3
18-Oct-2013	Regional B	Regina	Moose Jaw Central	7	Regina Sheldon	0
19-Oct-2013	Regional B	Regina	Notre Dame	6	Moose Jaw Vanier	2
19-Oct-2013	Regional B	Regina	Regina Johnson	2	Moose Jaw Central	6
19-Oct-2013	Regional B	Regina	Notre Dame	1	Moose Jaw Central	3
25-Oct-2013	Semi-Final	Yorkton	Yorkton Sacred Heart	5	Notre Dame	3
25-Oct-2013	Semi-Final	Yorkton	Moose Jaw Central	1	Bishop Mahoney	2
26-Oct-2013	Bronze Medal	Yorkton	Notre Dame	4	Moose Jaw Central	1
26-Oct-2013	Gold Medal	Yorkton	Yorkton Sacred Heart	4	Bishop Mahoney	1

For complete results
Check results listed on the SHSAA Web Site at:

www.shsaa.ca





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL SOCCER CHAMPIONSHIP 2013 RESULTS

Soccer 1A Boys Provincial Championship

Date	Level	Loc.	Home	Sc.	Away	Sc.
19-Oct-2013	Regional A	N.Battleford	Maymont	3	Thunderchild	9
19-Oct-2013	Regional A	N.Battleford	Cando	8	Thunderchild	0
18-Oct-2013	Regional B	Rosthern	Hepburn	11	Oskayak	2
18-Oct-2013	Regional B	Rosthern	Rosthern JC	6	Hepburn	4
19-Oct-2013	Regional C	Rosthern JC	Middle Lake	7	St. Brieux	1
19-Oct-2013	Regional C	Rosthern JC	Stobart	3	Const. Robin Cameron	0
19-Oct-2013	Regional C	Rosthern JC	Middle Lake	2	Stobart	5
19-Oct-2013	Regional D	Lake Lenore	Regina Laval	10	Bruno	0
19-Oct-2013	Regional D	Lake Lenore	Lake Lenore	3	Regina Laval	0
25-Oct-2013	Quarter-Final	Middle Lake	Lake Lenore	3	Maymont	1
25-Oct-2013	Quarter-Final	Middle Lake	Rosthern JC	2	Middle Lake	5
25-Oct-2013	Quarter-Final	Middle Lake	Stobart	1	Regina Laval	1
25-Oct-2013	Quarter-Final	Middle Lake	Cando	3	Hepburn	0
25-Oct-2013	Semi-Final	Middle Lake	Lake Lenore	1	Middle Lake	2
25-Oct-2013	Semi-Final	Middle Lake	Stobart	2	Cando	1
25-Oct-2013	Cons. Semi-Final	Middle Lake	Maymont	2	Rosthern JC	4
25-Oct-2013	Cons. Semi-Final	Middle Lake	Regina Laval	6	Hepburn	2
26-Oct-2013	Cons. Final	Middle Lake	Rosthern JC	4	Regina Laval	3
26-Oct-2013	Bronze Medal	Middle Lake	Cando	6	Lake Lenore	0
26-Oct-2013	Gold Medal	Middle Lake	Stobart	3	Middle Lake	1

For complete results
Check results listed on the SHSAA Web Site at:

www.shsaa.ca





**SASKATCHEWAN HIGH SCHOOLS
ATHLETIC ASSOCIATION**



**SHSAA PROVINCIAL SOCCER CHAMPIONSHIP
2013 RESULTS**

Soccer 1A Girls Provincial Championship

Date	Level	Loc.	Home	Sc.	Away	Sc.
18-Oct-2013	Regional A	North Battleford	Cando	0	Delisle	8
19-Oct-2013	Regional A	North Battleford	Ch. Poundmaker	5	Delisle	11
19-Oct-2013	Regional A	North Battleford	Maymont	0	Holy Rosary	11
19-Oct-2013	Regional A	North Battleford	Delisle	0	Holy Rosary	11
18-Oct-2013	Regional B	Osler VCA	Aberdeen	2	Const. Robin Cameron	3
19-Oct-2013	Regional B	Osler VCA	Osler VCA	6	Const. Robin Cameron	0
19-Oct-2013	Regional B	Osler VCA	Stobart	7	Sturgeon Lake	0
19-Oct-2013	Regional B	Osler VCA	Osler VCA	3	Stobart	0
18-Oct-2013	Regional C	Muenster	Muenster	7	St. Brieux	0
19-Oct-2013	Regional C	Muenster	Humboldt	2	Muenster	0
19-Oct-2013	Regional C	Muenster	Lake Lenore	0	Middle Lake	3
19-Oct-2013	Regional C	Muenster	Humboldt	1	Middle Lake	2
19-Oct-2013	Regional D	Outlook	Outlook	1	Ch. Paskwa	0
19-Oct-2013	Regional D	Outlook	Herbert	2	LCBI	1
19-Oct-2013	Regional D	Outlook	Outlook	2	Herbert	3
25-Oct-2013	Quarter-Final	Lake Lenore	Middle Lake	6	Delisle	0
25-Oct-2013	Quarter-Final	Lake Lenore	Lake Lenore	1	Stobart	0
25-Oct-2013	Quarter-Final	Lake Lenore	Osler VCA	5	Herbert	0
25-Oct-2013	Quarter-Final	Lake Lenore	Holy Rosary	7	Outlook	2
25-Oct-2013	Semi-Final	Lake Lenore	Middle Lake	2	Lake Lenore	1
25-Oct-2013	Semi-Final	Lake Lenore	Holy Rosary	6	Osler VCA	1
25-Oct-2013	Cons. Semi-Final	Lake Lenore	Delisle	4	Stobart	3
25-Oct-2013	Cons. Semi-Final	Lake Lenore	Herbert	3	Outlook	1
26-Oct-2013	Cons. Final	Lake Lenore	Herbert	5	Delisle	4
26-Oct-2013	Bronze Medal	Lake Lenore	Lake Lenore	3	Osler VCA	2
26-Oct-2013	Gold Medal	Lake Lenore	Middle Lake	1	Holy Rosary	0

For complete results
Check results listed on the SHSAA Web Site at:

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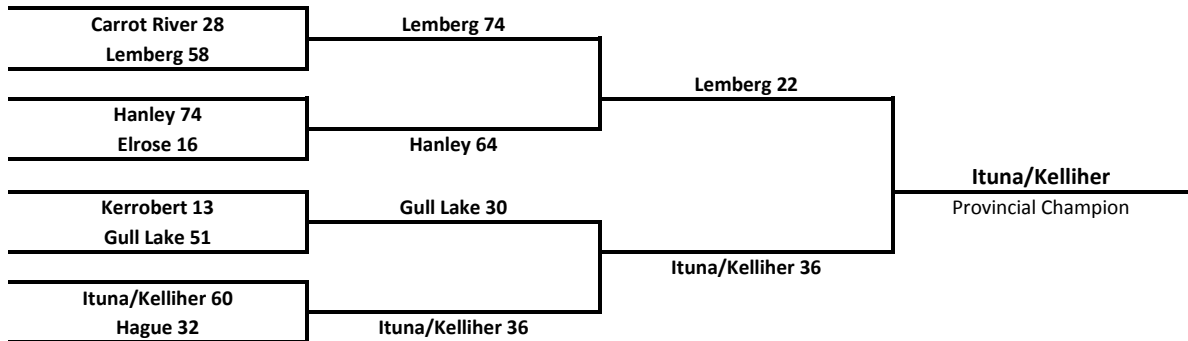


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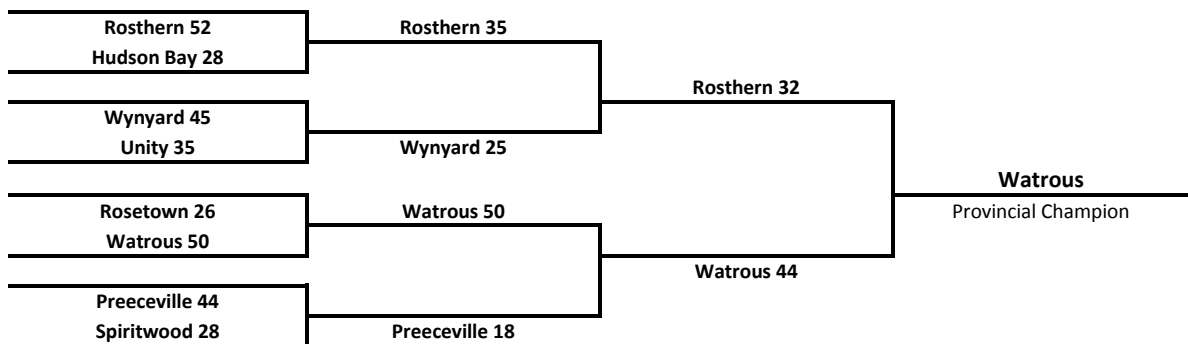


SHSAA PROVINCIAL FOOTBALL CHAMPIONSHIP 2013 RESULTS

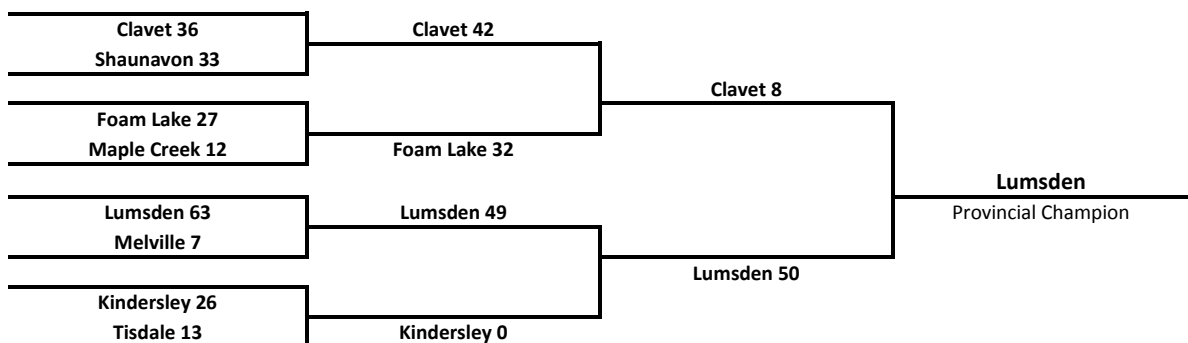
1A 6-Man Provincial Football Playoffs



2A 6-Man Provincial Football Playoffs



2A 9-Man Provincial Football Playoffs



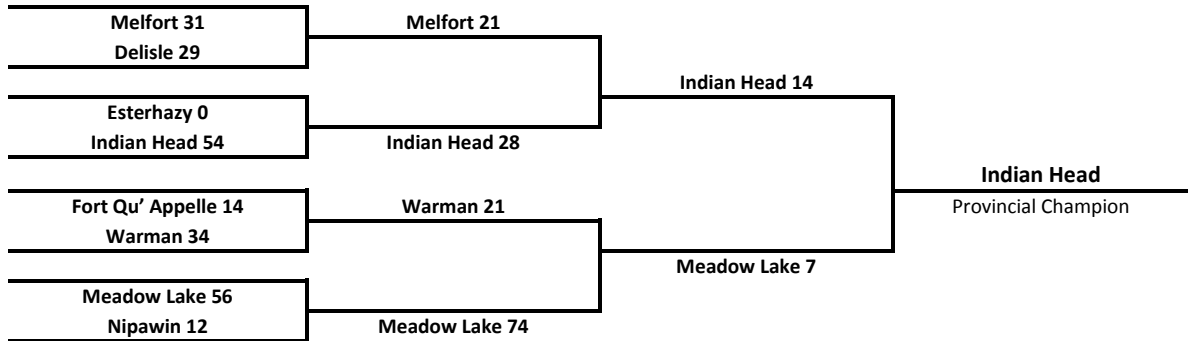


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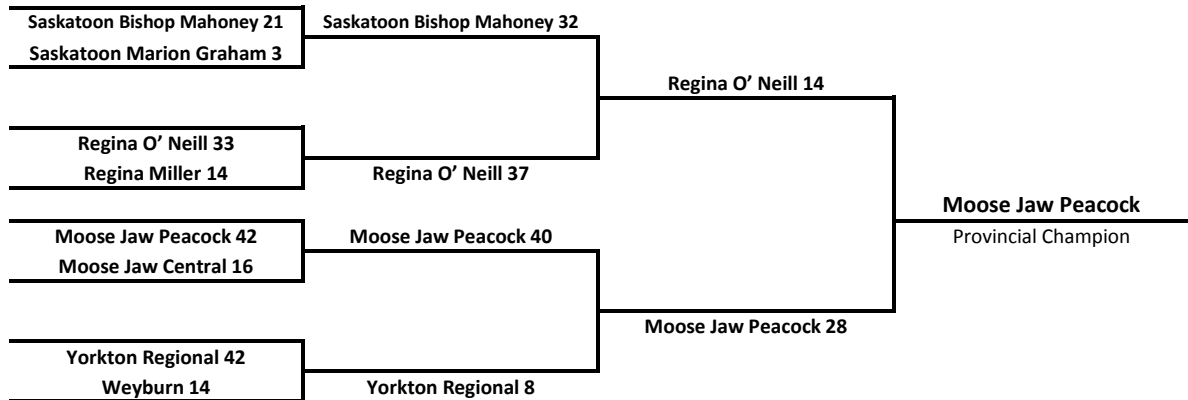


SHSAA PROVINCIAL FOOTBALL CHAMPIONSHIP 2013 RESULTS

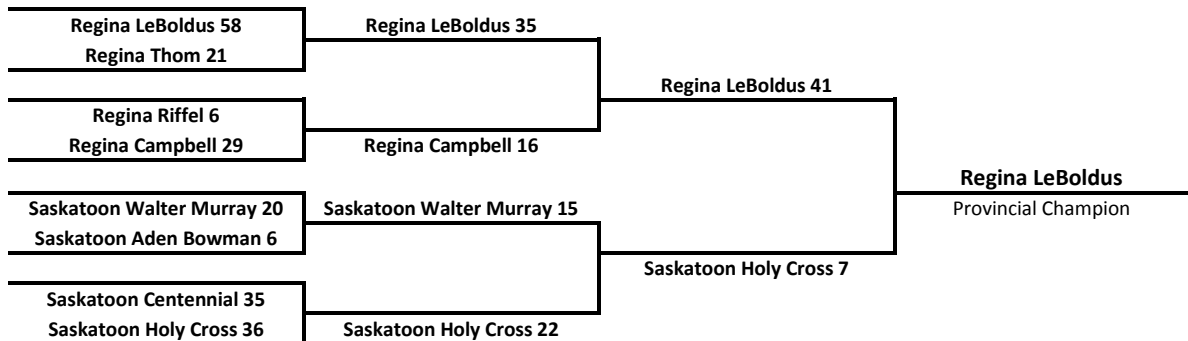
3A 9-Man Provincial Football Playoffs



3A Twelve-Man Provincial Football Playoffs



4A Twelve-Man Provincial Football Playoffs





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP 2013 RESULTS

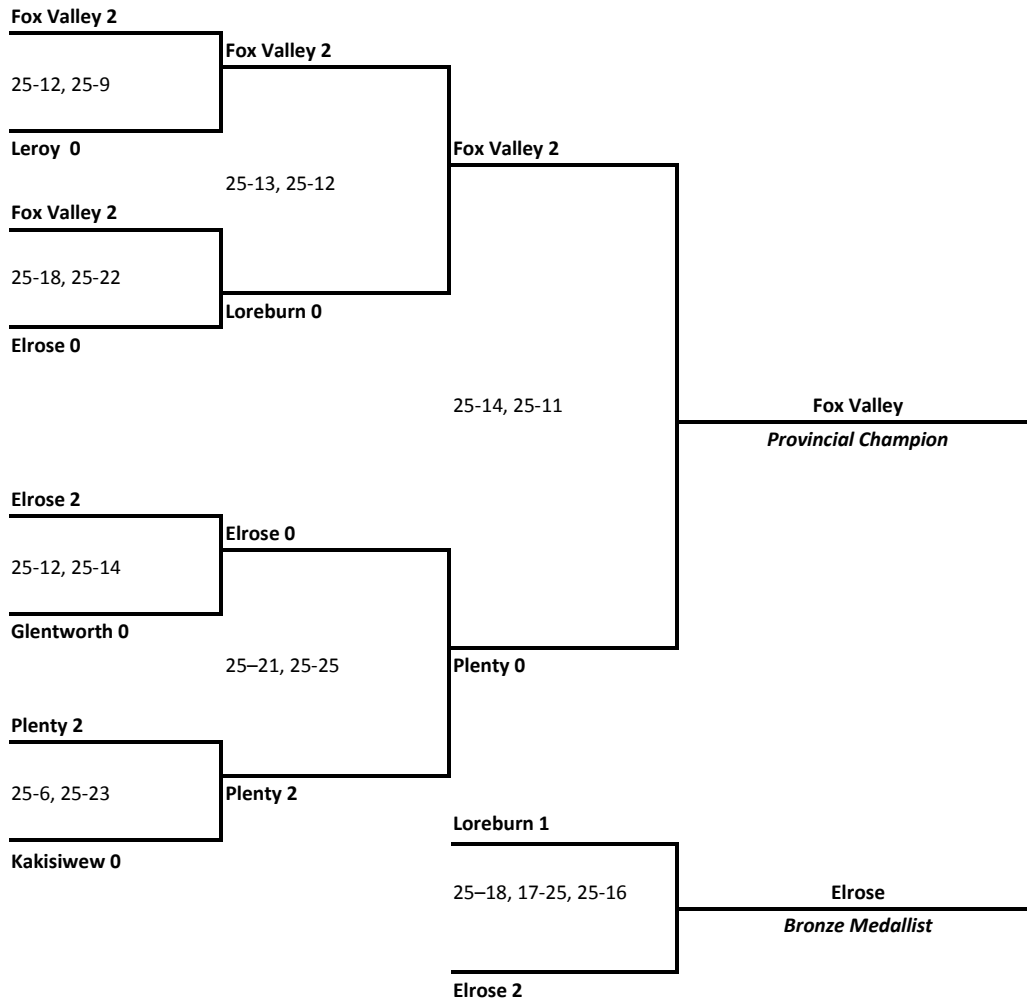
Date: Nov. 15 & 16, 2013
Location: Glentworth

Competition: 1A Girls
Commissioner: Marilyn Zak

POOL RESULTS:

Pool A			Pool B		
Fox Valley	4	0	Elrose	4	0
Plenty	3	1	Loreburn	3	1
Imperial	2	2	Kakisiwew	2	2
Glentworth	1	3	Leroy	1	3
Yellow Grass	0	4	Central Butte	0	4

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Fox Valley	Legends	Pat Wilde
Silver Medal	North West Central School	Wildcats	Kyla Bradley
Bronze Medal	Elrose	Eagles	Nikki Connor
Fourth	Loreburn	Aztecs	Coralee Vollmer
Sportsmanship Award	North West Central School	Wildcats	Kyla Bradley





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP 2013 RESULTS

Date: Nov. 15 & 16, 2013
Location: Wolseley

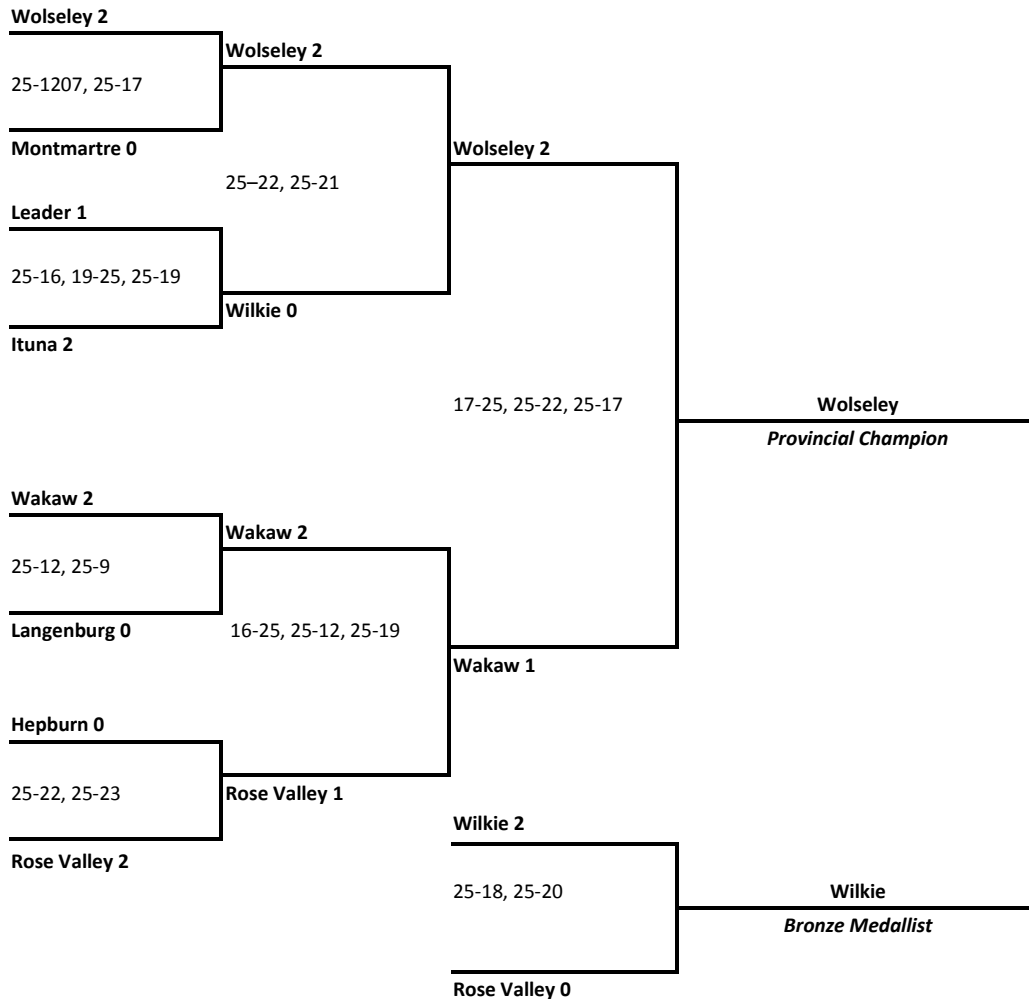
Competition: 2A Girls
Commissioner: Randy Clark

POOL RESULTS:

Pool A		
Wolseley	4	0
Annaheim	2	2
Langenburg	2	2
Hepburn	2	2
St. Walburg	0	4

Pool B		
Wakaw	4	0
Wilkie	3	1
Rose Valley	2	2
Montmartre	1	3
Pierceland	0	4

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Wolseley	Warriors	Randy Clark
Silver Medal	Wakaw	Warriors	Lyle Gartner
Bronze Medal	Wilkie	Broncs	Paula Mamer
Fourth	Rose Valley	Roadrunners	Trevor Smith
Sportsmanship Award	Rose Valley	Roadrunners	Trevor Smith





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP 2013 RESULTS

Date: Nov. 15 & 16, 2013

Location: Watrous

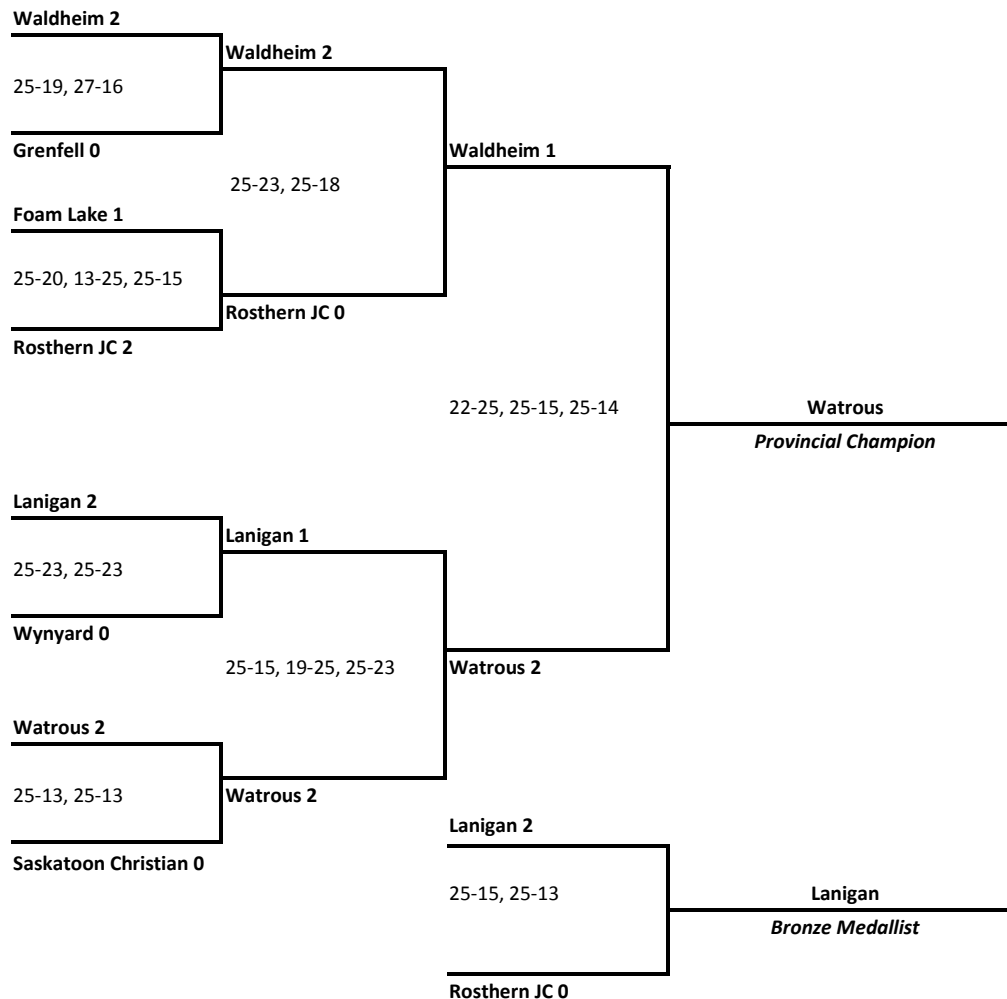
Competition: 3A Girls

Commissioner: Barry Croshaw

POOL RESULTS:

Pool A			Pool B		
Waldheim	4	0	Lanigan	4	0
Watrous	3	1	Foam Lake	3	1
Rosthern JC	2	2	S'toon Christian	2	2
Wynyard	1	3	Grenfell	1	3
Rossignol	0	4	Maidstone	0	4

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Watrous	Wildcats	Trudi Riach
Silver Medal	Waldheim	Raiders	Derek Zacharias
Bronze Medal	Lanigan	Lazers	Wendi Collins
Fourth	Rosthern JC		Ed Brockman
Sportsmanship Award	Maidstone	Huskies	Dave Speirs





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP 2013 RESULTS

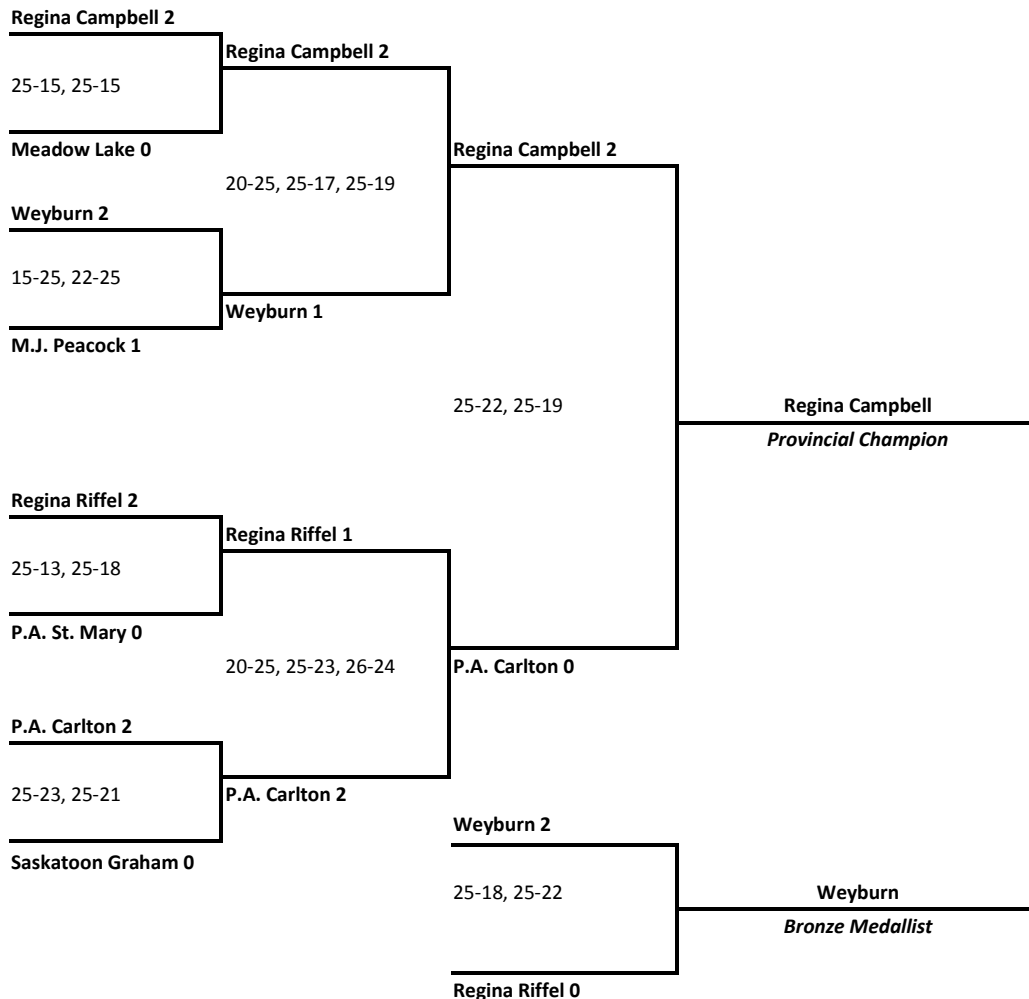
Date: Nov. 15 & 16, 2013
Location: Yorkton Regional

Competition: 5A Girls
Commissioner: Lee Poncelot

POOL RESULTS:

Pool A			Pool B		
Regina Campbell	3	1	Regina Riffel	4	0
P.A. Carlton	3	1	Weyburn	3	1
M.J. Peacock	2	2	Marion Graham	2	2
Bishop Mahoney	1	3	Meadow Lake	1	3
P.A. St. Mary	1	3	Yorkton Regional	0	4

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Regina Campbell	Tartans	Barry Leibel
Silver Medal	P.A. Carlton	Crusaders	Tara Kries
Bronze Medal	Weyburn	Eagles	Blake Johnson
Fourth	Regina Riffel	Royals	Jason Garland
Sportsmanship Award	Moose Jaw Peacock	Toilers	Jenn Prokopetz





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



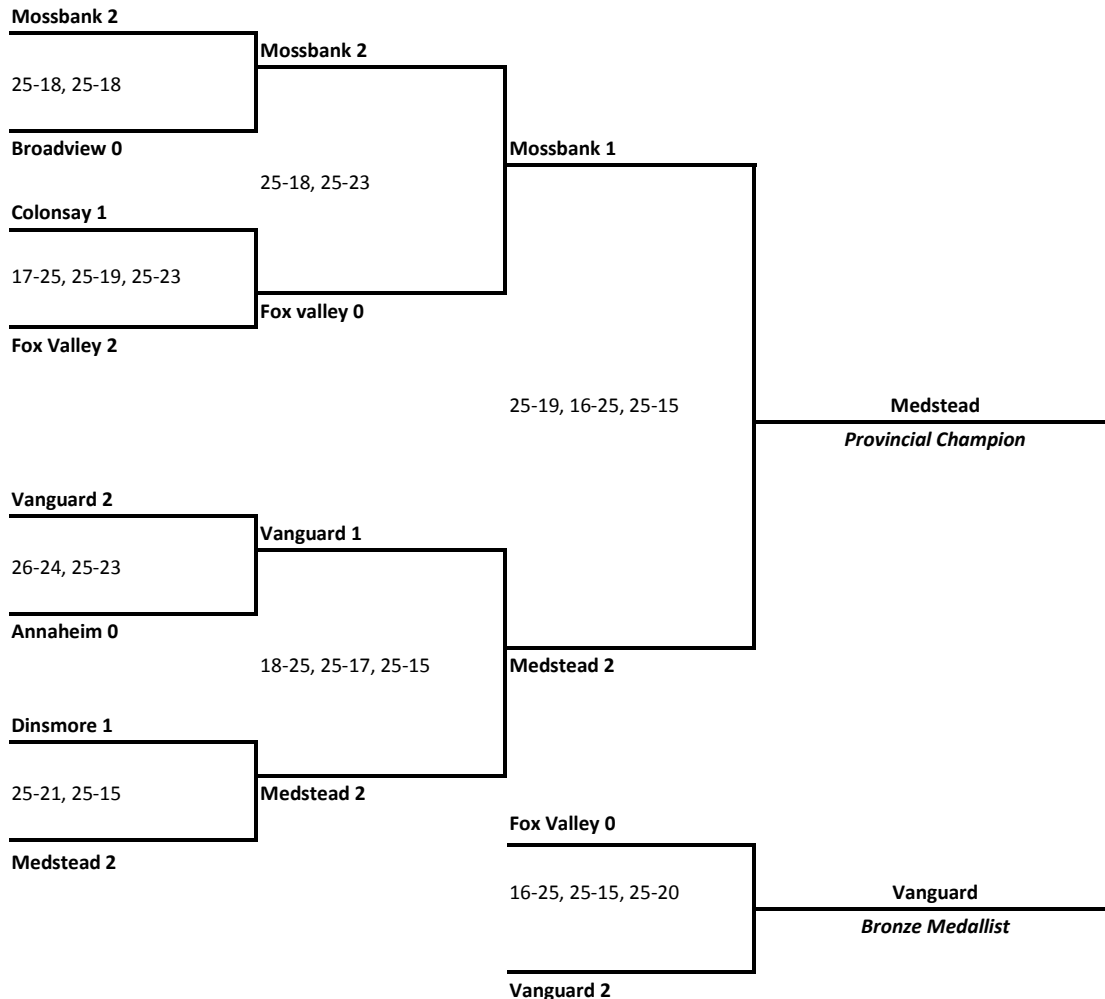
SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP 2013 RESULTS

Date: Nov. 22 & 23, 2013
Location: Colonsay

Competition: 1A Boys
Commissioner: Andrew Merryweather

POOL RESULTS:			
Pool A			
Mossbank	4	0	
Dinsmore	3	1	
Fox Valley	2	2	
Annaheim	1	3	
Frontier	0	4	
Pool B			
Vanguard	4	0	
Medstead	2	2	
Colonsay	2	2	
Broadview	2	2	
Broadview	0	4	

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Medstead	Mustangs	Greg Knot
Silver Medal	Mossbank	Prairie Lightning	Joel Mowchenko
Bronze Medal	Vanguard	Valkyrs	Rob Englot
Fourth	Fox Valley	Legends	Darren Lehmann
Sportsmanship Award	Medstead	Mustangs	Greg Knot





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



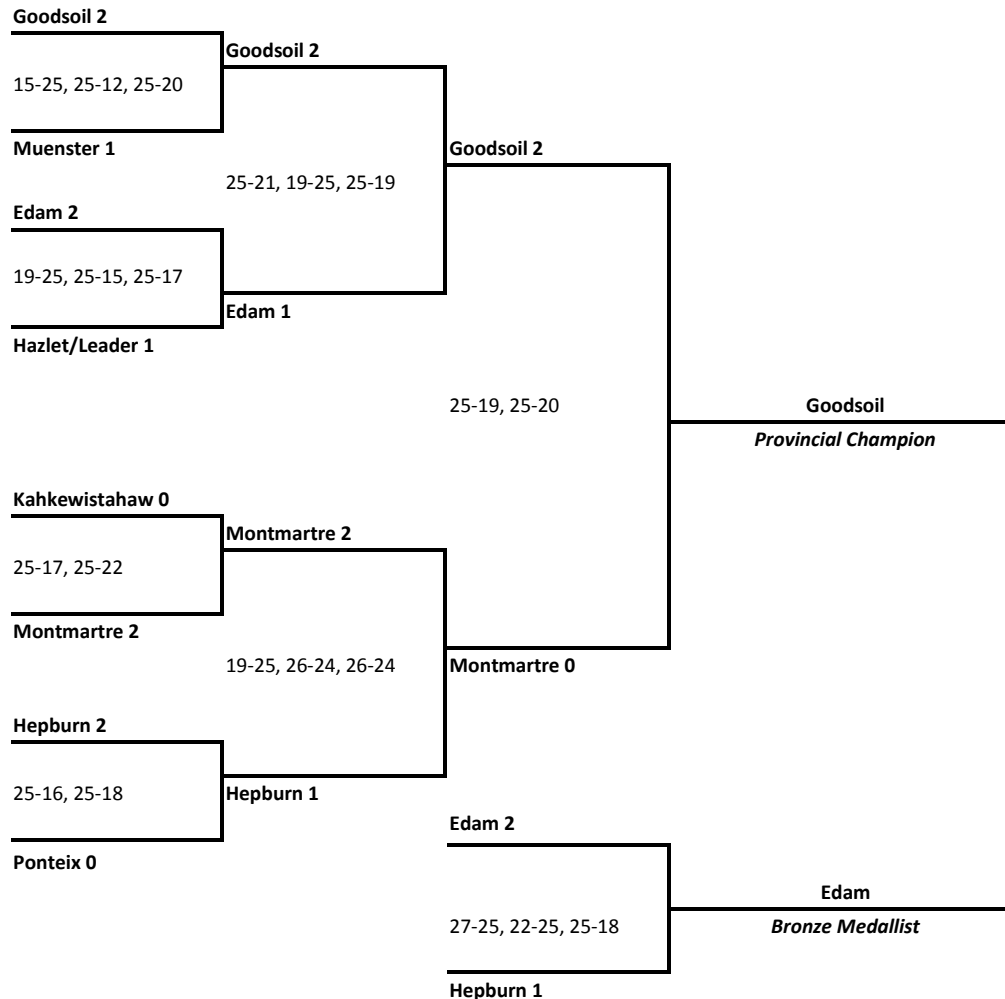
SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP 2013 RESULTS

Date: Nov. 22 & 23, 2013
Location: Hepburn

Competition: 2A Boys
Commissioner: Ryan Hutchinson

POOL RESULTS:	Pool A			Pool B		
	Goodsoil	4	0	Kahkewistahaw	4	0
Hepburn	3	1	Edam	3	1	
Hazlet/Leader	2	2	Ponteix	2	2	
Montmartre	1	3	Muenster	1	3	
Cudworth	0	4	Lashburn	0	4	

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Goodsoil	Vikings	Jenna Unraw
Silver Medal	Montmartre	Eagles	Connie Baumgartner
Bronze Medal	Edam	Royals	Mike Lee
Fourth	Hepburn	Hawks	Ron Sigstad
Sportsmanship Award	Hepburn	Hawks	Ron Sigstad





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP 2013 RESULTS

Date: Nov. 22 & 23, 2013
Location: Waldheim

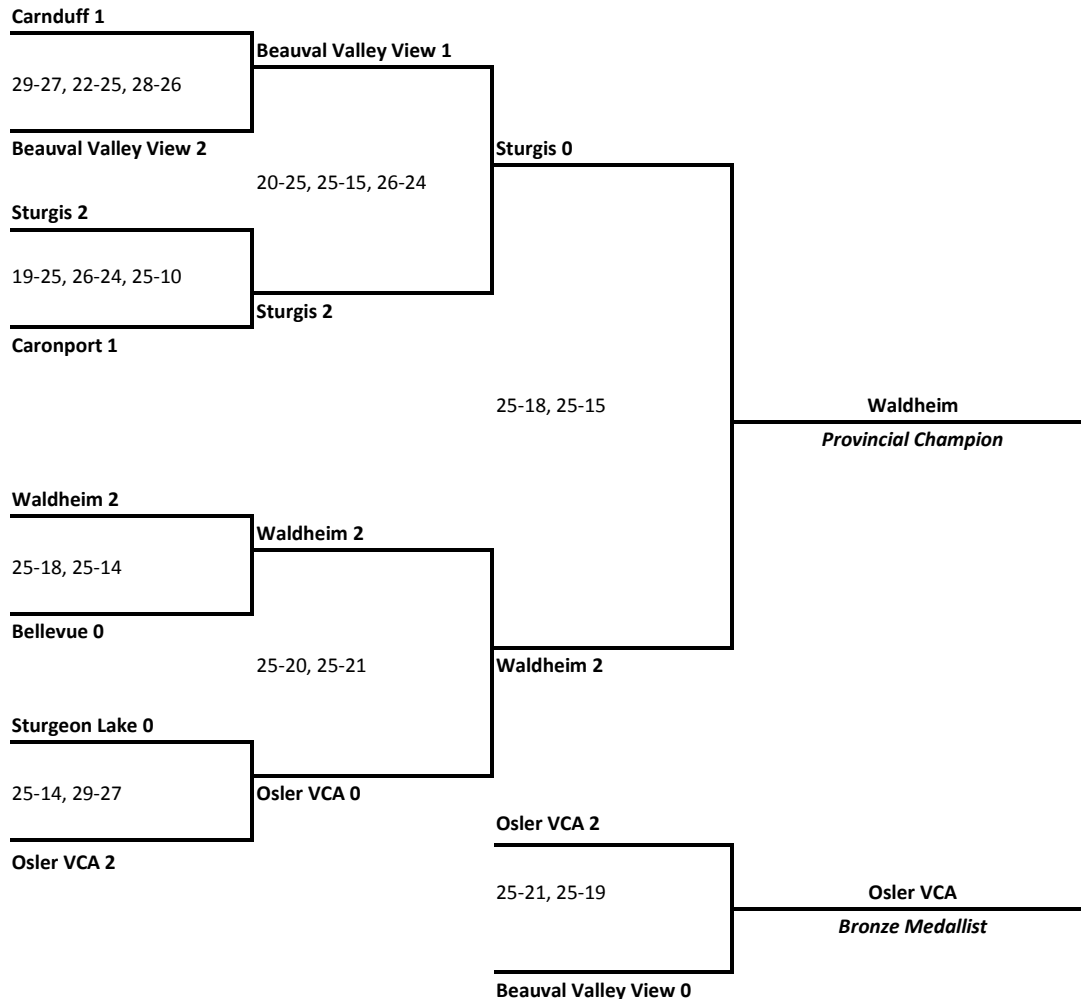
Competition: 3A Boys
Commissioner: Dave Hinz

POOL RESULTS:

Pool A		
Carnduff	4	0
Sturgeon Lake	2	2
Caronport	2	2
Bellevue	2	2
Thunderchild	0	4

Pool B		
Waldheim	4	0
Sturgis	3	1
Osler VCA	2	2
Beauval Valley View	1	3
Redvers	0	4

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Waldheim	Raiders	Dave Hinz
Silver Medal	Sturgis	Trojans	Kipp Bayer
Bronze Medal	Osler VCA	Lions	Tyler Golding
Fourth	Beauval Valley View	Voyagers	Sam Dawson
Sportsmanship Award	Beauval Valley View	Voyagers	Sam Dawson





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP 2013 RESULTS

Date: Nov. 22 & 23, 2013

Location: Oxbow

Competition: 4A Boys

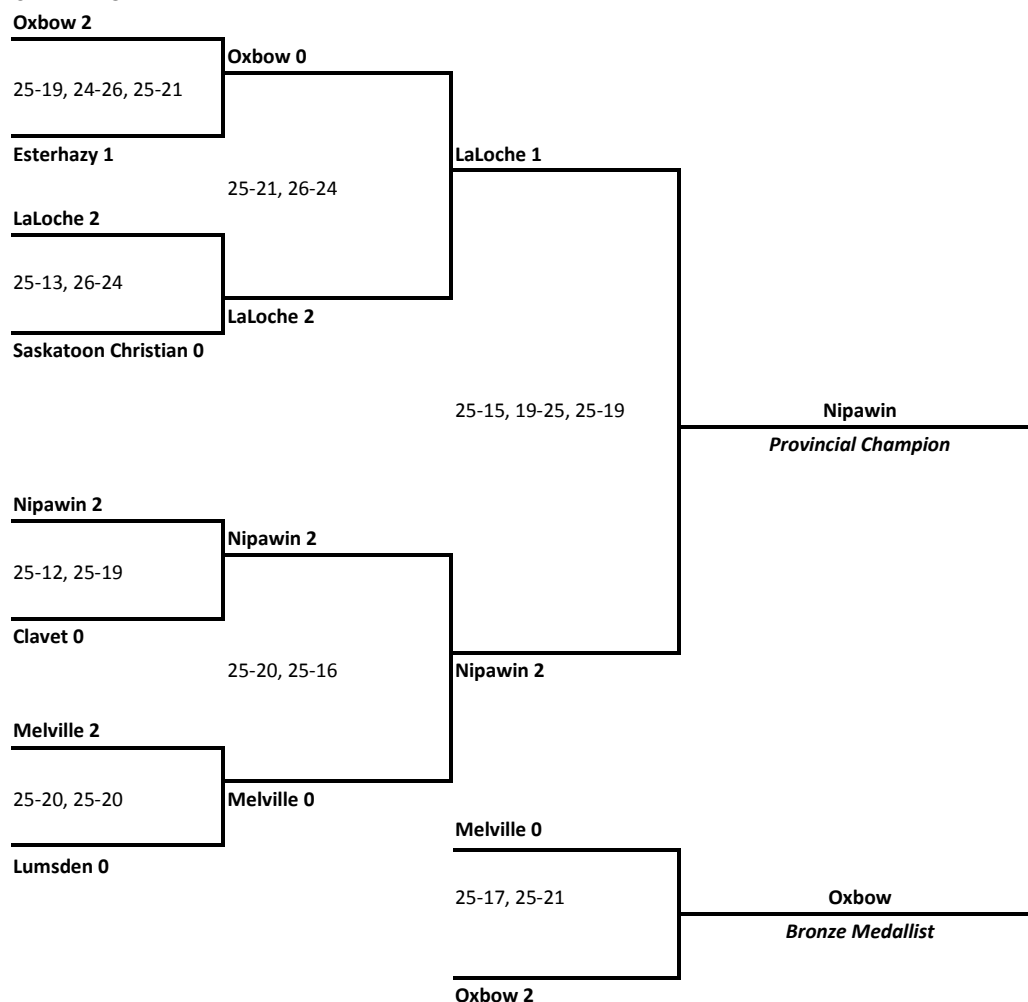
Commissioner: Dana Krienke

POOL RESULTS:

Pool A		
Oxbow	4	0
Melville	3	1
Saskatoon Christian	2	2
Clavet	1	3
Eagleview	0	4

Pool B		
Nipawin	4	0
LaLoche	3	1
Lumsden	2	2
Esterhazy	1	3
Kelvington	0	4

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Nipawin	Bears	Dave Christiansen
Silver Medal	LaLoche	Lakers	Phyllis Longobardi
Bronze Medal	Oxbow	Black Knights	Calvin Rosenthal
Fourth	Melville	Cobras	Dan Alspach
Sportsmanship Award	LaLoche	Lakers	Phyllis Longobardi





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP 2013 RESULTS

Date: Nov. 15 & 16, 2013

Location: Weyburn

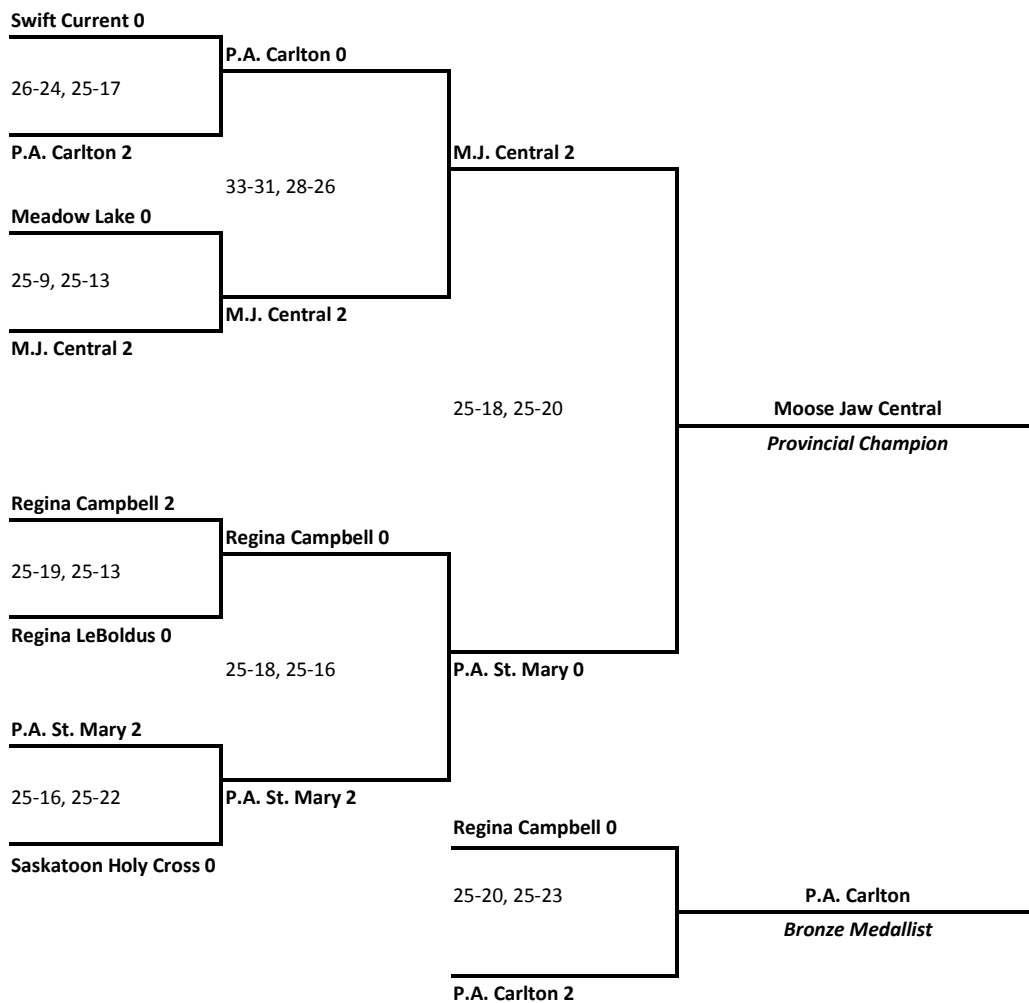
Competition: 5A Boys

Commissioner: Bob King / Jody Kerr

POOL RESULTS:

Pool A			Pool B		
MJ Central	3	1	Regina Campbell	4	0
P.A. St. Mary	3	1	Meadow Lake	3	1
Swift Current	3	1	Saskatoon Holy Cross	2	2
Regina LeBoldus	1	3	P.A. Carlton	1	3
Saskatoon Centennial	0	4	Weyburn	0	4

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	MJ Central	Tartans	Cal Toffan
Silver Medal	PA St. Mary	Marauders	Dale Regel
Bronze Medal	PA Carlton	Crusaders	Jeff Court
Fourth	Regina Campbell	Tartans	Cal Toffan
Sportsmanship Award	Saskatoon Centennial	Chargers	Adam Ewart

