

FOURTH AND FIFTH GRADE

THE PROGRESS FOR THIRD AND FOURTH GRADE IS LARGELY ONE OF PERFECTING THE SKILLS LEARNED IN 2ND AND 3RD GRADE. MORE REBOUNDING DRILLS ARE INTRODUCED AND A FEW BASIC PLAYS. MOSTLY HOWEVER IT IS TIME FOR POLISHING PREVIOUSLY INTRODUCED SKILLS.

OFFENSE

1. BALL HANDLING [2linepassingdrill-beginner.docx](file:///C:\Users\johnson\Documents\basketball2013\2linepassingdrill-beginner.docx)
   1. CHEST PASS
   2. OVERHEAD PASS
   3. TWO HAND BOUNCE PASS
   4. ONE HAND BOUNCE PASS
   5. BASEBALL PASS
   6. HOOK PASS
   7. BALL HANDLING, CIRCLE
2. SHOOTING [shooting-halcourtdribbleandshoot-inter.docx](file:///C:\Users\johnson\Documents\basketball2013\shooting-halcourtdribbleandshoot-inter.docx)
   1. LAY-UPS, BOTH HANDS [layups-pressure-intermediate.docx](file:///C:\Users\johnson\Documents\basketball2013\layups-pressure-intermediate.docx)
   2. ONE STEP
   3. TWO STEPS
   4. ONE HAND SET
3. DRIBBLING [dribbling-all.docx](file:///C:\Users\johnson\Documents\basketball2013\dribbling-all.docx)
   1. TRAFFIC, BOTH HANDS
   2. SPEED DRIBBLING- KILLERS [dribbling1vs2-intermediate.docx](file:///C:\Users\johnson\Documents\basketball2013\dribbling1vs2-intermediate.docx)
4. PIVOTING
   1. LINE PIVOTING
   2. PIVOT PASS
5. TRIPLE THREAT

DEFENSE

1. REBOUNDING
   1. KNICK REBOUNDING DRILL [Knicksrebounding-intermediate.docx](file:///C:\Users\johnson\Documents\basketball2013\Knicksrebounding-intermediate.docx)
   2. CIRCLE BOX OUT
2. FOOTWORK [footworkdrills-beginnersimonsays.docx](file:///C:\Users\johnson\Documents\basketball2013\footworkdrills-beginnersimonsays.docx)
   1. SLIDE RUND SLIDE
   2. SIMON SAYS DRILL
3. DENY
   1. WING DENY DRILL [defense-wingdeny.docx](file:///C:\Users\johnson\Documents\basketball2013\defense-wingdeny.docx)

KIDS ARE STARTING TO UNDERSTAND THE GAME, BUT FOCUS SHOULD STILL BE ON FUNDAMENTALS.