

FOURTH AND FIFTH GRADE

THE PROGRESS FOR THIRD AND FOURTH GRADE IS LARGELY ONE OF PERFECTING THE SKILLS LEARNED IN 2ND AND 3RD GRADE. MORE REBOUNDING DRILLS ARE INTRODUCED AND A FEW BASIC PLAYS. MOSTLY HOWEVER IT IS TIME FOR POLISHING PREVIOUSLY INTRODUCED SKILLS.

OFFENSE

1. BALL HANDLING [2linepassingdrill-beginner.docx](file:///C%3A%5CUsers%5Cjohnson%5CDocuments%5Cbasketball2013%5C2linepassingdrill-beginner.docx)
	1. CHEST PASS
	2. OVERHEAD PASS
	3. TWO HAND BOUNCE PASS
	4. ONE HAND BOUNCE PASS
	5. BASEBALL PASS
	6. HOOK PASS
	7. BALL HANDLING, CIRCLE
2. SHOOTING [shooting-halcourtdribbleandshoot-inter.docx](file:///C%3A%5CUsers%5Cjohnson%5CDocuments%5Cbasketball2013%5Cshooting-halcourtdribbleandshoot-inter.docx)
	1. LAY-UPS, BOTH HANDS [layups-pressure-intermediate.docx](file:///C%3A%5CUsers%5Cjohnson%5CDocuments%5Cbasketball2013%5Clayups-pressure-intermediate.docx)
	2. ONE STEP
	3. TWO STEPS
	4. ONE HAND SET
3. DRIBBLING [dribbling-all.docx](file:///C%3A%5CUsers%5Cjohnson%5CDocuments%5Cbasketball2013%5Cdribbling-all.docx)
	1. TRAFFIC, BOTH HANDS
	2. SPEED DRIBBLING- KILLERS [dribbling1vs2-intermediate.docx](file:///C%3A%5CUsers%5Cjohnson%5CDocuments%5Cbasketball2013%5Cdribbling1vs2-intermediate.docx)
4. PIVOTING
	1. LINE PIVOTING
	2. PIVOT PASS
5. TRIPLE THREAT

DEFENSE

1. REBOUNDING
	1. KNICK REBOUNDING DRILL [Knicksrebounding-intermediate.docx](file:///C%3A%5CUsers%5Cjohnson%5CDocuments%5Cbasketball2013%5CKnicksrebounding-intermediate.docx)
	2. CIRCLE BOX OUT
2. FOOTWORK [footworkdrills-beginnersimonsays.docx](file:///C%3A%5CUsers%5Cjohnson%5CDocuments%5Cbasketball2013%5Cfootworkdrills-beginnersimonsays.docx)
	1. SLIDE RUND SLIDE
	2. SIMON SAYS DRILL
3. DENY
	1. WING DENY DRILL [defense-wingdeny.docx](file:///C%3A%5CUsers%5Cjohnson%5CDocuments%5Cbasketball2013%5Cdefense-wingdeny.docx)

KIDS ARE STARTING TO UNDERSTAND THE GAME, BUT FOCUS SHOULD STILL BE ON FUNDAMENTALS.