

Wrestling

Team Champions

(Team Champion, Runner-up)

6A

| | | | | |
|------|----------------|-------|----------------|-------|
| 2015 | Colonial Forge | 147.0 | Centreville | 57.5 |
| 2014 | James Robinson | 152.5 | Colonial Forge | 132.5 |

5A

| | | | | |
|------|---------|-------|---------------|-------|
| 2015 | Matoaca | 78.0 | Broad Run | 67.0 |
| 2014 | Matoaca | 115.0 | Mountain View | 101.0 |

4A

| | | | | |
|------|----------|-------|----------|-------|
| 2015 | Fauquier | 129.0 | Hanover | 105.0 |
| 2014 | Hanover | 96.0 | Fauquier | 90.5 |

3A

| | | | | |
|------|----------------|-------|----------------------|------|
| 2015 | Christiansburg | 153.0 | Cave Spring | 84.5 |
| 2014 | Christiansburg | 101.5 | Brentsville District | 83.0 |

2A

| | | | | |
|------|---------------|-------|-----------|-------|
| 2015 | Clarke County | 121.0 | Grundy | 118.5 |
| 2014 | Grundy | 173.5 | Strasburg | 104.5 |

1A

| | | | | |
|------|---------------|-------|-------------------------|-------|
| 2015 | Rural Retreat | 176.5 | George Wythe-Wytheville | 68.0 |
| 2014 | Rural Retreat | 162.5 | Chilhowie | 102.5 |

AAA

| | | | | |
|------|----------------|-------|----------------------------|-------|
| 2013 | James Robinson | 142.5 | Westfield | 101.0 |
| 2012 | Colonial Forge | 152.5 | James Robinson | 87.0 |
| 2011 | James Robinson | 155.5 | Frank W. Cox | 125.0 |
| 2010 | Frank W. Cox | 177.5 | James Robinson | 129.5 |
| 2009 | Colonial Forge | 121.0 | Fauquier | 97.5 |
| 2008 | Colonial Forge | 183.0 | Great Bridge | 118.0 |
| 2007 | Colonial Forge | 169.5 | Great Bridge | 152.0 |
| 2006 | Great Bridge | 220.5 | Frank W. Cox | 93.0 |
| 2005 | Great Bridge | 259.5 | Colonial Forge | 96.5 |
| 2004 | Great Bridge | 193.0 | Frank W. Cox | 108.0 |
| 2003 | Great Bridge | 233.5 | Kempsville | 104.0 |
| 2002 | Great Bridge | 229.0 | Colonial Forge | 90.0 |
| 2001 | Great Bridge | 155.0 | Western Branch | 92.0 |
| 2000 | Great Bridge | 189.0 | Frank W. Cox | 153.0 |
| 1999 | Great Bridge | 120.0 | North Stafford | 87.0 |
| 1998 | Great Bridge | 196.5 | Stonewall Jackson-Manassas | 85.0 |
| 1997 | Western Branch | 133.5 | Great Bridge | 101.5 |
| 1996 | Great Bridge | 162.0 | Stonewall Jackson-Manassas | 83.5 |
| 1995 | Great Bridge | 112.5 | Western Branch | 86.0 |
| 1994 | Great Bridge | 115.5 | Centreville | 95.0 |
| 1993 | Great Bridge | 121.0 | Centreville | 98.5 |
| 1992 | Great Bridge | 160.0 | Western Branch | 84.0 |
| 1991 | Great Bridge | 87.0 | Western Branch | 84.0 |
| 1990 | Kempsville | 103.5 | Great Bridge | 87.0 |
| 1989 | Great Bridge | 145.5 | Kempsville | 99.0 |
| 1988 | Great Bridge | 148.0 | Norview | 67.0 |
| 1987 | Great Bridge | 126.5 | James Robinson | 92.0 |
| 1986 | Frank W. Cox | 135.5 | Great Bridge | 126.5 |
| 1985 | James Robinson | 111.5 | Frank W. Cox | 108.5 |
| 1984 | Frank Cox | 142.5 | James Robinson | 92.0 |
| 1983 | Deep Creek | 113.0 | Princess Anne | 91.0 |
| 1982 | W.T. Woodson | 102.5 | Kempsville | 82.0 |
| 1981 | James Robinson | 98.0 | Falls Church | 90.0 |
| 1980 | James Robinson | 83.5 | Gar-Field | 67.5 |
| 1979 | Maury | 79.5 | Gar-Field | 59.5 |
| 1978 | Kempsville | 88.0 | Lake Braddock | 59.5 |
| 1977 | Bethel | 56.5 | Maury | 54.0 |
| 1976 | Menchville | 67.5 | Frank Cox | 66.5 |
| 1975 | Norview | 61.5 | James Robinson | 50.5 |
| 1974 | Frank W. Cox | 42.5 | James Robinson | 39.0 |
| 1973 | Frank W. Cox | 70.5 | R. E. Lee-Springfield | 41.0 |
| 1972 | Frank W. Cox | 60.5 | Granby | 43.0 |
| 1971 | Granby | 50.0 | McLean | 49.0 |

IA

| | | | | |
|------|--------|-------|--------------------------|------|
| 1970 | Granby | 79.0 | McLean | 55.0 |
| 1969 | Granby | 110.0 | Annandale | 42.0 |
| 1968 | Granby | 60.0 | Annandale | 54.0 |
| 1967 | Granby | 101.0 | Annandale | 59.0 |
| 1966 | Granby | | | |
| 1965 | Granby | 72.0 | Maury | 70.0 |
| 1964 | Granby | 69.0 | Maury | 61.0 |
| 1963 | Granby | 68.0 | Wakefield | 43.0 |
| 1950 | Granby | 64.0 | Jefferson Senior-Roanoke | 33.0 |
| 1949 | Granby | 59.0 | Jefferson Senior-Roanoke | 49.0 |

AAA Dual Team

| | | | | |
|------|----------------|----|----------------------|----|
| 1996 | Great Bridge | 66 | Franklin County | 00 |
| 1995 | Great Bridge | 49 | Franklin County | 16 |
| 1994 | Great Bridge | 39 | St. Jackson-Manassas | 18 |
| 1993 | Great Bridge | 28 | Centerville | 18 |
| 1992 | Great Bridge | 43 | St. Jackson-Manassas | 14 |
| 1991 | Great Bridge | 32 | Woodbridge | 19 |
| 1990 | Western Branch | 29 | Woodbridge | 22 |

AA

| | | | | |
|------|-----------------|-------|---------------------|-------|
| 2013 | Christianburg | 158.0 | Brookville | 92.0 |
| 2012 | Christiansburg | 205.0 | Brookville | 123.5 |
| 2011 | Christiansburg | 258.0 | Grundy | 133.0 |
| 2010 | Christiansburg | 175.0 | Grundy | 166.0 |
| 2009 | Christiansburg | 210.5 | Poquoson | 131.5 |
| 2008 | Christiansburg | 161.5 | Grundy | 129.5 |
| 2007 | Christiansburg | 259.5 | Tabb | 86.0 |
| 2006 | Christiansburg | 246.5 | Turner Ashby | 113.3 |
| 2005 | Christiansburg | 292.0 | Grundy | 96.5 |
| 2004 | Christiansburg | 229.5 | Turner Ashby | 116.0 |
| 2003 | Christiansburg | 165.5 | Grundy | 128.0 |
| 2002 | Christiansburg | 191.5 | Grundy | 187.5 |
| 2001 | Grundy | 246.5 | Christiansburg | 167.5 |
| 2000 | Grundy | 225.0 | Christiansburg | 217.0 |
| 1999 | Poquoson | 149.5 | Christiansburg | 137.0 |
| 1998 | Grundy | 241.0 | Poquoson | 200.5 |
| 1997 | Grundy | 269.5 | Poquoson | 194.5 |
| 1996 | Grundy | 327.5 | Poquoson | 167.0 |
| 1995 | Grundy | 235.0 | Poquoson | 135.5 |
| 1994 | Grundy | 189.5 | Poquoson | 168.0 |
| 1993 | Grundy | 169.5 | Northside | 104.0 |
| 1992 | Grundy | 169.5 | Northside | 104.0 |
| 1991 | Grundy | 184.5 | Park View-Sterling | 96.5 |
| 1990 | Grundy | 202.0 | Park View | 104.0 |
| 1989 | Grundy | 204.0 | Poquoson | 117.0 |
| 1988 | Grundy | 260.0 | Osborn | 102.0 |
| 1987 | Grundy | 261.5 | Poquoson | 112.5 |
| 1986 | Osborn | 195.0 | Poquoson | 156.0 |
| 1985 | Poquoson | 185.0 | Osborn | 162.0 |
| 1984 | Osborn | 119.0 | Park View-Sterling | |
| 1983 | Osborn | 134.5 | Poquoson | 109.5 |
| 1982 | William Byrd | 92.5 | Virginia | 83.5 |
| 1981 | Poquoson | 119.5 | York | 105.0 |
| 1980 | Poquoson | 158.0 | Osborn | 75.50 |
| 1979 | Poquoson | 112.0 | Harrisonburg | 90.0 |
| 1978 | Grundy | 118.5 | Orange County | 89.5 |
| 1977 | Tabb | 113.0 | Pembroke | 78.5 |
| 1976 | Brookville | 90.0 | Glenvar | 73.5 |
| 1975 | Culpeper County | 49.0 | Orange County | 41.5 |
| 1974 | William Byrd | 57.5 | Spotsylvania County | 43.0 |
| 1973 | William Byrd | 73.0 | Spotsylvania County | 45.5 |
| 1972 | Glenvar | 54.0 | Culpeper County | 46.5 |
| 1971 | Glenvar | 71.0 | Culpeper County | 55.0 |

A

| | | | | |
|------|---------------|-------|---------------|-------|
| 2013 | Grundy | 143.0 | Strasburg | 128.0 |
| 2012 | Grundy | 161.5 | Manassas Park | 158.5 |
| 2011 | Manassas Park | 169.5 | Floyd County | 122.5 |

| | | | | |
|------|------------------------|-------|----------------------|-------|
| 2010 | Glenvar | 140.0 | Galax | 120.0 |
| 2009 | Glenvar | 123.0 | Strasburg | 100.0 |
| 2008 | Manassas Park | 182.5 | Glenvar | 131.5 |
| 2007 | Glenvar | 189.0 | Manassas Park | 142.0 |
| 2006 | Manassas Park | 181.0 | Rural Retreat | 142.0 |
| 2005 | Manassas Park | 218.5 | Strasburg | 134.5 |
| 2004 | Manassas Park | 166.5 | Parry McCluer | 151.5 |
| 2003 | Brentsville District | 168.0 | Mathews | 147.5 |
| 2002 | Brentsville District | 218.5 | Clarke County | 120.5 |
| 2001 | Brentsville District | 140.0 | Clarke County | 119.0 |
| 2000 | Strasburg | 131.5 | Brentsville District | 126.5 |
| 1999 | Brentsville District | 172.5 | J. J. Kelly | 110.0 |
| 1998 | Radford | 137.5 | Brentsville District | 137.0 |
| 1997 | Strasburg | 166.5 | Radford | 141.5 |
| 1996 | Brentsville District | 158.0 | Strasburg | 105.0 |
| 1995 | Northampton | 156.0 | Brentsville District | 96.00 |
| 1994 | Brentsville District | 154.0 | Coburn | 123.0 |
| 1993 | Brentsville District | 165.0 | Sussex Central | 112.5 |
| 1992 | Sussex Central | 131.5 | Brentsville District | 129.5 |
| 1991 | Mathews | 116.0 | Sussex Central | 101.5 |
| 1990 | Mathews | 127.0 | Brentsville District | 114.0 |
| 1989 | Castlewood | 121.5 | Mathews | 118.5 |
| 1988 | J.J. Kelly | 106.0 | Chilhowie | 105.5 |
| 1987 | Strasburg | 120.0 | Glenvar | 93.00 |
| 1986 | Manassas Park | 127.5 | Castlewood | 118.0 |
| 1985 | Manassas Park | 143.5 | Strasburg | 109.0 |
| 1984 | Manassas Park | 90.50 | Essex | 88.0 |
| 1983 | J.J. Kelly | 105.5 | Manassas Park | 96.0 |
| 1982 | Manassas Park | 90.50 | Parry McCluer | 84.0 |
| 1981 | Manassas Park | 112.0 | Brentsville District | 89.5 |
| 1980 | Strasburg | 187.0 | Manassas Park | 132.0 |
| 1979 | Manassas Park | 170.0 | Parry McCluer | 103.0 |
| 1978 | Poquoson | 174.0 | Manassas Park | 166.0 |
| 1977 | Poquoson | 143.5 | Parry McCluer | 114.0 |
| 1976 | Brentsville District | 100.5 | Strasburg | 92.5 |
| 1975 | Poquoson | 77.0 | Strasburg | 71.5 |
| 1974 | Brentsville District | 92.5 | Poquoson | 84.5 |
| 1973 | Poquoson | 104.0 | Strasburg | 79.0 |
| 1972 | Va School-Deaf & Blind | 97.0 | Poquoson | 80.5 |
| 1971 | Va School-Deaf & Blind | 113.0 | Poquoson | 89.0 |

“Unclassified”

| | | | | |
|------|-----------|-------|--------------------|------|
| 1970 | Northside | 91.00 | James Wood,Amherst | 53.0 |
| 1969 | Northside | 93.0 | Pulaski,Gar-Field | 55.0 |
| 1968 | Gar-Field | | | |
| 1967 | Northside | 70.0 | Orange County | 48.0 |

Team Records

Number of state championships

| | | |
|----|----------------------|---|
| 18 | Great Bridge | 1987-89, 1991-96, 1998-06 |
| 17 | Grundy | 1978, 1987-1998, 2000-01, 2012-13 |
| 13 | Christiansburg | 2002-14 |
| 11 | Manassas Park | 1979, 1981-82, 1984-86, 2004-06, 2008, 2011 |
| 9 | Granby | 1963-71 |
| 9 | Poquoson | 1973, 1975, 1977-81, 1985, 1999 |
| 9 | Brentsville District | 1974, 1976, 1993-94, 1996, 1999, 2001-2003 |

Consecutive state championships

| | | |
|----|----------------|---------|
| 13 | Christiansburg | 2002-14 |
| 12 | Grundy | 1987-98 |
| 9 | Granby | 1963-71 |
| 9 | Great Bridge | 1998-06 |

Individual Champions

6A

106 lb weight class

| | | |
|------|---------------------|--------------|
| 2015 | Killian Cardinale | Patriot |
| 2014 | Oleksiy Onufriyenko | Frank W. Cox |

113 lb weight class

| | | |
|------|-------------------|---------------|
| 2015 | Victor Echeverria | Centreville |
| 2014 | Darius Wiles | Lake Braddock |

120 lb weight class

| | | |
|------|--------------|----------------|
| 2015 | River Curtis | Battlefield |
| 2014 | Joshua Nail | Colonial Forge |

126 lb weight class

| | | |
|------|-----------------|----------------|
| 2015 | Joshua Nail | Colonial Forge |
| 2014 | Justin Yorkdale | Westfield |

132 lb weight class

| | | |
|------|-----------------|--------------|
| 2015 | Justin Yorkdale | Westfield |
| 2014 | Hunter Manley | South County |

138 lb weight class

| | | |
|------|---------------|----------------|
| 2015 | Jeff Stone | Colonial Forge |
| 2014 | Corey Leonard | Thomas Dale |

145 lb weight class

| | | |
|------|----------------|----------------|
| 2015 | William Riggs | James Robinson |
| 2014 | Colin Saunders | Frank W. Cox |

152 lb weight class

| | | |
|------|---------------|----------------|
| 2015 | Conor Grammes | McLean |
| 2014 | Jack Bass | James Robinson |

160 lb weight class

| | | |
|------|----------------|----------------|
| 2015 | Seldon Wright | Oscar Smith |
| 2014 | Zak DePasquale | James Robinson |

170 lb weight class

| | | |
|------|---------------|----------------|
| 2015 | Nevin O'Brien | First Colonial |
| 2014 | Codie Bowers | C.D. Hylton |

182 lb weight class

| | | |
|------|--------------------|----------------|
| 2015 | Gabriel DePasquale | James Robinson |
| 2014 | Cole DePasquale | James Robinson |

195 lb weight class

| | | |
|------|------------|-------------|
| 2015 | Tyler Love | Centreville |
| 2014 | Tyler Love | Centreville |

220 lb weight class

| | | |
|------|-----------------|----------------|
| 2015 | Patrick Grayson | Colonial Forge |
| 2014 | Patrick Grayson | Colonial Forge |

285 lb weight class

| | | |
|------|----------------|----------------|
| 2015 | Austin Knies | Westfield |
| 2014 | Jacob Pinkston | James Robinson |

5A

106 lb weight class

| | | |
|------|---------------|---------------|
| 2015 | Brandon Woody | Matoaca |
| 2014 | Larry Hankins | Princess Anne |

113 lb weight class

| | | |
|------|-----------------|------------|
| 2015 | Anthony Monahan | Gloucester |
| 2014 | Dylan Schuster | Matoaca |

120 lb weight class

| | | |
|------|--------------------|---------------|
| 2015 | Stryder Jackson | Great Bridge |
| 2014 | Josue Beltran, Jr. | Mountain View |

126 lb weight class

| | | |
|------|----------------|--------------|
| 2015 | Connor Wallace | Hickory |
| 2014 | Brandon Olsen | Indian River |

132 lb weight class

| | | |
|------|--------------------|---------|
| 2015 | Anthony Amendolare | Hickory |
| 2014 | Kyle Gordon | Matoaca |

138 lb weight class

| | | |
|------|------------------|---------------|
| 2015 | Bill Adusei-Poku | Mount Vernon |
| 2014 | Brock Jacobson | Thomas Edison |

145 lb weight class

| | | |
|------|----------------|---------------|
| 2015 | Trevor Watkins | Mountain View |
| 2014 | Neal Richards | Matoaca |

152 lb weight class

| | | |
|------|---------------|--------------|
| 2015 | Neal Richards | Matoaca |
| 2014 | Eric Merriam | Great Bridge |

160 lb weight class

| | | |
|------|------------------|---------------|
| 2015 | Michael Battista | Broad Run |
| 2014 | Omar Nezam | Potomac Falls |

| | | | | |
|----------------------------|------------------|--|----------------------------|----------------------|
| 170 lb weight class | | | 2014 Reid Stewart | Brookville |
| 2015 Thomas Parsons | Massaponax | | | |
| 2014 Jared Swan | Mountain View | | | |
| 182 lb weight class | | | 113 lb weight class | |
| 2015 Tyrone Gayle | Salem-Va. Beach | | 2015 Zach Beckner | Warren County |
| 2014 Konner Pritchard | Princess Anne | | 2014 Jeffrey Walker | Brentsville District |
| 195 lb weight class | | | 120 lb weight class | |
| 2015 Charles Belvin | Atlee | | 2015 Marshall Keller | Christiansburg |
| 2014 Zach Kelleher | Princess Anne | | 2014 Landon Curry | Brookville |
| 220 lb weight class | | | 126 lb weight class | |
| 2015 Justice Williams | Mills Godwin | | 2015 Brandon Robinson | Northside |
| 2014 Bryan Capozzoli | Briar Woods | | 2014 Brandon Robinson | Northside |
| 285 lb weight class | | | 132 lb weight class | |
| 2015 Anthony Helm | Matoaca | | 2015 Josh Baier | Cave Spring |
| 2014 Anthony Helm | Matoaca | | 2014 Coy Ozias | Christiansburg |
| 4A | | | 138 lb weight class | |
| 106 lb weight class | | | 2015 Hunter Bolen | Christiansburg |
| 2015 DJ Ahalt | Courtland | | 2014 B.C. Laprade | New Kent |
| 2014 Aaron Black | James Wood | | 145 lb weight class | |
| 113 lb weight class | | | 2015 B.C. Laprade | New Kent |
| 2015 Collin Gerardi | Powhatan | | 2014 David Giantonio | Christiansburg |
| 2014 Daniel Ariola | Fauquier | | 152 lb weight class | |
| 120 lb weight class | | | 2015 Creed Lumppp | Christiansburg |
| 2015 Daniel Ariola | Fauquier | | 2014 Chase McDaniel | Cave Spring |
| 2014 Lio Quezada | John Handley | | 160 lb weight class | |
| 126 lb weight class | | | 2015 Kade Sanders | New Kent |
| 2015 JD Gregory | Hanover | | 2014 Justin Trent | Colonial Heights |
| 2014 JD Gregory | Hanover | | 170 lb weight class | |
| 132 lb weight class | | | 2015 Ross Graham | Poquoson |
| 2015 Bryan Ramey | Eastern View | | 2014 Koda Wagner | Rockbridge County |
| 2014 Bryan Ramey | Eastern View | | 182 lb weight class | |
| 138 lb weight class | | | 2015 Jessup Hammond | Brookville |
| 2015 Matt Raines | Fauquier | | 2014 Ross Graham | Poquoson |
| 2014 Matt Raines | Fauquier | | 195 lb weight class | |
| 145 lb weight class | | | 2015 Noah Bushman | Cave Spring |
| 2015 Brett Romanzak | Jefferson Forest | | 2014 Sam Davis | Stuarts Draft |
| 2014 Garrett Tingen | Fauquier | | 220 lb weight class | |
| 152 lb weight class | | | 2015 Cody Amos | Cave Spring |
| 2015 Garrett Tingen | Fauquier | | 2014 Jacob Plaster | Northside |
| 2014 Corbin Allen | Hanover | | 285 lb weight class | |
| 160 lb weight class | | | 2015 Gerren Butler | Skyline |
| 2015 Corbin Allen | Hanover | | 2014 Sid Byers | Loudoun Valley |
| 2014 Hunter Day | Loudoun County | | 2A | |
| 170 lb weight class | | | 106 lb weight class | |
| 2015 John Borst | Sherando | | 2015 Andy Webb | Grundy |
| 2014 Jordon Garlow | Smithfield | | 2014 Bayne Gordon | Clarke County |
| 182 lb weight class | | | 113 lb weight class | |
| 2015 Dylan Wisman | Millbrook | | 2015 Austin Cooper | Strasburg |
| 2014 Dylan Wisman | Millbrook | | 2014 Josh Lafferty | Nottoway |
| 195 lb weight class | | | 120 lb weight class | |
| 2015 Jeffrey Allen | Amherst County | | 2015 Bayne Gordon | Clarke County |
| 2014 Jeffrey Allen | Amherst County | | 2014 Matt Duncan | Glenvar |
| 220 lb weight class | | | 126 lb weight class | |
| 2015 Ryan Tanner Lacey | Hanover | | 2015 Maverick Coleman | Grundy |
| 2014 Aaron Vaughan | Dinwiddie | | 2014 Nic Campbell | Strasburg |
| 285 lb weight class | | | 132 lb weight class | |
| 2015 Adeeb Atariwa | Dominion | | 2015 Nic Campbell | Strasburg |
| 2014 Jordan Dowrey | John Handley | | 2014 Hunter Dean | Strasburg |
| 3A | | | 138 lb weight class | |
| 106 lb weight class | | | 2015 Jacob McNutt | Grundy |
| 2015 Patrick McCormick | Poquoson | | 2014 Ryan Crowell | Marion Senior |
| | | | 145 lb weight class | |
| | | | 2015 Hunter Dean | Strasburg |

| | | | | | | | |
|----------------------------|-----------------|--|----------------------------|----------------------------|-------------------------|--|----------------------|
| 2014 | Trey Smith | | Grundy | 2014 | Caleb Spurlin | | Galax |
| 152 lb weight class | | | | 285 lb weight class | | | |
| 2015 | Dylan Wade | | Riverheads | 2015 | Sam Bouis | | Lancaster |
| 2014 | Elliott Pedigo | | Grundy | 2014 | Grayson Jackson | | Chilhowie |
| 160 lb weight class | | | | AAA | | | |
| 2015 | Elliott Pedigo | | Grundy | 98 lb weight class | | | |
| 2014 | Dylan Raines | | Grundy | 1988 | Neal Shelby | | Great Bridge |
| 170 lb weight class | | | | 1987 | Stockton Williams | | Great Bridge |
| 2015 | Caleb Lankford | | Richlands | 1986 | Jon Fussell | | Kempsville |
| 2014 | Ben Wallace | | Clarke County | 1985 | David Stovall | | Green run |
| 182 lb weight class | | | | 1984 | Anthony Orlando | | W.T. Woodson |
| 2015 | Ben Wallace | | Clarke County | 1983 | Jim Fussell | | Kempsville |
| 2014 | Jordan McCowan | | Grundy | 1982 | Jim Fussell | | Kempsville |
| 195 lb weight class | | | | 1981 | Darryl Culfee | | Deep Creek |
| 2015 | Dylan Cook | | Graham | 1980 | Darryl Culfee | | Deep Creek |
| 2014 | Dylan Cook | | Graham | 1979 | Bob DeProspero | | James Robinson |
| 220 lb weight class | | | | 1978 | Ray Lewis | | Floyd Kellam |
| 2015 | Ty Gilbertson | | King William | 1977 | John Erikson | | Menchville |
| 2014 | Josh McCall | | Lee | 1976 | Chris Taylor | | First Colonial |
| 285 lb weight class | | | | 1975 | Charles Isler | | Maggie Walker |
| 2015 | David Kisling | | East Rockingham | 1974 | Terry Shiver | | Granby |
| 2014 | Sammy Leap | | Appomattox County | 1973 | Ken Nowlin | | Princess Anne |
| 1A | | | | 1972 | Mike Strouse | | Granby |
| 106 lb weight class | | | | 1971 | Steve Forbes | | Bethel |
| 2015 | Trey Boyd | | Rural Retreat | 1950 | Chalres Ferriter (95lb) | | Granby |
| 2014 | Trey Boyd | | Rural Retreat | 1949 | Donnie Desselle (95lb) | | Granby |
| 113 lb weight class | | | | 103 lb weight class | | | |
| 2015 | Josh Wynn | | Rural Retreat | 2011 | Camden Anderson | | Grassfield |
| 2014 | Ty Boyd | | Rural Retreat | 2010 | Kasey Early | | Deep Run |
| 120 lb weight class | | | | 2009 | Caleb Richardson | | Grasfield |
| 2015 | Jacob Wynn | | Rural Retreat | 2008 | Beau Martino | | Battlefield |
| 2014 | Jacob Wynn | | Rural Retreat | 2007 | Roman Perryman | | Robinson |
| 126 lb weight class | | | | 2006 | George Billy | | Robinson |
| 2015 | Ty Boyd | | Rural Retreat | 2005 | Brian Wright | | Kempsville |
| 2014 | Corbin Woods | | Parry McCluer | 2004 | Walker Faison | | Frank W. Cox |
| 132 lb weight class | | | | 2003 | Matt Lantz | | Frank W. Cox |
| 2015 | Austin Tolbert | | George Wythe-Wytheville | 2002 | John Erickson | | Kempsville |
| 2014 | Simon Urban | | Middlesex | 2001 | Christian Smith | | Western Branch |
| 138 lb weight class | | | | 2000 | Daniel Frishkorn | | Great Bridge |
| 2015 | Josh Penuel | | Rural Retreat | 1999 | Mike Martin | | Great Bridge |
| 2014 | David DeVilbiss | | Radford | 1998 | Nate Schy | | Bethel |
| 145 lb weight class | | | | 1997 | Bobby Ingram | | Frank W. Cox |
| 2015 | Caleb Snider | | Rural Retreat | 1996 | Matt Viola | | Western Branch |
| 2014 | Dakota Snider | | Rural Retreat | 1995 | Lee Butler | | Western Branch |
| 152 lb weight class | | | | 1994 | Chip Reyes | | Salem-Virginia Beach |
| 2015 | Kenique Stewart | | Lancaster | 1993 | Shawn Darnell | | Great Bridge |
| 2014 | Dylan Hitt | | Rappahannock | 1992 | Bryan Miller | | Kempsville |
| 160 lb weight class | | | | 1991 | Neal Smith | | Deep Creek |
| 2015 | Taylor Ayers | | Radford | 1990 | Neal Smith | | Deep Creek |
| 2014 | Jake Lewis | | George Wythe-Wytheville | 1989 | Bryan Richardson | | Kempsville |
| 170 lb weight class | | | | 1950 | Donnie Frye | | Granby |
| 2015 | Joseph Martin | | Radford | 1949 | Bill Perry | | Norview |
| 2014 | Logan Dean | | Castlewood | 105 lb weight class | | | |
| 182 lb weight class | | | | 1988 | Jody Staylor | | Great Bridge |
| 2015 | Zach Wright | | Patrick Henry-Glade Spring | 1987 | Jon Fussell | | Kempsville |
| 2014 | Adam Turk | | Radford | 1986 | Jody Jackson | | Great Bridge |
| 195 lb weight class | | | | 1985 | Wayne Gibson | | Princess Anne |
| 2015 | Caleb Spurlin | | Galax | 1984 | Jim Fussell | | Kempsville |
| 2014 | David Smith | | George Wythe-Wytheville | 1983 | Steve Martin | | Kempsville |
| 220 lb weight class | | | | 1982 | John Epperly | | James Robinson |
| 2015 | Jackson Case | | Castlewood | 1981 | Richard Capps | | Deep Creek |
| | | | | 1980 | Bob DeProspero | | James Robinson |
| | | | | 1979 | Dexter Jackson | | John F. Kennedy |
| | | | | 1978 | Richard Coates | | Woodbridge |
| | | | | 1977 | Chris Taylor | | First Colonial |
| | | | | 1976 | Randy Gray | | Lafayette |
| | | | | 1975 | Reggie Burke | | Oscar Smith |
| | | | | 1974 | William Beasley | | Great Bridge |
| | | | | 1973 | Abe Martinez | | Granby |
| | | | | 1972 | Abe Martinez | | Granby |
| | | | | 1971 | Scott Conkwright | | Frank W. Cox |

106 lb weight class

| | | |
|------|------------|-------------|
| 2013 | Tommy Aloï | Forest park |
| 2012 | Sean Badua | Osborn Park |

112 lb weight class

| | | |
|------|-------------------|---------------------------|
| 2011 | Cody Stageberg | Frank W. Cox |
| 2010 | Caleb Richardson | Frank W. Cox |
| 2009 | Beau Martino | Battlefield |
| 2008 | George Billy | Lake Braddock |
| 2007 | Eric Olanowski | Floyd Kellam |
| 2006 | Michael Garofalo | Colonial Forge |
| 2005 | Walker Faison | Frank W. Cox |
| 2004 | Collin Dozier | Frank W. Cox |
| 2003 | John Erickson | Kempsville |
| 2002 | Christian Smith | Western Branch |
| 2001 | Christian Staylor | Great Bridge |
| 2000 | Christian Staylor | Great Bridge |
| 1999 | Donnie Pereira | Stonewall Jackson |
| 1998 | Bobby Ingram | Frank Cox |
| 1997 | Paul Jimenez | Lake Taylor |
| 1996 | Mike Mercado | Tallwood |
| 1995 | Mike Mercado | Tallwood |
| 1994 | Sun Blancaflor | Salem-Virginia Beach |
| 1993 | Marcus Sanchez | Green Run |
| 1992 | double default | |
| 1991 | Ronnie Spruill | Great Bridge |
| 1990 | Mike Orris | Deep Creek |
| 1989 | Mike Orris | Deep Creek |
| 1988 | Stockton Williams | Great Bridge |
| 1987 | John Jackson | Great Bridge |
| 1986 | John Jackson | Great Bridge |
| 1985 | Aaron Green | Yorktown |
| 1984 | Steve Martin | Kempsville |
| 1983 | John Epperly | James Robinson |
| 1982 | Richard Capps | Deep Creek |
| 1981 | Bob DeProspero | James Robinson |
| 1980 | Wes Farley | Deep Creek |
| 1979 | Richard Coates | Woodbridge |
| 1978 | Brian Langlinias | Hayfield |
| 1977 | Bob Passino | Falls Church |
| 1976 | Reggie Burke | Oscar Smith |
| 1975 | Wendell Hardy | Western Branch |
| 1974 | Abe Martinez | Granby |
| 1973 | Robert Peach | Langley |
| 1972 | Scott Conkwright | Frank W. Cox |
| 1971 | Jerry Walski | Hampton |
| 1950 | Bill Barkley | Granby |
| 1949 | Jim Barnes | Jefferson Senior, Roanoke |

113 lb weight class

| | | |
|------|------------------|-------------|
| 2013 | JD Gregory | Hanover |
| 2012 | Dalton Henderson | Ocean Lakes |

119 lb weight class

| | | |
|------|-------------------|----------------------------|
| 2011 | Jake Smith | James Robinson |
| 2010 | Bryan Whitt | Frank W. Cox |
| 2009 | Shane Gentry | Colonial Forge |
| 2008 | Michael Garofalo | Colonial Forge |
| 2007 | Mike Holcomb | Floyd Kellam |
| 2006 | Walker Faison | Frank W. Cox |
| 2005 | Johnny Olanowski | Floyd Kellam |
| 2004 | Justin Staylor | Great Bridge |
| 2003 | Christian Smith | Western Branch |
| 2002 | Christian Staylor | Great Bridge |
| 2001 | Daniel Frishkorn | Great Bridge |
| 2000 | Mike Martin | Great Bridge |
| 1999 | Bobby Ingram, | Frank Cox |
| 1998 | Steve Keleher | Lake Braddock |
| 1997 | Bruce Fowler | Great Bridge |
| 1996 | Jason Bernd | First Colonial |
| 1995 | Todd Mason | Stonewall Jackson-Manassas |
| 1994 | Chris Viola | Western Branch |
| 1993 | Jeremy Ferry | Centreville |
| 1992 | Jason Denton | Indian River |
| 1991 | Frankie Halton | Great Bridge |

| | | |
|------|-------------------------|--------------------------|
| 1990 | Bryan Richardson | Kempsville |
| 1989 | Stockton Williams | Great Bridge |
| 1988 | Pablo Fargas | Norview |
| 1987 | George Mills | James Robinson |
| 1986 | Lenny Bano | Frank W. Cox |
| 1985 | Steve Martin | Kempsville |
| 1984 | Joe Stukes | Deep Creek |
| 1983 | Anthony Thomas | Potomac |
| 1982 | Chip McArdle | West Springfield |
| 1981 | Bill Christie | Falls Church |
| 1980 | Jeff Hawkins | Kempsville |
| 1979 | Robert Greenwood | Churchland |
| 1978 | Ed Carlson | Hayfield |
| 1977 | Reggie Burke | Oscar Smith |
| 1976 | Tim McKinny | Churchland |
| 1975 | Carl Black | Princess Anne |
| 1974 | Steve Perdw | Oscar Smith |
| 1973 | Chris Conkwright | Frank W. Cox |
| 1972 | Don Smith | Falls Church |
| 1971 | Brian Beatson | Frank W. Cox |
| 1950 | Ed Eichelberger (120lb) | Granby |
| 1949 | Wallace Coffey (120lb) | Jefferson Senior-Roanoke |

120 lb weight class

| | | |
|------|---------------|-----------|
| 2013 | Cam Timok | Hermitage |
| 2012 | Neal Richards | Matoaca |

125 lb weight class

| | | |
|------|--------------------|---------------------------|
| 2011 | Dane Harlowe | Annandale |
| 2010 | Aaron Runzo | Floyd Kellam |
| 2009 | Michael Garofalo | Colonial Forge |
| 2008 | Mike Holcomb | Floyd Kellam |
| 2007 | Joe Panteleo | Colonial Forge |
| 2006 | Collin Dozier | Frank W. Cox |
| 2005 | Jordan Frishkorn | Great Bridge |
| 2004 | Jordan Frishkorn | Great Bridge |
| 2003 | Brandon Hardy | Western Branch |
| 2002 | Brandon Hardy | Western Branch |
| 2001 | Donnie Ooton | Atlee |
| 2000 | Dalton Head | Ocean Lakes |
| 1999 | Brandon Calderwood | Broad Run |
| 1998 | Nate Parker | Great Bridge |
| 1997 | Richard Slocumb | Western Branch |
| 1996 | Mike Pereira | Stonewall Jackson |
| 1995 | Carl Perry | Great Bridge |
| 1994 | Brandon Rushing | Robert E. Lee-Springfield |
| 1993 | Chris Marshall | T.C. Williams |
| 1992 | Marrel Reeves | Western Branch |
| 1991 | Kevin Littley | James Robinson |
| 1990 | Ross Iaci | West Springfield |
| 1989 | Jody Staylor | Great Bridge |

126 lb weight class

| | | |
|------|-------------------|------------------|
| 2013 | Bill Adusei | Mount Vernon |
| 2012 | Dane Harlowe | Annandale |
| 1988 | Steve Pitts | Western Branch |
| 1987 | Jody Jackson | Great Bridge |
| 1986 | Randy Hale | Lee-Davis |
| 1985 | John Epperly, Jr. | James Robinson |
| 1984 | Kris Felthousen | Frank W. Cox |
| 1983 | Tom Cummings | Fauquier |
| 1982 | Tony Panza | Lafayette |
| 1981 | Chris Runzo | Falls Church |
| 1980 | Mark Timok | Hermitage |
| 1979 | Tommy Pringle | Gar-Field |
| 1978 | Wayne Martin | Kempsville |
| 1977 | Buddy Lee | Highland Springs |
| 1976 | Yeung Lee | Great Bridge |
| 1975 | James Kirby, | James Robinson |
| 1974 | Chris Conkwright | Frank W. Cox |
| 1973 | Mike Battalio | Frank W. Cox |
| 1972 | Ron Zediker | Menchville |
| 1971 | David Martin | Granby |

130 lb weight class

| | | |
|------|---------------|--------------|
| 2011 | Brandon Jeske | Frank W. Cox |
|------|---------------|--------------|

| | | | | | |
|----------------------------|----------------------|--------------------------|----------------------------|----------------------------|----------------------------|
| 2010 | Jacob Crawford | | 2012 | Santiago Valdez | James Robinson |
| 2009 | Ian Squires | James Robinson | 1988 | David Wilderman | West Springfield |
| 2008 | Joe Pantaleo | Colonial Forge | 1987 | Billy Curling | Great Bridge |
| 2007 | Collin Dozier | Colonial Forge | 1986 | William Stukes | Deep Creek |
| 2006 | Jordan Frishkorn | Frank W. Cox | 1985 | Steve Diaz | Green Run |
| 2005 | Collin Dozier | Great Bridge | 1984 | Greg Satchell | Indian River |
| 2004 | Arsenia Barksdale | Frank W. Cox | 1983 | Tim Crytzer | Mount Vernon |
| 2003 | Daniel Frishkorn | Kempsville | 1982 | Ben Walker | Lafayette |
| 2002 | Daniel Frishkorn | Great Bridge | 1981 | Mark Terrill | James Robinson |
| 2001 | Mike Martin | Great Bridge | 1980 | Merl Thomas | Hermitage |
| 2000 | Jon Cresswell | Great Bridge | 1979 | Gary Webb | Menchville |
| 1999 | Steve Keleher | Lake Braddock | 1978 | John Davis | Maury |
| 1998 | Andrew Abrams | Herndon | 1977 | Tom Turbeville | Bethel |
| 1997 | Joey Legg | Gloucester | 1976 | Joe Hockman | Stonewall Jackson-Manassas |
| 1996 | Carl Perry, | Great Bridge | 1975 | Frank Schaede | James Robinson |
| 1995 | Aaron Bradley | Lee-Davis | 1974 | Arthur Jones | Great Bridge |
| 1994 | Norman Smith | Indian River | 1973 | Mike Newbern | Frank W. Cox |
| 1993 | Mike Thompson | Chantilly | 1972 | Mike Shivers | Oscar Smith |
| 1992 | William Collier | Frank W. Cox | 1971 | Jerry Parker | Granby |
| 1991 | Chris Sabo | Herndon | 1950 | Sam Cook | Jefferson Senior-Roanoke |
| 1990 | Jody Staylor | Great Bridge | 1949 | George Philopulous (137lb) | Augusta |
| 1989 | Sam Dollyhigh | Menchville | | | |
| 1950 | Bill Perry (127lb) | Norview | 140 lb weight class | | |
| 1949 | Louis Dunn (127lb) | Granby | 2011 | Beau Donahue | Westfield |
| | | | 2010 | Blake Roulo | Matoaca |
| 132 lb weight class | | | 2009 | Ben Dorsay | Frank W. Cox |
| 2013 | Dennis Gustafson | Forest Park | 2008 | Tevon Edwards | Frank W. Cox |
| 2012 | Christian Olanowski | Floyd E. Kellam | 2007 | Greg Todd | Gloucester |
| 1988 | Jody Jackson | Great Bridge | 2006 | Junior Pearman | Great Bridge |
| 1987 | David White | Hermitage | 2005 | Junior Pearman | Great Bridge |
| 1986 | Brian Shaffer | Woodbridge | 2004 | Bubba Jenkins | Frank W. Cox |
| 1985 | David Andrews | Frank W. Cox | 2003 | Nick Ramsey | Kempsville |
| 1984 | Tony Panza | Lafayette | 2002 | Hunter Davenport | Great Bridge |
| 1983 | Tony Panza | Lafayette | 2001 | David Atkins | Lee-Davis |
| 1982 | Dimi Pappas | W.T. Woodson | 2000 | Jon Sioredas | Great Bridge |
| 1981 | Reggie White | Lafayette | 1999 | Paul Bjorlo | South Lakes |
| 1980 | Scott Parr | Frank W. Cox | 1998 | Seth Cameron | Stonewall Jackson |
| 1979 | Jim Meadows | Falls Church | 1997 | Pierre Pryor | Frank W. Cox |
| 1978 | Pat Griel | Lake Braddock | 1996 | Eric Thompson | Hampton |
| 1977 | John Davis | Maury | 1995 | Mike Dixon | South Lakes |
| 1976 | Bryan Hinton | Menchville | 1994 | John McManus | Oakton |
| 1975 | Chris Conkwright | Frank Cox | 1993 | Neil Johnson | Stonewall Jackson |
| 1974 | Joey Whitehouse | Yorktown | 1992 | Mark Strickland | Great Bridge |
| 1973 | Arthur Jones | Great Bridge | 1991 | Charlie Branch | Petersburg |
| 1972 | Brian Beatson | Frank W. Cox | 1990 | Derrick Peartree | Menchville |
| 1971 | Tom O'Brian | Hammond | 1989 | Harry Wiles | Highland Springs |
| | | | 145 lb weight class | | |
| 135 lb weight class | | | 2013 | Beau Donahue | Westfield |
| 2011 | Brooks Martino | James Robinson | 2012 | Brooks Martino | James Robinson |
| 2010 | Gabe LaVey | Hanover | 2011 | Henry Carlson | Frank W. Cox |
| 2009 | Jared Anongos | James River | 2010 | Ben Dorsay | Frank W. Cox |
| 2008 | Ben Dorsay | Frank W. Cox | 2009 | Cody Allala | Hopewell |
| 2007 | P.J. Camp | Great Bridge | 2008 | Jake Carey | Westfield |
| 2006 | Adam Pittman | Great Bridge | 2007 | Paul Grinups | Westfield |
| 2005 | Adam Pittman | Great Bridge | 2006 | Philip Ramirez | Kempsville |
| 2004 | Junior Pearman | Great Bridge | 2005 | Derek Gallagher | Great Bridge |
| 2003 | Donny Ooton | Great Bridge | 2004 | Hunter Davenport | Great Bridge |
| 2002 | Michael Martin | Great Bridge | 2003 | Hunter Davenport | Great Bridge |
| 2001 | Donnie Barbaree | Great Bridge | 2002 | Brian Smith | Frank W. Cox |
| 2000 | Steve Keleher | Lake Braddock | 2001 | Marc Lyons | Floyd Kellam |
| 1999 | Adam Britt | Atlee | 2000 | Chris Stith | Frank W. Cox |
| 1998 | Andy Putman | Great Bridge | 1999 | Matt Gallagher | Herndon |
| 1997 | Chip Allen | C.D. Hylton | 1998 | Jeremy Rankin | Stonewall Jackson-Manassas |
| 1996 | Aaron Bradley | Lee-Davis | 1997 | John Eastman | Fairfax |
| 1995 | Eric Thompson | Hampton | 1996 | Chris Martin | Granby |
| 1994 | Jeremy Ferry | Centreville | 1995 | Jeremy Ferry | Centreville |
| 1993 | Jason Freeman | Frank W. Cox | 1994 | Tom Kettleon | Centreville |
| 1992 | Dan Austin | Meadowbrook | 1993 | Mark Strickland | Great Bridge |
| 1991 | Sydney Hunt | Western Branch | 1992 | Arash Alizadeh | Herndon |
| 1990 | Charlie Branch | Petersburg | 1991 | Frank Nicklis | Meadowbrook |
| 1989 | Joe Calloway | Franklin County | 1990 | Sean McKenzie | Frank W. Cox |
| 1950 | Jimmy Knotts (133lb) | Granby | 1989 | Jay Price | Franklin County |
| 1949 | Jimmy Webb (133lb) | Jefferson Senior-Roanoke | 1988 | Steve Carr | Great Bridge |
| | | | 1987 | Mike Boyce | Kempsville |
| 138 lb weight class | | | | | |
| 2013 | Neal Richards | Matoaca | | | |

| | | | | | |
|------|-----------------|----------------|------|--------------------|----------------------------|
| 1986 | Tim Brunick | Frank W. Cox | 2007 | George Sheppard | Menchville |
| 1985 | Teddy Pitrone | Frank W. Cox | 2006 | Scott Cust | Great Bridge |
| 1984 | Pete Wagner | Frank W. Cox | 2005 | Duder Edmunds | Gloucester |
| 1983 | Chris Clarke | W.T. Woodson | 2004 | Peter Rushin | Robert E. Lee-Springfield |
| 1982 | Reggie White | Lafayette | 2003 | Ajay Foreman | Great Bridge |
| 1981 | Bill Sutherland | Kempsville | 2002 | Ajay Foreman | Great Bridge |
| 1980 | Willy Stewart | Langley | 2001 | Ajay Foreman | Great Bridge |
| 1979 | John Davis | Maury | 2000 | Ryan Bishop | Stonewall Jackson-Manassas |
| 1978 | Jeff Richardson | James Robinson | 1999 | Derek Lipoli | Great Bridge |
| 1977 | Tim Wagner | Frank Cox | 1998 | John Eastman | Fairfax |
| 1976 | Frank Schaede | James Robinson | 1997 | Ron Blunt | Hayfield |
| 1975 | Jim Frith | Washington-Lee | 1996 | Kris Bishop | Stonewall Jackson-Manassas |
| 1974 | Mike Newbern | Frank W. Cox | 1995 | Billy Allred | Great Bridge |
| 1973 | Max Lorenzo | Mount Vernon | 1994 | Kevin Johnson | Chantilly |
| 1972 | John Akins | Floyd Kellam | 1993 | Kevin Johnson | Chantilly |
| 1971 | Thomas Herter | Langley | 1992 | Marc Brade | Stonewall Jackson-Manassas |
| 1950 | Billy Dickerson | Granby | 1991 | Jeremy Ingram | Floyd Kellam |
| 1949 | Dan Wallace | Granby | 1990 | Charles Schollaert | Yorktown |
| | | | 1989 | Brad Wilhelm | Indian River |

152 lb weight class

| | | |
|------|-----------------|-------------------|
| 2013 | Taylor Misuna | Grassfield |
| 2012 | Beau Donahue | Westfield |
| 2011 | Tanner Tinsley | Hanover |
| 2010 | Cody Allala | Hopewell |
| 2009 | David Helmer | Langley |
| 2008 | David Helmer | Langley |
| 2007 | Steven Ours | Hayfield |
| 2006 | Derek Gallagher | Great Bridge |
| 2005 | Chris Brown | Great Bridge |
| 2004 | Chris Brown | Great Bridge |
| 2003 | Scott Fisher | Colonial Forge |
| 2002 | David Atkins | Lee-Davis |
| 2001 | Justin Gabbard | Tallwood |
| 2000 | J.C. Cuffee | Great Bridge |
| 1999 | Jeremy Rankin | Stonewall Jackson |
| 1998 | Stacy Woodhouse | Great Bridge |
| 1997 | Stacy Woodhouse | Great Bridge |
| 1996 | Bryan Jones, | Franklin County |
| 1995 | Byron Tucker | Western Branch |
| 1994 | Marty Maier | Centreville |
| 1993 | Chris Sabo | Herndon |
| 1992 | Chad McPhatter | Frank W. Cox |
| 1991 | Reid Monaghan | Floyd Kellam |
| 1990 | Tony Griffin | Kempsville |
| 1989 | Tony Griffin | Kempsville |

155 lb weight class

| | | |
|------|-----------------------------|---------------------------|
| 1988 | Steven Stenson | Norview |
| 1987 | John Brolini | West Potomac |
| 1986 | Eric Keysar | Douglas Freeman |
| 1985 | Kevin Turner | Petersburg |
| 1984 | Greg Vandevender | James Robinson |
| 1983 | Fabian Harper | Deep Creek |
| 1982 | Bill Boice | W.T. Woodson |
| 1981 | Tim Holmes | Henrico |
| 1980 | John Davis | Maury |
| 1979 | William Almond | Granby |
| 1978 | John Hanrahan | Falls Church |
| 1977 | John Hanrahan | Falls Church |
| 1976 | Steve Goode | Manor |
| 1975 | Don Dodd | Hayfield |
| 1974 | Eric Heinonen | Robert E. Lee-Springfield |
| 1973 | Eric Heinonen | Robert E. Lee-Springfield |
| 1972 | Mike Waring | First Colonial |
| 1971 | Edward Ryan | McLean |
| 1950 | Anthony Constantino (154lb) | Augusta |
| 1949 | Bobby Cheatham (154lb) | Jefferson Senior-Roanoke |

160 lb weight class

| | | |
|------|--------------------|---------------|
| 2013 | Rory Renzi | Lake Braddock |
| 2012 | Cody Allala | Hopewell |
| 2011 | Cody Allala | Hopewell |
| 2010 | Adrin Taylor | Norview |
| 2009 | Daniel McGillivray | Fauquier |
| 2008 | Jared King | Great Bridge |

167 lb weight class

| | | |
|------|-------------------------|-----------------------------|
| 1988 | Frank Matyiko | Floyd Kellam |
| 1987 | Eric Kayser | Douglas Freeman |
| 1986 | Kevin Folkes | Gar-Field |
| 1985 | Bill Wagner | Frank W. Cox |
| 1984 | Pete Huntley | J.E.B. Stuart |
| 1983 | Arthur Whitaker | Deep Creek |
| 1982 | Jeff Palmucci | Oakton |
| 1981 | Darryl Fenner | Menchville |
| 1980 | Kirby Wood | J.E.B. Stuart |
| 1979 | Chris Hall | Stonewall Jackson-Manassas |
| 1978 | Cameron Manuel | Bayside |
| 1977 | Auroro Holmes | Maury |
| 1976 | Auroro Holmes | Maury |
| 1975 | Mike Benzel | Norview |
| 1974 | Moe Haslip | Thomas Jefferson-Alexandria |
| 1973 | Don Carruthers | Homer Ferguson |
| 1972 | David Larose | Churchland |
| 1971 | Bradley Cooper | James Wood |
| 1950 | Charles Maynard (165lb) | Norview |
| 1949 | Mev Turner (165lb) | Augusta |

170 lb weight class

| | | |
|------|----------------|-------------|
| 2013 | Brett Stein | Forest Park |
| 2012 | Tanner Tinsley | Hanover |

171 lb weight class

| | | |
|------|------------------------|----------------------------|
| 2011 | Austin Coburn | Cosby |
| 2010 | Clint Allala | Hopewell |
| 2009 | Andrew Clement | Grassfield |
| 2008 | Oscar Huntley | Colonial Forge |
| 2007 | Matt Jones | Robinson |
| 2006 | Matt Jones | Robinson |
| 2005 | Sam O'Hair | T.C. Williams |
| 2004 | Ivan Lagares | Woodbridge |
| 2003 | Eric Zakrzewski | Herndon |
| 2002 | Eric Zakrzewski | Herndon |
| 2001 | Josh Walker | Stonewall Jackson-Manassas |
| 2000 | Kevin Collier | North Stafford |
| 1999 | Kevin Collier | North Stafford |
| 1998 | Ali Abri | Patrick Henry-Ashland |
| 1997 | Damon Hill | Nansemond River |
| 1996 | Chris Basnight | Great Bridge |
| 1995 | Scott Reese | Annandale |
| 1994 | Bum Ho Kim | W.T. Woodson |
| 1993 | Jason Johnson | McLean |
| 1992 | Jason Johnson | McLean |
| 1991 | Charlie Daniels | First Colonial |
| 1990 | Daryk Moistner | Woodbridge |
| 1989 | Frank Matyiko | Floyd Kellam |
| 1950 | George Preas (175lb) | Jefferson Senior-Roanoke |
| 1949 | Miles Nowitsky (175lb) | Granby |

176 lb weight class

| | | |
|------|--------------|---------|
| 1988 | Chris Maynor | Langley |
|------|--------------|---------|

| | | | | | |
|----------------------------|------------------|---------------------------|----------------------------|---------------------|----------------------|
| 1987 | Alvin Snead | E.C. Glass | 1996 | Mike Herlands | Annandale |
| 1986 | Bill Wagner | Frank W. Cox | 220 lb weight class | | |
| 1985 | Robbie Larmoe | Kempsville | 2013 | William Rupp | West Potomac |
| 1984 | Joe Matyiko | Floyd Kellam | 2012 | Ali Ali Musa | Annandale |
| 1983 | Clifton Coger | Franklin County | 275 lb weight class | | |
| 1982 | Tony Williams | Highland Springs | 2006 | Colin Miller | Centreville |
| 182 lb weight class | | | 2005 | Shan Wilson | Colonial Forge |
| 2013 | Ryland O'Brien | First Colonial | 2004 | Mike George | Frank W. Cox |
| 1988 | David Reck | Colonial Forge | 2003 | Lance Ross | Norview |
| 185 lb weight class | | | 2002 | Mtyari Robinson | Menchville |
| 1988 | Chris Flemming | William Fleming | 2001 | Floyd Wright | Hayfield |
| 1987 | Chris Flemming | William Fleming | 2000 | Chris Bulley | James Wood |
| 1986 | Tim Pennie | Hampton | 1999 | Marvin Urquhart | Western Branch |
| 1985 | Joe Matyiko | Floyd Kellam | 1998 | Marvin Urquhart | Western Branch |
| 1984 | Arthur Whitaker | Deep Creek | 1997 | Marvin Urquhart | Western Branch |
| 1983 | Mike O'Dea | Yorktown | 1996 | Ben Fisher | C.D. Hylton |
| 1982 | Mike Taylor | James Wood | 1995 | Brian Wilson | Frank W. Cox |
| 1981 | Normal Corkhill | Jackson | 1994 | Brian Wilson | Frank W. Cox |
| 1980 | Anthony Harris | Phoebus | 1993 | Jason Edmondson | Great Bridge |
| 1979 | Lee Billups | Maury | 1992 | John Roberts | Deep Creek |
| 1978 | Calvin Wiggins | First Colonial | 1991 | Brian Ucciardi | Princess Anne |
| 1977 | Butch Revils | Norview | 1990 | Allan Orts | Kempsville |
| 1976 | Mark Miller | Lake Braddock | 1989 | Greg Redden | Thomas Edison |
| 1975 | Mark Miller | Lake Braddock | 285 lb weight class | | |
| 1974 | Mark Temple | J.E.B. Stuart | 2013 | Jake Pinkston | James Robinson |
| 1973 | Bucky Gaudraeu | Frank W. Cox | 2012 | DaQuante Timbers | Freedom-South Riding |
| 1972 | Ken Mahon | Yorktown | 2011 | Taylor Horner | Franklin County |
| 1971 | Dean Spruill | Great Bridge | 2010 | Ross Burbank | Frank W. Cox |
| 189 lb weight class | | | 2009 | Jack Burbank | Frank W. Cox |
| 2011 | Bryce Barnes | Kempsville | 2008 | Jack Burbank | Frank W. Cox |
| 2010 | Austin Fallon | Westfield | 2007 | Josh Wine | Massaponax |
| 2009 | Austin Fallon | Westfield | Heavyweight class | | |
| 2008 | Max Huntley | Colonial Forge | 1988 | Karim Strayhorn | Kempsville |
| 2007 | Scott Cust | Great Bridge | 1987 | Baird Kilpatrick | Menchville |
| 2006 | Calvin Cardillo | Hayfield | 1986 | John Matyiko | Floyd Kellam |
| 2005 | Patrick Bond | Great Bridge | 1985 | Creighton Incormias | Bethel |
| 2004 | Patrick Bond | Great Bridge | 1984 | Doug West | Green Run |
| 2003 | Patrick Bond | Great Bridge | 1983 | Wendell Fifield | First Colonial |
| 2002 | Patrick Bond | Great Bridge | 1982 | Rodger Mello | Fairfax |
| 2001 | Chris Malone | Potomac | 1981 | Jim Davis | Thomas Edison |
| 2000 | Scott Mania | Frank W. Cox | 1980 | Bill Lawson | James Robinson |
| 1999 | Justin Johnson | North Stafford | 1979 | Duane Drew | William Fleming |
| 1998 | Mohammed Yousofi | Frank W. Cox | 1978 | Frank Nowland | Kempsville |
| 1997 | Brent Lancaster | Hayfield | 1977 | Bobo Ricks | Churchland |
| 1996 | Jason Beach | Gloucester | 1976 | Steve Johnson | Menchville |
| 1995 | Jonathan Vaun | Tallwood | 1975 | P.J. Joyner | Norview |
| 1994 | Femi Obasum | Robert E. Lee-Springfield | 1974 | Gary Pinkett | Yorktown |
| 1993 | Orlando Jordan | Hermitage | 1973 | Robert Blue | Fauquier |
| 1992 | David Hall | Great Bridge | 1972 | Steve Friend | Falls Church |
| 1991 | Matt Mogul | Douglas Freeman | 1971 | Steve Friend | Falls Church |
| 1990 | Matt Mogul | Douglas Freeman | 1950 | Dan Butler | Granby |
| 1989 | Ray Baldwin | Indian River | 1949 | Dan Butler | Granby |
| 195 lb weight class | | | AA | | |
| 2013 | Corbin Ramos | Matoaca | 98 lb weight class | | |
| 2012 | Logan Jackson | Stafford | 1988 | James Bunn | Grundy |
| 215 lb weight class | | | 1987 | Bobby Toms | Tabb |
| 2011 | Justin Tribble | North Stafford | 1986 | Larry Carraway | York |
| 2010 | Connor O'Hara | Frank W. Cox | 1985 | Lloyd Robinson | Alleghany |
| 2009 | Victor Njomo | Annandale | 1984 | Mark Zapf | Osborn |
| 2008 | David Wilson | Granby | 1983 | Chip Mayer | Brookville |
| 2007 | Matt Reck | Colonial Forge | 1982 | Andy Nicely | William Byrd |
| 2006 | Trey Rogers | Great Bridge | 1981 | Andy Nicely | William Byrd |
| 2005 | Brent Jones | James Robinson | 1980 | Tony Young | Osborn |
| 2004 | Bryan Evans | Forest Park | 1979 | Karl Byrd | Chatham |
| 2003 | Adam Fassnacht | James Robinson | 1978 | Tyrone Jones | Pembroke |
| 2002 | David Dashiell | Great Bridge | 1977 | Bradley Pratt | Alleghany |
| 2001 | David Dashiell | Great Bridge | 1976 | Steve Wiley | Lord Botetourt |
| 2000 | Shaun Herring | Thomas Edison | 1975 | Gene Caldwell | Lord Botetourt |
| 1999 | Travis Ferguson | Ocean Lakes | 1974 | Mike Osborn | John Battle |
| 1998 | Justin Potter | Fairfax | 1973 | Paul Anthony | Fiedale-Collinsville |
| 1997 | Brian Welch | Oakton | | | |

| | | | | | |
|----------------------------|--------------------|----------------------|----------------------------|------------------|---------------------|
| 1972 | Donnie Mullins | Grundy | 1989 | Mark Holland | Osborn |
| 1971 | Johnny Webber | Glenvar | 1988 | Andrew Hall | Radford |
| 103 lb weight class | | | 1987 | Tony Stiltner | Grundy |
| 2011 | Kyle Dulaney | Christiansburg | 1986 | Mark Zapf | Osborn |
| 2010 | Thomas Payne | Poquoson | 1985 | Ken Kratzer | Osborn |
| 2009 | Neal Kennedy | Blacksburg | 1984 | Barry Bingham | Richlands |
| 2008 | Devin Carter | Christiansburg | 1983 | Jim Greene | Osborn Park |
| 2007 | Tony Gravely | Magna Vista | 1982 | Dee Weatherly | Colonial Heights |
| 2006 | Andrew Williams | Tabb | 1981 | Stanley Benn | Sussex |
| 2005 | Denny Herndon | Grafton | 1980 | Doug Leonard | Radford |
| 2004 | Roger Moore | Martinsville | 1979 | Robert Lutz | Brookville |
| 2003 | Jeff Weeks | Fort Defiance | 1978 | Greg Neal | Liberty-Bedford |
| 2002 | Ryan Broughman | Lord Botetourt | 1977 | Dennis Herndon | Tabb |
| 2001 | B.J. Compton | Christiansburg | 1976 | Mike Delligatti | Culpeper County |
| 2000 | Brad Argabright | William Byrd | 1975 | Steve Battle | Glenvar |
| 1999 | Blake Frost | Christiansburg | 1974 | Fred Stansberry | Brookville |
| 1998 | Tim Belcher | Grundy | 1973 | Charles Hale | Orange County |
| 1997 | Mike Akers | Poquoson | 1972 | Dennis Freese | John Battle |
| 1996 | Mike Akers | Poquoson | 1971 | Ricky Robinson | Spotsylvania County |
| 1995 | Hurshel Justus | Grundy | 113 lb weight class | | |
| 1994 | Chad Juhl | Poquoson | 2013 | Bryan Ramey | Eastern View |
| 1993 | Chad Juhl | Poquoson | 2012 | Landon Curry | Brookville |
| 1992 | Chad Juhl | Poquoson | 119 lb weight class | | |
| 1991 | Tim Nininger | Christiansburg | 2011 | Joey Dance | Christiansburg |
| 1990 | Shane Bowman | Grundy | 2010 | Gage Swartz | James Wood |
| 1989 | Chris Deel | Grundy | 2009 | Jake Crawford | Millbrook |
| 105 lb weight class | | | 2008 | Wes Heavener | Millbrook |
| 1988 | Bobby Toms | Tabb | 2007 | Andrew Williams | Tabb |
| 1987 | Kurt Buller | Tabb | 2006 | John Wittenburg | Louisa |
| 1986 | Ross Paterson | Osborn | 2005 | Andrew Pila | Christiansburg |
| 1985 | Mark Zapf | Osborn | 2004 | Marshall Smiley | Turner Ashby |
| 1984 | Jimmy Cokes | Varina | 2003 | B.J. Compton | Christiansburg |
| 1983 | Casey Graham | Poquoson | 2002 | Jesse Riggleman | Turner Ashby |
| 1982 | Scott McGowen | Park View-Sterling | 2001 | Eric Hawes | Warren County |
| 1981 | Tony Young | Osborn | 2000 | Tyde Prater | Grundy |
| 1980 | Brian Camper | Lord Botetourt | 1999 | Mike Akers | Poquoson |
| 1979 | David Rosser | Gretna | 1998 | Scott Newport | Grundy |
| 1978 | Donnie Adkins | Grundy | 1997 | Scott Newport | Grundy |
| 1977 | Steve Wiley | Lord Botetourt | 1996 | Brian Shortridge | Grundy |
| 1976 | Mark Johnson | Loudoun Valley | 1995 | George Bell | Osborn |
| 1975 | Charles Reeves | Culpeper County | 1994 | Brad Juhl | Poquoson |
| 1974 | Jeff McGrath | William Byrd | 1993 | Mark Hernandez | Park View-Sterling |
| 1973 | Steve Battle | Glenvar | 1992 | Joe Shumate | Carroll County |
| 1972 | Olen Owen | Grundy | 1991 | LeMart Stockton | Martinsville |
| 1971 | Bob Blosser | Culpeper County | 1990 | Jimmy Bunn | Grundy |
| 106 lb weight class | | | 1989 | Chis Hughes | Osborn |
| 2013 | Jeffrey Walker | Brentsville District | 1988 | Joey Shelton | Richlands |
| 2012 | Coy Ozias | Christiansburg | 1987 | Carl Harrison | Grundy |
| 112 lb weight class | | | 1986 | Ken Kratzer | Osborn |
| 2011 | J.R. Wert | Christiansburg | 1985 | Thierry Chaney | York |
| 2010 | Joey Dance | Christiansburg | 1984 | Casey Graham | Poquoson |
| 2009 | Devin Carter | Christiansburg | 1983 | Mike McCormick | Poquoson |
| 2008 | Tony Gravely | Christiansburg | 1982 | Kirk Crawford | Osborn Park |
| 2007 | S.R. Shiley | Magna Vista | 1981 | Mike Stone | Gretna |
| 2006 | S.R. Shiley | James Wood | 1980 | Mike Stone | Gretna |
| 2005 | Kevin Chapman | James Wood | 1979 | Keith Roberts | Poquoson |
| 2004 | Kevin Chapman | Fauquier | 1978 | Warren Reaves | Amherst |
| 2004 | Jeff Weeks | Fort Defiance | 1977 | Doug Sanders | Carroll County |
| 2003 | Ryan Broughman | Fort Defiance | 1976 | Terry Corbin | Culpeper County |
| 2002 | B.J. Compton | Lord Botetourt | 1975 | Mike Hodnett | Chatham |
| 2001 | Preston Hall | Christiansburg | 1974 | Gabe Monroe | Pulaski County |
| 2000 | Blake Frost | Christiansburg | 1973 | David Miller | Lord Botetourt |
| 1999 | Chris Madonia | Christiansburg | 1972 | Richard Rawlings | Spotsylvania County |
| 1998 | Mike Akers | William Byrd | 1971 | Donald Moore | Brookville |
| 1997 | Michael Hartford | Poquoson | 120 lb weight class | | |
| 1996 | Michael Hartford | Grundy | 2013 | Coy Ozias | Christiansburg |
| 1996 | Jamie Harris | Christiansburg | 2012 | J. R. Wert | Christiansburg |
| 1995 | Doug Adkins | Grundy | 125 lb weight class | | |
| 1994 | Jerrod Fitzpatrick | Poquoson | 2011 | Sean VanDyke | Grundy |
| 1993 | Chris Dickerson | Harrisonburg | 2010 | Ryan Hunsberger | Fauquier |
| 1992 | Mark Hernandez | Harrisonburg | 2009 | Patrik Foxworth | Poquoson |
| 1991 | Shane Bowman | Park View-Sterling | | | |
| 1990 | Eric Kendrick | Grundy | | | |

| | | | | | |
|----------------------------|--------------------|--------------------|----------------------------|--------------------|-----------------|
| 2008 | Brian Wood | William Byrd | 1984 | Michael Nadoer | Mills Godwin |
| 2007 | Drew Squires | Christiansburg | 1983 | Jeff Mason | William Byrd |
| 2006 | David Wise | Tabb | 1982 | David Labiosa | William Byrd |
| 2005 | Joey Metsler | Turner Ashby | 1981 | Larry Savides | Harrisonburg |
| 2004 | Jesse Riggleman | Turner Ashby | 1980 | Scott Dunham | Osborn |
| 2003 | Anthony Burke | Poquoson | 1979 | John Strother | Culpeper County |
| 2002 | Richie Parisceault | Turner Ashby | 1978 | Pete Kubesh | Tabb |
| 2001 | Jason Dye | York | 1977 | Steve Martin | Harrisonburg |
| 2000 | Jake Stacy | Grundy | 1976 | Doug Shafferkotter | Brookville |
| 1999 | Lee Butcher | Sherando | 1975 | Glenn Mullins | Grundy |
| 1998 | Nick Young | Grundy | 1974 | Barry Trent | William Byrd |
| 1997 | Nick Young | Grundy | 1973 | Donald Moore | Brookville |
| 1996 | David Anderson | William Byrd | 1972 | Robert Jackson | Orange County |
| 1995 | Davey Looney | Grundy | 1971 | Edward Cressel | Marion |
| 1994 | Mark Hernandez | Park View-Sterling | | | |
| 1993 | Chris Shortridge | Grundy | 135 lb weight class | | |
| 1992 | Eric Kendrick | Grundy | 2011 | Logan Bosley | Christiansburg |
| 1991 | J.P. Taylor | Park View-Sterling | 2010 | Zach Epperly | Christiansburg |
| 1990 | Kevin Humbert | Grundy | 2009 | Andrew Williams | Tabb |
| 1989 | John Check | Poquoson | 2008 | Bryce Kiser | Turner Ashby |
| | | | 2007 | Tim Miles | Christiansburg |
| 126 lb weight class | | | 2006 | Bryan Seal | Orange |
| 2013 | Michael Hulcher | Briar Woods | 2005 | Daniel Anthony | Brooksville |
| 2012 | Jeffrey Ogburn | Poquoson | 2004 | B.J. Compton | Christiansburg |
| 1988 | Ryan Paterson | Osborn | 2003 | Brian Scott | James Wood |
| 1987 | Raymond Webb | Grundy | 2002 | Cory Ryan | Christiansburg |
| 1986 | Thierry Chaney | York | 2001 | J.T. Pruitt | Grundy |
| 1985 | Casey Graham | Poquoson | 2000 | Adam Purcell | Turner Ashby |
| 1984 | Mike McCormick | Poquoson | 1999 | Adrian Austin | Matoaca |
| 1983 | Kirk Crawford | Osborn Park | 1998 | Beau Baker | Turner Ashby |
| 1982 | Andy Gunning | Virginia | 1997 | Andrew Shuler | Brookville |
| 1981 | Terry Hale | Orange County | 1996 | Beau Baker | Turner Ashby |
| 1980 | Keith Roberts | Poquoson | 1995 | Stephen Hartford | Grundy |
| 1979 | John Carlton | Culpeper County | 1994 | Chad Burns | Broad Run |
| 1978 | John Strother | Culpeper County | 1993 | Jason Cline | Grundy |
| 1977 | Mike Sprouse | Glenvar | 1992 | Shane Bowman | Grundy |
| 1976 | David Wells | Andrew Lewis | 1991 | David Durham | Tabb |
| 1975 | Jeff Marsh | George Mason | 1990 | Bubba Ferguson | Poquoson |
| 1974 | David Miller | Lord Botetourt | 1989 | Robert Henesey | Poquoson |
| 1973 | Ralph Smith | Lucy Addison | | | |
| 1972 | Donald Moore | Brookville | 138 lb weight class | | |
| 1971 | Steve Miller | Glenvar | 2013 | Joey Dance | Christiansburg |
| | | | 2012 | Dallas Smith | Christiansburg |
| 130 lb weight class | | | 1988 | Mike Cox | Grundy |
| 2011 | Jeremy Hurley | Grundy | 1987 | Reid Ratliff | Grundy |
| 2010 | Devin Carter | Christiansburg | 1986 | Todd Leake | Spotsylvania |
| 2009 | Louie Shearer | Poquoson | 1985 | Kent Pond | Thomas Dale |
| 2008 | Andrew Williams | Tabb | 1984 | Chris Cavallaro | York |
| 2007 | Ben Canning | Tabb | 1983 | David Labiosa | William Byrd |
| 2006 | Tim Miles | Christiansburg | 1982 | Richard Tavoso | Handley |
| 2005 | Bryan Seal | Orange | 1981 | Mark Hoskisson | Blacksburg |
| 2004 | Will Powars | Potomac Falls | 1980 | Jim Kostis | Harrisonburg |
| 2003 | Matt Epperly | Christiansburg | 1979 | Pete Kubesh | Tabb |
| 2002 | Brian Lyttle | Christiansburg | 1978 | David Fogleman | Richlands |
| 2001 | Tyde Prater | Grundy | 1977 | Ralph Grogins | Pembroke |
| 2000 | Eric Bardey | Potomac Falls | 1976 | Chris Blomberg | Glenvar |
| 1999 | Victor Jackson | Poquoson | 1975 | David Cox | Andrew Lewis |
| 1998 | Victor Jackson | Poquoson | 1974 | Alan Schick | George Mason |
| 1997 | Jason Hendershot | Jefferson Forest | 1973 | Donnie Zimmerman | William Byrd |
| 1996 | Clayton Scott | Grundy | 1972 | Richard Osbourne | Orange County |
| 1995 | Leland Keeling | Northside | 1971 | Harold Weddle | Abingdon |
| 1994 | Chris Shortridge | Grundy | | | |
| 1993 | Eric Kendrick | Grundy | 140 lb weight class | | |
| 1992 | Walter Ricks | Nansemond River | 2011 | Jacob Crawford | Millbrook |
| 1991 | Brian Large | Grundy | 2010 | Ethan Owens | Grundy |
| 1990 | Stacy Stockton | Martinsville | 2009 | Aaron Wilson | Abingdon |
| 1989 | Bubba Ferguson | Poquoson | 2008 | Mike Wolterbeek | Millbrook |
| | | | 2007 | Aaron Keeton | Poquoson |
| 132 lb weight class | | | 2006 | Jeremy Parker | Millbrook |
| 2013 | J.R. Wert | Christiansburg | 2005 | Dan Hardy | Courtland |
| 2012 | Joey Dance | Christiansburg | 2004 | Matt Epperly | Christiansburg |
| 1988 | Raymond Webb | Grundy | 2003 | J.T. Pruitt | Grundy |
| 1987 | Mike Cox | Grundy | 2002 | Tyde Prater | Grundy |
| 1986 | Scott Steale | Park View-Sterling | 2001 | David Metzler | Turner-Ashby |
| 1985 | Mike McCormick | Poquoson | 2000 | Patrick Shuler | Brookville |

170 lb weight class

| | | |
|------|----------------|----------------|
| 2013 | Jake Tomlinson | Powhatan |
| 2012 | Tyler Miles | Christiansburg |

171 lb weight class

| | | |
|------|------------------|--------------------|
| 2011 | Tyler McClanahan | Grundy |
| 2010 | Nick Bakos | Sherando |
| 2009 | Willy Crawford | Fluvanna County |
| 2008 | Derrick Borlie | Millbrook |
| 2007 | Brett Buckner | Christiansburg |
| 2006 | Jantzen Minton | Christiansburg |
| 2005 | Brian West | Christiansburg |
| 2004 | Dan Scanlan | Loudoun County |
| 2003 | Bucky Anderson | Broadway |
| 2002 | Adam Wright | Turner Ashby |
| 2001 | Canaan Prater | Grundy |
| 2000 | Canaan Prater | Grundy |
| 1999 | R. C. Simmons | John Handley |
| 1998 | Scott Justus | Grundy |
| 1997 | Scott Justus | Grundy |
| 1996 | Scott Justus | Grundy |
| 1995 | Sean Sprague | Broad Run |
| 1994 | Jimmy Tillman | Waynesboro |
| 1993 | John Engle | Spotswood |
| 1992 | Todd Benner | Harrisonburg |
| 1991 | John Kotch | Park View-Sterling |
| 1990 | Greg Stiltner | Grundy |
| 1989 | Greg Stiltner | Grundy |

176 lb weight class

| | | |
|------|-----------------|----------------|
| 1988 | Jeff Stanley | Christiansburg |
| 1987 | Keith Brown | Richlands |
| 1986 | Doug Hartley | York |
| 1985 | James Vaughn | Radford |
| 1984 | Daryl Miller | Brookville |
| 1983 | Keith Dixon | Lloyd C. Bird |
| 1982 | Ferrell Odenhal | Osborn |

182 lb weight class

| | | |
|------|---------------|----------------|
| 2013 | Zach Epperly | Christiansburg |
| 2012 | Derek Thurman | Brookville |

185 lb weight class

| | | |
|------|-----------------|--------------------|
| 1988 | Jamie Lane | Grundy |
| 1987 | Jim Osbourne | Grundy |
| 1986 | Fred Santinga | Culpeper County |
| 1985 | Fred Santinga | Culpeper County |
| 1984 | Joey Lightfoot | Park View-Sterling |
| 1983 | Danny Beasley | Lloyd C. Bird |
| 1982 | Keith Dixon | Lloyd C. Bird |
| 1981 | Jerry Messick | Poquoson |
| 1980 | Ricky Shifflett | Orange County |
| 1979 | Jerome Taylor | Sussex Central |
| 1978 | David Brown | Amherst |
| 1977 | David Brown | Amherst |
| 1976 | Alonzon Brown | Sussex Central |
| 1975 | Steve Witt | Andrew Lewis |
| 1974 | Marvin Martin | William Byrd |
| 1973 | Marvin Martin | William Byrd |
| 1972 | Andy Schwind | George Mason |
| 1971 | Jeff Stanley | John Battle |

189 lb weight class

| | | |
|------|-----------------|-----------------|
| 2011 | Joe Jessen | Millbrook |
| 2010 | Willie Crawford | Fluvanna County |
| 2009 | Derrick Borlie | Millbrook |
| 2008 | Chase Ennis | Grafton |
| 2007 | Charles Webber | Christiansburg |
| 2006 | Jim Young | Turner Ashby |
| 2005 | Nick Buck | Christiansburg |
| 2004 | Bucky Anderson | Broadway |
| 2003 | Stu McGee | Sherando |
| 2002 | Anthony Boyd | Christiansburg |
| 2001 | Jonas Corl | Lord Botetourt |
| 2000 | Jason Cox | Amherst County |
| 1999 | Chip Campbell | Waynesboro |

| | | |
|------|----------------|----------------|
| 1998 | Matt Shutts | John Handley |
| 1997 | John Waite | Tabb |
| 1996 | Brandon Matney | Grundy |
| 1995 | Chip Nininger | Northside |
| 1994 | Eric Nicholson | York |
| 1993 | Curtis Holmes | Tabb |
| 1992 | Jeremiah Scott | Brookville |
| 1991 | David Wimmer | Grundy |
| 1990 | Jeff Stanley | Christiansburg |
| 1989 | Marty Horn | Richlands |

195 lb weight class

| | | |
|------|----------------|----------------------|
| 2013 | Zach Roseberry | Brentsville District |
| 2012 | Joe Jessen | Millbrook |

215 lb weight class

| | | |
|------|-------------------|----------------|
| 2011 | Jake Semones | Salem-Salem |
| 2010 | Jake Semones | Salem-Salem |
| 2009 | Jon Weber | Christiansburg |
| 2008 | Ryan Sutherland | Courtland |
| 2007 | Cody Gardner | Christiansburg |
| 2006 | Cody Gardner | Christiansburg |
| 2005 | Cody Gardner | Christiansburg |
| 2004 | Cody Gardner | Christiansburg |
| 2003 | Charles Jenkins | Fauquier |
| 2002 | Luke Dales | Grundy |
| 2001 | Luke Dales | Grundy |
| 2000 | L.J. Matthews | Monticello |
| 1999 | Nick Prieto | Turner Ashby |
| 1998 | Taurus Roberts | Virginia |
| 1997 | Steve Lane | Turner Ashby |
| 1996 | Brandon Stevenson | Grundy |

220 lb weight class

| | | |
|------|-------------------|------------|
| 2013 | Justin Williams | Skyline |
| 2012 | Victor Montalbano | Brookville |

275 lb weight class

| | | |
|------|------------------|-----------------|
| 2006 | Charlie Newman | Turner Ashby |
| 2005 | J.J. Hickman | Lord Botetourt |
| 2004 | Antoine Holmes | York |
| 2003 | Albert Childress | Grundy |
| 2002 | Albert Childress | Grundy |
| 2001 | Albert Childress | Grundy |
| 2000 | Albert Childress | Grundy |
| 1999 | Kenis Maciel | William Byrd |
| 1998 | Luke Owens | Grundy |
| 1997 | Luke Owens | Grundy |
| 1996 | Luke Owens | Grundy |
| 1995 | Jason Inskeep | Culpeper County |
| 1994 | Richie Oliver | Northside |
| 1993 | Kyle Hammond | William Byrd |
| 1992 | Laddie Fields | Grundy |
| 1991 | Roy Walker | Orange County |
| 1990 | Brad Radosevich | Harrisonburg |
| 1989 | Gabriel Shelton | Louisa County |

285 lb weight class

| | | |
|------|---------------------|----------------|
| 2013 | Jordan Dowrey | John Handley |
| 2012 | Mike Jones | Lord Botetourt |
| 2011 | Marquis Porterfield | Christiansburg |
| 2010 | Austin Woodall | James Wood |
| 2009 | Andrew Miller | Bassett |
| 2008 | Andrew Miller | Bassett |
| 2007 | Ryan Jackson | Brookville |

Heavyweight class

| | | |
|------|------------------|-----------------|
| 1988 | Edward Lane | Culpeper County |
| 1987 | John Morris | Poquoson |
| 1986 | John Morris | Poquoson |
| 1985 | Robert MacMillan | Osborn |
| 1984 | Robert MacMillan | Osborn |
| 1983 | Bo Cothren | Brookville |
| 1982 | Jon Schriver | Waynesboro |
| 1981 | Bo Cathran | Brookville |
| 1980 | Alan Graley | Loudoun Valley |

| | | |
|------|----------------------|---------------|
| 1979 | Tom Kubesh | Tabb |
| 1978 | Allan Breeding | Grundy |
| 1977 | Steve Kluge | Robert E. Lee |
| 1976 | Gary Dearing | Brookville |
| 1975 | Gary Dearing | Brookville |
| 1974 | Bruce Palmer | William Byrd |
| 1973 | Bruce Palmer | William Byrd |
| 1972 | George Quinlan | Alleghany |
| 1971 | Aldolphus McClahahan | Graham County |

A

98 lb weight class

| | | |
|------|-------------------|------------------------------|
| 1988 | Timmy Tibbs | Manassas Park |
| 1987 | Carrington Coles | Va School for Deaf and Blind |
| 1986 | David Burke | Castlewood |
| 1985 | David Ragan | Manassas Park |
| 1984 | Troy Dean | Strasburg |
| 1983 | Russell Dotson | J.J. Kelly |
| 1982 | Steve Hobbs | Powell Valley |
| 1981 | Bill Pace | Fieldale-Collinsville |
| 1980 | James Pangle | Strasburg |
| 1979 | Raymond Dillinger | Manassas Park |
| 1978 | Mark Stickley | Strasburg |
| 1977 | Kevin Flickinger | Brentsville District |
| 1976 | Kevin Flickinger | Brentsville District |
| 1975 | Craig Carr | Brentsville District |
| 1974 | Robie Gulick | Strasburg |
| 1973 | Keith Goodson | Poquoson |
| 1972 | Mark Boyd | Poquoson |
| 1971 | Mark Boyd | Poquoson |

103 lb weight class

| | | |
|------|----------------|----------------------|
| 2011 | Kainan Clark | Parry McCluer |
| 2010 | Wesley Gibson | Castlewood |
| 2009 | Kyle Binder | Arcadia |
| 2008 | Thien Tran | Manassas Park |
| 2007 | Conner Miller | Rappahannock County |
| 2006 | Tarrel Coles | Randolph Henry |
| 2005 | Sergio Ortiz | Manassas Park |
| 2004 | Jake Hunsucker | Randolph-Henry |
| 2003 | Jonathan Woods | Parry McCluer |
| 2002 | Leroy Oglesby | Randolph-Henry |
| 2001 | Taylor Kitchen | Franklin |
| 2000 | Brian Kibler | Strasburg |
| 1999 | Arshad Jones | Sussex Central |
| 1998 | Heath Francis | Castlewood |
| 1997 | Shane Cogswell | Strasburg |
| 1996 | Jarvis Coloma | Nandua |
| 1995 | Sammy Wolford | Strasburg |
| 1994 | Sammy Wolford | Strasburg |
| 1993 | Tony Bocanegra | James River-Buchanan |
| 1992 | John Tabelon, | Manassas Park |
| 1991 | Jess Moore | Brentsville District |
| 1990 | Jamie Soltis | Glenvar |
| 1989 | Timmy Tibbs | Manassas Park |

105 lb weight class

| | | |
|------|----------------|------------------------------|
| 1988 | Jimmy Collins | Coeburn |
| 1987 | Tom McCaw | Strasburg |
| 1986 | David Ragan | Manassas Park |
| 1985 | Jason Riggs | J.J. Kelly |
| 1984 | Jason Riggs | J.J. Kelly |
| 1983 | Jason Riggs | J.J. Kelly |
| 1982 | Danny Hulsey | George Washington Carver |
| 1981 | Danny Hulsey | George Washington Carver |
| 1980 | David Sfreddo | Manassas Park |
| 1979 | Paul Stickley | Strasburg |
| 1978 | Duncan Gilbert | Parry McCluer |
| 1977 | Willie Brown | Charles City County |
| 1976 | Robie Gulick | Strasburg |
| 1975 | Leroy Andricks | Strasburg |
| 1974 | Leroy Andricks | Strasburg |
| 1973 | Steve Thorne | Poquoson |
| 1972 | Steve Delaney | Va School for Deaf and Blind |
| 1971 | Steve Delaney | Va School for Deaf and Blind |

106 lb weight class

| | | |
|------|--------------|---------------|
| 2013 | Hunter Dean | Strasburg |
| 2012 | Corbin Woods | Parry McCluer |

112 lb weight class

| | | |
|------|-------------------------|------------------------------|
| 2011 | Junior Espinoza | Galax |
| 2010 | Kahil Carazo | Glenvar |
| 2009 | Maximo Gonzalez-Paredes | Manassas Park |
| 2008 | Maximo Gonzalez-Paredes | Manassas Park |
| 2007 | Jonathan Brill | Strasburg |
| 2006 | Ben Cundiff | Glenvar |
| 2005 | Matt Chustz | Manassas Park |
| 2004 | Matt Chustz | Manassas Park |
| 2003 | Todd Smoot | Manassas Park |
| 2002 | Matt Tomblin | Clarke County |
| 2001 | Brian Kibler | Strasburg |
| 2000 | Mike Harms | Manassas Park |
| 1999 | Jason Cuddy | James River-Buchanan |
| 1998 | Seth Little | Northwood |
| 1997 | Chad Lamma | Strasburg |
| 1996 | Eric Smith | Holston |
| 1995 | Eric Smith | Holston |
| 1994 | John Stevenson | Strasburg |
| 1993 | John Cunningham | Stuarts Draft |
| 1992 | Jess Moore | Brentsville District |
| 1991 | Jamie Soltis | Glenvar |
| 1990 | Timmy Tibbs | Manassas Park |
| 1989 | Steven Caudill | Castlewood |
| 1988 | Not Available | |
| 1987 | Monty Stickles | Strasburg |
| 1986 | Troy Dean | Strasburg |
| 1985 | Troy Dean | Strasburg |
| 1984 | Scott Woods | Natural Bridge |
| 1983 | David Kannon | J.J. Kelly |
| 1982 | Ronald Dellinger | Manassas Park |
| 1981 | Steve Faulkner | Va School for Deaf and Blind |
| 1980 | Jon Gnegy | Strasburg |
| 1979 | Mark Stickley | Strasburg |
| 1978 | Keith Roberts | Poquoson |
| 1977 | Carl Miller | Strasburg |
| 1976 | Mitch Hoepfner | Parry McCluer |
| 1975 | Paul Holloway | Poquoson |
| 1974 | Paris Fisher | Coeburn |
| 1973 | John Wolfe | Holston |
| 1972 | Randy Winters | Holston |
| 1971 | James Hitt | Va School for Deaf and Blind |

113 lb weight class

| | | |
|------|---------------|---------------|
| 2013 | Corbin Woods | Parry McCluer |
| 2012 | Nick Campbell | Strasburg |

119 lb weight class

| | | |
|------|-------------------------|----------------------|
| 2011 | Casey Paglia | Northampton |
| 2010 | Maximo Gonzalez-Paredes | Manassas Park |
| 2009 | Edu Rojas | Galax |
| 2008 | William Saunders | Radford |
| 2007 | Tanner Sutphin | Radford |
| 2006 | Lorenzo Rios | Floyd County |
| 2005 | Chris Chambers | Riverheads |
| 2004 | Lam Le | Manassas Park |
| 2003 | Brett Childs | Clarke County |
| 2002 | Brian Kibler | Strasburg |
| 2001 | Luke Siler | Brentsville District |
| 2000 | Brian House | Brentsville District |
| 1999 | Chance Craft | James River-Buchanan |
| 1998 | Chance Craft | James River-Buchanan |
| 1997 | Sammy Wolford | Strasburg |
| 1996 | Paul Naglieri | Mathews |
| 1995 | John Stevenson | Strasburg |
| 1994 | Ken McCauley | Brentsville District |
| 1993 | Jason Hamilton | Parry McCluer |
| 1992 | Robbie Royston | Covington |
| 1991 | David Richards | Manassas Park |
| 1990 | Kevin Whitehead | Mathews |
| 1989 | Jimmy Phillips | Castlewood |

| | | | | | |
|------|-------------------|------------------------------|------|------------------|------------------------------|
| 1988 | Carrington Coles | VA School for Deaf & Blind | 2007 | Adam Sandoe | Radford |
| 1987 | Andy Adcock | James River | 2006 | Lam Le | Manassas Park |
| 1986 | Kenny Hartless | Natural Bridge | 2005 | Brian Flood | Parry McCluer |
| 1985 | Ed Stokes | Strasburg | 2004 | Brett Childs | Clarke County |
| 1984 | Ed Stokes | Strasburg | 2003 | Daniel Wadel | Manassas Park |
| 1983 | Mike Spiller | Manassas Park | 2002 | Michael Jordon | Northumberland |
| 1982 | David Sfreddo | Manassas Park | 2001 | Steven Fryatt | J.J. Kelly |
| 1981 | David Sfreddo | Manassas Park | 2000 | Jason Alldredge | Riverheads |
| 1980 | Ray Dillinger | Manassas Park | 1999 | Jason Alldredge | Riverheads |
| 1979 | Charles Nelms | Staunton River | 1998 | Brian Hudson | Radford |
| 1978 | Mitchell Hoepfner | Parry McCluer | 1997 | Brian Hudson | Radford |
| 1977 | Landon Camper | Parry McCluer | 1996 | Tim Smith | Patrick Henry-Glade Spring |
| 1976 | Gary Orndorff | Strasburg | 1995 | Seth Taylor | Rural Retreat |
| 1975 | Gary Orndorff | Strasburg | 1994 | Chad Goodman | Chilhowie |
| 1974 | Kip Redrick | Poquoson | 1993 | Geoff Raymond | Coeburn |
| 1973 | James Hitt | Va School for Deaf and Blind | 1992 | Randall Powers | Brentsville |
| 1972 | Patrick McPherson | Poquoson | 1991 | Eric Nizsche | Mathews |
| 1971 | William Hitt | Va School for Deaf and Blind | 1990 | Donavan Hall | Mathews |
| | | | 1989 | Carrington Coles | Va School for Deaf and Blind |

120 lb weight class

| | | |
|------|--------------|-----------|
| 2013 | Nic Campbell | Strasburg |
| 2012 | SeanDonnelly | Radford |

125 lb weight class

| | | |
|------|-----------------|----------------------|
| 2011 | Kent Cadle | Manassas Park |
| 2010 | Jose Rojas | Galax |
| 2009 | Ryan Lowrey | Northwood |
| 2008 | Chad Sizemore | Covington |
| 2007 | Steven Hall | Manassas Park |
| 2006 | Casey Conway | Rural Retreat |
| 2005 | Lam Le | Manassas Park |
| 2004 | Todd Smoot | Manassas Park |
| 2003 | David Barker | Glenvar |
| 2002 | Kyle VanSice | Clarke County |
| 2001 | Kyle VanSice | Clarke County |
| 2000 | Chance Craft | James River |
| 1999 | Patrick O'Neill | Brentsville District |
| 1998 | Ryan Hall | Radford |
| 1997 | Ryan Hall | Radford |
| 1996 | Stephen Murphy | Radford |
| 1995 | Nicky Arduin | Grayson County |
| 1994 | David Smith | Holston |
| 1993 | Mike Hemp | Stuarts Draft |
| 1992 | David Richards | Manassas Park |
| 1991 | Jimmy Phillips | Castlewood |
| 1990 | Steven Caudill | Castlewood |
| 1989 | Mark Stith | Sussex Central |

126 lb weight class

| | | |
|------|--------------------|------------------------------|
| 2013 | Dylan Wade | Riverheads |
| 2012 | Casey Paglia | Northampton |
| 1988 | Hunter Trivette | Chilhowie |
| 1987 | Tuan Nguyen | George Mason |
| 1986 | David Phipps | Manassas Park |
| 1985 | William Winebarger | Castlewood |
| 1984 | Glenn Tunstall | Essex |
| 1983 | Glenn Tunstall | Essex |
| 1982 | Billy Jones | Manassas Park |
| 1981 | Ray Dillinger | Manassas Park |
| 1980 | Russell Tibbs | Manassas Park |
| 1979 | Kenny Akers | Manassas Park |
| 1978 | Kerry Camper | Parry McCluer |
| 1977 | Craig Carr | Brentsville District |
| 1976 | David Brandt | Poquoson |
| 1975 | Keith Goodson | Poquoson |
| 1974 | Richard Kahler | Poquoson |
| 1973 | Gary Wright | Va School for Deaf and Blind |
| 1972 | Charles Backus | Poquoson |
| 1971 | Charles Backus | Poquoson |

130 lb weight class

| | | |
|------|--------------------|---------------|
| 2011 | Dale Conner | Floyd County |
| 2010 | Chris Bowden | Covington |
| 2009 | Guppy Higginbottom | Manassas Park |
| 2008 | Tyler Beckner | Floyd County |

132 lb weight class

| | | |
|------|-------------------|-----------------------|
| 2013 | Kent Cadle | Strasburg |
| 2012 | Justin Street | Grundy |
| 1988 | Thomas Kannon | J.J. Kelly |
| 1987 | David Phipps | Manassas Park |
| 1986 | Tim Jesse | Castlewood |
| 1985 | Brian McDaniel | Manassas Park |
| 1984 | Andy Bello | Manassas Park |
| 1983 | Andy Bello | Manassas Park |
| 1982 | Jeff Ashley | Fieldale-Collinsville |
| 1981 | Clarence Tunstall | Essex |
| 1980 | Andy Nabors | Brentsville District |
| 1979 | Todd Laroche | Manassas Park |
| 1978 | Steve Green | Poquoson |
| 1977 | Harold Dillinger | Strasburg |
| 1976 | Tim Beverly | Parry McCluer |
| 1975 | Tim Goodson | Poquoson |
| 1974 | Mark Boyd | Poquoson |
| 1973 | Dan Coalson | Chilhowie |
| 1972 | Clark Boyd | Poquoson |
| 1971 | Clark Boyd | Poquoson |

135 lb weight class

| | | |
|------|------------------|----------------------|
| 2011 | Jesse Redford | Floyd County |
| 2010 | Jon Addington | J.J. Kelly |
| 2009 | Jason Ayers | Glenvar |
| 2008 | Sam Frere | Lancaster |
| 2007 | Jeremy Mowles | Glenvar |
| 2006 | Todd Smoot | Manassas Park |
| 2005 | Todd Smoot | Manassas Park |
| 2004 | Brandon Holbert | Strasburg |
| 2003 | Ben Truschel | Brentsville District |
| 2002 | Brian House | Brentsville District |
| 2001 | Joe Jakupczyk | Radford |
| 2000 | Joe Jakupczyk | Radford |
| 1999 | Scott Sanders | J.J. Kelly |
| 1998 | Rufus Sturgill | J.J. Kelly |
| 1997 | Phil King | John Battle |
| 1996 | David Dartez | King William |
| 1995 | David Dartez | King William |
| 1994 | Casey Acord | Buffalo Gap |
| 1993 | Will Van Buskirk | Brentsville District |
| 1992 | Eric Nitzsce | Mathews |
| 1991 | Marvin Lloyd | Glenvar |
| 1990 | Joe Silvus | Mathews |
| 1989 | Timothy Roberts | Sussex Central |

138 lb weight class

| | | |
|------|-----------------|----------------------|
| 2013 | Justin Street | Grundy |
| 2012 | Trey Smith | Grundy |
| 1988 | Jason Savis | Drewry Mason |
| 1987 | Phillip Elliot | Strasburg |
| 1986 | Dallas Neel | Glenvar |
| 1985 | Andy Bello | Manassas Park |
| 1984 | Chris Frederick | Brentsville District |

| | | | | | |
|----------------------------|------------------|------------------------------|----------------------------|------------------------|------------------------------|
| 1983 | Chris Frederick | Brentsville District | 1978 | Greg Jenkins | Manassas Park |
| 1982 | Bobby Eggleston | Drewry Mason | 1977 | Tim Goodson | Poquoson |
| 1981 | Jerry Shelton | Fieldale-Collinsville | 1976 | Guy Crawley | Charles City County |
| 1980 | Willie Brown | Charles City | 1975 | Andy King | Parry McCluer |
| 1979 | Allen Hensley | Chilhowie | 1974 | Charles Backus | Poquoson |
| 1978 | Harold Dillinger | Strasburg | 1973 | Clark Boyd | Poquoson |
| 1977 | David Brandt | Poquoson | 1972 | Clarke Boyd | Poquoson |
| 1976 | Tim Goodson | Poquoson | 1971 | Donald Moore | Poquoson |
| 1975 | Andie Keith | Brentsville District | | | |
| 1974 | Gary Wright | Va School for Deaf and Blind | 152 lb weight class | | |
| 1973 | Charles Backus | Poquoson | 2013 | Colby Dean | John I. Burton |
| 1972 | William Hitt | Va School for Deaf and Blind | 2012 | Daniel Sivinski | East Rockingham |
| 1971 | William Humphrey | Va School for Deaf and Blind | 2011 | Jonny Falls | James River-Buchanan |
| | | | 2010 | Julian Minter | Radford |
| 140 lb weight class | | | 2009 | David Ray | George Mason |
| 2011 | Calep Bartee | Rye Cove | 2008 | Wyatte Pickett | Rural Retreat |
| 2010 | Colby Dean | John I. Burton | 2007 | Daniel McGillivray | Manassas Park |
| 2009 | Tyler Atwell | Madison County | 2006 | Patrick Driscoll | Covington |
| 2008 | Jeremy Mowles | Glenvar | 2005 | Willie Hoover | George Mason |
| 2007 | Jake Hunsucker | Randolph-Henry | 2004 | Michael Wade | Parry McCluer |
| 2006 | Aaron Blomberg | Glenvar | 2003 | Doug Sier | Mathews |
| 2005 | Brandon Holbert | Strasburg | 2002 | Will Pickett | Rural Retreat |
| 2004 | Will Campbell | Northwood | 2001 | Shaun Guttridge | Manassas Park |
| 2003 | Luke Siler | Brentsville District | 2000 | Ryan Farmer | Patrick Henry-Glade Spring |
| 2002 | Matt Parr | Clarke County | 1999 | Paul Radman | George Wythe |
| 2001 | Steven Cooper | Sussex Central | 1998 | Jeremiah Brockenbrough | Parry McCluer |
| 2000 | Zak Thompson | Brentsville District | 1997 | Kamal Chantal | Floyd County |
| 1999 | Erik Croushorn | Brentsville District | 1996 | Luke Croushorn | Brentsville District |
| 1998 | John Spittle | Brentsville District | 1995 | Jason Stanley | J.J. Kelly |
| 1997 | Calvin O'Dell | Brentsville District | 1994 | Larry Neff | Riverheads |
| 1996 | Kamal Chantal | Floyd County | 1993 | Jimmy Adams | James River |
| 1995 | Casey Acord | Buffalo Gap | 1992 | Richard Fitzsimmons | Brentsville District |
| 1994 | Jess Moore | Brentsville District | 1991 | Emmet Mason | Sussex Central |
| 1993 | Will Leland | Northampton | 1990 | Albert Sparks | King William |
| 1992 | Harry McKemy | Natural Bridge | 1989 | Brian Nunley | Chilhowie |
| 1991 | Jason Porter | Glenvar | | | |
| 1990 | Tony Fox | Strasburg | 155 lb weight class | | |
| 1989 | Shawn Dean | Castlewood | 1988 | Brett Arbogart | Brentsville District |
| | | | 1987 | Jim Harvey | Glenvar |
| 145 lb weight class | | | 1986 | Tim Long | Glenvar |
| 2013 | Casey Paglia | Northampton | 1985 | Rick Bowley | Strasburg |
| 2012 | Colby Dean | John I. Burton | 1984 | Rick Bowley | Strasburg |
| 2011 | Colby Dean | John I. Burton | 1983 | Jason Stegall | Fieldale-Collinsville |
| 2010 | Darian Sizemore | Galax | 1982 | Jason Stegall | Fieldale-Collinsville |
| 2009 | Julian Minter | Radford | 1981 | Tony Price | Strasburg |
| 2008 | Ben Cundiff | Glenvar | 1980 | Danny Rinker | Manassas Park |
| 2007 | Aaron Blomberg | Glenvar | 1979 | Bobby Byrd | Essex |
| 2006 | Randy Phillips | Covington | 1978 | Paul Thomas | Staunton River |
| 2005 | Jeff Musterman | Strasburg | 1977 | William Thomas | Surry |
| 2004 | Jeff Musterman | Strasburg | 1976 | Phil Purdy | Poquoson |
| 2003 | Matt Parr | Clarke County | 1975 | Charlie Halsey | Chilhowie |
| 2002 | Trevor Wind | Essex | 1974 | Richard Dean | Brentsville |
| 2001 | Zak Thompson | Brentsville District | 1973 | Pat McPherson | Poquoson |
| 2000 | George Webb | Madison County | 1972 | Bryan McGee | Va School for Deaf and Blind |
| 1999 | Jermone Johnson | Sussex Central | 1971 | Arthur Ashberry | Strasburg |
| 1998 | Charlie Hall | Chilhowie | | | |
| 1997 | Mike Dunbar | Radford | 160 lb weight class | | |
| 1996 | Michael Mahon | Buffalo Gap | 2013 | Isaiah Baker | Manassas Park |
| 1995 | Dave Knowlton | Stuarts Draft | 2012 | Zac Richey | Buffalo Gap |
| 1994 | Luke Croushorn | Brentsville District | 2011 | Anthony Jewett | Madison County |
| 1993 | Bill Gaddy | Riverheads | 2010 | Zach Hill | Glenvar |
| 1992 | Marcus Turner | Sussex Central | 2009 | J Clark | Radford |
| 1991 | Joe Silvus | Mathews | 2008 | Daniel McGillivray | Manassas Park |
| 1990 | Shawn Dean | Castlewood | 2007 | Jonathan Pierce | Mathews |
| 1989 | Tony Bush | Castlewood | 2006 | Isaac Raney | Rappahannock County |
| 1988 | William Nuckols | Chilhowie | 2005 | Kellie Nichols | Patrick Henry-Glade Spring |
| 1987 | Dallas Neel | Glenvar | 2004 | Luis Chaves | Manassas Park |
| 1986 | Jim Harvey | Glenvar | 2003 | Riley Burke | Strasburg |
| 1985 | Ron Kidwell | Manassas Park | 2002 | Dominic Clark | George Mason |
| 1984 | Teddy Brummitt | J.J. Kelly | 2001 | J.D. Hollis | New Kent |
| 1983 | Teddy Brummit | J.J. Kelly | 2000 | Brett Jenkins | Manassas Park |
| 1982 | Ben Burks | Parry McCluer | 1999 | Brett Jenkins | Manassas Park |
| 1981 | Andy Nabors | Brentsville District | 1998 | Mike Dunbar | Radford |
| 1980 | William Ryman | Strasburg | 1997 | Peter Lee | Radford |
| 1979 | George Bouchard | James River | 1996 | Larry Neff | Riverheads |

| | | | | | |
|----------------------------|---------------------|------------------------------|----------------------------|--------------------|------------------------------|
| 1995 | Pernell Pope | Sussex Central | 1983 | Tommy Cook | Va School for Deaf and Blind |
| 1994 | Troy Sebra | Northumberland | 1982 | Greg Thurman | Parry McCluer |
| 1993 | Richard Fitzsimmons | Brentsville District | 1981 | Mike Blevins | Chilhowie |
| 1992 | Robert Dickinson | Parry McCluer | 1980 | Ricky Brown | Charles City County |
| 1991 | Brandon Semones | Glenvar | 1979 | Sanford Clark, | Parry McCluer |
| 1990 | Brian Nunley | Chilhowie | 1978 | Dennis Linton | Auburn |
| 1989 | Wes Hugh | Brentsville District | 1977 | Mark Geissenger | Poquoson |
| 167 lb weight class | | | 1976 | James Jones | Charles City County |
| 1988 | Carl Gentry | Manassas Park | 1975 | Danny Ramsey | Parry McCluer |
| 1987 | Carl Gentry | Manassas Park | 1974 | Tony Davis | Brentsville District |
| 1986 | T.T. Carter | Parry McCluer | 1973 | Jim Furches | Holston |
| 1985 | Ronnie Deel | Holston | 1972 | Harold Foore | Chilhowie |
| 1984 | Ricky Siler | Natural Bridge | 1971 | Paul Wilson | Va School for Deaf and Blind |
| 1983 | Janie Snider | Natural Bridge | 189 lb weight class | | |
| 1982 | James Bailow | Strasburg | 2011 | Eric McDaniel | Floyd County |
| 1981 | Bob Bouchard | James River | 2010 | Alex Asimakopoulos | Glenvar |
| 1980 | John Minor | J.J. Kelly | 2009 | Ryan Phillips | Castlewood |
| 1979 | John Minor | J.J. Kelly | 2008 | Carlos Ortiz | Strasburg |
| 1978 | Mike Neilands | Poquoson | 2007 | Ben Jamison | Glenvar |
| 1977 | Mike Neilands | Poquoson | 2006 | Anthony VanKuren | Manassas Park |
| 1976 | Glen Hickerson | Brentsville District | 2005 | Chris Wade | Parry McCluer |
| 1975 | David Austin | Parry McCluer | 2004 | Colin Smith | Northumberland |
| 1974 | Charles Proffit | Chilhowie | 2003 | Will Holaday | Mathews |
| 1973 | Eddie Blevins | Chilhowie | 2002 | Daniel Crockett | Rural Retreat |
| 1972 | Gene McDonald | Strasburg | 2001 | Jeremy Hagee | George Wythe |
| 1971 | Gene McDonald | Strasburg | 2000 | Will Clark | Northwood |
| 170 lb weight class | | | 1999 | Allen Stout, | Radford |
| 2013 | Ben Wallace | Clarke County | 1998 | Tom O'Neill | Brentsville District |
| 2012 | Tyler McClanahan | Grundy | 1997 | Tom O'Neill | Brentsville District |
| 171 lb weight class | | | 1996 | Ward Hugh | Brentsville District |
| 2011 | Ricky Tisinger | Stonewall Jackson-Quicksburg | 1995 | Ward Hugh | Brentsville District |
| 2010 | Colin Barnes | Strasburg | 1994 | Ben Smith | Sussex Central |
| 2009 | Joseph Cash | Riverheads | 1993 | Brandon Semones | Glenvar |
| 2008 | Nathan Iseman | Nanduaa | 1992 | Joel Ides | Lexington |
| 2007 | Ryan Phillips | Castlewood | 1991 | Antonio Procise | Sussex Central |
| 2006 | Will Cruz | Manassas Park | 1990 | Anthony Powell | Riverheads |
| 2005 | Cooper Anderson | Clarke County | 1989 | Ken Skipper | Sussex Central |
| 2004 | Josh Talbott | Buffalo Gap | 195 lb weight class | | |
| 2003 | Ben Hurst | Mathews | 2013 | Sam Davis | Stuarts Draft |
| 2002 | Mike Himelright | Strasburg | 2012 | Ricky Tisinger | Stonewall Jackson-Quicksburg |
| 2001 | Matt Smith | Northumberland | 215 lb weight class | | |
| 2000 | Jon Thompson | J.J. Kelly | 2011 | Drew Collins | J.J. Kelly |
| 1999 | David Basham | Brentsville District | 2010 | Jared Austin | Buffalo Gap |
| 1998 | Justin Nowers | Rural Retreat | 2009 | Kyle Testerman | Rural Retreat |
| 1997 | Raymond Whitaker | Essex | 2008 | Elmer Aparcio | Manassas Park |
| 1996 | Scott Holleman | Shawsville | 2007 | Chris Boyd | Randolph-Henry |
| 1995 | David Trower | Northampton | 2006 | Colin Smith | Northumberland |
| 1994 | Ward Hugh | Brentsville District | 2005 | Colin Smith | Northumberland |
| 1993 | Derrick Smith | Sussex Central | 2004 | Galen Weyer | Radford |
| 1992 | Brandon Semones | Glenvar | 2003 | Trahern Vinnie | Nandua |
| 1991 | Wes Hugh | Brentsville District | 2002 | Josh Faidley | Patrick Henry-Glade Spring |
| 1990 | Wes Hugh | Brentsville District | 2001 | James Krigsvold | Mathews |
| 1989 | Brenton Holmes | King William | 2000 | Matt Magerko | Northumberland |
| 176 lb weight class | | | 1999 | Jason Reedy | Chilhowie |
| 1988 | Mark Austin | Parry McCluer | 1998 | Justin St.Clair | Covington |
| 1987 | Tracy Barnett | Glenvar | 1997 | Israel Hamilton | Coeburn |
| 1986 | Chris Riddle | Cumberland | 1996 | Elmo Dunbar | Radford |
| 1985 | Robert Thrift | Northumberland | 220 lb weight class | | |
| 1984 | Kenny Lewis | Natural Bridge | 2013 | Corey Jenkins | Manassas Park |
| 1983 | Ted Slayton | Natural Bridge | 2012 | James Pavik | Mathews |
| 1982 | Tim Baker | J.J. Kelly | 275 lb weight class | | |
| 182 lb weight class | | | 2006 | Tommy Frazier | Madison County |
| 2013 | Cory Williams | Rural Retreat | 2005 | Jeremy Smith | Manassas Park |
| 2012 | Sam Davis | Stuarts Draft | 2004 | Daniel Hitt | J.J. Kelly |
| 185 lb weight class | | | 2003 | Joel Surber | Northwood |
| 1988 | Andy Rudy | Chilhowie | 2002 | Adam Gregory | Riverheads |
| 1987 | Bryan Taylor | Mathews | 2001 | Matt Magerko | Northumberland |
| 1986 | Ricky Siler | Natural Bridge | 2000 | Ranardo Whitaker | Essex |
| 1985 | John Long | Castlewood | 1999 | Dwayne Martin | Radford |
| 1984 | John Long | Castlewood | 1998 | Dwayne Martin | Radford |
| | | | 1997 | D.J. Hockman | Strasburg |

1996 Jason Stanier Covington
 1995 Jonathan Lewis Mathews
 1994 B. Davis Riverheads
 1993 Antonio Procise Sussex Central
 1992 Robert Hull Lexington
 1991 Eric Wells Stuarts Draft
 1990 Tim Holland Brentsville District
 1989 Johnny Dixon Mathews

285 weight class

2012 Lucas Ryan Stonewall Jackson-Quicksburg
 2011 Lucas Ryan Stonewall Jackson-Quicksburg
 2010 Garrett Fozdyck Mathews
 2009 Garrett Fozdyck Mathews
 2008 Austin Wren Manassas Park
 2007 Scott Whitehead Rural Retreat

Heavyweight class

1988 David Widner Chilhowie
 1987 Troy Carter Natural Bridge
 1986 Jay Burke Manassas Park
 1985 Carl Curry Drewry Mason
 1984 Carl Curry Drewry Mason
 1983 Anthony Pratt Essex
 1982 John Hale Castlewood
 1981 Allen Twombly Manassas Park
 1980 Phil Radick Parry McCluer
 1979 Phil Radick Parry McCluer
 1978 Randy Rowland Staunton River
 1977 Mark Bloomer Powell Valley
 1976 Rickie Blevins Chilhowie
 1975 Greg Stanley Brentsville District
 1974 Greg Stanley Brentsville District
 1973 Frank Hershey Strasburg
 1972 Dennis Drummond Strasburg
 1971 Randolph Forrester Holston

IA

98 lb weight class

1970 Scott Conkwright Frank Cox
 1969 Scott Conkwright Frank Cox
 1968 David Martin Granby
 1967 David Hooper Wakefield
 1966 Skip Startzel Annandale
 1965 Mike Ellis Granby
 1964 Butch Rawles Maury
 1963 Wayne Boyd Norview

103 lb weight class

1970 Brian Beatson(107#) Frank Cox
 1969 David Martin Granby
 1968 Robert Acey Lake Taylor
 1967 Bobby Simon Granby
 1966 Mike Ellis Granby
 1965 Butch Rawles Maury
 1964 K. Bonner Granby
 1963 Fink Wakefield

112 lb weight class

1970 David Martin(115#) Granby
 1969 Thomas Bryan Granby
 1968 John Coleman Annandale
 1967 Lonnie Parker Cradock
 1966 Ted Swinson Maury
 1965 Craig Burnham Falls Church
 1964 Wayne Boyd Norview
 1963 Richard Rickbeil McLean

120 lb weight class

1970 Billy Martin(123#) Granby
 1969 Billy Martin Granby
 1968 Allan Barnes John Marshall
 1967 Mike Ellis Granby
 1966 Rickie Myers Frank Cox
 1965 Wayne Boyd Norview
 1964 Keith Lawrence Granby
 1963 Jarrell Orange County

127 lb weight class

1969 Steve Mitchell Granby
 1968 Barry Messmer Thomas Edison
 1967 Mike Raphael Princess Anne
 1966 Joe Boone Granby
 1965 Keith Lawrence Granby
 1964 Gary Allen Granby
 1963 Gary Allen Granby

133 lb weight class

1970 Steve Mitchell(130#) Granby
 1969 Mark Frazier Maury
 1968 James Bradshaw Wakefield
 1967 Joe Boone Granby
 1966 Mark Weatherby Norview
 1965 Joe Boone Granby
 1964 Allan Guerrina Mount Vernon
 1963 Allan Guerrina Mount Vernon

138 lb weight class

1970 Rick Neff(137#) Granby
 1969 Sheldon Zablow Granby
 1968 Sheldon Zablow Granby
 1967 Oliver Carrithers Homer Ferguson
 1966 James Allen Pulaski County
 1965 Kevin Gilead Washington-Lee
 1964 Ken Sigmon Norview
 1963 Dale Carr Granby

145 lb weight class

1970 Ed Ryan McLean
 1969 Kenny Radman Granby
 1968 Ricky Spain First Colonial
 1967 Jim Stephenson Woodrow Wilson
 1966 Tom Gallagher Frank Cox
 1965 Donnie Cox Granby
 1964 John Kent J.E.B. Stuart
 1963 Radman Granby

154 lb weight class

1970 Ken Radman(155#) Granby
 1969 Tom Cox Granby
 1968 Ricky Radman Granby
 1967 Bruce Whitaker Frank Cox
 1966 Bryan Taylor Mount Vernon
 1965 Mike Davenport Fort Hunt
 1964 Bob Crenshaw William Fleming
 1963 Mullins Annandale

165 lb weight class

1970 John Christensen McLean
 1969 Bill Hill Norview
 1968 Jeff von Beulwitz Annandale
 1967 Danny Boyd Floyd Kellam
 1966 Ron Hansen Thomas Edison
 1965 Kerry Keith J.E.B. Stuart
 1964 John Smith Granby
 1963 John Smith Granby

175 lb weight class

1970 Danny Naleppa McLean
 1969 Steve Willis Annandale

180 lb weight class

1970 John Waller(185#) First Colonial
 1969 not a weight class
 1968 Steve Willis Annandale
 1967 Steve Willis Annandale
 1966 Steve Gavin Washington-Lee
 1965 Howard Smith George Marshall
 1964 Ike Sherlock Cradock
 1963 Olexy J.E.B. Stuart

Heavyweight class

1970 Danny Harmon Churchland
 1969 Mike Mansfield Norview
 1968 Don Carden Hampton
 1967 Danny Dunn Granby
 1966 Ike Sherlock Cradock
 1965 Lloyd Halvorsen George Marshall
 1964 Wayne Binstead Yorktown

| | | | | | | |
|------|----------------------------|------------------------------|-----------------------------------|----------------------|---------------|----------------------|
| 1963 | Bennett | Madison County | Matt Epperly | Christiansburg | 2003-06 | (130, 140, 145, 160) |
| | Unclassified | | Patrick Bond | Great Bridge | 2002-05 | (189, 189, 189, 189) |
| | 98 lb weight class | | B.J. Compton | Christiansburg | 2001-04 | (103, 112, 119, 135) |
| 1970 | Steve Delaney | Va School for Deaf and Blind | Albert Childress | Grundy | 2000-03 | (275, 275, 275, 275) |
| 1969 | John Lowry | Northside | Daniel Frishkorn | Great Bridge | 2000-03 | (103, 119, 130, 130) |
| 1968 | not available | | Michael Martin | Great Bridge | 1999-02 | (103, 119, 130, 135) |
| 1967 | Danny Fisher | Gar-Field | Mike Akers | Poquoson | 1996-99 | (103, 103, 112, 119) |
| | 103 lb weight class | | Shane Bowman | Grundy | 1990-93 | (103, 112, 135, 140) |
| 1970 | John Lowry(107#) | Northside | John Davis | Maury | 1977-80 | (132, 138, 145, 155) |
| 1969 | Chris Kaila | Gar-Field | Charles Backus | Poquoson | 1971-74 | (126, 126, 138, 145) |
| 1968 | not available | | Scott Conkwright | Frank Cox | 1969-72 | (98, 98, 105, 112) |
| 1967 | Ray Clark | Spotsylvania County | David Martin | Granby | 1968-71 | (98, 103, 115, 126) |
| | 112 lb weight class | | Wayne Simmons | Granby | 1957-60 | (98, 106, 130, 130) |
| 1970 | not available(115#) | | Okla Johnson | Granby | 1956-59 | (98, 106, 115, 123) |
| 1969 | Jones | Orange County | | | | |
| 1968 | John Kaila | Gar-Field | Three time state champions | | | |
| 1967 | John Clements | Va School for Deaf and Blind | Bryan Ramey | Eastern View | 2013-15 | (113, 132, 132) |
| | 120 lb weight class | | Casey Paglia | Northampton | 2011-13 | (119, 126, 145) |
| 1970 | Chris Kaila (123#) | Gar-Field | Cody Allala | Hopewell | 2009-11 | (145, 152, 160) |
| 1969 | John Kaila | Gar-field | Rich Eva | Christiansburg | 2009-11 | (145, 152, 160) |
| 1968 | not available | | Devin Carter | Christiansburg | 2008-10 | (103, 112, 130) |
| 1967 | Thomas Breeden | Orange County | Maximo Gonzalez | Manassas Park | 2008-10 | (112, 112, 119) |
| | 127 lb weight class | | Michael Garofalo | Colonial Forge | 2006, 08-09 | (112, 119, 125) |
| 1969 | Tom Bradshaw | Northside | Walker Faison | Frank W. Cox | 2004-06 | (103, 112, 119) |
| 1968 | not available | | Jordan Frishkorn | Great Bridge | 2004-06 | (125, 125, 130) |
| 1967 | Jerry Johnson | Pulaski County | Lam Le | Manassas Park | 2004-06 | (119, 125, 130) |
| | 133 lb weight class | | Junior Pearman | Great Bridge | 2004-06 | (135, 140, 140) |
| 1970 | Tom Bradshaw(130#) | Northside | Hunter Davenport | Great Bridge | 2002-04 | (140, 145, 145) |
| 1969 | Richard Schilling | Northside | Jackie Toney | Christiansburg | 2002-04 | (152, 152, 160) |
| 1968 | not available | | Daniel Frishkorn | Great Bridge | 2001-03 | (119, 130, 130) |
| 1967 | Charles Shifflet | Orange County | Christian Smith | Western Branch | 2001-03 | (103, 112, 119) |
| | 138 lb weight class | | Ajay Foreman | Great Bridge | 2001-03 | (160, 160, 160) |
| 1970 | Roger Cannady(137#) | William Byrd | Tyde Prater | Grundy | 2000-02 | (119, 130, 140) |
| 1969 | Tommy Blevins | Pulaski County | Brian Kibler | Strasburg | 2000-02 | (103, 112, 119) |
| 1968 | not available | | Christian Staylor | Great Bridge | 2000-02 | (112, 112, 119) |
| 1967 | Robert Price | William Byrd | Chance Craft | James River | 1998-00 | (119, 119, 125) |
| | 145 lb weight class | | Steve Keleher | Lake Braddock | 1998-00 | (130, 130, 135) |
| 1970 | Paulis Johnson | Northside | Bobby Ingram, | Frank Cox | 1997-99 | (103, 112, 119) |
| 1969 | Johnson | Pulaski County | Marvin Urquhart | Western Branch | 1997-99 | (275, 275, 275) |
| 1968 | not available | | Andrew Schuler | Brookville | 1997-99 | (135, 145, 145) |
| 1967 | Alan Thompson | Herndon | Beau Baker | Turner Ashby | 1996-98 | (135, 145, 135) |
| | 154 lb weight class | | B.D. Robertson | Grundy | 1996-98 | (145, 152, 152) |
| 1970 | James Davis(155#) | George Mason | Scott Justus | Grundy | 1996-98 | (171, 171, 171) |
| 1969 | Thompson | Pulaski County | Luke Owens | Grundy | 1996-98 | (275, 275, 275) |
| 1968 | not available | | Sammy Wolford | Strasburg | 1994-95, 1997 | (103, 103, 119) |
| 1967 | William Iddings | Osborn | Ward Hugh | Brentsville District | 1994-96 | (171-189-189) |
| | 165 lb weight class | | Jeremy Ferry | Centreville | 1993-95 | (119-135-145) |
| 1970 | Brad Cooper | James Wood | Chad Juhl | Poquoson | 1992-94 | (103-103-103) |
| 1969 | Gary Davidson | Northside | Mark Hernandez | Park View-Sterling | 1992-94 | (112-119-125) |
| 1968 | not available | | Jess Moore | Brentsville District | 1991-92, 1994 | (103-112-140) |
| 1967 | Billy Hagger | Pulaski County | Eric Kendrick | Grundy | 1990,1992-93 | (112-125-130) |
| | 175 lb weight class | | Brandon Semones | Glenvar | 1991-93 | (160-171-189) |
| 1970 | Bill Evans | Amherst County | Wes Hugh | Brentsville District | 1989-91 | (160-171-171) |
| 1969 | Soule | James Wood | Jody Staylor | Great Bridge | 1988-90 | (105-125-130) |
| 1968 | not available | | Greg Stiltner | Grundy | 1988-90 | (167-171-171) |
| 1967 | Larry France(180#) | Northside | Timmy Tibbs | Manassas Park | 1988-90 | (98-103-112) |
| | 185 lb weight class | | Carrington Coles | Va School for D & B | 1987-89 | (98-105-130) |
| 1970 | Tommy Blevins | Abingdon | Reid Ratliff | Grundy | 1987-89 | (138-145-152) |
| | Heavyweight class | | Stockton Williams | Great Bridge | 1987-89 | (98-112-119) |
| 1970 | Mike Cook | James Wood | Jody Jackson | Great Bridge | 1986-88 | (105-126-132) |
| 1969 | Mark Jamison | Northside | Troy Dean | Strasburg | 1984-86 | (98-112-112) |
| 1968 | not available | | Mark Zapf | Osborn | 1984-86 | (98-105-112) |
| 1967 | Bruce Schlegal | Gar-Field | Andy Bello | Manassas Park | 1983-85 | (132-132-138) |
| | | | John Epperly | James Robinson | 1982-83,1985 | (105-112-126) |
| | | | Casey Graham | Poquoson | 1983-85 | (105-119-126) |
| | | | Steve Martin | Kempsville | 1983-85 | (105-112-119) |
| | | | Mike McCormick | Poquoson | 1983-85 | (119-126-132) |
| | | | Jason Riggs | J.J. Kelly | 1983-85 | (105-105-105) |
| | | | Jim Fussell | Kempsville | 1982-84 | (98-98-105) |
| | | | Tony Panza, | Lafayette | 1982-84 | (126-132-132) |
| | | | Bob DeProspero | James Robinson | 1979-81 | (98-105-112) |
| | | | Ray Dillinger | Manassas Park | 1979-81 | (98-119-126) |
| | | | Reggie Burke | Oscar Smith | 1975-77 | (105-112-119) |
| | | | Tim Goodson | Poquoson | 1975-77 | (132-138-145) |
| | | | Chris Conkwright | Frank Cox | 1973-75 | (119-126-132) |

Outstanding Performances

Four time state champions

| | | | |
|-----------------|----------------|---------|----------------------|
| Zach Epperly | Christiansburg | 2010-13 | (135, 145, 160, 182) |
| Colby Dean | John I. Burton | 2010-13 | (140, 145, 145, 152) |
| Andrew Williams | Tabb | 2006-09 | (103, 119, 130, 135) |
| Colin Dozier | Frank W. Cox | 2004-07 | (112, 130, 125, 130) |
| Cody Gardner | Christiansburg | 2004-07 | (all 215) |
| Todd Smoot | Manassas Park | 2003-06 | (112, 125, 135, 135) |

| | | | |
|-----------------|---------------------|--------------|-----------------|
| Abe Martinez | Granby | 1972-74 | (105-105-112) |
| Clark Boyd | Poquoson | 1971-73 | (132-132-145) |
| Mark Boyd | Poquoson | 1971-71,1974 | (98-98-132) |
| Donald Moore | Brookville | 1971-73 | (119-126-132) |
| Brian Beatson | Frank Cox | 1970-72 | (107-119-132) |
| Steve Delaney | Va School for D & B | 1970-72 | (98-105-105) |
| Ricky Radman | Granby | 1968-70 | (145-145-155) |
| Steve Willis | Annandale | 1967-69 | (180-180-175) |
| Joe Boone | Granby | 1965-67 | (133-127-133) |
| Mike Ellis | Granby | 1965-67 | (98-103-120) |
| Wayne Boyd | Norview | 1963-65 | (98-112-120) |
| Billy Fletcher | Warwick | 1960-62 | (not available) |
| C. Abel | Va School for D & B | | (not available) |
| A. Carlson | Granby | 1952-54 | (not available) |
| S. Vandevender | Granby | 1952-54 | (not available) |
| E. Eichelberger | Granby | 1950-52 | (not available) |

Individual Records

Victories, career (200-or-more)

| | | | |
|-----|-----------------|------------------------|------------|
| 215 | Jared Anongos | James River-Midlothian | ended 2009 |
| 214 | Shane Gentry | Colonial Forge | ended 2009 |
| 212 | Bryan Ramey | Eastern View | ended 2015 |
| 211 | Andrew Williams | Tabb | ended 2009 |
| 207 | Austin Jenkins | Eastern View | ended 2014 |
| 206 | Kyle Terrill | Forest Park | ended 2006 |
| 204 | Ben Wallace | Clarke County | ended 2014 |
| 204 | Beau Donahue | Westfield | ended 2013 |
| 200 | Jacob Crawford | Millbrook | ended 2012 |

Victories, season

| | | | |
|----|------------------|----------------|---------|
| 62 | Ben Wallace | Clarke County | 2013-14 |
| 62 | Bryan Ramey | Eastern View | 2014-15 |
| 60 | Alex Turley | Thomas Dale | 2011-12 |
| 58 | Corey Leonard | Thomas Dale | 2011-12 |
| 57 | Dusty Floyd | Mount Vernon | 2011-12 |
| 56 | Shane Gentry | Colonial Forge | 2006-07 |
| 56 | Shane Gentry | Colonial Forge | 2008-09 |
| 56 | Bayne Gordon | Clarke County | 2013-14 |
| 54 | Andrew Williams | Tabb | 2007-08 |
| 54 | Andrew Williams | Tabb | 2006-07 |
| 53 | Andrew Williams | Tabb | 2008-09 |
| 53 | Jacob Tucker | King George | 2013-14 |
| 52 | Shane Gentry | Colonial Forge | 2005-06 |
| 50 | Kyle Graham | Colonial Forge | 1999-00 |
| 50 | Daniel Frishkorn | Great Bridge | 1999-00 |
| 50 | Shane Gentry | Colonial Forge | 2005-06 |
| 50 | Andrew Williams | Tabb | 2005-06 |

Victories, consecutive

| | | | |
|-----|--------------|-------------|---------|
| 126 | Jeremy Ferry | Centreville | 1992-95 |
|-----|--------------|-------------|---------|

Coaching Records

Most Coaching Wins

| | | | |
|-----|------------------|-----------------|--------------------|
| 425 | Drew Bright | Douglas Freeman | 1973-2002, 2003-04 |
| 393 | Mark Agner | Northside | 1978-2014 |
| 312 | John Epperly | James Robinson | 1966-91 |
| 263 | Anthony McDuffie | Woodbridge | 1998-2006 |
| | | Mount Vernon | 2006-present |