COACH SELF EVALUATION

For the Coach: Using the following chart, evaluate how well you carry out your roles as a leader, teacher and organizer. For each statement, select the word which best describes you. This chart can be used to assess yourself throughout the season.

| | Excellent | Good | Need Improvement |
|--|-------------|------|---------------------|
| As a Leader, I: | | | |
| 1. Establish Goals | | | |
| 2. Use a democratic coaching style | | | |
| 3. Am a good role model | | | |
| 4. Develop leadership skills in my athletes | | | |
| 5. Have a positive relationship with officials | | | |
| 6. Interact effectively with parents | | | |
| 7. Help athletes maximize their potential | | | |
| As a Teacher, I: | | | |
| 1. Teach the necessary hockey skills | | | |
| 2. Teach the skills using the proper sequence and progressions | | | |
| 3. Teach skills using understandable language | | | |
| 4. Realize athletes differ in their readiness to learn a skill | | | |
| 5. Realize athletes learn skills at different rates | | | |
| 6. Teach more than just hockey skills | - | | |
| As an Organizer, I: | | | |
| 1. Plan effective practices | | | |
| 2. Select very good assistant coaches | | | |
| 3. Have parents assist in the program | | | |
| 4. Attend to details | | | |
| 5. Communicate effectively | | | |