October 2012

Hockey, hockey, hockey

We are excited to announce we have 95 players registered this season with Topeka Youth Hockey Association. This is an increase of 7 players from last season! We love seeing more kids on the ice!

Our next Try Hockey for Free Event will be held at the Expocentre on November 10th, times TBD. Watch the website for details.

Online pasta sales for fundraising have been extended through October 31st. You and your family or friends can place orders at: www.funpastafundraising.com/shop/topeka-youth-hockey-association

www.topekayouthhockey.org

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" Hockey's a funny game. You have to prove yourself every shift, every game. It's not up to anybody else. You have to take pride in yourself."

- Paul Coffey

Meet the coach

Each month, we will feature one of our many talented TYHA coaches.

This month's coach is John Fennell, head coach of our U8 Red Division.

- **How old were you when you started playing hockey?**
  I was born in Nova Scotia—we grew up on the ice. ☺
- **What's your hockey background?**
  I played league hockey from 4 years old and ended up on a AA midget team in high school. I coached a Bantam team in Edmonton AB, and the Bantams in Topeka during the Scare-crows days and now I get to coach the Jr. RoadRunner U8's!
- **Who is your favorite NHL team?**
  The Edmonton Oilers
- **Who is your hockey hero and why?**
  # 99 Wayne Gretzky for the pure magic he brought to the game every time he stepped on the ice.
- **What is your favorite thing about coaching youth hockey?**
  I love seeing a kid really grasp a skill they've been working hard to learn. When they pull a move out of their bag of tricks and really turn it on during a game, it makes me so darn proud!
- **What's your most memorable hockey experience?**
  Having my picture taken with the Stanley Cup when I lived in Edmonton, AB.
  A close second was my team's triple overtime loss at a championship game when I was 17. It still gets me riled up when I think about it!
- **If you could give young hockey players any advice, what would it be?**
  Sweat hard and smile a lot—not everyone gets the chance to play hockey!
- **Anything else you would like to share?**
  I would like to thank our U8 parents for taking time out of their busy schedules and making the financial commitment required to support a young hockey player.

  My parents made a lot of sacrifices over the years, allowing me the opportunity to play hockey and I can't thank them enough. Those pre-dawn practice times weren't exactly fun for them, but they never complained. Best gift I ever got was their support of my love for hockey.

Players speak out

What is your favorite pre/post game snack?

String cheese sticks
– Julian Buckland, LTPH

Pickles!
– Lucian Buckland, LTPH

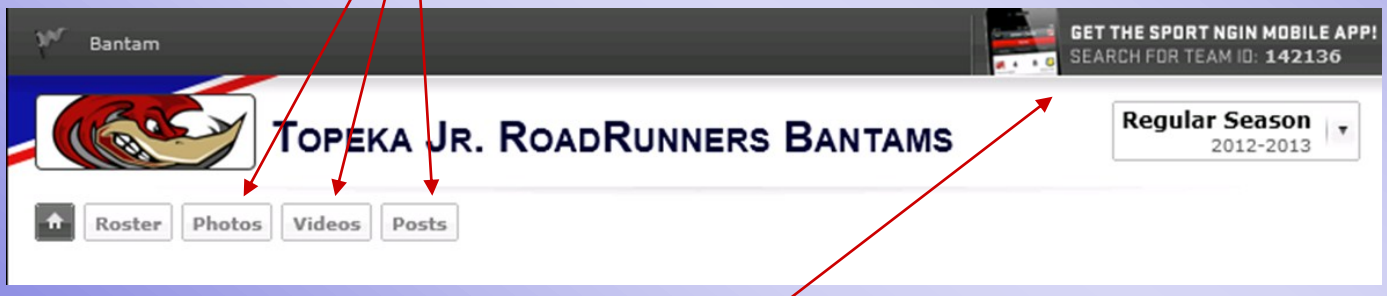
A hot dog and orange Gatorade
– Kyle Riggin, Squirt

Apple slices and peanut butter, pepperoni and cheese and lemon lime Gatorade
– Kaden Morley, Squirt

Get the most out of the TYHA website!

Besides having the most current schedules, information, etc. did you know that you can upload pictures and videos and post comments under each team at www.TopekaYouthHockey.org?

These are set-up so you can post immediately. Keep it clean and kind or we will have to change the settings so all new additions are approved before posting.



You can also sign up for the NGIN (our web host) mobile app and follow your player's team, including stats and game results!

Hockey 101: the lingo

For fans new to the game, hockey has a language all its own. The following guide should be helpful in picking up the lingo!

Back Check
To hinder an opponent heading toward and into the defending zone.

Blue Lines
The pair of one-foot wide blue lines which extend across the ice at a distance of 60 feet from each goal. These lines break up the ice into attacking, neutral and defending zones.

Body Check
Use of the body on an opponent. It is legal when the opponent has possession of the puck or was the last player to have touched it.

Butt-ending
To hit an opponent with the end of the stick farthest from the blade. It is illegal and calls for a penalty.

Crease
Area directly in front of the goaltender. It is four feet wide and eight feet long and marked off by red lines. Offensive players who do not have possession of the puck may not enter.

Deke
To fake an opponent out of position.

Face Off
The dropping of the puck between one player from each team to begin or resume play.

Forecheck
To check an opponent in his end of the rink, preventing an offensive rush.

Freezing the Puck
To hold the puck against the boards with either the skate or stick to get a stoppage of play.

Goal Line
The red line, which runs between the goal posts and extends in both directions to the side boards.

Goal Mouth
The area just in front of the goal and crease lines.

Hat Trick
The scoring of three or more goals by a player in one game. Roman Voloshenko became the youngest Aero to ever score a hat trick in 2005 at 19 years old.

Icing
When a player shoots the puck from his side of the center red line past the opposition's goal line. Icing is an illegal way to advance the puck.

Hockey 101: the lingo

Offsides
A team is ruled offsides when a player fully crosses the attacking blue line before the puck does. If the puck leaves the attack zone during an offensive play, then each player on the offensive team must leave (clear) the attack zone, before the puck can be re-entered on the attack.

One-timer
Hitting the puck directly upon receiving a pass. The offensive player takes his backswing while the puck is on its way to him and tries to time his swing with the arrival of the puck.

Penalty Box
The area opposite the team benches, where penalized players serve time.

Power Play
A power play occurs when a team has a one-man or two-man advantage because of an opponent's penalties.

Pulling the Goalie
Replacing the goalie with an extra skater in a high-risk attempt to tie the game. This primarily occurs when a team trails, usually by one goal, late in the game.

Save
A shot blocked by the goaltender, which would have bean a goal had it not been stopped.

Screened Shot
The goaltender's view is blocked by players between him and the shooter.

Slap Shot
Hitting the puck with the blade of the stick after taking a full backswing.

Slot
The area immediately in front of the goal crease. It is from this zone that most goals are scored and where the most furious activity takes place.

Splitting the Defense
The player with the puck attempts to squeeze between the opponent??s defensemen.

Stick Handling
To control the puck along the ice with the stick.

Top Shelf
Term used to describe when an offensive player shoots high in an attempt to beat the goalie by shooting the puck into the top portion of the net.

Wraparound
A player skates around behind the opposing goal and attempts to wrap the puck around the goal post and under the goalie.

Wrist Shot
Hitting the puck with the blade of the stick using a quick snap of the wrist rather than a full back swing.

Miscellaneous

Please note that children should not be dropped off for practice if they can't dress themselves from top to bottom. If they need help getting dressed, please walk them in and make sure they make it to the ice in full gear.

Preferably, a parent or guardian will remain available during practice but we know how busy everyone's schedule can get and sometimes you must run an errand, etc. during this time.

If you must leave during practice, please let your Division Director, a Coach or a Board member know so we know how to reach you in case of emergency.

Dryland practice has started! All Pee Wees and Bantam are expected to participate in dry-land practice, which typically starts 1 hour and 15 minutes before their regular hockey practice time. Squirts may start dryland soon too. Please watch the website calendar for the most current schedule.

The official game jerseys will be here soon and you may wonder how to take care of your investment. For best results, wash in cold water, inside out. The RoadRunners' equipment manager recommends washing jerseys with a little soap and a dose of Oxyclean. Hang to dry.

Did you know?

The original Stanley Cup was just 7" high. The names of every player from each winning team is engraved on the base of the Cup. The Cup and base now stand 35" high!

October 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Select Team Tryouts for Squirts @ 6:15	2 U8 @ 6:00 Squirts @ 7:15 PeeWee & Bantam @ 8:30	3 LTPH @ 5:45	4	5 RoadRunners play at the Expo vs. ODS	6 RoadRunners play at the Expo vs. ODS
7 RoadRunners play at the Expo vs. ODS	8	9 Squirts dryland practice @ 6:00	10 LTPH @ 5:45	11 U8 @ 6:00 Squirt dryland @ 6:00; ice @ 7:15; Parent Meeting @ 7:15 Pee Wee & Bantam Dryland @ 7:15; ice @ 8:30	12	13
14 TYHA Board of Directors Meeting	15	16 U8 @ 6:00 Squirts @ 7:15 PeeWee & Bantam Dryland @ 7:15; ice @ 8:30	17 LTPH @ 5:45	18 U8 @ 6:00 Squirts @ 7:15 PeeWee & Bantam Dryland @ 7:15; ice @ 8:30	19 RoadRunners play at the Expo vs. SPR	20 U8 Jamboree @ 1:30 (KC) RoadRunners play at the Expo vs. SPR Public skate @ 12:30 pm & 9:45
21 PeeWee game @ 9:00 Squirts 2 game @ 10:15 Squirts 1 game @ 11:30 Pee Wee game @ 12:45 Bantam game @ 2:00	22	23 U8 @ 6:00 Squirts @ 7:15 PeeWee & Bantam Dryland @ 7:15; ice @ 8:30	24	25	26	27 Malloween @ 3:00 (Westridge Mall) Squirts 2 game @ 4:10 (KCIC) Squirts 1 game @ 6:30 (IEC) Squirts 2 game @ 7:40 (IEC)
28 Pee Wee game @ 12:10 (Line Creek) Bantam game @ 11:30 (St. Joe)	29	30 U8 @ 6:00 Squirts @ 7:15 PeeWee & Bantam Dryland @ 7:15; ice @ 8:30	31			

Topeka Youth Hockey Association

The next fee installment is due <u>November 1st!</u> Payment may be mailed to the TYHA PO box.

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The Topeka Youth Hockey Association (TYHA) was formed in September 2008 to help organize and promote youth hockey in Topeka, Kansas and the surrounding areas.

TYHA operates and manages the Topeka Jr. RoadRunner Youth Hockey Program, as well as offering Learn to Play Hockey classes and other clinics for youth hockey players.

TYHA is affiliated with USA Hockey, the Kansas City Amateur Hockey Association and the Midwest League.

For the most up-to-date information regarding practices, game times or contact info please visit our website:

www.topekayouthhockey.org

Check out our sponsors page on the TYHA website! Many local businesses have offered their support this season and one way we can thank them is to use their services. Thanks to their generous contributions, we have been able to keep our fees down giving more kids a chance to get on the ice. Let them know you appreciate their support of local youth hockey at every opportunity and patronize their businesses whenever possible! Tell them Topeka Youth Hockey sent you!

Local skate sharpening and repair is available at the Expocentre or you can contact local skate guru Dean Woosley at 608-1859.