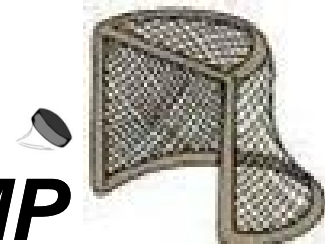


PERFORMANCE HOCKEY

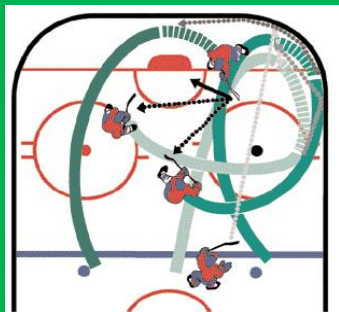
2012 SUMMER HOCKEY CAMP



Convenient – Flexible – Great Value!



Over speed Training



Team Play Concepts



Explosiveness Training



Sport Strength Training



Quick Hands

3 weeks for the price of 1!

Great flexibility with your summer sports schedules and Family activities. Miss a day or a week and still get a Great Value and Great Training and Development!

High Intensity Day Camp

M-F June 25th through July 13th

**Bantam – 12U/10U -Pee Wee –
Squirt/LYM**

STAFFED BY AREA HS COACHES

Matt Telecky, Ross Wendling, Chris Olson, Craig McKechney, Terry Dvorak, and more

On-Ice Power Skating – Puck Control –
Scoring and Team Play concepts

Off-Ice Agility – Quickness – Strength
Core training along with Shooting
Stick handling, off-ice GAMES,
Swimming, and more.

- Week 1 June 25-June 30 – PWR Skate /Puck ConT.
- Week 2 July 2, 3, 6th – 3 on 3, Small I area GameS
- Week 3 July 9-13th – Skill S & Team Play

M-F JUNE 25th - July 13th Skating, Puck Control

FUN and GAMES!!!!

**Great Value – Great Programs – Great FUN!!!!
HUTCHINSON MN – BURICH CIVIC ARENA**

PERFORMANCE HOCKEY – Summer Hockey Camp

PROGRAM TIMES: JUNE 25-JUNE 29 : JUL 2, 3, 5, 6th : JUL 9-13th

SQUIRTS/LYM M-F 7:45AM – 11:45AM (Ice-Core-Shoot-Games)

PEE WEES M-F 8:00AM – 12:00PM (Core-Shoot-Games-Ice)

10U/12U's M-F 8:00AM – 12:00PM (Core-Ice-Shoot-Games)

BANTAMS M-F 1:15PM – 2:45PM (Ice ONLY)

MITE 1 (advanced) M-TH 12:15PM – 1:00PM (except July 4th)

MITE 2 (beginners) M-TH 6:15PM – 7:00PM (except July 4th)



*** Note: The camp is structured to accommodate the player who will miss days/weeks due to other summer commitments and family activities. Please note the emphasis for the camp weeks as you plan your other schedules.**

Week 1: Power Skating & Puck Control (M-F)

Week 2: 3 on 3 cross and small area games (T-F)

Week 3: Skills & Team Play (M-F)

Athlete Information

Register for Age Group for 2012-2013 Season
Please Circle Player Age and Fee

NAME: _____

ADDRESS: _____

*E-MAIL: _____

PHONE: _____

TOTAL DUE: \$ _____

DEPOSIT: \$ _____ BALANCE: \$ _____

50% deposit due at sign-up: \$70 for Mites.
Balance is due June 10th. No refunds after May 1st.

MITES	10U/12U	SQ/LYM	PW	BNTM	GOALIE
\$140	\$285	\$285	\$300	\$200	\$50

RELEASE AND INDEMNITY:

The sport of hockey, skating and dry land sporting activities have inherent physical risks that may result in serious injury. I knowingly and freely assume all risks. Medical and personal insurance is the full responsibility of the participants. Photos and/or videos taken during the camp may be used for promotion.

*

Parent or Guardian Signature

DATE _____

*Note: All communication including confirmation, schedule changes, and other camp information will be communicated by e-mail. Please make sure the e-mail address on the registration form is correct.

MAIL Signed Registration to:

PERFORMANCE HOCKEY CAMP
PO Box 381
Hutchinson, MN 55350
E-Mail: performance.hockey2@gmail.com
320-223-1512