



# SPRING HOCKEY

## Tryouts:

March 19th - 22nd

## Season:

April 2nd - May 24th

- **NSHL League Games**
- **Team Practices**
- **Skills Sessions**
- **3-on-3 Games**
- **Local Tournaments**  
(Bantam AA & Midgets)
- **Professional Goalie Instruction**

### *The Mite & Squirt program will consist of:*

- Up to 14 ice slots consisting of team practices and 3-on-3's
- 4 high tempo skills sessions utilizing USA Hockey's ADM (American Development Model)
- 8 games in the North Shore Spring League

### *The PeeWee & Bantam program will consist of:*

- Up to 14 ice slots consisting of team practices and 3-on-3's
- 4 high tempo skills sessions
- Checking Clinic For Bantams
- 8 games in the North Shore Spring League (PeeWee & Bantam A)
- 2 Local Tournaments (Bantam AA)

### *The Midget program will consist of:*

- Up to 14 ice slots consisting of team practices
- 4 high tempo skills sessions
- Junior Showcase practices & games with coaches and scouts from: *Chicago Hitmen, Chicago Bulldogs, Dells Ducks & Wisconsin Rampage*

## SPRING 2012 EVALUATIONS

Oakton Ice Arena 2800 West Oakton Park Ridge, Illinois	MONDAY March 19, 2012	TUESDAY March 20, 2012	WEDNESDAY March 21, 2012	THURSDAY March 22, 2012
<b>MITE (2004-2007)</b>	6:00 - 7:00 PM		5:50 - 6:50 PM	
<b>SQUIRT (2002-2003)</b>	7:10 - 8:10 PM		7:00 - 8:00 PM	
<b>PEEWEE (2000-2001)</b>	8:20 - 9:20 PM		8:10 - 9:10 PM	
<b>BANTAM (1998-1999)</b>		8:45 - 9:45 PM		8:50 - 9:50 PM
<b>MIDGET (1992-1997)</b>	9:30 - 10:30 PM		9:20 - 10:20 PM	

**PLAYER FEES:** \$500.00 (Mites & Squirts) \$550 (PeeWees, Bantams & Midgets) **GOALTENDERS:** \$250



## **Too busy to participate in the full Spring Program?**

*Join us for four (4) bi-monthly High Tempo Skills Sessions for only \$100.*

**Mandatory online registration and payment on our website:**

**[www.NorthernExpressHockey.org](http://www.NorthernExpressHockey.org)**

*For the most up-to-date information please visit the Express website,  
or call Mike Silenzi at (847) 878-6858  
or email: [silekohns5@comcast.net](mailto:silekohns5@comcast.net)*