

CAMP FORMAT:

Each day players will run through a series of technical and speed/agility skills for the first 30 minutes of camp. For the next hour players will be put through a series of exercises that will concentrate on that specific day's objective (Shooting, Passing, Defending, Attacking, Formations, Playing out of the back, Midfield Play, Combination Play, etc.). The last 30 minutes of each day will consist of small sided games that will incorporate the day's objective. This is when each player will learn about the tactical side of the game.

DATES & TIMES:

July 23 - July 27 (Monday - Friday)

Ages: U-9 – U-14

8:00-10:00 a.m.

Where: Grayslake Central High School (Turf Field)

Cost:

\$90.00 for the week (no refunds)

All campers will receive a camp ball and t-shirt.

*Please have campers bring water and necessary sun block each day. Also, campers should bring their camp ball when attending each day.

M&S SOCCER CAMP

CONTACT INFO:

Mike McCaulou
mccaoulou14@hotmail.com
847.347.3053

M&S SOCCER CAMP 2012 DIRECTORS/COACHES:

MIKE MCCAULOU, M.ED., C.A.S., B.S.

Currently, Mike is the Head Coach of both the Boy's and Girl's Varsity soccer teams at Grayslake Central H.S. During his tenure at Grayslake Central he has captured 3 Conference Championships, 4 Regional Championships and has sent more than 40 Grayslake High School athletes to compete at the collegiate level (DI, DII, DIII, NAIA, NJCAA). Mike has been Section 4 Coach of the Year (IHSSCA), and holds a USSF "D" License.

PLAYING EXPERIENCE:

Mike played Division I college soccer at the University of South Alabama, where he won a Big South Conference Championship. He was on the Illinois ODP team and regional pool teams. Mike played club soccer with Chicago Pegasus, where he was coached by the Ruege family. He also was an All-State High School selection.

CARL SCHMITT, M.S., B.A.

Currently, Carl is the Youth Director of coaching ages U9-U12 for Midsouth F.C. in Memphis, TN. He was an assistant coach for the University of Memphis for 2 years, where they were nationally ranked. Carl has a USSF A coaching license. He has coached in club soccer for the past 14 years.

PLAYING EXPERIENCE:

Carl Played Division I college soccer at the University of South Alabama where he also won the Big South Conference Championship. He transferred to the University of Memphis his senior year to finish up his college career. Carl played professional soccer for four seasons. Schmitt played one season with the A league Nashville Metros and three seasons with the Milwaukee Wave in the MISL.

BETHANY RUSS, B.A.

Currently, Bethany is enjoying her 4th year as Varsity Asst. Coach for Grayslake Central girl's program. Bethany was also a coach/trainer with the Grayslake Galaxy this past fall season where she coached 2 teams. Bethany holds a USSF "D" License.

PLAYING EXPERIENCE:

Bethany was a four year letter winner on Illinois State University's Women's Soccer Team. During her tenure at ISU, she helped her team capture the Missouri Valley Conference Championship in 2007. That year she received the following accolades: MVC All-Tournament Team, MVC Scholar-Athlete Team, MVC Player of the Week, and Prairie Farms/MVC Scholar-Athlete of the Week. Bethany, is a graduate of Grayslake H.S. and she still holds the scoring record for single season goals. She was the second graduating class of Coach McCaulou's.

M&S

SOCCER CAMP 2012



This intense one week camp will provide professional instruction in the areas of Tactical and Technical training for youth soccer players within the area.

M & S Soccer Camp

REGISTRATION FORM

Please Print

Name _____ Birthdate U-9, 10, 11, 12, 13, 14

Home Address _____

City _____ State _____ Zip Code _____ Phone _____

Parent _____ Relationship _____

Emergency Contact _____ Relationship _____ Phone _____

Adult T-shirt Size S M L XL Youth T-shirt Size S M L XL

Physical Authorization and Liability Waiver

I certify that the above athlete has had a physical examination within the past year and is physically able to participate in the M&S Soccer Camp. I fully understand that the athlete will be engaged in activities that involve risk of serious injury, including permanent disability or death, and severe social and economic losses which might result not only from their own actions, inactions or negligence, but action, inaction or negligence from others, the rules of play, or the condition of the premises or of any equipment used and further, that there may be other unknown risk not reasonably foreseeable at this time, assume all the foregoing risk and accept personal responsibility for the damages following such injury, permanent disability or death, hereby release, discharge, covenants to indemnify and not sue Mike McCaulou, M&S Camp staff or Graylake Central High School, their coaches, managers, associated personnel, officers, directors from any cause of action I may have arising during this soccer camp. I have read the above waiver and understand that I have given up substantial rights by signing the release.

Parent's or Guardian's signature _____ Date _____

Method of Payment:

Checks made payable to Mike McCaulou can be mailed to:

Mike McCaulou
2116 Red Oak Drive
Round Lake, IL 60073

CHECK CASH

Make checks payable to **Mike McCaulou** Amount of \$ _____ Check # _____

CASH Amount of \$ _____

Parents' or Guardian's signature _____ Date _____

BRING A SOCCER BALL AND WATER EVERYDAY