

# Adult Skating Lessons

**Sponsored by the Breezy Point Figure Skating Club**  
at the Breezy Point Arena  
7370 Co. Rd. 11, Breezy Point

Whether it has been a few years since you've laced up your skates, or you are new to the sport, the *Breezy Point Skating Academy for Adults* (teens and above) will help you to feel comfortable on the ice and master the basic skills of figure skating. A great way to burn calories, improve strength, endurance, balance, and flexibility—all while having a lot of fun!

Classes run Sundays, **February 19<sup>th</sup>-April 1<sup>st</sup>**

**6:15-6:45 pm Lesson**  
30 mins. Instruction, 30 mins. Practice

**Price: \$75/7 week session**

Contact information: Kristin Wallin, Adult Academy Pro  
(218) 831-2232 or wallinmk@charter.net

**It's never too late to learn a lifelong sport!**

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Adult Fall 2011

## Registration Form

Skater's Name: \_\_\_\_\_

Parent/Guardian Name (if under 18): \_\_\_\_\_

Address: \_\_\_\_\_

E-Mail: \_\_\_\_\_ Phone: \_\_\_\_\_

Make Checks Payable to Breezy Point Figure Skating Club or BPFSC  
Mail or bring to the Arena on February 19<sup>th</sup>  
BPFSC Adult Academy  
PO BOX 143 Breezy Point, MN 56472