



## **Shooting Clinic – boys sniper school**

- **When** – Monday February 20<sup>th</sup>, 2012
- **Times** – 9:00-11:00am (Youth), 11:00-1:00pm (Junior), 1:00-3:00pm (Senior)
- **Location** – IMP Fitness Center – 14141 Parke Long Ct. Chantilly, VA
- **Divisions** - (Boys) – Youth (3<sup>rd</sup>-6<sup>th</sup> Grade) Junior (7<sup>th</sup>-9<sup>th</sup> Grade), Senior (10<sup>th</sup>-12<sup>th</sup> Grade)
- **Cost** - \$75 (Make payments online at [www.roguelacrosse.com](http://www.roguelacrosse.com))
- \*\*\*Each Division is only accepting a max number of 30 participants. First come first serve basis. Please register now to assure you save a spot at sniper school.

## **ROGUE DAY**

Each 2 hour session we will focus on the fundamentals of shooting. All players offensive and defensive alike will learn proper shooting techniques. Players will learn how to shoot,

- On the Run, Out of the Dodge
- Time and Room, Using Screens
- Dodging from X to find the Island
- Wing shots, Shooting around defenseman
- Defenseman Shooting in Transition

Players will also learn proper dodging techniques to learn how to create separation so they can create shots in game situations. At Rogue were not just building a better lacrosse player but a better athlete. Rogue will teach you the skills to separate yourself from the rest.

## **Coaching Staff**

Rogue is run and operated by Professional Lacrosse players. Rogue's staff is composed of professional players and college coaches that have played and coached at the pinnacle of the game.

**Joshua Porcell** – UMBC, Ohio Machine (MLL), Jacksonville Bullies (NALL) – Founder

**Kyle Hartzell** – Salisbury, Ohio Machine (MLL), Washington Stealth (NLL), Team USA

**Terry Kimener** – UMBC, Denver Outlaws (MLL), 3x All-American

**Steven Brooks** – Syracuse, Chesapeake Bayhawks (MLL), 2x All-American

**Contact:** [info@roguelacrosse.com](mailto:info@roguelacrosse.com)

**Visit us at:** [www.roguelacrosse.com](http://www.roguelacrosse.com)